

February  
2002

# PENWICLE

Peninsula Wilderness Club meets on the second Monday of every month at 7:30 pm at the Kitsap Unitarian Fellowship Church on Perry Avenue in East Bremerton. The public is cordially invited.

## Scuba Diving in Antarctica

General Meeting, February 11, 7:30 pm

Betsy Emison, Marine Science Center volunteer scuba diver, will share a slide presentation of her scuba diving trip to Antarctica last February. Betsy traveled to the southernmost city in the world—Ushuaia, Argentina. There, she boarded Oceanwide Expeditions M/V Grigory Mikeev, a Russian ice breaker, that took 30 passengers south through the Drake Passage to the Antarctic Circle (66.33 S) and then returned around the Antarctic Peninsula.

Betsy had the amazing opportunity to interact daily with a variety of marine mammals, above and below water. Fur seals, Weddell seals, cradwater seals, leopard seals, humpback whales and a variety of southern latitude birds.



### Parking For Monday General Meetings

The church has pointed out that we are not observing safety regulations regarding parking. Going down, it is *ok* to park on the right side of the downhill driveway approaching the lower lot, but parking is *not* allowed on the left side. Parking on the left side causes a violation of the fire code for which the church can be cited and fined. The upper parking lot is for the use of the preschool and day-care center, even at night. There is a grass field overflow parking lot for our use that is accessed by the first driveway to the south, on Perry Avenue, on the same side as the church. We should not park on Perry Avenue itself.

*Please observe these parking regulations so we can keep our good relations with the church.*

### Indoor Climbing Mentors For PWCers, by PWCers.

The following PWC members have expressed an interest in visiting the Vertical World climber's gym fairly often in the next couple of months. Vertical World is located on Waaga Way in East Bremerton, directly across from the Outback Steakhouse, and a bit north of Skateland. These mentors could help you discover climbing as a new hobby. If you're new to climbing, and/or if you'd like to connect with another climber to get some practice, feel free to contact one of the individuals on the list. Equipment can be rented at the gym. Wear comfortable clothes; arrive a half hour earlier than your chosen mentor; get outfitted; stretch; and get ready to climb the walls! This list will be updated as needed, and appear occasionally in the PENWICLE. Contact Tom Banks at 206-842-3650 to add/subtract your name from the list.

Tom Banks, 206-842-3650, rangertwb@aol.com  
John Myers, 360-782-2224, robbynandjohn@attbi.com  
Kevin Koski, 360-698-0655, koskik@msn.com  
Jim Morrison, 360-638-2705, jimjuliem@yahoo.com  
Nancy Meyer, 360-297-1298, nancymeyer@hotmail.com  
Ann Richy, 360-792-0483, atheisen@web-o.net

# Bella Bella to Bella Bella — A Sea Kayak Adventure

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The first small drop was no problem. While guiding the boat over the second drop I tightened both ends of the line, thinking the boat would swing in an arc, back to shore. The boat instead acted as if I'd thrown a tethered bucket into the current. The kayak tipped on edge, and began to backsurf as the full force of the current piled water into the flat stern deck. The line jerked taut, the boat tipping onto its side as it swung outward into the melee. I dropped the line and dove onto the stern deck, hoping to ride it, like a surfboard, to safety. This seemed to work as the boat shot off into the middle of the current, still upright, until the nylon line (a closed loop) snagged on barnacle-covered rocks.

The boat instantly turned perpendicular to the current, filled with water and partially sank. As current drove into the full 17-foot length of the kayak, the nylon line pulled bowstring tight. I was sitting upright straddling the stern, but feared that if my leg should get snared in the line, or caught between the heavy weight of the boat and a rock, I could be seriously injured. I gripped and released the emergency knife on my flotation jacket, but before I could cut the line, the boat pulled free. It had not flipped upside down, and dry bags and tethered gear floated loose in the cockpit. Fonda's boat sponge floated off. I picked up the tethered paddle, and still straddling the submerged stern of the boat, managed to paddle it into an eddy, and then to shore.

Meanwhile, Roger had quietly lined his boat to the lower beach, and walked up as I was pumping water from the Cape Horn. He'd missed the entire debacle. We dried gear, and retrieved the wayward sponge. The only damage to equipment was a one-inch laceration to the front of my drysuit, extending through the underlying pile. I knew that had Fonda followed my advice and kayaked the rapid, she could have been hurt. Paddling the Tuft Islands three days before, I'd had little concern for her fear, and resented, a little, her lack of faith in my decision-making. It was now clear that the problem had been a lack of empathy on my part. Honoring her perspective this day would have improved my judgement. When sea kayaking, a widening of horizons may occur as much within as it does outside.

