## NOVEMBER 2010

Peninsula Wilderness Club

#### A Discussion on the Marine Life of the Pacific Northwest

Monday, Nov 8th, 7pm Presented by Andy Lamb



A Vancouver, BC, native, Andy Lamb has logged over 2990 dives since he became NAUI dive-certified in 1967. Andy is the co-author of *Coastal Fishes of the Northwest*, *Coastal Fishes of the Northwest revised* and *Marine Life of the Pacific Northwest*. Andy also has a column in Northwest Dive News titled, "Mystery Critter with Andy Lamb." When Andy is not off on one of his dives or writing, he enjoys owning and operating (along with his wife Virginia) the <a href="Cedar Beach Ocean Lodge B&B">Cedar Beach Ocean Lodge B&B</a> on Thetis Island, BC.



During the 24-year period (and before) between the two versions of *Coastal Fishes of the Pacific Northwest*, the fish species have remained virtually the same. However, the world around them has altered greatly, resulting in drastic changes for these and other marine creatures. Andy will discuss these issues and how the new version of the book has been altered and adjusted for the 21st Century.



CEDAR BEACH OCEAN LODGE 250-246-9770 or andylamb@telus.net

Basking shark,

Photo: Andy Lamb

LAMB

MAP: Monthly Activity Planning Meeting

Thursday, November 4, 7 pm

Contact: Shelley Fleming, 360-779-2275

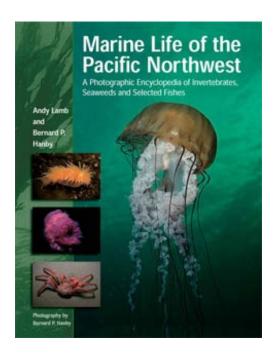
Discuss club business and help schedule outings at Shelley's house in Poulsbo. All members are invited to attend.

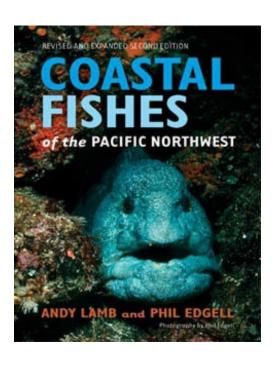
#### **November Potluck**

Due to the Thanksgiving holiday, there will be no potluck scheduled in November.

# CALENDAR

| <u>Date</u> | Outing / Meeting                           | Contact                       |
|-------------|--|-------------------------------|
|             |  |                               |
| 11/2        | Mt. Zion, with the other Doug              | Doug Terry, 360-550-7911      |
| 11/4        | MAP Meeting                                | Shelley Fleming, 360-779-2275 |
| 11/6        | Breakfast at the Farm Kitchen and Hike the | Pam Sargent, 360-620-0464     |
|             | Hansville Greenway Trails                  |                               |
| 11/6        | Backpack Olympic Springs - Hike to         | Doug Terry, 360-550-7911      |
|             | Boulder Lake                               |                               |
| 11/7        | Hike to Pyramid Mountain                   | Doug Savage, 360-698-9774     |
| 11/8        | General Meeting                            | Paul Dutky, 360-479-2683      |
| 11/11       | Kevin's "V" Day Hike                       | Kevin Koski, 360-373-7429     |
| 11/13-14    | Eagle Creek and Tunnel Falls Hike          | Jay Thompson, 360-307-0037    |
| 11/27       | Beginner Ski and Snowshoe at Mt. Rainier   | Doug Savage, 360-698-9774 or  |
|             |  | Emily Grice, 206-842-7883     |
|             |  | <del>-</del>                  |





#### **A Word About Outings**

All PWC outings and other activities are open to anyone, but if you enjoy our company and what we do, we would like you to become a member. The persons sponsoring trips should not be considered instructors or leaders. If you are unsure of your abilities, discuss the trip thoroughly with the organizer. Each participant is responsible for his or her own comfort and safety on any outing. Always carry the 10 essentials.

#### **Please Call Early**

As a courtesy to the sponsor of an outing in which you are interested, please try to call at least two days before the trip for single-day outings, and as soon as possible for overnight outings. This allows the sponsor time to make necessary arrangements, or alternate plans, should a trip be canceled for some reason. Your consideration will be greatly appreciated.

### **Pet Policy**

Please leave pets at home when attending PWC outings unless the trip is specifically listed as welcoming them.

