

NOVEMBER
2005

From Kathmandu to Lo Manthang: Trekking the Mustang Region of Nepal

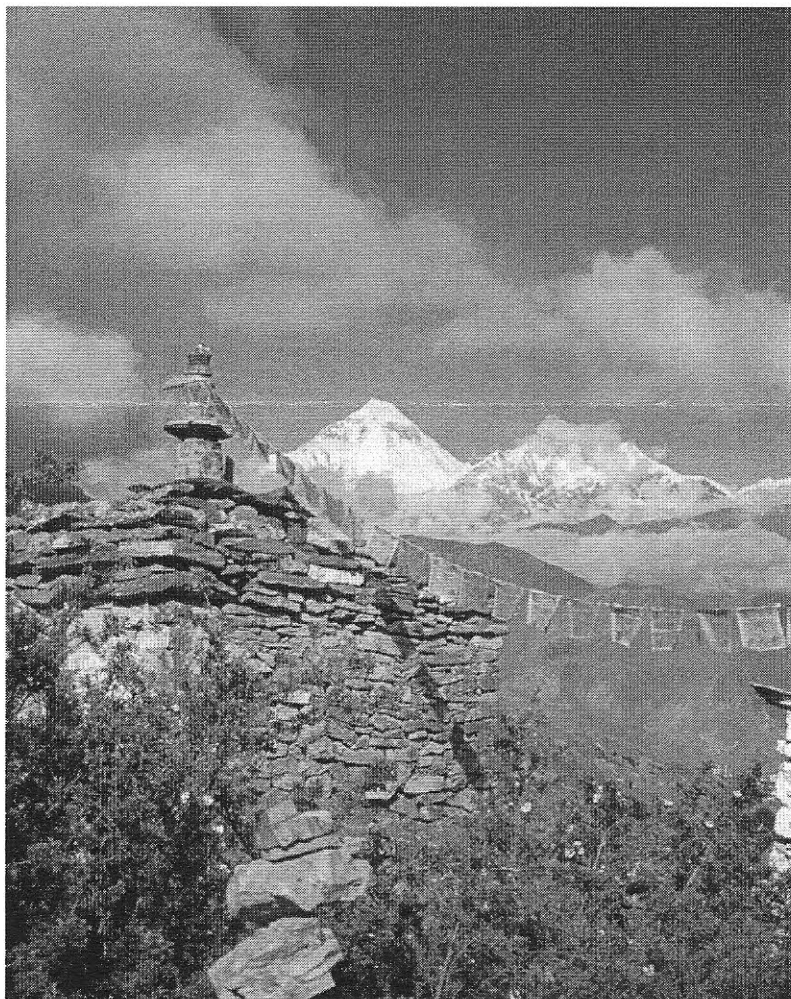
Monday, November 14, 7 pm

Presented by: Sue DeArman, Karla Piecuch and Irma O'Brien

On the very roof of the world lies the small, once-inaccessible kingdom of Mustang, or Lo, as it is called by those who inhabit the area. Set beyond the Annapurna and Dhaulagiri ranges of the Himalayas, this rugged, barren, and remote region was for decades thought of as a forbidden kingdom, and has only been opened to limited trekking since 1992.

In this wild, lunar landscape, bordered by the great icy peaks to the south, one is rewarded with a glimpse of a complex Tibetan Buddhist society. Here, 16th century monasteries still remain active and are fiercely guarded by large mastiffs, and one travels in relative solitude in a land populated with chortens, mani walls, katas, and prayer flags.

Sue DeArman will present her slides and provide commentary with Karla Piecuch and Irma O'Brien of their time in Kathmandu and trek through Mustang in June of 2004.



New PWC Officers and Board Members

Congratulations to our new Officers and Board Members elected at the October General Meeting:

President: Tom Rogers
Vice-President: Greg Myrick
Secretary: Gayla Perini
Treasurer: Jill Hawes

Board of Directors: Barbara Hager
Dean Huffman
Tom Leurquin

Thanks to the outgoing Officers and Board for their service during the past year.

