

July  
2011

Peninsula Wilderness Club

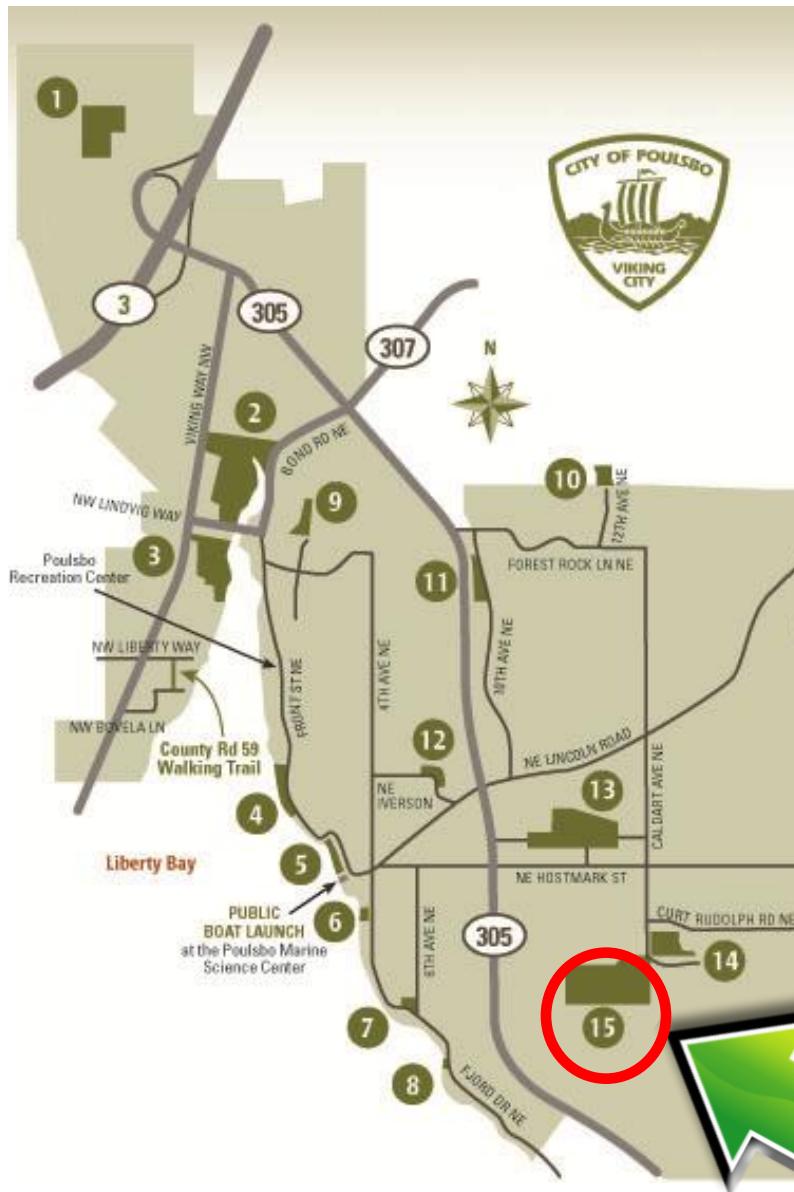
PENINISLE

Peninsula Wilderness Club meets on the second Monday of every month at 7 pm at the Kitsap Unitarian Universalist Fellowship on Perry Avenue in East Bremerton. The public is cordially invited.

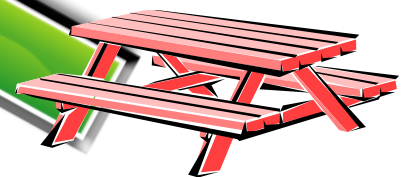
## PWC Annual Picnic Monday, July 11, 6:30 pm

**Location: Raab Park,  
18349 Caldart Avenue NE,  
Poulsbo**

The Annual PWC Picnic takes the place of the July General Meeting and will be held at Raab Park in Poulsbo. Burgers, salmon burgers, veggie burgers, hot dogs, buns, condiments, potato salad, macaroni salad, desserts, and place settings will be provided. If you would like to bring something (i.e., chips, munchies, fruit,...) to share, feel free to do so. Water coolers will be provided, and cups will be available, but members are encouraged to bring their own reusable cups or bottles to minimize the amount of garbage generated. Bring your own beverage (alcohol is permitted). Activities include a Tall Tales Contest and some games, and you are encouraged to bring your own yard games (Frisbee, croquet, bocce ball, etc.) to share.