### The WEBSITE: A Source for Outings

Remember that trips can be listed on the website under Last Minute Trips. If you don't see something that interests you in the newsletter, check the website for additional trips. Or, if you are doing an outing that was planned after the deadline, use the website to post the information. This can now be done in THREE ways: you can fill out the form online, or you can call or email the info directly to the Webmaster, Jay Thompson, 360-307-0037 or <a href="mailto:pwcadmin@pwckitsap.org">pwcadmin@pwckitsap.org</a>. Alternatively, you can call or email Paul Dutky at 360-479-2683 or <a href="mailto:pdc.qdmin.gom">pdutky@gmail.com</a> to get the outing listed on the PWC calendar online.

## **Outings**

# Mt. Zion, with the other Doug

Tuesday, Nov. 2

Contact: Doug Terry, doug@dougterry.net or

360-550-7911

Complete details are located at:

http://www.meetup.com/Kitsap-Outdoors/calendar/15087872/

In addition, we may split the group and do the Dead Man's Trail or just do the Dead Man's Trail. Who sign's up determines.

Depart Poulsbo Church of the Nazarene at 9 am.

## Breakfast at the Farm Kitchen and Hike the Hansville Greenway Trails

Saturday, Nov. 6

Contact: Pam Sargent, <a href="mailto:pamsargent@rocketmail.com">pamsargent@rocketmail.com</a> or 360-620-0464

Meet at the Farm Kitchen in Poulsbo (off Bond Road on the way to Kingston) at 8:30 am for a great breakfast and some equally great conversation. Breakfast at communal tables surrounded by beautiful gardens. Bring a warm jacket, as we may be sitting in a covered area outside.

The Farm Kitchen is located at 24309 Port Gamble Rd NE, Poulsbo. Web link is <a href="www.farmkitchen.com">www.farmkitchen.com</a>. A map is on their website.

Then on to Buck Lake State Park in Hansville to hike the Greenway Trails. We will leave from the park at 10:30 for those who wish to join us just for the hike. We plan on a 6-mile hike through woods, wetlands, and along the beach at Point No Point. Dogs are welcome on the hike.

The Hansville Greenway Trails map can be found at the "more information" link below.

More Info: http://www.kitsapgov.com/parks/Parks/Documents/Trail Maps/HansvilleGrnwy TrailMap.pdf

# Backpack Olympic Hot Springs-Hike to Boulder Lake

Saturday, Nov. 6

Contact: Doug Terry, <a href="mailto:doug@dougterry.net">doug@dougterry.net</a> or 360-550-7911

We are heading down the new trail to Olympic Hot Springs. After setup, earn out Hot Spring soak with a warmup hike to Boulder Lake.

Complete details at:

http://www.meetup.com/Kitsap-Outdoors/calendar/15115398/

We depart the Poulsbo Church of the Nazarene at 8 AM

## Hike to Pyramid Mountain

Sunday, Nov. 7

Contact: Doug Savage, <a href="mailto:thehiker@comcast.net">thehiker@comcast.net</a> or 360-698-9774

Meet Doug on the east side of the Hood Canal Bridge at 7:30 am. Doug plans to stop at the Oak Table in Sequim for breakfast before continuing on to the west side of Lake Crescent for the hike.

The round-trip distance is 7 miles, with 2400 feet of elevation gain.

#### Kevin's "V" Day Hike

Thursday, Nov. 11

Contact: Kevin Koski, tricyclerider@yahoo.com or

360-373-7429

Kevin plans to hike up a mountain that is either 11,000 feet high (in honor of this being the 11th day of November), or that has a "V" in the name (in honor of this being Veterans' Day). Give him a call. He might be open to suggestions that meet the criteria.

### Eagle Creek and Tunnel Falls Hike

Saturday - Sunday, Nov. 13 -14

Contact: Jay Thompson, jaythom1@hotmail.com or 360-307-0037

Join Jay for his 3rd annual hike up Eagle Creek to the extraordinary Tunnel Falls in the Columbia River Gorge. Trail is approximately 14 Miles round trtip to Tunnel Falls and back and only gains about 1200' in elevation.

Below is a description of the trail, taken from the Forest Service website.

"Description: Eagle Creek Trail is the most popular trail in the Columbia Gorge. It traces the line of Eagle Creek through the forest and along paths carved into basalt cliffs. An easy hike, Eagle Creek Trail offers spectacular viewpoints and waterfalls. On parts of this trail, there are sheer cliffs with no guard rails, so this hike may not be suitable for children.