Peninsula Wilderness Club meets on the second Monday of every month at 7 pm at the Kitsap Unitarian Universalist Fellowship on Perry Avenue in East Bremerton. The public is cordially invited.

PENINSULA WILDERNESS CLUB

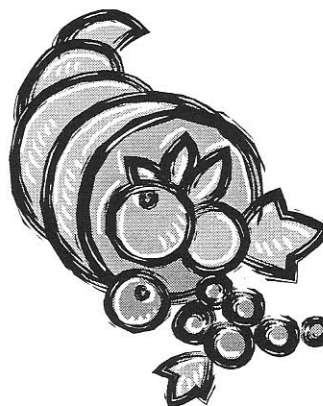
Monthly

MAP: Monthly Activity Planning

Thursday, November 3, 7 pm

Contact: Tom Leurquin, 206-842-5906

Discuss club business and help schedule outings at the home of Tom Leurquin on Bainbridge Island.



November Potluck

There will be no potluck in November because of the Thanksgiving holiday. Happy Turkey Day!

<u>Date</u>	<u>Outing / Meeting</u>	<u>Contact</u>	<u>Page</u>
11/3	MAP: Monthly Activity Planning	Tom Leurquin, 206-842-5906	2
11/5	MTTA Gala	Erin Hennings, 360-621-6961	3
11/11-13	Backpack/Climb Mt. Aix	Kevin Koski, 360-373-7429	3
11/14	General Meeting	Tom Rogers, 360-692-2547	1
11/19	Hike Little River Trail	Doug Savage, 360-698-9774	3
11/27	Cross-Country Ski or Snowshoe	Barney Bernhard, 360-479-3679	3

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Outings

A Word About Outings

All PWC outings and other activities are open to anyone, but if you enjoy our company and what we do, we would like you to become a member.

The persons sponsoring trips should not be considered instructors or leaders. If you are unsure of your abilities, discuss the trip thoroughly with the organizer. Each participant is responsible for his or her own comfort and safety on any outing. Please always carry the 10 essentials.

Pet Policy

Please leave pets at home when attending PWC outings unless the trip is specifically listed as welcoming them.

Please Call Early

As a courtesy to the sponsor of an outing in which you are interested, please try to call at least two days before the trip for single-day outings, and as soon as possible for overnight outings. This allows the sponsor time to make necessary arrangements, or alternate plans should a trip be canceled for some reason. Your consideration will be greatly appreciated.



MTTA Gala

Saturday, November 5

Contact: Erin Hennings, 360-621-6961

Annual MTTA Gala at the Seattle REI. Participate in a lottery to get reservations for the ski huts in the MTTA trail system this winter. The more PWC members that attend, the better our chances are to get prime weekends in the backcountry! For more information about MTTA and the Gala, check out their website: <http://www.skimtta.com/>

Backpack/Climb Mount Aix

Friday, November 11 - Sunday, November 13

Contact: Kevin Koski, 360-373-7429

Loop backpack trip with a climb of Mount Aix.

Hike the Little River Trail

Saturday, November 19

Contact: Doug Savage, 360-698-9774

A scenic hike in the north Olympics.



Cross-Country Ski or Snowshoe

Sunday, November 27

Contact: Barney Bernhard, 360-479-3679

Get your skis or snowshoes out of storage for this beginner/intermediate cross-country ski or snowshoe outing. Location to be determined by the early season snow conditions.

Cross-Country Ski to Reflection Lake

Saturday, December 3

Contact: Doug Savage, 360-698-9774

Beginner cross-country ski from Paradise to Reflection Lake in Mount Rainier National Park.

Hike Green Mountain

Saturday, December 10

Contact: Dean Huffman, 360-307-7280

A nine-mile hike in Kitsap County.