Map reprinted by permission from Poulsbo Parks and Recreation  
[http://www.cityofpoulsbo.com/parks/documents/poulsbo\\_parks.FINAL.pdf](http://www.cityofpoulsbo.com/parks/documents/poulsbo_parks.FINAL.pdf)



# Monthly

## MAP: Monthly Activity Planning Meeting

Thursday, July 7<sup>th</sup>, at 7 pm  
Contact: Jon DeArman, at 360-697-1352

Discuss club business and help schedule outings at Jon and Sue's house in Poulsbo. All members are invited to attend.

## Monthly Potluck

Friday, July 29<sup>th</sup>, 6:30 pm  
Contact: Margaret Poshusta, 360 692-0126

Visit with fellow PWCers at a member's home. Bring an entrée or side dish to share. The host will provide the dessert. Check the calendar for host's info.

Date	Outing / Meeting	Contact
7/2	Staircase to the Duckabush	Jay Thompson, 360-509-9918, <a href="mailto:jaythom1@hotmail.com">jaythom1@hotmail.com</a>
7/3	Mt. Townsend overnight back pack	Doug Savage, 360-698-9774, <a href="mailto:thehiker@comcast.net">thehiker@comcast.net</a>
7/3	Southworth to Alki across Puget Sound	Tom Henning, 360-895-4018, <a href="mailto:khsbandmom@juno.com">khsbandmom@juno.com</a>
7/7	MAP Meeting at Jon DeArman's house	Jon DeArman, 360-697-1352, <a href="mailto:dearmans@comcast.net">dearmans@comcast.net</a>
7/9	Climb/Ski to Camp Muir on Mt. Rainier	John Knott, 360-710-1158, <a href="mailto:john.knott@navy.mil">john.knott@navy.mil</a>
7/10	Indian Island Circumnavigation Class 2-3	Les Moore, 360-379-9855, <a href="mailto:theperfectfood@gmail.com">theperfectfood@gmail.com</a>
7/10	Grayland surf practice with the SSAK	Paul Dutky, 360 479-2683, <a href="mailto:pdutky@gmail.com">pdutky@gmail.com</a>
7/11	Hike/bike/kayak & canoe Lake Coeur d'Alene	Tony Abruzzo, 360-871-5754, <a href="mailto:abruzzo1945@gmail.com">abruzzo1945@gmail.com</a>
7/11	Annual PWC Picnic & BBQ at Raab Park in Poulsbo	
7/14	Weekly Green Mountain Hike	Jay Thompson, 360-509-9918, <a href="mailto:jaythom1@hotmail.com">jaythom1@hotmail.com</a>
7/15-17	Toleak Point Beach Hike	Megan Thompson, 360-871-6014, <a href="mailto:belletterre2@earthlink.net">belletterre2@earthlink.net</a>
7/16-17	Marmot Pass hike and overnight	Doug Savage, 360-698-9774, <a href="mailto:thehiker@comcast.net">thehiker@comcast.net</a>
7/16-17	Blake Island Overnight - Class 2	Charlie Michel, 360-830-4984, <a href="mailto:michel99@btopenworld.com">michel99@btopenworld.com</a>
7/17-24	Car Camping near Coeur d'Alene	Bob Brown, 360-569-2878, <a href="mailto:skipatrol100@hotmail.com">skipatrol100@hotmail.com</a>
7/21	Weekly Green Mountain Hike	Jay Thompson, 360-509-9918, <a href="mailto:jaythom1@hotmail.com">jaythom1@hotmail.com</a>
7/22-24	PCT, Chinook Pass to White Pass	Jay Thompson, 360-509-9918, <a href="mailto:jaythom1@hotmail.com">jaythom1@hotmail.com</a>
7/23	Sea kayak from Quilcene to the Dosewallips	Steve Morse, 206-842-2845, <a href="mailto:stevejmwa@comcast.net">stevejmwa@comcast.net</a>
7/23-24	Climb Mt. Adams via the South Spur	Doug Savage, 360-698-9774, <a href="mailto:thehiker@comcast.net">thehiker@comcast.net</a>
7/23-24	Sunrise to Berkeley Park and Beyond -- beginner backpacking	Emily Grice, 206-842-7883, <a href="mailto:emilykgrice@gmail.com">emilykgrice@gmail.com</a>
7/24	3S2B Ride (Bainbridge Bike Ride)	Tom Leurquin, 206-842-5906, <a href="mailto:trlbi@hotmail.com">trlbi@hotmail.com</a>
7/28	Weekly Green Mountain Hike	Jay Thompson, 360-509-9918, <a href="mailto:jaythom1@hotmail.com">jaythom1@hotmail.com</a>
7/29-8/1	Wonderland Trail	Tom Broszeit, 360-621-3683, <a href="mailto:tomsmaill123@msn.com">tomsmaill123@msn.com</a>
7/29	POTLUCK at Margaret Poshusta's house	Margaret Poshusta, 360-692-0126, <a href="mailto:Marg8733@comcast.net">Marg8733@comcast.net</a>
7/30	WA Park to Friday Harbor	Les Moore, 360-379-9855, <a href="mailto:theperfectfood@gmail.com">theperfectfood@gmail.com</a>
7/30-31	Ozette Triangle overnight	Doug Savage, 360-698-9774, <a href="mailto:thehiker@comcast.net">thehiker@comcast.net</a>