Features: Punch Bowl Falls, where water spills 25 feet into a blue-green pool set in a large grotto; High Bridge, which traverses the gorge 150 feet above the creek; and Tunnel Falls, where the trail passes through a tunnel behind the shower of falling water."

Arrangements will be made to get rooms in Hood River, the hostel in Bingen or the Portland area for the night of the 13th, depending on where the group wants to stay.

Accommodation suggestions are welcome. Those that wish to hike on the 13th may join me as I explore some other, yet to be determined, trails in the Gorge area. The Eagle Creek hike itself will take place on Sunday, the 14th.

## Beginner Ski and Snowshoe at Mt. Rainier

Saturday, Nov. 27

Contact: Doug Savage, <a href="mailto:thehiker@comcast.net">thehiker@comcast.net</a> or 360-698-9774

Emily Grice, <a href="mailto:emphoto@earthlink.net">emphoto@earthlink.net</a> or 206-842-7883

Doug and Emily have scheduled the first winter event of the season, the annual beginner ski and snowshoe outing to Mt. Rainier. The most likely route is to start from Narada Falls and ski or snowshoe to Reflection Lakes and back.

# Planning Ahead....

#### **Winter Camp Overnight**

Saturday - Sunday, Dec. 18-19

Contact: Kevin Koski, <u>tricyclerider@yahoo.com</u> or 360-373-7429

Join Kevin on this backcountry ski adventure "behind" Crystal Mountain. Bring your Randonee or Telemark gear and the equipment you'll need for winter camping in who-knows-what conditions.

#### Celebrate New Year's Eve with the PWC

Friday, Dec. 31 - Saturday, Jan. 1

Contact: Steve Osburn, <u>steven\_osburn@hotmail.com</u> or 360-697-5982

Camp or find accommodations at Fort Warden/Port Townsend on the 31st. Party until the New Year in Port Townsend. Begin 2011, the next day, Saturday, with a hike.

Expect the usual New Year's crowd: Jon and Sue DeArman, Greg Myrick, Steve and Nancy Osburn, Venita and Doug Savage, etc.

# Hoped-for Date for MTTA Hut Overnight: Stay Tuned....

Saturday - Sunday, Jan. 8-9

#### Ski-Ascent of Sourdough Mountain

Saturday - Sunday, Jan. 8-9

Contact: Kevin Koski, <u>tricyclerider@yahoo.com</u> or 360-373-7429

This is a typical Kevin North Cascades ski adventure. Leave Friday night and camp by the car. Ski in, set up camp, summit, and ski out the next day. Advanced to expert ski mountaineering skills are required.

Sourdough Mountain is on the north side of Mount Diablo.

## Cross Country Ski the Methow Valley

Friday - Sunday, Jan. 14 - 16 (optional 17th) Contact: Paul Dutky, 360-479-2683, or email: pdutky@gmail.com

Skate or classic ski with your fellow PWCers throughout the beautiful Methow Valley. I've rented the Valley View cabin at Timberline Meadows for the club. Other cabins are available depending on demand (last year we needed two). Emily Grice has filled the adjacent Elk Lodge and has no more spaces. If there are six to eight people out of our entire group who would like to spend a fourth night and day at Mazama (night of the 17th, day of the 18th), I'll reserve the cabin for an additional day.

I'll be cooking, and will be happy to coordinate group meals. There are also some great restaurants in Mazama and Sun Mountain.

The approximate cost is \$46 per night (eight people in one cabin for three nights). The final cost for three days will be divided equally among participants, and will depend on number per cabin, no shows, etc. Contact Paul Dutky at pdutky@gmail.com if interested. Send your \$100 deposit to Paul: 6018 Peregrine Court, Bremerton, WA, 98312, or you can give it to me at the monthly meeting. Check the website/ Calendar for the list of those attending and their deposit status. Couples will be given priority for the two bedrooms in the cabin. For cabin info, go to:

http://www.timberlinemeadows.com/valleyview/index.html

Plan on driving to the Methow on January 14th. I usually stop to ski at Stevens enroute. If you would like to carpool, let me know that. I'll forward all the materials sent to me by the folks at Timberline Meadows when you express an interest.

**More Info**: http://away.com/tripideas/methow-washington-cross-country-skiing-300992.html

## Winter Camp on Mt. Rainier

Saturday - Sunday, Jan. 22-23

Contact: Brian Steely, brianandcris@centurytel.net or

360-297-3825

Join Brian on his climb from Paradise to Camp Muir. He'll camp somewhere near Muir, and will return the next day. Snowshoe or ski, all are invited.

