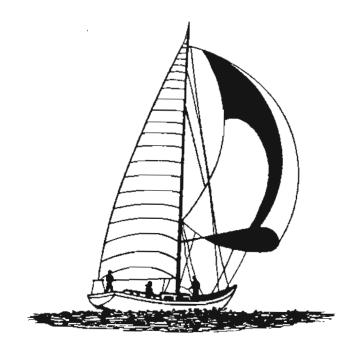
January 2003

Peninsula Wilderness Club meets on the second Monday of every month at 7:30 pm at the Kitsap Unitarian Universalist Fellowship on Perry Avenue in East Bremerton. The public is cordially invited.





The Ultimate Family Adventure

Monday, January 13, 7:30 pm Kitsap Unitarian Universalist Fellowship, Bremerton

Dale Ingalls of Bainbridge Island will share with us his family's version of adventures in paradise. Dale and his wife Tina sold their home, bought a 44-foot sailboat, packed up their two young children, and set sail for the South Seas. Their two-year journey took them from Bainbridge Island to Mexico, then on to numerous South Pacific islands (including the bay in which Survivor Marguesa's was set in), and finally to New Zealand. Tina has written a travel series of this trip that was published in the Bremerton Sun. Dale's presentation will have slides of the trip, and he promises to share many tales of the fun they had.

Ever Have One Of Those Days?

With profuse apologies, the December speaker, Wayne Balcom, presented a 20-minute talk, but he forgot the slides. Mr. Balcom volunteered to come back in February with the slides, and attending members thought that would be just fine.



Help Wanted: Editor Needed



Need one or two dedicated individuals to edit the PENNICLE. Must have time and a computer! An editor must gather email, phone, or mail submissions; organize submissions in a text document; correct for grammar and spelling; place the edited text in a layout file; select and place clipart and photos in layout file; output file for proofreader; make final corrections; and send text file to PWC webmaster and layout file to printer via email. This in about seven days. To share the workload, one person could be the copy editor and another could be the layout editor; or two persons with compatible computer systems and programs could alternate months; or one person could have the whole enchilada! Contact Lezlie Cox at 360-479-7853 or Rick Fleming at 360-779-2275.

Outings

A Word About Outings

All PWC outings and other activities are open to anyone, but if you enjoy our company and what we do, we would like you to become a member.

The persons sponsoring trips should not be considered instructors or leaders. If you are unsure of your abilities, skill level, or equipment, discuss the trip thoroughly with the organizer. Remember that each participant is responsible for his or her own comfort and safety on any outing. Please always carry the 10 essentials.

Pet Policy

Because some people may not be as comfortable with your pets as you are, please leave pets at home when attending PWC outings unless the trip is specifically listed as welcoming them.

Cross-country Ski and Snowshoe

Friday, December 27

Contact: Barney Bernhard, 360-479-3679

Come join Barney on a beginner/intermediate cross-country ski and snowshoe outing. Location to be determined when snow conditions are better known.

Snow Weekend at Stevens Pass

Saturday, December 28-Wednesday, January 1 Contact: Jon & Sue DeArman, 360-697-1352

Jon and Sue will be the hosts at the Mountaineers' cabin at Stevens Pass. PWC members are welcome to join them for all or part of the time (no reservations are necessary) for skiing (downhill or cross-country), snowshoeing, or visiting Leavenworth. The cost, which includes meals, is \$27 per night for guests or \$22 per night if you belong to the Mountaineers. Contact Jon for information.

Snow Day at Stevens Pass

Monday, December 30

Contact: Doug Savage, 360-698-9774

Join Doug for a day of telemark and downhill skiing at Stevens Pass. Come up for the day or spend the night in the Mountaineers' cabin (see above).

Beach Hike on the Dungeness Spit

Wednesday, January 1

Contact: Kevin Kilbridge, 360-871-2537

Start the year right with a hike on the Dungeness Spit. This is a beautiful hike along a curved sand finger formed by the Dungeness River as it meets the Strait of Juan de Fuca near Sequim. This saltwater beach walk extraordinaire is hidden from view by massive sandy cliffs separating the rural farmland from the strait. On the inside curve, waterfowl play. At the end of the 5-mile spit is an 1874 lighthouse.

Ski Hurricane Ridge

Saturday, January 4

Contact: Doug Savage, 360-698-9774

Ski Hurricane Ridge toward Hurricane Hill. Advanced beginner to intermediate cross-country ski trip.

