

JULY
2003

PENWICLE

Peninsula Wilderness Club meets on the second Monday of every month at 7 pm at the Kitsap Unitarian Universalist Fellowship on Perry Avenue in East Bremerton. The public is cordially invited.

July PWC Picnic

Monday, July 14, 6:30 pm
Raab Park, Poulsbo

Our club's Annual Summer Picnic will be held on Monday, July 14, at Raab Park in Poulsbo. Directions: Highway 305 to the center of Poulsbo, then take Hostmark Street uphill toward the high school. Take a right on Caldart Avenue to the park. Arrive early if you can; dinner will start at 6:30 p.m. To ensure a varied menu, members are asked to bring a food item according to their last initial as follows:

A - L: Main dish
M - R: Salad
S - Z: Dessert

The club will provide the charcoal for the grill, plus soft drinks, plates, cups, napkins, and utensils. Bring: sports equipment (ideas: Frisbees, volleyball equipment, and items for an obstacle course), musical instruments, and a spirit of fun and camaraderie.

Mt. St. Helens Climb

By: Doug Savage

Twelve PWC members joined me on Sunday, June 1, for a merry adventure up the Ptarmigan Ridge route (AKA Monitor Ridge) of Mt St Helens. Joining me were - Sarah Armstrong, Jill Hawes, Jon & Sue DeArmann, Cathy Palzkill, Tom Rogers, Ellen Watkins, John Knott, Karla Piccuch, Bill Purdy, Charlie Springgate, and Charlie's friend, Nicole. The climb is relatively straightforward and does not require any more technical skill than knowing how to use an ice axe, walk with crampons and have an understanding of basic snow travel. There were three skiers, two snow boarders, and eight glissaders in the party.

We drove to Exit 21 on Interstate 5 and headed east to Jack's Restaurant in Cougar, Washington, to obtain our climber's permits and pay the \$15 fee. Jack's also runs the lottery for the 35 same-day walk-on permits issued during the peak climbing season. I had pre-registered the maximum of 12 climbers, so only one person had to enter the lottery. At this time of year (and up to about the middle of June), obtaining a walk-on permit is usually just a matter of showing up. As soon as school is out, the number of potential climbers escalates, and weekend walk-on permits become harder to obtain. Jack's is under new management and the food is superb. The marionberry cobbler with vanilla ice cream is to die for.

(continued on page 3)

Thank you PENWICLE Editor

A special thank you to Lezlie Cox for the great work she did during the past two years as PENWICLE Editor. Lezlie continued publishing the newsletter longer than she had originally volunteered until a replacement could be found. Her creative talent and efficiency helped put a high quality newsletter in the mail to members well before the start of each month. This is going to be a hard act to follow! I hope to achieve some of the same results over the next few months as I become more familiar with the publishing software I have available. Tom Broszeit, Editor

PWC Budget Corrections

The copy of the PWC Budget that was submitted for printing in the June PENWICLE was based on a preliminary figure of 250 memberships. The number of active memberships varies from month to month. As stated in the summary of the Board of Directors Meeting on page 5 of the June newsletter, a more conservative budget of \$5750 (based on 230 active memberships) was adopted.

The budget on page 1 should have shown an annual income of \$5750 based on a membership of 230. The amount under Miscellaneous Annual Expenses should be revised to read \$434.50, which provides an Annual Expenses subtotal of \$1588.00, and a Per Year Total of \$5750.00. A copy of the final adopted budget is available to any PWC member upon request.