We paddled to the next tidal rapid (now an anti-climax), and lined the boats without incident. The day was late when we reached Seaforth Channel. The first two places we looked for campsites offered no level ground. We knew that if no flat site could be found, we could safely camp on sloping shoreline gravel. Roger had wisely chosen dates for our trip when each succeeding day's high tide was lower than the previous day's. We started during a full moon with 16-foot tides. The maximum highs had gotten lower throughout the trip, and the low tides higher. This made it possible to camp on high intertidal gravel without fear of tent flooding in the middle of the night. Minutes before sunset, however, we found two small flat tent sites.

The following day, our last of sunshine, was leisurely. For breakfast we had a handful of sweet, wild thimbleberries on our oatmeal. A change in wind direction, and a subsequent decrease in humidity, allowed our wet clothes to dry fully. We sat about camp with binoculars and watched the endless parade of marine traffic move up and down the Inside Passage. There were giant barges pulled by tugs, fishing boats of all description and powerful car ferries. Every hour a twin radial engine amphibious aircraft would fly east or west overhead, shuttling sportfishermen to a resort 10 miles distant. Fifty feet offshore a school of herring broke water followed by a common murre bobbing to the surface in their midst. A nearby stream flowed over flat smooth rock enroute to the ocean 40 feet away—perfect for a sponge bath and midday snooze. There were many large tide pools near camp at low tide, and I strolled over for a look.

I noted that the tiny fish in these pools had variegated coloring, such as greenish with a black band, or brownish with an obliquely centered small yellow patch near the head. They would characteristically dart a foot or so and then freeze in place for a minute, before their next flashing movement. Occasionally, they would be clearly outlined against a dissimilar background of rock or algae, but more often their colors would help them blend and vanish. If I looked a foot or two to the side of the fish, and then back to where it should be, five times out of six I could not immediately discern their outline. Their camouflage was a magical defense against hungry heron.

The last day of paddling was overcast and calm. Large salmon would frequently break surface in a splash. We later heard that most sportfishermen in the channel were catching their salmon limits in the early morning. Just before lunch, v-shaped formations of perhaps 40 Canada geese flew by, the raucous group heading eastbound along the channel. A single goose suddenly peeled out to the north, its honking becoming clearly discernible from

the rest as it passed overhead. The other geese flew on for about five seconds, and then broke into a random tumble as if a cue ball had dispersed the carefully racked flyers. A goose cloud drifted northward until each goose slid into place in the low-pressure pocket off the wing of the preceding goose. All aligned behind their north-bound leader before being lost to sight.

We spent two days in Bella Bella before boarding the Queen of Chilliwack for the 12-hour overnight ferry trip back to Port Hardy. We recuperated in the hospitable company of Wilma Humchit, her smiling eight-year old daughter, Linda, and her friend, Walter. There are only 4000 people on the entire mid-BC coast, and about 1800 live in Bella Bella. The Heiltsuk Band is the largest on the coast. Even so, when we hired a taxi-van to carry us and our gear the six blocks to Wilma's, it was obvious the driver moved about town with only first names as addresses. Neighbors and friends are often related in some way, and lineage is carefully remembered.

The government subsidizes housing for First Nation families, but Wilma earns supplemental income by using her home as a registered Bed and Breakfast. As we understood it, she reimburses the government the full amount they ask her to charge, but can keep any tips. She also earns money by cooking and selling fresh bread or Chinese food on occasion. She either walks down to the Bella Bella Band store with her goods or announces on the radio what she has to offer. In short order, it's sold!

Wilma offered to feed us traditional foods, and we enthusiastically accepted. She cooked three meals a day, which included Mulligan stew with large pieces of halibut, onions, and potatoes; salmon sandwiches on home baked bread; cockles with lemon juice; herring roe on seaweed; and fried steelhead with dried seaweed garnish, as well as more conventional fare. She collects her seaweed for garnish from the seashore and dries it in the sun on racks. It tastes pleasantly salty, is crunchy, and very good on fish, or by itself. It is also an expensive and exotic treat that sells at high prices in Japan.