**Welcome** to our new members:

Paul Cooney from Bremerton, and Christine Cutrona from Gig Harbor

# Outings

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## A Word About Outings

All PWC outings and other activities are open to anyone, but if you enjoy our company and what we do, we would like you to become a member. The persons sponsoring trips should not be considered instructors or leaders. If you are unsure of your abilities, discuss the trip thoroughly with the organizer. Each participant is responsible for his or her own comfort and safety on any outing. Always carry the 10 essentials.

## Please Call Early

As a courtesy to the sponsor of an outing in which you are interested, please try to call at least two days before the trip for single-day outings, and as soon as possible for overnight outings. This allows the sponsor time to make necessary arrangements, or alternate plans, should a trip be canceled for some reason. Your consideration will be greatly appreciated.

## Pet Policy

Please leave pets at home when attending PWC outings unless the trip is specifically listed as welcoming them.

## Carpool and Ride Sharing

We strongly encourage carpooling and ride sharing as a way to reduce impact to trailheads, minimize our environmental footprint, and reduce costs. Please be considerate to your drivers, including situations when you ride with different drivers in each direction. The amount you contribute to your driver(s) should reflect the distance driven, the cost of gas, and tolls/parking fees – short trips might be \$5 per person, long trips could be considerably more.

## The WEBSITE: A Source for Outings

Remember that trips can be listed on the website under Last Minute Trips. If you don't see something that interests you in the newsletter, check the website for additional trips. Or, if you are leading an outing that was planned after the deadline, use the website to post the information. This can now be done in THREE ways: You can fill out the form online, you can email or call the info directly to the Webmaster, Jay Thompson, at [pwcadmin@pwckitsap.org](mailto:pwcadmin@pwckitsap.org) or 360-307-0037. Or, you can email or call Paul Dutky at [pdutky@gmail.com](mailto:pdutky@gmail.com) or 360-479-2683 to get the outing listed on the PWC Calendar online.

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## Staircase to the Duckabush

Saturday, Jul 2

Contact: Jay Thompson at 360-509-9918, or email: [jaythom1@hotmail.com](mailto:jaythom1@hotmail.com)

Call Jay for meeting time and place and shuttle arrangements. This will be a long hike (33 miles). Jay may leave Friday night to cover additional ground and camp two days, if lobbied to do so. His initial plan was to hike the entire distance with one night on the trail.

## Mt. Townsend overnight back pack

Sunday, Jul 3-4

Contact: Doug Savage at 360-698-9774, or email: [thehiker@comcast.net](mailto:thehiker@comcast.net)

Spend the night at the summit of Mt. Townsend and watch the fireworks below (should be able to see Seattle!). About 4 miles and 2200 ft elevation gain. Contact Doug Savage for details. We will be home early!

## Southworth to Alki across Puget Sound, return by ferry. Class 3

Sunday, Jul 3 at 9:30 am

Contact: Tom Henning at 360-895-4018, or email: [khsbandmom@juno.com](mailto:khsbandmom@juno.com)

This Class III paddle will take us from Southworth Ferry Terminal to Blake Island (2 miles) for a quick break, where we will assess group and weather conditions in preparation for a 5-mile slack tide crossing of Puget Sound to Alki Point (either to the very western end of Alki Beach or the Charles Richey Sr. Viewpoint just south of the lighthouse) for a lunch break. At 2:30 pm we will head 3.5 miles south (with the flood) to the Fauntleroy Ferry Terminal, where we will catch the 4:40 pm ferry back to Southworth.

While a kayak dolly is not essential for this trip (at the ferry terminals), having one will make the event MUCH easier and enjoyable for you and all others in the party.

We will put in under the terminal from Sebring Road (just north of the terminal), but park our cars in the ferry parking lot for \$5 per vehicle. The ferry ride back to Southworth will be about \$8 (including a kayak stowage fee). It is important that we meet the 9:30 LAUNCH time so that we have good Sound crossing, and can arrive at Fauntleroy in plenty of time to make the ferry. Call Tom for additional details.