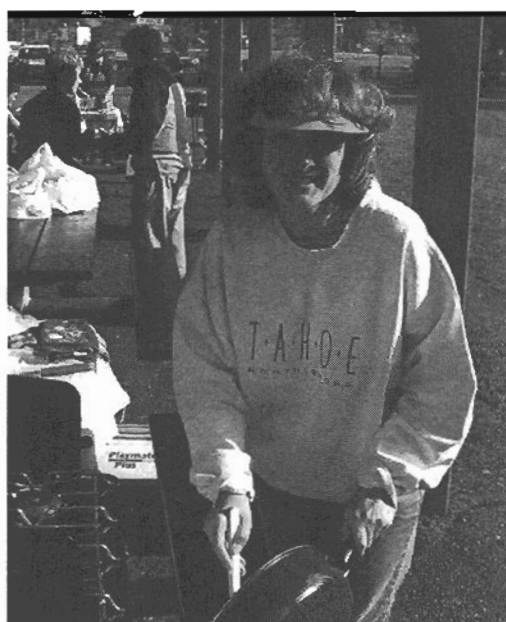
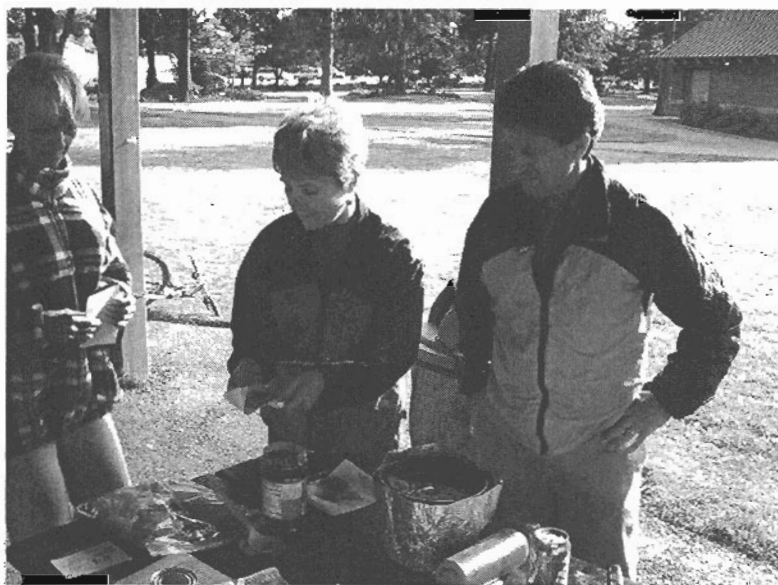
PWC Cook-off

The annual PWC cook-off held on Monday, June 9 was attended by 42 members. Fourteen different dishes were entered in the contest. Cooking began at 5:30 pm and by 7 pm most of the dishes were ready to enjoy. Members present roamed around the picnic shelter, sampling the various creations, and casting their ballot for the best in each class. The winners were each awarded an outdoor cooking or hiking book. The best of each class were:

Best Backpacking Entrée :	Mike & Elaine Raymond, " Salmon Quesadillas"
Best Backpacking Dessert/Snack:	Shawnie Vetter, " Fruit Rollups"
Best Trail Lunch:	Molly Deardorff, " Tuna and Rice Salad"
Best Car Camp Entrée:	Rick Fleming, " Chicken & Dumplings"
Best Car Camp Dessert:	Cindy Holben, " Creamy Chocolate Mint Cake"

A great deal of imagination was shown at this cook-off. Varied dishes such as chilidogs, fried oysters, seafood jambalaya, salmon/mackerel casserole, buttermilk pancakes, beef jerky and noodle stir-fry, and several different types of trail snacks were entered. The PWC has some great outdoor cooks. A big thank you to all who participated in the contest. It was a lot of fun.

Rick Fleming, President



Trip Report

(continued from page 1)

After a tasty meal, we drove to a logging road just below Climber's Bivouac. Since climbers arrive (and party) at the Bivouac all night, I usually prefer this location. Unfortunately, the Forest Service has blocked the road about 40 yards in and the best campsites are not as accessible as they used to be. It still was a pretty quiet night.

Karla woke us up at 5:30 am, and after a quick breakfast we drove the last half mile to the trailhead. The weather was better than forecasted: just a few stray clouds with some cirrus up in the jet stream. The temperature was about 45 degrees and the wind was calm, just perfect for climbing. We were all on the trail by 7:30 as planned.