Walter is articulate, and his company a pleasure. He explained to us a great deal about the native fisheries. The Indians collect herring roe during the herring spawning season, when the water in some locations is cream-colored with roe. To do this, they first harvest kelp and suspend each strand vertically from a rack by tying a small rock to one end. Racks of kelp hung from floats are carefully watched (guarded) until one to two centimeters of roe adhere to each side of the kelp leaves. The roe-kelp leaf sandwich is then processed in brine before being sold (mostly) to Japan, where it is a great delicacy. Kelp leaves with uniformly thick layers of roe on both sides are worth much more than kelp where the eggs have lost adhesion in places, or left a bare spot. Fried or with soy sauce, this was a crunchy, different, but not unpleasant treat.

Walter harvests cockles in the winter, when PSP levels aren't in the toxic range, as they often are in summer. Walter, like Roger, believes that one way to tell if seafood is toxic is to smear some on your inner lip. He has never met anyone who experienced a positive lip tingling test, so he's not sure how good the test is. He depends on the BC province shellfish toxin analysis. Walter tells us there has been a moratorium on shellfish all summer because of high toxin levels. Wilma tried to call Roger back on his radio 10 days before to tell him this, but Roger had turned it off, and couldn't be reached. This was a jaw-dropping revelation! There is marked geographic variability in the distribution of toxic PSP levels in shellfish. Poisonings are rare, still it's sobering to realize that only good fortune spared our little group significant unpleasantness.

We spent a considerable time with Wilma in her kitchen as she prepared food. She gifted us with a picture of Indian life and a very sobering recollection of personal and societal stress in the Indian community. As a child, Wilma was sent south to a residential school at Alert Bay on Vancouver Island, where she was punished if she spoke her native language. She described the extensive alcoholism and depression that was rampant for years in First Nation communities. She shared with us the trials she went through to adopt her daughter and her joy now in raising her.

Things seem to have changed for the better. There is a Bella Bella Band school now, and a cultural center. Her daughter learns the Heiltsuk tongue as a second language in school, and is encouraged to learn the culture and traditions of their people. Listening to Wilma, she seems to express a renewed pride in being herself. She swallows with pleasure when she remembers the day her daughter first greeted her in the Heiltsuk language. She didn't know the meaning of what Linda had said, and that was disquieting. Wilma felt (continued on page 9)

# Outings

## A Word About Outings

*The persons sponsoring trips should not be considered instructors or leaders. If you are unsure of your abilities, skill level, or equipment, discuss the trip thoroughly with the organizer. Remember that each participant is responsible for his or her own comfort and safety on any outing. Please always carry the 10 essentials.*

## Pet Policy

*Because some people may not be as comfortable with your pets as you are, please leave pets at home when attending PWC outings unless the trip is specifically listed as welcoming them.*

## Scramble to Mt. Baring

Saturday, February 2

Contact: Kevin Koski, 360-698-0655

Climb 5,224 feet in two miles! (You read correctly.)

## Contradancing in February

Saturday, February 2, Silverdale

Saturday, February 9, Port Townsend

Friday, February 22, Port Townsend

Contact: Tom Banks, 206-842-3650,

or Lori Hudson, 360-697-1281

Saturday, February 16, Tacoma

Contact: Matt Temmel or Bob Holden, 253-752-6483

Contradancing is folk dancing, similar to square dancing, but more fast-paced and freewheeling. If you haven't tried it, you should! All dances are taught and beginners are welcome. A dance workshop is held at 7 pm, Silverdale, or 7:30 pm, Port Townsend; dances begin at 8 pm. Cost is \$5 or \$6 for the evening. Wear smooth-soled shoes, loose-fitting clothes, and be prepared to hear great live music and enjoy fun, social exercise for all ages. For more information or to find out who's carpooling, contact Tom or Lori.

Every third Saturday of the month, there is contradancing in Tacoma at Wells Hall, 310 North K Street. Workshop 7:30 pm, dance 8-11 pm. Admission \$7, usually. All welcome and no experience needed. For more information, call Matt or Bob.

## Trail Maintenance on the Lower Graywolf

Saturday, February 9

Contact: Lezlie Cox, 360-479-7853

The Washington Trail Association's first ever winter work party in the Olympics was a resounding success! Hardworking PWC volunteers and fabulous weather -

can I hope for the same in February? There is lots to do in the first mile of this trail, primarily reworking unsafe gully crossings and preventing trail erosion. This is a great way to work off holiday thighs and winter blahs. No special skills or extraordinary fitness required. Give us your time and enthusiasm and the work gets done. For further information on the WTA's trail advocacy and maintenance programs, go to [www.wta.org](http://www.wta.org). Sign up on the website or contact me.