\*\* If weather conditions do not warrant a safe attempt at the Sound crossing, we will develop alternative plans for a paddle around the Blake/Vashon Island - Manchester areas.

## MAP Meeting

Thursday, Jul 7 at 7:00 pm

Contact: Jon DeArman at 360-697-1352, or email: [dearmans@comcast.net](mailto:dearmans@comcast.net)

All members are encouraged to attend this PWC event-planning meeting. Those present try to coordinate outings. Trips that are agreed upon are subsequently published in the Penwicle and listed in the Calendar. Volunteers offer to host the meeting at their house. Feel free to bring snacks or drinks to the meeting to share.

This month's meeting is at Jon and Sue DeArman's house: 25987 NW Circle Drive South Poulsbo, WA 98370

### Climb/Ski to Camp Muir on Mt. Rainier

Saturday, Jul 9

Contact: John Knott at 360-710-1158, or  
email: [john.knott@navy.mil](mailto:john.knott@navy.mil)

Climb from Paradise to Camp Muir and ski back down.

### Indian Island Circumnavigation

Sunday, Jul 10 at 10:30 am

Contact: Les Moore at H 360-379-9855, or  
email: [theperfectfood@gmail.com](mailto:theperfectfood@gmail.com)

Join Les for a clockwise circumnavigation of Indian Island. This is a Class II, 12-nautical-mile round trip paddle (with a few short current assists). Please plan to be at the launch at Irondale Beach Park by 10:30 am. We'll have a quick paddle briefing just before launch at 11 am.

We'll paddle north from Irondale, past Chimacum Creek to the tip of sandy Kala Point. From there, we'll cross to the north side of Indian Island, going well around the Navy dock.

At the north end of Indian Island, we'll use a flood assist current to paddle south of Rat Island and on to Fort Flagler for lunch. After lunch, we'll paddle into Kilisut Harbor and follow the quiet, scenic east shore of Indian Island all the way to its southern end.

At the south end of Kilisut Harbor, we'll portage over the road and tidal flat into Oak Bay, and then paddle NW into Port Townsend Canal with an ebb assist into Port Hadlock.

For the final leg of our trip, we can either stay in the ebb current and then cross straight west to the take-out, or we can paddle into Port Hadlock and around Skunk Island.

For more details and maps, please contact Les or see the PWC website calendar. Sunday morning only, you can call Les on his cell phone: 970-631-6462

### Grayland surf practice with the SSAK

Sunday, Jul 10 at 10:30 am

Contact: Paul Dutky at 360 479-2683, or  
email: [pdutky@gmail.com](mailto:pdutky@gmail.com)

Grayland surf practice with Cathy Haggerty and the SSAK

Meet at 10:30 on the beach off of Cranberry Beach Rd. Please contact Paul for more information, or see the PWC website for a map to the put-in location.

### Hike/bike/kayak & canoe Lake Coeur d'Alene, Idaho

Monday, Jul 11 at 8:00 am

Contact: Tony Abruzzo at 360-871-5754, or  
email: [abruzzo1945@gmail.com](mailto:abruzzo1945@gmail.com)

Hike, bike, canoe, kayak & generally take in the Idaho panhandle with Tony Abruzzo and Bob Brown (360-569-

2878, [skipatrol10@hotmail.com](mailto:skipatrol10@hotmail.com)). Very flexible schedule and activity list. Staying at Bell Bay campground (near Harrison, Idaho). Call Tony or Bob for details.

### Annual PWC Picnic & BBQ at Raab Park in Poulsbo

Monday, Jul 11 at 6:30 pm

See the front page of this newsletter for more information.

### Weekly Green Mountain Hike

Thursday, Jul 14 at 6:00 pm

Doug Savage, (360) 698-9774 , or  
email: [thehiker@comcast.net](mailto:thehiker@comcast.net)

Jay Thompson, (360) 509-9918, or  
email: [jaythom1@hotmail.com](mailto:jaythom1@hotmail.com)

Jay Thompson and Doug Savage are sponsoring weekly, after-work hikes up Green Mountain every Thursday evening at 6 pm starting from the Gold Creek parking area.

Be sure to check the calendar on the day of the hike before heading out to meet Doug or Jay. Any cancellations will be posted here.

### Toleak Point Beach Hike

Friday, Jul 15-17

Contact: Megan Thompson at 360-871-6014, or  
email: [belleterre2@earthlink.net](mailto:belleterre2@earthlink.net)

Megan Thompson is leading the annual Toleak Point hike this year on July 15-17. This is a 6 1/2-mile backpacking trip (each way) on the wild and scenic ocean coast of Olympic National Park. Enjoy sea stacks, wildlife, old Sitka Spruce forests, campfires and tide pools. There are low tides that weekend which will allow for tide pool exploring. This hike involves some going over headlands as well as hiking along the beach. Call Megan for more information, or see the PWC website calendar.