Skate Skiing near Whistler

Saturday, January 4-Sunday, January 5 Contact: Kevin Koski, 360-698-0655

Join Kevin Koski for some skate skiing somewhere there is snow, maybe in the Whistler area of British Columbia. Car camp or winter camp.

Hike to Olympic Hot Springs

Saturday, January 11

Contact: Rick Fleming, 360-779-2275

The trail begins at the end of the Elwha River Road near Port Angeles. This is a 5.4-mile roundtrip hike with about 500 feet of elevation gain. Geologists are uncertain of the mechanism that has produced the hot springs. They do lie on a fault, and it is probable that breaks in the rock structure permit the water—which chemically resembles surface water-to circulate down toward the hot interior of the earth.

WTA Trail Maintenance on Notch Pass

Saturday, January 11

Contact: Lezlie Cox, 360-479-7853

Please join Washington Trails in building Section 2 of Notch Pass Trail near Quilcene. Persons of all skill levels and fitness are welcome. More fun than work, therapy for cabin fever, great "I built that!" feeling. Call Lezlie or go to www.wta.org and sign up under Volunteer Opportunities.

Hike Dry Creek Trail

Saturday, January 18

Contact: Caryn Seifert, 360-415-9677

The trail begins along Lake Cushman and is fairly flat to Dry Creek. A ford of the creek is required. After the creek, the trail climbs to a pass between Dry Mountain and Prospect Ridge, then descends to end at FS Road 2353-200. Seven miles to FS road and 2450 feet of elevation gain. Depending on weather and trail conditions, we may decide to head back before reaching the trail's end.

Snowshoe North Fork of the Skokomish

Saturday, January 18

Contact: Kay & John Luoma, 360-769-2758

Kay and John would like to fead a snowshoe trip to Camp Pleasant, roundtrip 13 miles up the North Fork of the Skokomish. The elevation gain is about 800 feet.

Methow Valley Cross-Country Skiing

Martin Luther King weekend, January 18–20 Contact: Tom Banks, 360-352-4154, RangerTWB@aol.com

Join us for great groomed or ridge climbing cross-country skiing in beautiful Methow Valley east of the Cascades. The trails offer skiing for all ability levels, although some stamina is required to get the most from the trail system. The way it works is pretty simple: participants will reserve accommodations of their own choice (www.methow.com) for the nights they wish. At the PWC meeting on January 13, prior to the weekend trip, we will share ideas of where to meet for skiing and socializing. Contact Tom if you would like to find names of others wishing to share accommodations.

Hike to Dow Mountain

Sunday, January 26

Contact: Barney Bernhard, 360-479-3679

Join Elaine Edmonson and Barney Bernhard on this five mile roundtrip hike with 1700 feet of elevation gain in the southeast Olympics. The hike will be part road, part trail, and part bushwhack through second-growth timber. Once at the summit, there are views of Mts. Ellinor, Washington, Rose, and Lake Cushman and the Hood Canal.

Snow Cave Construction at Mt. Rainier

Saturday, February 8–Sunday, February 9 Contact: Rick Fleming, 360-779-2275

Join us for a 0.5-mile snowshoe hike above the Paradise area of Mt. Rainier to Home Snow Home, where the group will construct snow caves or quincys and then spend the night in their new abodes. No special skills are required, just the physical ability to do a lot of digging in the snow. Participants will need to be prepared for winter weather conditions. A starry night on the mountain can be a unique and special experience.

Winterfest 2003

February 14–17, Stevens Pass Contact: Jon DeArman, 360-697-1352

Jon DeArman is sponsoring Winterfest 2003 to be held at the Stevens Pass Mountaineers' cabin. The four-story cabin is located at the 4061-foot summit of Stevens Pass, sleeps 55 people, and has a men's, women's, families', and couples' dorm plus kitchen, dining, and living areas.

- Ski from the cabin to the lifts and from the lifts to the cabin.
- XC ski / skate ski / snowshoe 25 miles of groomed trails in Mill Valley.
- Ski / board mountaineering climbs to Skyline Peak, located across the road from the lodge.