Methow Valley Ski Rodeo

Saturday, December 31 - Sunday, January 1

Contact: Kevin Koski, 360-373-7429

A cross-country ski race, your choice of 5K or 10K, skate or classic technique.



Cross-Country Ski in Methow Valley

Saturday, January 14 - Monday, January 16

Contact: Barney Bernhard, 360-479-3679

Spend the weekend cross-country skiing in the Methow Valley. Contact Barney now so cabin reservations can be made.



Ski Weekend at Mazama Lodge

Saturday, January 21 - Sunday, January 22

Contact: Doug Savage, 360-698-9774

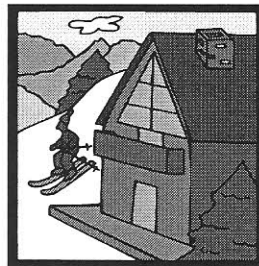
Stay at the Mazama Lodge near Government Camp, OR, and ski in the Mount Hood area. The lodge is within a 20-minute drive of five downhill ski areas, and cross-country skiers can access trails for all ability levels from the lodge.

Build Snow Caves and Igloos

Saturday, February 4 - Sunday, February 5

Contact: Rick Fleming, 360-779-2275

Learn how to build snow caves and igloos at Paradise. Spend the night in your snowy shelter, or at the Inn at Longmire.



Winterfest 2006

Friday, February 17 - Monday, February 20

Contact: Tom Rogers, 360-692-2547

We have reserved the entire Snoqualmie Lodge for Winterfest 2006. Snoqualmie has great cross country skiing and snowshoeing, discounted lift tickets for the downhill areas, and the lodge provides inner tubes for the groomed tubing slope -- and if there's no snow we can always hike, bike, and party. Sign up now; you don't have to be a Mountaineer! There are sleeping accommodations for 49. Cost will be \$70 for the weekend. That includes lodging for Friday, Saturday, and Sunday, breakfast Saturday, Sunday and Monday morning, and dinner Saturday and Sunday evening. (You can sign up for individual nights at \$20 for Friday and \$25 each for Saturday or Sunday, but people attending the whole weekend will get preference if we fill the place up.)

Backpack in the Grand Canyon

February 26 - March 11, 2006

Contact: David Boyde, 360-692-9325 or theboyde@aol.com

Join us on a 14-day trek through the heart of Grand Canyon, Arizona. The route begins at Grandview Point and descends the Grandview Trail to Horseshoe Mesa, where we will spend a day exploring the old mines, Cave of the Domes and Hance Canyon. We will then continue west on the Tonto Plateau along the Tonto Trail, descending to Bright Angel Campground and Phantom Ranch. Here we will pick up a food cache for the next leg of the journey to Clear Creek. At Clear Creek, we will spend two days exploring Clear Creek and Obi Canyons. We will then head back to Bright Angel, camping either there or at Sumner Wash. After this, we head up the North Kaibab Trail to Cottonwood Campground where we will spend an entire day exploring various side canyons. Finally, we will head back down to Bright Angel and the final ascent out of Grand Canyon via the Bright Angel Trail. Besides the beauty of the canyon itself, we will see mining ruins, several waterfalls, some Indian ruins and numerous side canyons.

The backpacking portion of the trip is about 85 miles, with an elevation change of +/- 25,000 feet. Some of the change is gradual, while other sections are quite steep. Optional side trips and exploration (so-called rest days) can add up to another 65 miles and an elevation change of +/- 20,000 feet. (All mileages and elevation changes are approximate and probably exaggerated). The weather is expected to be in the low to mid-40s at night and low to mid-70s during the day (in the canyon, much colder on the rim itself). Some rain is possible, and perhaps some snow on the South Rim. The trip is on regardless of the weather!!