### Marmot Pass hike and overnight

Saturday, Jul 16-17

Contact: Doug Savage at 360-698-9774, or  
email: [thehiker@comcast.net](mailto:thehiker@comcast.net)

Spend the night above Marmot Pass. Contact Doug Savage for details.

### Blake Island Overnight

Saturday, Jul 16-17

Contact: Charlie Michel at 360-830-4984, Cell phone 360-710-0616, or email: [michel99@btopenworld.com](mailto:michel99@btopenworld.com)

Join Charlie and Carol for a camping overnight on Blake Island. This SK 2-3 paddle launches from the Manchester-Pomeroy boat launch in Manchester at 1 pm. After crossing to Blake Island, we will circle the island counter-clockwise and take out at the east campground (4.7 miles total).

## Outings

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Camping is on a large lawn also used for a goose convention, so consider bringing a small trowel to fling aside a few droppings. Up to eight people can occupy one \$22 site and we'll plan on grouping tents accordingly. Ensure you have a means of keeping your food and garbage secure from wily rampaging raccoons. Heated restrooms are available - hot showers require purchasing tokens.

After dark (sunset 9:05 pm), an optional night paddle will use the full moon (moonrise 9:21 pm) to light our way in a 4 mile circumnavigation. For those joining the night paddle, bring along a head torch and rear white kayak deck light.

Note: Southworth Drive (waterfront road between Port Orchard and Manchester) at Yukon Harbor will be closed for road construction at Curley Creek/Yukon Harbor; so you may require alternative routing to the launch point for those coming from the south.

Bring shoes to walk in, since there is an island-wide trail system on Blake. Tillicum Village has a dinner and show – more information on the PWC website calendar. We'll plan to return on Sunday, 9:30 am launch. For more information, please contact Charlie or visit the PWC website calendar.

### Car Camping near Coeur d'Alene, Idaho

Sunday, Jul 17 to Jul 24

Contact: Bob Brown at 360-569-2878, or email: [skipatrol100@hotmail.com](mailto:skipatrol100@hotmail.com)

Bob Brown and Tony Abruzzo invite you to join them for a week of camping, hiking, kayaking, and sightseeing in the Lake Coeur d'Alene area. We will be camping at the drive-in car (USFS) campground at Bell Bay. Bell Bay offers great kayaking and biking opportunities. There are many lakes/wetlands/rivers in this area to enjoy! Close by our camping area is the Trail of the Coeur d'Alene, a 75-mile long bike trail (which is outstanding). Another nearby bike trail is Hiawatha Rail Trail which takes you through nine tunnels and over seven high trestles, past waterfalls and ridgetop vistas.

Tony and Bob have been planning car camping trips for the past couple of years. These trips follow the same format; a relaxed setting where everybody is welcome to join us in an unstructured environment with no set schedule. You can come for all or part of the trip! We plan on reserving two campsites in the lower campground which will provide room for two additional cars. You can call 1-877-444-6777 to reserve a site (\$16 per night, a Senior Pass gets you 50% off). You can web search the campground and bike trails for detailed information. For Info. or to let us know your plans, call Tony Abruzzo at 360-871-5754 or Bob Brown at 360-569-2878.

### Weekly Green Mountain Hike

Thursday, Jul 21 at 6:00 pm

Please see the Jul 14<sup>th</sup> entry for details and contacts.

### PCT, Chinook Pass to White Pass with Jay Thompson

Friday, Jul 22-24

Contact: Jay Thompson at 360-509-9918, or email: [jaythom1@hotmail.com](mailto:jaythom1@hotmail.com)

Call Jay for meeting time and place and shuttle arrangements. He will head south from Chinook Pass to White Pass. It appears Tom Rogers ("Hobbit") will accompany Jay. See Tom's PCT online log for descriptions of the route: <http://www.hobbithiking.com/>

Jay will leave Friday night and spend two nights on the trail, returning Sunday night. This will be a long hike of almost 30 miles.

### Sea kayak from Quilcene to the Doswallips river delta, Class II

Saturday, Jul 23

Contact: Steve Morse at 206-842-2845, cell 206-618-8398, or email: [stevejmwa@comcast.net](mailto:stevejmwa@comcast.net)

Join Steve for this 11-mile loop on the Hood Canal. Launch time 10 am from the Quilcene Marina, south of Quilcene - follow boat ramp signs from Hwy 101 in Quilcene. Paddle south past the Point Whitney Shellfish Lab. Return on the east side of Quilcene Bay. The paddle is SK Class II due to fetch.