We broke out of the trees at the base of Monitor Ridge about 9 am. There were 3 or 4 parties right in front of us, mostly college kids from Portland and Seattle. Most were poorly equipped. One in six had an ice axe, and those that had them had lashed them to their packs. There was not a Vibram sole on any foot; most of the kids wore tennis shoes or trail boots. While we were gearing up, one of the ill-prepared climbers lost his footing and tumbled down the Ridge and hit the rocks below. Fortunately a Ranger was on the scene to start his evacuation (broken collarbone & dislocated shoulder). I guess it could have been worse.

Once on the ridge we started to make good time. The route runs almost due north, first on the west of the ridge, then switching to the east at about 6400 feet along the edge of the Swift Glacier, and then crossing back to the west at 7100 feet. There is a trail running along the crest, but snow travel is much easier than the scree on the ridge crest. By 10 am we had gained another 1600 feet. The snow was just about perfect for climbing, and the parties before us had kicked excellent steps. Crampons were never out of the bags. Surprisingly, the route was completely snow-covered. The late snows of March and April have given the upper mountain an excellent snow pack. Sarah, Jill, and I stopped to rest on Large Spur on the eastern side of the ridge. The rest of the party was about 200 feet below us on a flat snow field.

After the break, we ascended the last moderate rise (6700-7100 ft) and switched back to the west side on the ridge. As you crest this rise the summit comes into full view. The people lunching at the top appear to be no more than 10 minutes away, but in reality, there is still 1300 feet to gain. Now the race was on.

Jill and Sarah steadily pulled away from me on the moderate snow slope heading to the summit. I stopped for a short break at 7900 feet, but the women sauntered up to the top. They made the crest at 11:30. I arrived at noon and the rest of the party made it in the next ½ hour. There was a cloud layer above us, and a cloud layer about 1000 feet below. A steady breeze of 15-20 miles an hour made us don our pile hats and jackets. We got an excellent view of the dome in the crater below, and had peek-a-boo views of Mt. Rainier and Mt. Adams. The mountains to the south of us were pretty much obscured by clouds.

By 1:30 pm, there was a modest cloud hanging over the summit and fear of descending in a white-out hurried our departure. Jon, John and I donned our skis, Charlie and Nicole their snowboards and the rest suited up for the glissade. After three quick turns we broke out under the cloud, and in five minutes visibility was back to normal. The snow was a bit like mashed potatoes, but the base was firm. Our descent was quick, but the snow boarders were quicker. At 2:30 we all regrouped at the base of what I call Pyramid Peak, the 5994 foot tall butte that marks the beginning of trail 216A (the Parmigan Trail). An hour later we were back at the cars, enjoying the now ritualistic victory celebration of fresh margaritas, chips and salsa. Not a bad end to a near perfect climb.



PWC group at
Mt. St. Helens
summit.

Outings

A Word About Outings

All PWC outings and other activities are open to anyone, but if you enjoy our company and what we do, we would like you to become a member.

The persons sponsoring trips should not be considered instructors or leaders. If you are unsure of your abilities, discuss the trip thoroughly with the organizer. Each participant is responsible for his or her own comfort and safety on any outing. Please always carry the 10 essentials.

Pet Policy

Please leave pets at home when attending PWC outings unless the trip is specifically listed as welcoming them.

Backpack Six Ridge

Thursday, July 3–Saturday, July 5

Contact: Doug Savage, 360-698-9774

Backpack eastern half of Six Ridge. The trail climbs from the North Fork of the Skokomish to the east end of Six Ridge, which it then follows to Six Ridge Pass. The many ups and downs test the mettle of the veteran hiker.

Hike Tunnel Creek Trail

Saturday, July 5

Contact: Barney Bernhard, 360-479-3679

This is a moderate hike of 8.2 miles round-trip with an elevation gain of around 2400 feet. This hike goes along Tunnel Creek, climbs to 50-50 Pass and gives spectacular views of the east face of Mt. Constance. From the pass there are close-up views of The Brothers and, in the distance, Mt. Rainier and Mt. St. Helens.