## Snow Cave Construction on Mt. Rainier

Saturday, February 9-Sunday, February 10

Contact: Rick Fleming, 360-779-2275

Build and sleep in your very own snow home away from home with Rick and other loonies near Paradise on Mt. Rainier. With just 4-5 hours of your time, a heap of snow transformed into a palatial ice estate (Well, it could happen!). If the weather is good, admire the crystal cut starry night from your front door. If the weather is bad, the Jones two caves down will be hosting a poker night. Bring your own beverage.



## MTTA Copper Creek Cross-country Ski

Saturday, February 9-Sunday, February 10

Contact: Rick Kohler, 360-697-4912

Beginner cross-country skiers welcomed. There may be a spot or two left for the overnight at the Mount Tahoma Trails Association's Copper Creek Hut near Mt. Rainier. The original reservation was made for only six people, so it's only a small group. If anyone is interested, please contact me. The spots may already be taken, but there's always a chance. If there's an open spot, I'll need a \$25 deposit, refundable if you attend, plus a nonrefundable \$5 MTTA processing fee.

## WINTERFEST 2002

Friday, February 15-Monday, February 18

Contact: Jon DeArman, 360-697-1352

Winterfest 2002 will be held at the Stevens Pass Mountaineers' cabin located at the 4061-foot summit of Stevens Pass. The cabin is four stories high, sleeps 55 people, and has a men's, women's, family and couples' dorms, plus kitchen, dining and living areas.

- Ski from the cabin door to the lifts and from the lifts to the door.
- Cross-country ski/skate ski/snowshoe 25 miles of groomed trails in Mill Valley.

- c) Backcountry ski/snowshoe miles of Forest Service trails in the immediate area.
- d) Snowshoe the Pacific Crest Trail located 50 feet above cabin.
- e) Hike into *scenic hot springs* 4 miles west.
- f) Shop in Leavenworth located 20 miles east.
- g) Drink *hot toddies* with Jon and Sue each evening in the Stevens Bar.

**Cost:** \$20 Friday night and \$25 each for Saturday and Sunday nights. This price includes breakfast and dinner. Bring your own lunch. Kitchen available for use includes microwave. No alcohol in cabin. Mountaineer members pay much less.

Make your own reservation by calling 800-573-8484 after January 28. For more details, call Jon DeArman.

### Hike Green Mountain

Saturday, February 23  
Contact: Diana Cripe, 360-895-8213,  
or Venita Goodrich, 360-698-9774

Green Mountain is located on Kitsap Peninsula just west of Bremerton. Consider this moderate hike close to home. For more info, contact Venita.

### MTTA High Hut Cross-country Ski

Saturday, February 23–Sunday, February 24  
Contact: Tony Abruzzo, 360-871-5751

For this intermediate cross-country ski trip, there may be a spot or two left for the overnight at MTTA's High Hut. If there is an open spot, a \$25 deposit, refundable if you attend, plus a nonrefundable \$5 MTTA processing fee is required. If anyone is interested, please contact Tony.

### Cross-Country Ski in Yellowstone Park

February 28–March 4  
Contact: Alice Savage, 360-638-2597

This trip has a cancellation. Space is available for one man, or woman if she is willing to share room with one male.

### Snowshoe on the Wonderland Trail

Saturday, March 2  
Contact: Steve Vittori, 253-858-8191

Open to beginner and intermediate snowshoers, this 6-mile round trip will begin near Longmire on Mt. Rainier and follow the Wonderland Trail.

### Hike Guillemot Trail

Saturday, March 2  
Contact: Joe Weigel, 360-871-0291

This is an easy one-mile hike from trailhead to Frenchman's Cove on the Hood Canal just south of Seabeck.

### Walk the Spruce Railroad Trail

Saturday, March 9  
Contact: Venita Goodrich, 360-698-9774

The Spruce Railroad was built by the government in WWI to obtain spruce from the Olympics for airplane construction. Now an easy, level trail follows the old railroad grade along Lake Crescent near Port Angeles. About 4 miles each way, the trail offers views of the lake and Mount Storm King.

### Ski Big Mountain

March 10–16  
Contact: Pat Gleason, 360-377-0987, new number,  
PGZyzz@cs.com

Reminder to those going: money due by end of January.