### Climb Mt. Adams via the South Spur with Doug Savage

Saturday, Jul 23-24

Contact: Doug Savage at 360-698-9774, or email: [thehiker@comcast.net](mailto:thehiker@comcast.net)

Contact Doug Savage for details.

### Sunrise to Berkeley Park and Beyond - beginner backpacking

Saturday, Jul 23-24 at 8:00 am

Contact: Emily Grice at 206-842-7883, or email: [emilykgrice@gmail.com](mailto:emilykgrice@gmail.com)

Join Emily for a scenic, easy backpacking overnight starting from Mt. Rainier's Sunrise Visitor Center. Camp Friday night at White River, or meet up on Saturday morning at Sunrise. Camp Saturday night at Berkeley Park. Back to Sunrise around noon on Sunday.

### 3S2B Ride (Bainbridge Bike Ride)

Sunday, Jul 24

Contact: Tom Leurquin at 206-842-5906, or email: [trlbi@hotmail.com](mailto:trlbi@hotmail.com)

The Seldom Seen South Bainbridge Bicycle (3S2B) Ride will explore, as you might expect, roads on the south end of Bainbridge Island that are not ventured upon very often. All

## Outings

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the roads will be suitable for road bikes. Many will be dead ends. And as is usual on Bainbridge, it will be hilly. Expect a ride of about 20 miles with around 1800' of elevation gain. We'll meet at my house around 9 am and head south from there.

### Weekly Green Mountain Hike

Thursday, Jul 28 at 6:00 pm

Please see the Jul 14<sup>th</sup> entry for details and contacts.

### Wonderland Trail

Friday, Jul 29 – Aug 1

Contact: Tom Broszeit at 360-621-3683, or

email: [tomsml123@msn.com](mailto:tomsml123@msn.com)

Hike a 33-mile section of the Wonderland Trail at Mount Rainier, from White River Campground to Longmire. This section of trail includes the highest point on the Wonderland Trail and has great alpine scenery.

The route leads up from the forests, into flowering meadows, picturesque valleys, and along ridges with views of Mount Rainier and distant peaks. The last portion of the route will be through lower forests and past several waterfalls and Reflection Lakes. Trail camps used will be Summerland, Indian Bar, and Maple Creek.

### POTLUCK at Margaret Poshusta's house

Friday, Jul 29 at 6:30 pm

Contact: Margaret Poshusta at 360 692-0126, or

email: [Marg8733@comcast.net](mailto:Marg8733@comcast.net)

Visit with fellow PWCers at one of our member's homes. Bring an entrée or side dish to share. The host will provide the dessert. This month's host is

Margaret Poshusta  
2930 Osiris Court NE  
Bremerton, WA 98311

### WA Park to Friday Harbor, ferry return

Saturday, Jul 30

Contact: Les Moore at H 360-379-9855, or

email: [theperfectfood@gmail.com](mailto:theperfectfood@gmail.com)

Join Les Moore & Paul Dutky for a current-assisted 21-mile one-way paddle through the southern San Juans. This is a Class III paddle. We'll leave Friday night and camp near Anacortes. There's camping at Washington Park and car parking there for \$6/day. This will let us launch from Washington Park at 8 am, an hour before the max ebb current in Rosario Strait. The current will help carry us around the southern end of Lopez Island where we'll have lunch, waiting for the flood to develop. The flood will help propel us through Cattle Pass (between San Juan and Lopez Islands), and onward to Friday Harbor. From Friday Harbor we'll take the free ferry ride back to Anacortes, and continue on home.

We recommend that you bring a kayak carrier for loading your boat on and off the Friday Harbor ferry.

Contact Les for more information, or see the PWC website calendar for maps and more details.

Please RSVP so Les can reserve campsite/s at Washington Park for Friday night. Reservations can only be made the Monday prior to visit - no advanced reservations are allowed. Les will therefore reserve the appropriate camp site/s on Monday, July 25th.

### Ozette Triangle overnight

Saturday, Jul 30-31

Contact: Doug Savage at 360-698-9774, or

email: [thehiker@comcast.net](mailto:thehiker@comcast.net)

Contact Doug Savage for details.

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### Into the Future *(Trips that require group planning or reservations by each attendee)*

#### Summerfest

Friday, Sep 2-5

Contact: Tom Broszeit at 360-621-3683, or

email: [tomsml123@msn.com](mailto:tomsml123@msn.com)

Join your PWC friends for Summerfest in the Mt. Baker Wilderness over the Labor Day weekend. We are again renting the large house in Glacier where we enjoyed Winterfest. The arrangements are the same. Spend Friday, Saturday and Sunday nights at the house and day hike throughout the North Cascades during the day. Nancy Osburn will coordinate breakfasts and dinners on Saturday and Sunday. There are 12 queen-sized beds in 12 rooms, and one foldout bed in the loft.