- XC ski / snowshoe miles of Forest Service trails in the area.
 Sno-park pass required at some trailheads.
- Snowshoe Pacific Crest Trail located on ridge above cabin.
- Hike into scenic hot springs four miles west of the pass.
- · Shop in Leavenworth 20 miles east.
- Drink hot toddies with Jon and Sue each evening in the Stevens Bar.

Cost: \$22 Friday and \$27 Saturday / Sunday nights includes breakfast and dinner. Bring your own lunch. Kitchen available for use includes a microwave. *No alcohol in cabin*. Mountaineers members pay much less.

GUARANTEED RESERVATION: Money to Jon DeArman by January 9, or take a chance and make your own by calling 800-573-8484 on or after January 28.

Cross-country Ski on Cowlitz Rocks

Saturday, March 1

Contact: Doug Savage, 360-698-9774

Day cross-country ski trip on Cowlitz Rocks on Mt. Rainier's eastern side.

Ski/Snowshoe to Snowbowl Hut

Saturday, March 8-Sunday, March 9 Contact: Rick Kohler, 360-697-4912

Ski/snowshoe trip to Mount Tahoma Trails Association's Snowbowl Hut for the night of March 8. There is a maximum of eight people. The \$30 deposit (\$25 refundable) is required by February 10 at the PWC General Meeting.

Cross-country Ski and Camp in Royal Basin

Friday, March 21-Sunday, March 23

Contact: Doug Savage, 360-698-9774, or Brian Steely, 360-297-3825

For expert skiers only. Cross-country ski and camp in Royal Basin. This bit of high country in Olympic National Park consists of several terraces or ice-carved basins, where meadows intermingle with groves of trees, forested knolls, and glacier-polished knobs. Thundering Royal Creek Falls may be in a frozen state of beauty.



Monthly

MAP: Monthly Activity Planning	JAN	UARY					
Thursday, January 9, 7 pm Contact: Doug Savage and Venita Goodrich, 360-698-9774	5	М	Т	W	Th	F	S
Discuss club business and help MAP out the Outing schedule at Doug and Venita's home in Illahee.	5	6	7	8	2 9	3 10	4 11
tarana Pakli atil	12	13	14	15	16	17	18
January Potluck!	19	20	21	22	23	24	25
Friday, January 24 Contact: John Knott, 360-792-2440	26	27	28	29	30	31	
Potluck at John Knott's home in Bremerton. John provides the dessert and the guests bring a dish to pass. Call for directions.	Feb	ruary					
PWC Climbers Group	5	М	T	W	Th	F	5
An informal gathering of climbers meets the last Monday of the month (Check calendar for date changes.), 7 pm, at the							1
Silver City Brewing Company, Silverdale. All are welcome to	2	3	4	5	6	7	8
join us for general socializing and discussions about past	9	10	11	12	13	14	15
and future mountaineering excursions. For directions, call Tom Banks at 360-352-4154. For a list of climbers, call Jim	16	17	18	19	20	21	22
Morrison at 360-638-2705 or email jimjuliem@yahoo.com.	23	24	25	26	27	28	

January – February

Date	Outing/Meeting	Contact	Page
1/1	Beach Hike on the Dungeness Spit	Kevin Kilbridge, 360-871-2537	2
1/4	Ski Hurricane Ridge	Doug Savage, 360-698-9774	2
1/4-5	Skate Skiing near Whistler	Kevin Koski, 360-698-0655	2
1/9	MAP: Monthly Activity Planning	Doug Savage & Venita Goodrich, 360-698-9774	4
1/11	Hike to Olympic Hot Springs	Rick Fleming, 360-779-2275	2
1/11	WTA Trail Maintenance on Notch Pass	Lezlie Cox, 360-479-7853	2
1/13	General Meeting	Rick Fleming, 360-779-2275	1
1/18	Hike Dry Creek Trail	Caryn Seifert, 360-415-9677	2
1/18	Snowshoe North Fork of the Skokomish	Kay & John Luoma, 360-769-2758	2
1/18–20	Methow Valley Cross-Country Skiing	Tom Banks, 360-352-4154	3
1/24	January Potluck	John Knott, 360-792-2440	4
1/26	Hike to Dow Mountain	Barney Bernhard, 360-479-3679	3
1/27	PWC Climbers Group Meeting	Tom Banks, 360-352-4154	4
2/8-9	Snow Cave Construction at Mt. Rainier	Rick Fleming, 360-779-2275	3
2/14–17	Winterfest 2003	Jon DeArman, 360-697-1352	3

Trails-How You Can Help!