We will be driving straight through to the canyon and spending one night at the rim both before and after the trip. (It takes about 22-24 hours.) A National Park Pass is required for entrance to the park, or a nominal fee per vehicle. The permit for the trip is \$66 per person. Additionally, each person will be responsible for his or her own personal expenses (food, lodging share, etc) along with an equal share of the gas money. There are currently eight people signed up to go, and I have room for up to three more. If interested, contact me for additional information on the itinerary and a detailed trail description.

Tweedsmuir Provincial Park Adventure

August 2006

Contact: Kevin Koski, 360-373-7429

Kayak, canoe, hike, and climb in Tweedsmuir Provincial Park in British Columbia.

Gates of the Arctic Adventure

August 2007

Contact: Kevin Koski, 360-373-7429

Advance notice for a future trip to Gates of the Arctic National Park in the Brooks Range of northern Alaska.

Windsurfing Class

Submitted by Megan Thompson

When Dale Boyle offered lessons to PWC members, it just seemed like the right thing to do (not to mention a pretty darn good price - free). And then there was that added benefit, if I could fit in a class in August, I could windsurf in Fiji.

So, I show up at the Silverdale Waterfront park for the first (dry land) class - but where is the class? I'm it? Oh no! The pressure was on. Tacking and luffing and - oh my - you want me to stand on THAT? Yep - crawl up onto it, stand on it, pull the sail up on it, walk around on it - oops - uh, something broke here. Well, it didn't exactly break - it just came a little bit apart because I stepped too far from the mast. Dale-the-master-fixer had it up and running again in no time. Okay - so now you want to know - what is IT? IT is the dry land simulator, which is great to practice maneuvers on. It's a sailboard mounted to a turntable so you can turn the board just like you were on water. Or almost like you were on water - there is just a SLIGHT extra tippiness when you're on the water.

Day 2 - on the water at Horseshoe Lake. That was the plan anyway. Like all good plans, it was subject to change. For instance - the title of the class is WINDsurfing. There was a decided lack of WIND. We stood around talking and waiting for the WIND to pick up. After a half hour, the wind had slacked off so much that almost the entire lake was smooth as glass. Scrap class #2.

Day 3 - WIND - it does exist! At least I started out excited, but over the next half hour I did a lot of muttering under my breath. If this is windSURFing - why am I spending so much time falling/swimming/climbing back on the board? Note to anyone else considering the class - be sure to have your glasses on a leash, you will appreciate it! Or maybe don't have them on - then you won't see the hoards of kids at the swimming beach all watching you fall in - over and over and over again. At some point though, things finally came together a little bit - and when the wind grabbed the sail - I didn't fall in. Wow! And then it happened again - and again. And I could stop the board and turn it in the other direction and take off again - all while staying dry. Such a radical change from the first part of the lesson. And when my poor legs were so tired and shaking that I had to cry 'uncle', I followed Dale right onto the beach, lowered the sail and stepped off the board just like I knew what I was doing (with a now-dry swimsuit). Way cool! Thanks Dale!



Club News

Officer and Board of Directors Election

New Officers and Board members were elected at the General Meeting. See page 1 for results.

PWC Welcomes New Members...

Scott Hagerty and Donald Hodun.

October Door Prize Winner

At the October meeting, Dick Waldo won a backpacking stove, complete with a canister of fuel.

Tip of the Month

Thanks to Jon DeArman for giving the October meeting's "Tip of the Month" about backpacking stoves.

Thanks for the Treats!

It was kind of crazy this month, so I have no idea who brought cookies, but thank you! Every bite was appreciated. Don't forget the goodies for next month. Contact Doug Savage @ 360-698-9774.

We Need You!

Each month the club's MAP meeting and potluck dinner are in need of volunteer hosts willing to share their home for an evening. If you can handle a small home invasion, please contact the club secretary, Gayla Perini, at 360-830-3553.