#### Ski Big White, Canada

Sunday, Jan 23 - Saturday, Jan. 29 Contact: Paul Dutky, 360-479-2683, email:

pdutky@gmail.com

Big White is a huge family-friendly ski resort with over 100 ski runs, and many miles of nordic ski trails.

The condo we've rented accommodates up to eight people, and is next to a ski run ~ ski in, ski out. The cost of six nights lodging and lift tickets for four days is about \$600.

Last year at Big White we took turns cooking and had a great time: all gourmet fare.

Call Paul Dutky to reserve your spot, \$100 per person, payable to Paul. Lodging expenses will vary based on occupancy. We'll plan meals and transportation in December.

## Camp at Mount Pilchuck Fire Lookout

Saturday - Sunday, Feb. 5 - 6

Contact: Kevin Koski, <u>tricyclerider@yahoo.com</u> or 360-373-7429

Join Kevin on this winter camping expedition. He will try to arrange to stay at the Mt. Pilchuck fire lookout, but failing that, will camp nearby.

(Mt. Pilchuck is accessed from the I-5 corridor, West Cascades, north of Seattle)

## Yellowstone NP Yurt Camping & Cross-Country Ski Trip

Sunday, Feb. 6 - Thursday, Feb. 10 Contact: Megan Thompson, 360-871-6014 http://www.yellowstoneexpeditions.com/index.html

Erica is holding the spots open for our group until the end of September. After that, she will allow others in the time slot if we haven't reserved them. People need to call and make their own reservations directly but will need to say that they are with me. There are only six more openings, and if we fill at least four of them, we will get a 10% group discount. This is the same company that Alice Savage had trips through in the early 2000s. You will need to make a deposit of \$150 to hold your spot. Trip and payment details are on their website.

#### Winterfest at Mt. Baker Ski Area

Friday, Feb. 18 - Monday, Feb. 21 Contact: Paul Dutky, 360-479-2683, email: pdutky@gmail.com

Winterfest is the PWC's traditional winter President's Day Weekend getaway. We usually get lodging for anywhere from 20 to 50 adult skiers, boarders, snowshoers, good book readers, and gourmet chefs. In years past we've gone to Stevens Pass, White Pass, Mt. Rainier, and Mission Ridge. One of our best trips was at Snoqualmie Pass, where the club had the entire Mountaineers' cabin to ourselves (the year before it burned down, sigh). This year's trip to Mt. Baker is similar in that we are renting a big house specifically designed for large groups. You can check out the accommodations at:

http://www.mtbakerlodging.com/vacation-rental-home.asp? PageDataID=30710

Mt. Baker Ski area offers primarily alpine skiing, but there are snowshoe trails nearby, and spectacular backcountry is accessible from the parking lot. Several members plan to snowshoe or backcountry ski. Tell me what your interests are when you sign up, and I'll keep the PWC calendar entry for this event updated to include participants and interests.

For nordic skiing and snowshoeing trails near Glacier go to: http://www.nooksacknordicskiclub.org/

Our rental house is in Glacier, a 30-minute drive below the ski area. It has 12 rooms with queen beds and a loft with a hide-a-bed. We can rent incrementally to 12, 20, or 26 people. The cost varies from \$65 to \$46 per night per person, depending on how many sign up. Although singles will need to share queen beds, the accommodations and bathroom facilities are far superior to those at the Mountaineers' Cabins. If you have a concern, bring a lightweight sleeping bag to use on the bed.

The kitchen and dining area is spacious, and should accommodate cooking for everyone. We'll coordinate cooking groups before the trip. I'm told there is plenty of parking space.

Contact Paul Dutky at <a href="mailto:pdutky@gmail.com">pdutky@gmail.com</a> if interested. Send your \$100 deposit to Paul Dutky, 6018 Peregrine Court, Bremerton, WA, 98312, or you can give it to me at the monthly meeting.