Backpack over Appleton Pass

Saturday, July 12–Sunday, July 13

Contact: John Knott, 360-792-2440

Backpack to Appleton Pass along a splendid high-country route, noted for rugged terrain and glorious views from Appleton Pass to the High Divide of Oyster Lake and Cat Creek Basin, Mt. Carrie and Mt. Tom, Mt. Olympus and the Blue Glacier, and Cat Peak.

Backpack the Dungeness River Trail

Saturday, July 12–Sunday, July 13

Contact: Doug Savage, 360-698-9774

“Kids and dogs” backpack to Camp Handy on the Dungeness River. This is an easy hike suitable for beginners and children. Dogs are welcome.

Climb Mt. Adams

Saturday, July 19–Sunday, July 20

Contact: Doug Savage, 360-698-9774

Mt. Adams is the second-highest and the most massive of the Cascade volcanoes in the state. Forested slopes climb gradually to a timberline level of about 6600 feet, above which 10 major glaciers cloak the mountain to its 12,276-foot summit. The low gradient of the mountain’s south side contrasts with the steep icefalls on the west, and the sheer cliffs, precipitous hanging ice, and deep rugged valleys on the east.

Hike Nachez Peak Loop and Dewey Lakes

Thursday, July 24

Contact: David Boyde, 360-692-9325

An easy 4.5-mile loop hike circling one of the guardians of Chinook Pass, passing through rich flower fields and beside two small lakes, with superb views of Mt. Rainier. Add another 1.5 miles and drop down to Dewey Lakes, then return to the loop trail. This trip is suitable for children.

Backpack to Spider Meadows

Friday, July 25–Sunday, July 27

Contact: Rick Fleming, 360-779-2275

Backpack to Spider Meadows on the eastern side of the Cascades. This is an easy 10-mile hike to a beautiful alpine meadow with options for day hiking up to a glacier.

Hike the Home Lake Trail

Saturday, July 26–Wednesday, July 30 (4 nights)

Contact: Molly Deardorff, 360-373-0114

Hike the Home Lake Trail by starting at Tubal Cain Trail, going over Marmot Pass, and out the Dosewallips Trail. Two groups could “car swap” to make for easier logistics.

Backpack Mt. St. Helens Loop (Loowit Trail)

Wednesday, July 30–Saturday, August 2

Contact: David Boyde, 360-692-9325

The 35-mile Loowit Trail circling Mt. St. Helens is a world-class scenic adventure and one of the most interesting and challenging trails in the Northwest. The hike begins and ends at the June Lake trailhead, traveling counterclockwise. The Loowit Trail is rough, rocky, and exposed to the elements, with a long day across the restricted area on the north side. Recommended for experienced hikers in good physical condition.

Backpack in the Goat Rocks Wilderness

Friday, August 1–Sunday, August 3

Contact: Lynn Howat, 360-598-3087

Backpack in the beautiful Goat Rocks Wilderness area near White Pass in the Cascades. The Goat Rocks represent what today's Cascade volcanic giants, Rainier, Adams, and St. Helens, will look like (barring further eruptions) two to five million years from now. The present-day Goat Rocks are remains of a volcanic cone (or cones) that once stood more than 12,000 feet high. Glacial and stream erosion has reduced this giant to a string of moderate summits linked by ridges capped with short pinnacles of more resistant basalt. Much of the area's trails travel near or above timberline, passing through meadows that flame with wildflower color as soon as the snow melts.

Climb Mt. St. Helens

Saturday, August 2–Sunday, August 3

Contact: David Boyde, 360-692-9325

Meet at Jack's Restaurant in Cougar to get permits or at the climbers' bivouac on Saturday. Start the climb early Sunday morning to avoid direct afternoon sun. The ascent to the summit is a long, grueling climb over uneven, rough lava surfaces, loose rock and ash, and steep slopes. Views of Mt. Adams, Mt. Hood, and Mt. Rainier. Ten permits available.