The Top 10 Things Trail Users Can Do To Help Maintain Trails - Olympic National Forest handout

- 1. Be part of the solution; don't become part of the problem Hike single file and stay on the footpath, even through mud, puddles, and snow. (Why wear boots if not to walk where dress shoes can't?) Taking shortcuts on switchbacks is a definite no-no because that leads to loss of vegetation, erosion, and the possibility of a serious washout. When you meet other trail users, step aside rather than making stock or bikes leave the trail to go around you.
- 2. Pick up trash Pick up and carry out all trash and litter left behind by careless users. Place food in lightweight containers or plastic bags to lighten your load and reduce the temptation to toss empty heavy containers away. Never leave equipment, leftover food, or trash behind during your visit. "Pack-It-In, Pack-It-Out."
- 3. Cut back overhanging foliage Pack along a lightweight pair of garden hand clippers and you can then eliminate overhanging branches or brush. Arms spread wide and fanned apart approximate a trail corridor of clearance for hikers. Cut overhanging tree branches back to the tree trunk and encroaching brush to the ground. (Do not leave dangerous staubs to fall upon or poke at a taller hiker.)
- 4. Remove limbs and branches from the trail Toss limbs, sticks, and branches that have fallen onto the trail at least three feet away from trail on the downhill side. (Ed. See Joe Weigel with walking stick for world-class twigs 'n' branches golf.)
- 5. Clean out drainage structures Use your boot, ice axe, or even a stick to remove debris (sticks, rocks, leaves) from ditches, culverts or waterbars. When possible, use an ice axe or your boot to build a small ditch to drain water puddles off the trail.
- 6. Remove loose rocks Remove loose unwanted rocks from the trail. Be careful not to roll them downhill when trail users could be below you. Leave rocks that are embedded in the trail tread.
- 7. Record and report poor trail conditions Carry a small note pad and pencil to note trail sections that need attention. Things such as washouts, slides, damaged bridges, and trees across the trail should be reported to the nearest ranger station. Try to provide an accurate description of the trail's condition and its location.
- 8. Close down "User Developed" Way Trails Place rocks or downed tree limbs across any unwanted path.
- 9. Never remove reconstruction stakes, flagging, or tags Items used to identify reconstruction work to be completed along the trail should never be disturbed.
- 10. Join a volunteer group. There are several volunteer organizations that are prepared to train and supervise volunteer trail maintenance workers. Contact Volunteers for Outdoor Washington at www.trail-stewards.org or Washington Trails Association at www.wta.org or your local ranger station for volunteer opportunities.

Notch Pass Trail

When you walk a trail, are you conscious of the trail itself? If a trail has been laid out properly and built well, then probably not. A successful trail is not noticed. In early December, I went on a trail evolution hike.

Notch Pass Trail, near Quilcene, is an old Native American route turned trail by CCC crews in the 1930s, then abandoned. Volunteers rediscovered some bits of the old trail, and the land manager began the process of recovering the trail. Section 1, reopened in 1999, climbs 2000 feet in 2.1 miles—catch my breath—from the trailhead to Notch Pass. Section 2, nearing completion, continues from the pass down to FS Road 27 (road to Mt. Townsend). It is on Section 3, from FS Road 27 to its future intersection with the Lower Big Quilcene Trail, that I hiked through the classic stages of trail metamorphosis. From the asphalt of 27, I veered into an alder grove reclaiming an abandoned logging road, and within a couple hundred feet, the trail begins to the left and down. From the road to the first puddle crossing, the trail is recognizable as a trail-distinct trail bed, benched on steeper slopes, cleared of large rocks and roots—rough but easy to hike. (The priority is open first, polish later.) From the puddle to the next log crossing, the trail is a worn boot path, still discernible, but narrower and occasionally obscured by salal and ferns. In a twilight rushed by rain and surrounded by patches of doghair forest, this path could easily be lost by a misstep or two. From the second log crossing to noisy Townsend Creek, the path is interrupted by a few concentrated tangles of downed trees. The flags went through the brush and so did I. After crossing Townsend Creek, I ventured only a couple of hundred feet, but that took me about 15 minutes: no path, just flags. Have you ever marveled at the skill of an ant climbing over and around obstacles many times larger than it? At this point, with no skills of an ant, I was silently cursing the surveyor, who chose this madman's route. Less tired, less wet, I could charitably concede that any other route would be no less tortuous. Part of the challenge of building a trail is to see a path where there ain't none. Flagging simply narrows the discussion or argument of where the trail should be. Walking and talking the course several times over by more than one set of feet would bring dream and reality into a semblance of agreement. Where I stood, "backbreaking" took on extra meaning. In terms of labor, I was a very long way from the trailhead. As much trail work as I have done, I gained a new appreciation for all the crews who have laid trails, so that I may walk without a thought of the work beneath my feet. With light failing, I turned back. I'll be back. ~ Lezlie Cox