Call Tom Broszeit to sign up. Deposits from 24 people have been received, so there are only two spots available. However, a waiting list will be kept in case someone needs to cancel. The deposit, as before, is \$100. Final payment will be due July 31, with participants informed of the balance due after the final number of participants is determined.

More details on this trip are available on the PWC website calendar, and will be posted in the September PENWICLE.

### Fall Grand Canyon – Bryce Canyon Trip

Sep 24 – Oct 9

Contact David Boyde at 360-692-9325 or [theboyde@aol.com](mailto:theboyde@aol.com)

This trip will include a variety of activities at both the Grand Canyon and Bryce Canyon. Activities at the Grand Canyon include an (optional) one-day, 24-mile Rim-to-Rim trip from the North Rim to the South Rim, a 10-mile day-hike from Hermits Rest to Dripping Springs, and a three-day, 34-mile backpack on abandoned jeep trails and cross-country to Cape Solitude and Comanche Point. Other than the Rim-to-

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Rim, the trip will be up high on the plateau and the upper sections of the canyon. I already have campground reservations and permits.

Activities at Bryce Canyon include a three-day, 24-mile backpack on the Under-the-Rim Trail and seven different day hikes totaling 36 miles over three days. Permits and campground reservations are only available on-site. We will camp for up to five days and spend two in the backcountry along the Under-the-Rim Trail.

Group size is limited to 7 due to restrictions on the Under-the-Rim Trail at Bryce Canyon. There are already 3 slots taken, so if interested or for more information, contact Dave. More details on this trip are available on the PWC website calendar, and will be posted in the September PENWICLE.

### Backcountry Kitchen

*(Recipes and Tips by Dicentra)*  
<http://www.onepanwonders.com/>

Save weight on your journey by going sans stove. Just bring a bowl and a spoon!

This month: Lunch and Snacks

There are a lot of things you can bring to make your trailside lunch more interesting. Salads, including ramen, couscous and tuna/chicken salad can easily be done on the trail. Fantastic World Foods makes a wonderful tabbouleh salad. They also have instant black beans, refried beans and hummus that are very trail friendly.

Wraps or pitas made with these or other dips (artichoke, white bean...), dried at home and reconstituted on the trail make lunch easy. Use a coffee grinder or blender to get the dried food into tiny, uniform pieces. This will help with the rehydrating process. In addition to making a sandwich, you can also use these as a vegetable or cracker dip. And, of course, tortillas, peanut and other nut butters, jelly and honey.

Snacks can include everything from gorp, granola, dried fruit, jerky, wasabi peas, pretzels, crackers, candied ginger and candies of all sorts. Bring a big variety of your favorites. There are even several different types of vegetarian jerky on the market now as well as a huge variety of different trail bars.



## Trip Reports and Photos



Mt. Hood Climb (May 23/24). Photos by Isaac Sun



WTA Trail Maintenance (Jun 6).  
Photo by Maria McGuire

## Trip Reports and Photos



Weekly Green Mountain hikes. Photos by Jay Thompson



Mt. Townsend (Jun 4). Photos by Barb Haskell



Copper Creek, Buckhorn Pass - Olympics (Jun 19). Photo by Isaac Sun

Mt. St. Helens (Jun 11).  
Photo by Barb Haskell



Mt. Hood (May 25). Photos by Paul Dutky



## Club News

### PWC Host

Are you a new member or guest? Look for the PWC Host, identified by a Host name tag, 15 minutes before the General Meeting and during the break. The Host can answer questions and point out PWC trip sponsors that share your interests. There will be no formal meeting in July, but the August meeting host will be Megan Thompson.

### PWC Online... <http://www.pwckitsap.org/>

Go to the website to find upcoming trips, trip reports, photos, a discussion forum, and more.

### Door Prize

At the June meeting, Steve Osburn won an LL Bean sit pad.

### Tech Talk

There was no Tech Minute talk at the June meeting.

### Meeting Refreshments

Thanks to all who have brought snacks to meetings. Contact Doug Savage @ 360-698-9774 if you would like to bring snacks to the next meeting.

### We Need You!

Each month the club's MAP meeting and potluck dinner are in need of volunteer hosts willing to share their home for an evening. If you can handle a small home invasion, please contact the club secretary, Emily Grice, at 206-842-7883.