Trail Maintenance on Six Ridge

Saturday, August 9–Sunday, August 17

Contact: Doug Savage, 360-698-9774

Join Doug Savage for all or part of the time (three-day minimum commitment) for trail maintenance. The Six Ridge Trail climbs from the North Fork of the Skokomish to the east end of Six Ridge, which it then follows to Six Ridge Pass. The many ups and downs test the mettle of the veteran hiker. Beyond McGravey Lakes, named for a prominent local pioneer of the 1890s, the trail is poor with several missing links where the route crosses meadow.

Grand Ridge Trail

Sunday, August 24

Contact: Call Barney Bernhard (360) 479-3679

The 7.6-mile (one way) high, rocky trail along the northern crest of the Olympic Mountains is one of Olympic National Park's most scenic walks. Grand Ridge stretches above Port Angeles and the Strait of Juan de Fuca, providing an alpine hiking connection from Obstruction Point on the west end to Deer Park on the east. It makes an ideal one-way trek for hikers who can park cars at either end, meet for lunch in the middle and trade car keys. A 750-foot elevation gain and loss. Best for strong hikers.



Some will descend from the summit of Mt. St. Helens by ski or snowboard, while others get ready to glissade. See story on page 1.



Jon & Sue making their way to the top.

Monthly

MAP: Monthly Activity Planning

Thursday, July 10, 7 pm

Contact: Lynn Howat, 360-598-3087

Discuss club business and help schedule outings at the home of Lynn Howat in Suquamish.

July Potluck

There is no potluck in July because of the annual picnic.

PWC Climbers Group

An informal gathering of climbers meets the last Monday of the month (Check calendar for date changes.), 7 pm, at the Silver City Brewing Company, Silverdale. All are welcome to join us for general socializing and discussions about past and future mountaineering excursions. For directions, call John Myers at 360-782-2224. For a list of climbers call Mike Raymond at 360-779-9282 or email mntnmiker@aol.com.

July

S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August

S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

July

Date	Outing/Meeting	Contact	Page
7/3 - 5	Backpack Six Ridge	Doug Savage, 360-698-9774	4
7/5	Hike Tunnel Creek Trail	Barney Bernhard, 360-479-3679	4
7/10	MAP: Monthly Activity Planning	Lynn Howat, 360-598-3087	6
7/12 - 13	Backpack over Appleton Pass	John Knott, 360-792-2440	4
7/12 - 13	Backpack the Dungeness River Trail	Doug Savage, 360-698-9774	4
7/14	Summer Picnic	Tom Banks, 360-352-4154	1
7/19 - 20	Climb Mt. Adams	Doug Savage, 360-698-9774	4
7/24	Hike Nachez Peak Loop & Dewey Lakes	David Boyde, 360-692-9325	4
7/25 - 27	Backpack to Spider Meadows	Rick Fleming, 360-779-2275	4
7/26 - 30	Hike the Home Lake Trail	Molly Deardorff, 360-373-0114	4
7/28	PWC Climbers Group Meeting	John Myers, 360-782-2224	6
7/30-8/2	Backpack Mt. St. Helens Loop	David Boyde, 360-692-9325	4

Club News

PWC Welcomes New Members...

Rhonda Henry, Joan Rodriguez, and Jerry Sims

For Sale

Men's Raichle hiking boots, size 9.5, used but new soles/heels, \$15. Contact John Hager, 360-692-5121.

We Need You!

Each month the club's MAP meeting and potluck dinner are in need of volunteer hosts willing to share their home for an evening. If you can handle a small home invasion, please contact the club secretary, Debb Legg, at 360-908-3221.

PWC Scrapbook

Share the memories of a great PWC outing this summer! Bring in photos of any PWC event to one of the club meetings as a donation toward the scrapbook.

Please provide:

- Three to five photos of a given event.
- On the back of each photo include the names of people, location and date of event.
- A brief synopsis or description (20 words or so).
- Your permission for that photo to be cropped and permanently donated to the scrapbook.
- Place your photos in a ziplock bag or similar.