PWC Welcomes New Members... "Your Name Here"

FYI

For the latest status on bridges and shelters in Olympic National Park, Debb Legg has provided these helpful websites.

Bridges—http://www.nps.gov/olym/press/bridges.htm New shelters—http://www.nps.gov/olym/press/ heavyliftscope.htm

Magazine Swap

PWC members are invited to bring any outdoor-related magazines (i.e. Adventure, Backpacker, Washington Trails, etc.) they no longer want to the PWC General Meetings to swap for magazines brought by other members. A box will be in the lobby during meetings where you may leave magazines or take one home to read. Please bring only a few issues to trade and not stacks of them from the attic. Enjoy planning your next adventure while reading by the fireplace on these winter nights!

Thanks for the Goodies!

Thank you Jon DeArman, Doug Savage, Bonnie McDaniel, Ellen Schroeder, and Ann Richey for the table treats! If you would like to bring munchies to the January meeting, please contact Jill Hawes at 360-275-5402.

Women's Climbing Group

Sue DeArman, 360-697-1352, is the contact person for the Women's Climbing Group, which meets the first and third Sunday of every month, 7–9 pm, at Vertical World in East Bremerton. Beginners welcome!

Newsletter Folding

Each month, a group of PWC members fold, staple, and stamp the Penwicke to get it ready for mailing. This usually takes place at the home of the potluck host, an hour before the potluck. Members who have indicated an interest in participating are contacted by email. To add your name to the list, contact club secretary Debb Legg at 360-908-3221, or sign up on the volunteer sign-up sheet when you come to a general meeting. If the newsletter isn't ready by the date of the potluck, or if the potluck host can't accommodate the folding, it is scheduled for another time and place and volunteers are notified by email.

December Raffle Winner

Joan Edwards won a nice set of trekking poles donated by the Mt. Constance Mountain Shoppe.

An Intertidal Workshop

Saturday, February 22, Poulsbo Marine Science Center Contact: Barb Erickson, 360-779-5549, info@poulsbomsc.org

The Poulsbo Marine Science Center's popular adult workshops continue this winter with "Life on a Rocky Shore," a half-day session at the Center hosted by seasoned marine biology instructor Jon Day.

The four-hour class will highlight our dramatic and beautiful northwest rocky shores and their fascinating residents, all easily viewable during a low tide. Designed for beachcombers, hikers, kayakers, boaters, nature lovers and teachers, the workshop will emphasize lifestyles of common shoreline animals and their adaptations to a tough, ever-changing neighborhood. A field trip to a nearby rocky shore will be scheduled for spring, as an optional add-on for workshop participants.

The "intertidal condominium," horizontal bands of life between high and low tide, will be explained, noting how different marine animals survive in each zone. Coastal geology and its role in habitat selection will be touched upon. Sea stars, urchins, sea cucumbers, hermit crabs, anemones and many other common shoreline creatures will be examined "up close and personal" in the Center's touch trays.

The class is offered February 22 between 9 am and 1 pm. Tuition is \$25. Four clock hours are available to teachers. The last day to register is February 21. For more information and a registration form, contact Barb Erickson at the Center, which is located at 18743 Front Street, downtown Poulsbo.

PWC Scrapbook!

Share the memories of a great outing! Bring in photos of any event related to PWC, or a recent outdoor excursion. Bring them to the next PWC meeting! The scrapbook will be on display at meetings with a basket for photo donations alongside it. Please provide:

- Three to five photos of a given event
- On the back of each photo include the names of people, location and date of event
- A brief synopsis or description (20 words or so)
- Your permission for that photo to be cropped and permanently donated to the scrapbook
- Place your photos in a ziplock bag or similar

For more information, please contact Linda Fourier at P.O. Box 2521, Silverdale, WA 98383, or 360-698-3005.