## **Trip Report**

## WILD HORSES AND THE BLACK HILLS

by Gail Gross

Shortly after the first week in September, a group of PWC members began their journey to the Black Hills of South Dakota—not organized group travel, but with each getting there by their own selected route. Tony Abruzzo and Bob Brown drove nearly straight through, stopping at a Costco in Billings, Montana, to purchase food for everyone; Gary Goodwin and Alice Savage came by way of Glacier National Park and Theodore Roosevelt National Park; John and Sue DeArman stopped to visit relatives in Spokane; Kevin and Gail Gross made a side-trip by way of Theodore National Park; and Sally Kronoff flew into a nearby airport. For those who had never visited the Black Hills before, there was alarm about where they were headed because of the bleakness of the surrounding countryside. When all had arrived at the High Country Ranch in the Hill City area in central Black Hills, it was time to figure out which activities each person wanted to do. So much to do with so little time in the next five days—riding bikes or hiking on the many miles of well-maintained trails, Mt. Rushmore, Custer State Park, Wind Cave National Park, Jewel Cave National Monument, Badlands National Park, Crazy Horse Monument.... Everyone found the Black Hills to be an oasis of rolling hills with granite outcroppings, meadows and pine trees with lots to see and do in the middle of nowhere.

One of the humorous highlights was a visit to a nearby "antique" (?) establishment, complete with the colorful proprietor (a wildly dressed man in his eighties, packing a pistol and carrying a huge roll of bills from which he made change). One of the items for sale was an eightfoot-high metal chicken—everyone was sure that Kevin and Gail were going to purchase the chicken and haul it home tied to the top of their camper. Sorry folks, not for the price tag of \$2,000.

After the five days of hurried activities in the Black Hills, it was time to head to the Pryor Mountain Wild Horse Preserve in south central Montana. After a quick stop in Cody, Wyoming, for shopping at Sierra Trading Post, stocking up with a couple days of groceries and an overnight stay, it was time to go see the wild horses. The turnoff from the main road began easily enough with a gravel road for the first 10 miles. It was the next 20 miles that more than balanced out any easy freeway driving that any of us had ever done, complete with bumps, ruts, large rocks and one lane with few pull-outs if you met someone coming toward you. Finally, we were on a high, rolling plateau, 9,000 feet in elevation and mostly above tree line that was to be our home for the next couple of days. And there they were—wild horses-strong, muscular and beautiful!!! The next couple of days were spent following the various small bands of horses with camera in hand. With the horse population at Pryor Mountain estimated to be between 200 and 300, there always seemed to be a group wandering through. It was evident that horses had been just a few feet away from camp in the night or early morning hours by the "stuff" that was left behind. One of the best places to watch the horses was at their watering hole, an area bulldozed to make a large berm next to a low spot that caught run-off when the snow melted in the spring. Watching the mud baths and the following roll in the dust proved to be quite entertaining. Sitting along a grassy hillside with horses grazing nearby was a peaceful way to end the day.

All too soon it was time to begin the journey home with everyone heading off in separate directions. Some were off to visit relatives, others to Yellowstone and Grand Teton National Parks and some heading directly home. A big thanks to Bob and Tony for organizing such a wonderful trip and for all the great meals.

#### **Club News**

#### **PWC Host/Hostess**

Are you a new member or guest? Look for the PWC Host/ Hostess, identified by a Host/Hostess name tag 15 minutes before the General Meeting and during the break. The Host/ Hostess can answer questions and point out PWC trip sponsors that share your interests. Kathy Weigel will be the November Hostess.

## PWC Online...www.pwckitsap.org

Go to the website to find upcoming trips, trip reports, photos, a discussion forum, and more.

#### Jon's Minute

Jon DeArman spoke about trekking pole repair.

#### **Door Prize**

At the October meeting, Richard Ko won a super-lightweight folding knife.

#### **Meeting Refreshments**

Thanks to all who have brought snacks to meetings. Contact Doug Savage @ 360-698-9774 if you would like to bring snacks to the next meeting.

#### We Need You!

Each month the club's MAP meeting and potluck dinner are in need of volunteer hosts willing to share their home for an evening. If you can handle a small home invasion, please contact the club secretary, Emily Grice, at 206-842-7883.

#### Sponsor an Outing

If you are planning a trip, let us know about it! Come to the MAP meeting to discuss your trip, or submit trip descriptions to the PENWICLE by contacting Karla Piecuch at <a href="mailto:penwicle@hotmail.com">penwicle@hotmail.com</a> or 206-313-3584. Planning a last-minute outing? No problem — post your trip on the PWC website under Last Minute Trips, or on the PWC Calendar.