For more information, please contact Linda Fourier at 360-698-3005.

From the Archives

Climbing Mt. St. Helens offers the mountaineer an experience not found in many other areas; the power and fury of Mother Nature as well as her powers of regeneration. A trek up the mountain's flanks offers a barren landscape covered in dust and pumice broken by small clusters of alpine flowers clinging to the rocks. On a clear day the view is panoramic; Mt. Baker, Mt. Rainier, to the north, Mt. Adams to the south-east, Mt. Hood, Mt. Jefferson to the south. However, the view which most ascend the mountain to experience is the devastation created when it erupted in 1980. The magnitude of that event is quite sobering as one surveys the approximately 240 square miles which were "sculpted" when the force of the blast was unleashed. Only with personal experience of viewing the destruction does one understand the forces of nature.

Doug Savage, PWC, July 1989

Club Business

Joining the PWC or Membership Renewal...

The PWC General Meeting is held the second Monday of each month, 7 pm, at the Kitsap Unitarian Universalist Fellowship in East Bremerton. To join or renew, please see form on back of newsletter. Receive a 10% discount at the Mt. Constance Mountain Shoppe, the Ajax Café, and Commander's Beach House Bed and Breakfast with your membership card. New members will receive a card with their New Membership packet. All members can pick up a card at the monthly meeting.

Address Changes and Member Address List...

Address changes should be sent to Vicki Fleming at Peninsula Wilderness Club, P.O. Box 323, Bremerton, WA 98337-0070 or call 360-779-2275. Members should also contact Vicki if they wish to receive a new membership directory.

Penwicle...

Submissions to the Penwicle must be received by the Friday after the General Meeting to insure a place in the next issue. Contact Tom Broszeit at penwicle@hotmail.com or 360-613-9573.

PWC Online...www.pwckitsap.org

Please contact Sandie Morris at 360-792-1321 for inquiries regarding the PWC website. Submissions to the editor of the PENWICLE will be sent to the website.

Officers & Staff

President:	Rick Fleming360-779-2275
Vice President:	Tom Banks360-352-4154
Secretary:	Debb Legg360-908-3221
Treasurer:	Joan Edwards.....360-509-5297
Board of Directors:	Sarah Armstrong...360-377-1360
	Paul Dutky360-479-2683
	Jill Hawes360-275-5402
Entertainment:	Joe Weigel360-871-0291
Events:	Tom Banks360-352-4154
Refreshments:	Jill Hawes360-275-5402
Scrapbook:	Linda Fourier.....360-698-3005
Membership Coordinator:	Vicki Fleming360-779-2275
Website Editor:	Sandie Morris360-792-1321
Penwicle Editor:	Tom Broszeit360-613-9573
Reporter:	Vicki Fleming360-779-2275
Proofreader:	Steve Dikowski.....360-692-8386

PWC

Join or Renew Membership

PWC

The Peninsula Wilderness Club is an informal organization for persons interested in active outdoor pursuits. Main activities include hiking, backpacking, mountain climbing, rock climbing, and skiing. All outings, from casual hikes to technical mountain sports, are initiated by individual members. These members are volunteers who generously offer to make minimal arrangements so an outing can take place. They do not accept responsibility for the safety or care of any participant. The PWC does not conduct instructional programs and members are expected to have whatever clothing, equipment, skills, and physical conditioning are appropriate for the outing they wish to join. Members are expected to practice responsible environmental stewardship and must accept that there are dangers and a risk of injury in most outdoor activities.

Dues are \$25 per household per year. Send a check or money order to:
Peninsula Wilderness Club, P.O. Box 323, Bremerton, WA 98337-0070.

Please check if: New Member(s) ☐ Renewing Member(s) ☐ Change of Address ☐

Name(s): _____

Mailing Address: _____

City, State, Zip: _____

Telephone: _____ Email: _____

optional

optional

(Please Print Clearly)

☐ Check here if you do not wish **any** information to be included in the list distributed to members.



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