From the Archives...

Outdoor Dictionary, PENWICLE, February 1991

Today's article is intended to familiarize the novice outdoor enthusiast with some of the basic terms which are so casually thrown around at the PWC meetings without explanation. Here's some of the more important terms you'll need to become familiar with:

The Ten Essentials—Ten items which are essential for trips into the wilderness, one of which must be left on the kitchen table.

Kitchen Table—A rather handy repository for various essential items that never seem to make it with you on your outdoor adventure. It is better to place these items where you will be sure to remember them such as the car roof.

Car Roof—A foolproof spot for placing loose items such as camera, sack lunch, and map. Only a fool would drive off with these things still on the car roof.

Map—A handy representation of all the various trails and roads in a given area that you are not currently on.

Trail- A gathering place for hikers, bikers, Boy Scout troops, and sometimes entire popluations of small cities all with a common purpose—solitude.

Solitude—The state of being closer to nature than the nearest flush toilet.

Nature—Where you become one with clouds of flies, stinkbugs, gnats, mosquitoes, horse flies, and 32,000 species of crawly insects, in addition to the hikers, bikers, and Boy Scout troops.

Insect Repellent—One of a number of "gag" items available in sporting goods stores everywhere.

~ Don Paulson

Character is not made in a crisis; it is only exhibited.

Happy New Year!



Club Business

Joining the PWC or Membership Renewal...

The PWC General Meeting is held the second Monday of each month, 7:30 pm, at the Kitsap Unitarian Universalist Fellowship in Fast Bremerton. To join or renew, please see form on back of newsletter. Receive a 10% discount at the Mt. Constance Mountain Shoppe, the Ajax Café, and Commander's Beach House Bed and Breakfast with your membership card. New members will receive a card with their New Membership packet. All members can pick up a card at the monthly meeting.

Address Changes and Member Address List...

Address changes should be sent to Tom Broszeit at Peninsula Wilderness Club, P.O. Box 323, Bremerton, WA 98337-0070, or email tomsmail123@aol.com. Members should also contact Tom if they wish to receive a new membership directory.

PENWICLE...

Submissions to the Penwicle must be received by the Friday after the General Meeting to insure a place in the next issue. Contact Lezlie Cox at 4219 West View Dr., Bremerton, WA 98310, or at penwicle@hotmail.com.

PWC Online...www.pwckitsap.org

Opening January or February,



Officers & Staff

President:	Rick Fleming 360-779-2275
Vice President:	Tom Banks 360-352-4154
Secretary:	Debb Legg 360-908-3221
Treasurer:	Tom Broszeit 360-476-5763
Entertainment:	Joe Weigel 360-871-0291
Events:	Tom Banks 360-352-4154
Refreshments:	Jill Hawes 360-275-5402
Scraphook:	Linda Fourier 360-698-3005
Membership Database:	Tom Broszeit 360-476-5763
Board of Directors:	Doug Source 260 609 0774
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	Sarah Armstrong 360-377-1360
	Jill Hawes 360-275-5402
PENWICLE Editor:	Lezlie Cox 360-479-7853
Reporter:	Vicki Fleming
Proofreader:	Steve Dikowski

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Join or Renew Membership

PWC

The Peninsula Wilderness Club is an informal organization for persons interested in active outdoor pursuits. Main activities include hiking, backpacking, mountain climbing, rock climbing, and skiing. All'outings, from casual hikes to technical mountain sports, are initiated by individual members. These members are volunteers who generously offer to make minimal arrangements so an outing can take place. They do not accept responsibility for the safety or care of any participant. The PWC does not conduct instructional programs and members are expected to have whatever clothing, equipment, skills, and physical conditioning are appropriate for the outing they wish to join. Members are expected to practice responsible environmental stewardship and must accept that there are dangers and a risk of injury in most outdoor activities.

Dues are \$25 per household per year. Send a check or money order to: Peninsula Wilderness Club, P.O. Box 323, Bremerton, WA 98337-0070.
Please check if: New Member(s)
Name(s):
Mailing Address:
City, State, Zip:
Telephone: Email:
optional optional
☐ Check here if you do not wish any information to be included in the list distributed to members.



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Peninsula Wilderness Club P.O. Box 323

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