#### **Scrapbook Photos Wanted**

Sue DeArman is looking for photos of PWC activities. Please include your name, details of the trip, and people and places in the pictures. Electronic photos are welcome, too. Contact Sue at 360-697-1352 or <a href="mailto:dearmans@comcast.net">dearmans@comcast.net</a>

### **Update Your Email Address**

Contact Venita Goodrich to update your email address and other contact information. Contact Venita by email at <a href="mailto:vmnotbf@comcast.net">vmnotbf@comcast.net</a>, or call 360-698-9774.

#### Trip Reports & Photos Wanted

Do you have a great story to share about a recent trip? Karla is looking for trip reports to print in the PENWICLE. Please send trip reports & photos to Karla at penwicle@hotmail.com

#### Club Business

## Joining the PWC or Membership Renewal

The PWC General Meeting is held the second Monday of each month, 7 pm, at the Kitsap Unitarian Universalist Fellowship in East Bremerton. To join or renew, please see form on back of newsletter. Receive a discount on select merchandise or services at the following businesses with your PWC membership, but check with vendor for details:

- ◆ Olympic Outdoor Center, Port Gamble (NEW location!)
- ◆ Vertical World Climbing Gym, Bremerton
- ◆ Silverdale Cyclery, Silverdale
- ◆Commander's Beach House Bed and Breakfast, Port Townsend
- ◆ Ajax Café, Port Hadlock
- ◆ Kitsap Sports, Silverdale
- → Jackie's Marine and Kayak Sales, Brownsville
- ◆ Poulsbo Running, Poulsbo

New members will receive a membership card with their New Membership packet. All members can pick up a card at the monthly meeting.

#### Address Changes and Member Address-Phone List

Address changes should be sent to Venita Goodrich at Peninsula Wilderness Club

P.O. Box 323

Bremerton, WA 98337-0070,

or email <a href="mailto:vmnotbf@comcast.net">vmnotbf@comcast.net</a>, or call 360-698-9774. Members should also contact Venita if they wish to receive a new membership directory.

#### **PENWICLE Submissions**

Submissions to the PENWICLE must be received by the Friday after the General Meeting to insure a place in the next issue. Contact Karla Piecuch at <a href="mailto:penwicle@hotmail.com">penwicle@hotmail.com</a> or 206-313-3584.

# Officers and Staff

| President:            | Paul Dutky        | 360-479-2683  |
|-----------------------|-------------------|---------------|
| Vice President:       | Brian Steely      | 360-297-3825  |
| Secretary:            | Emily Grice       | 206-842-7883  |
| Treasurer:            | Venita Goodrich   | 360-698-9774  |
| Board of Directors:   | Barney Bernhard . | 360-479-3679  |
|                       | Maria McGuire     | 360-876-1639  |
|                       | Jay Thompson      | 360-307-0037  |
| Entertainment:        | Joe Weigel        | 360-479-5116  |
| Events:               | Brian Steely      | 360-297-3825  |
| Refreshments:         | Doug Savage       | 360-698-9774  |
| Scrapbook:            | Sue DeArman       | 360-697-1352  |
| Membership Database   | Venita Goodrich   | 360-698-9774  |
| Webmaster:            | Jay Thompson      | 360-307-0037  |
| Calendar-Meister:     | Paul Dutky        | 360-479-2683  |
| Penwicle Editor:      | Karla Piecuch     | 206-313-3584  |
| Penwicle Proofreader: | Steve Dikowski    | .360-692-8386 |

The Peninsula Wilderness Club is an informal organization for persons interested in active outdoor pursuits. Main activities include hiking, backpacking, mountain climbing, rock climbing, and skiing. All outings, from casual hikes to technical mountain sports, are initiated by individual members. These members are volunteers who generously offer to make minimal arrangements so an outing can take place. They do not accept responsibility for the safety or care of any participant. The PWC does not conduct instructional programs and members are expected to have whatever clothing, equipment, skills, and physical conditioning are appropriate for the outing they wish to join. Members are expected to practice responsible environmental stewardship and must accept that there are dangers and a risk of injury in most outdoor activities.

Dues are \$25 per household per year. Send a check or money order to: Peninsula Wilderness Club P.O. Box 323 Bremerton, WA 98337-0070 Renewing Member(s) **Change of Address** Please check if: New Member(s) Name(s): Mailing Address:\_\_\_\_\_ City, State, Zip: E-mail: Telephone: (Please print clearly) Check here if you wish to receive the newsletter as an Adobe PDF document by e-mail instead of a printed copy. Check here if you do NOT wish any information to be included in the list distributed to members. **NOVEMBER 2010 - Time Dated Material** 

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