Sponsor an Outing

We are always looking for people to sponsor outings for the PWC. If you are planning a trip, let us know about it! Come to the MAP meeting the first Thursday of the month to discuss your plan for a trip. You can submit trip descriptions to the PENWICLE by contacting Erin Hennings at penwicle@hotmail.com or 360-621-6961. Planning a last minute outing? No problem - post your trip on the PWC website by filling out the form at <http://www.pwckitsap.org/>



Trip Reports Wanted

Do you have a great story to share about a recent trip? Erin Hennings is looking for trip reports to print in the PENWICLE. Please send trip reports and photos to Erin at penwicle@hotmail.com

Club Business

Joining the PWC or Membership Renewal

The PWC General Meeting is held the second Monday of each month, 7 pm, at the Kitsap Unitarian Universalist Fellowship in East Bremerton. To join or renew, please see form on back of newsletter. Receive a discount on select merchandise or services at the following businesses with your PWC membership, but check with vendor for details:

- Olympic Outdoor Center, Poulsbo
- Vertical World Climbing Gym, Bremerton
- Silverdale Cyclery, Silverdale
- Commander's Beach House Bed and Breakfast, Port Townsend

New members will receive a membership card with their New Membership packet. All members can pick up a card at the monthly meeting.

Address Changes and Member Address-Phone List

Address changes should be sent to Vicki Fleming at Peninsula Wilderness Club, P.O. Box 323, Bremerton, WA 98337-0070 or call 360-779-2275. Members should also contact Vicki if they wish to receive a new membership directory.

PENWICLE Submissions

Submissions to the PENWICLE must be received by the Friday after the General Meeting to insure a place in the next issue. Contact Erin Hennings at penwicle@hotmail.com or 360-621-6961.

PWC Online...www.pwckitsap.org

Please contact Venita Goodrich at 360-698-9774 for inquiries regarding the PWC website. Submissions to the editor of the PENWICLE will be sent to the website, unless requested otherwise.

Officers & Staff

President:	Tom Rogers.....360-692-2547
Vice President:	Greg Myrick.....360-297-2775
Secretary:	Gayla Perini.....360-830-3553
Treasurer:	Jill Hawes.....360-275-5402
Board of Directors:	Barbara Hager360-692-5121
	Tom Leurquin206-842-5906
	Dean Huffman.....360-307-7280
Entertainment:	Joe Weigel.....360-871-0291
Events:	Greg Myrick.....360-297-2775
Refreshments:	Doug Savage360-698-9774
Scrapbook:	Bethany Cecere360-377-2408
Membership Coordinator:	Vicki Fleming360-779-2275
Website Editor:	Venita Goodrich...360-698-9774
Penwicle Editor:	Erin Hennings360-621-6961
Penwicle Proofreader:	Steve Dikowski360-692-8386

PWC

Join or Renew Membership

PWC

The Peninsula Wilderness Club is an informal organization for persons interested in active outdoor pursuits. Main activities include hiking, backpacking, mountain climbing, rock climbing, and skiing. All outings, from casual hikes to technical mountain sports, are initiated by individual members. These members are volunteers who generously offer to make minimal arrangements so an outing can take place. They do not accept responsibility for the safety or care of any participant. The PWC does not conduct instructional programs and members are expected to have whatever clothing, equipment, skills, and physical conditioning are appropriate for the outing they wish to join. Members are expected to practice responsible environmental stewardship and must accept that there are dangers and a risk of injury in most outdoor activities.

Dues are \$25 per household per year. Send a check or money order to:

Peninsula Wilderness Club, P.O. Box 323, Bremerton, WA 98337-0070

Please check if: New Member(s) ☐ Renewing Member(s) ☐ Change of Address ☐

Name(s): _____

Mailing Address: _____

City, State, Zip: _____

Telephone: _____ (optional) E-mail: _____ (required if receiving newsletter by e-mail, otherwise optional)

(Please print clearly)

☐ Check here if you wish to receive the newsletter as an Adobe PDF document by e-mail **instead of** a printed copy.

☐ Check here if you **do not** wish any information to be included in the list distributed to members.



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