### Sponsor an Outing

If you are planning a trip, let us know about it! Come to the MAP meeting to discuss your trip, or submit trip descriptions to the Calendar-Meister, Paul Dutky, at [pdutky@gmail.com](mailto:pdutky@gmail.com), or by calling Paul at 360-479-2683. Planning a last-minute outing? No problem - post your trip on the PWC website under Last-Minute Trips, or on the PWC Calendar.

### Scrapbook Photos Wanted

Sue DeArman is looking for photos of PWC activities. Please include your name, details of the trip, and people and places in the pictures. Contact Sue at 360-697-1352 or [dearmans@comcast.net](mailto:dearmans@comcast.net)

### Update Your Email Address

Contact Venita Goodrich to update your email address and other contact information. Contact Venita by email at [ymnotbf@comcast.net](mailto:ymnotbf@comcast.net), or call 360-471-0522.

### Trip Reports & Photos Wanted

Do you have a great story to share about a recent trip? Steve Osburn is looking for trip reports and pictures to print in the PENWICLE. Please send trip reports & photos to Steve at [penwicle@hotmail.com](mailto:penwicle@hotmail.com).

## Club Business

### Joining the PWC or Membership Renewal

The PWC General Meeting is held the second Monday of each month, 7 pm, at the Kitsap Unitarian Universalist Fellowship in East Bremerton. To join or renew, please see form on the back of this newsletter. Receive a discount on select merchandise or services at the following businesses with your PWC membership, but check with vendor for details:

- Olympic Outdoor Center, Port Gamble (NEW location!)
- Vertical World Climbing Gym, Bremerton
- Silverdale Cyclery, Silverdale
- Commander's Beach House Bed and Breakfast, Port Townsend
- Ajax Café, Port Hadlock
- Kitsap Sports, Silverdale
- Jackie's Marine and Kayak Sales, Brownsville
- Poulsbo Running, Poulsbo

New members will receive a membership card with their New Membership packet. All members can pick up a card at the monthly meeting.

### Member Address and Phone List Changes

Address changes should be sent to Venita Goodrich at:  
Peninsula Wilderness Club  
P.O. Box 323  
Bremerton, WA 98337-0070

or email [ymnotbf@comcast.net](mailto:ymnotbf@comcast.net), or call 360-471-0522.

Members should also contact Venita if they wish to receive a new membership directory.

### PENWICLE Submissions

Submissions to the PENWICLE must be received by the Friday after the General Meeting to insure a place in the next issue. Contact Steve Osburn at [penwicle@hotmail.com](mailto:penwicle@hotmail.com) or 360-697-5982.

### Officers and Staff

President:	Paul Dutky	360-479-2683
Vice President:	Brian Steely	360-297-3825
Secretary:	Emily Grice	206-842-7883
Treasurer:	Venita Goodrich	360-471-0522
Board of Directors:	Steve Osburn	360-697-5982
	Maria McGuire	360-876-1639
	Jay Thompson	360-307-0037
Entertainment:	Jay Thompson	360-307-0037
Events:	Brian Steely	360-297-3825
Refreshments:	Doug Savage	360-698-9774
Scrapbook:	Sue DeArman	360-697-1352
Membership Database:	Venita Goodrich	360-471-0522
Webmaster:	Jay Thompson	360-307-0037
Calendar-Meister:	Paul Dutky	360-479-2683
Penwicle Editor:	Steve Osburn	360-697-5982
Penwicle Proofreader:	Steve Dikowski	360-692-8386

**PWC**

**Join or Renew Membership**

**PWC**

The Peninsula Wilderness Club is an informal organization for persons interested in active outdoor pursuits. Main activities include hiking, backpacking, mountain climbing, rock climbing, skiing, kayaking, and bicycle riding. All outings, from casual hikes to technical mountain sports, are initiated by individual members. These members are volunteers who generously offer to make minimal arrangements so an outing can take place. They do not accept responsibility for the safety or care of any participant. The PWC does not conduct instructional programs and members are expected to have whatever clothing, equipment, skills, and physical conditioning are appropriate for the outing they wish to join. Members are expected to practice responsible environmental stewardship and must accept that there are dangers and a risk of injury in most outdoor activities.

Dues are \$25 per household per year. Send a check or money order to:  
Peninsula Wilderness Club  
P.O. Box 323  
Bremerton, WA 98337-0070

Please check if: New Member(s) ☐

Renewing Member(s) ☐

Change of Address ☐

Name(s): \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

(Please print clearly)

- ☐ Check here if you wish to receive the newsletter as an Adobe PDF document by e-mail instead of printed copy.  
☐ Check here if you do NOT wish any information to be included in the list distributed to members.

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