### Walk Theler Wetlands

Sunday, March 24  
Contact: Diana Cripe, 360-895-8213

Easy walk in the Theler Wetlands in Belfair. The trails wander along peaceful waterways and meadows. They are level and well-maintained and provide about 4 miles round trip of leisurely walking. Expect to see wintering birds.

## FOR SALE

BLUE SYNERGY SEA KAYAK by Northwest Kayaks. New, plastic hull with rudder, 17'4" in length. Contact Russ Hallsted at 360-895-9281.

COLEMAN CANOE—excellent condition—with paddles. \$150. Contact Leslie Ring at 360-373-0946 or Leslie.Ring@METROK.COV

# Advance Notice

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## Ski-to-Sea 2002

Memorial Day Weekend

Contact: Scot Fourier, 360-698-3005

Looking for Ski-to-Sea race participants. The race is an 85-mile relay from Mount Baker ski area to Marine Park on Bellingham Bay. All race legs are individual with the exception of the canoe. Participants are needed for the following legs: cross-country ski—4 miles, downhill ski—2.5 miles, running—8 miles, road bicycle—36 miles, canoe—18 miles, mountain bicycle—9 miles, sea kayak—5 miles.



## Journey to the Himalayas

Mid-May–mid-June, 2002

Contact: Roy C. Smith, 803-604-8228

As a member of PWC, who gets back to Heaven (great Northwest) as often as possible, I would like to challenge some of the members to a trek next summer to the Himalayas—either Annapurna Base Camp or Everest Base Camp; Nepal or Tibet, or both with parts of China, the Great Wall, included. I have spent a great deal of time in the Far East (Japan, Hong Kong, Taiwan, Philippines, South Korea), but never got to the Himalayas or India. If someone would like to take off for about a month, say mid-May to mid-June, to sightsee, backpack and bum around that part of the world, give me a call in South Carolina. Now is the time to start working on passports, visas, shots, etc.

*A club member suggested checking for travel warnings from the State Department at [www.travel.state.gov](http://www.travel.state.gov). (Ed.)*

# Classes and Talks

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## ONP Announces “Perspectives” Series

Second Tuesday of month, 7 pm, November–April

Contact: ONP, 360-565-3138

Olympic National Park’s third annual “Perspectives” series, at the ONP Visitor Center in Port Angeles, explores the diversity of the park and the surrounding area.

## Ed Viesturs—High-altitude Mountaineer

Tuesday, February 26, 7:30 pm, Bainbridge Island

Contact: Karla Piecuch at Montessori Country School,  
206-842-4966

Ed Viesturs will present a slide show—*Endeavor 8000, Scaling the World’s Tallest Peaks*. Ed will talk about his bid to climb the world’s tallest mountains without the aid of supplemental oxygen. If he succeeds, he will be the first American to do so. So far, he has been to the summit of 12 of the 14 mountains over 8000 meters. This spring, he returns to Nepal to attempt Annapurna. There will be time for questions and answers. Tickets are \$15 and available from Karla.

## A Marine Naturalist’s Workshop

Saturdays, February 9–March 16, 10 am–Noon

Contact: Poulsbo Marine Science Center — Info below

The Poulsbo Marine Science Center will host “A Marine Naturalist’s Workshop.” The class is aimed at adult kayakers, beachcombers, boaters, divers and coastal explorers who wish to learn more about near-shore and intertidal ecosystems and their fascinating marine residents. Topics include: sandy beaches, rocky shores, marine animals and their adaptations to tough environments, updates on local marine mammal populations, the kelp forest habitat, and more. The workshop includes close-up studies of live animals in touch trays and wet labs, and is conducted by seasoned marine-life educator Jon Day. *Teachers please note clock hours are available.* Register in person at the Poulsbo Marine Science Center, 18743 Front St., or by mail at P.O. Box 2079, Poulsbo 98370, by email at [info@poulsbomsc.org](mailto:info@poulsbomsc.org), by phone at 360-779-5549.

## A Course in Sea Kayaking

March 2002

Contact: Russ Hallsted, 360-895-9281

Longing to learn more about sea kayaking on the Puget Sound? Consider signing up for “Sea Kayaking the Puget Sound.” This course is an overview of sea kayaking equipment, marine weather, currents, kayak navigation, rescue techniques, and specific skill-building day paddles. Students will be responsible for their required text/charts plus pool costs, about \$70, and must provide their own single sea kayak and paddling equipment. The course includes three evening classes, one pool session and three day paddles. At the end of the course, students will kayak Deception Pass.

# Monthly

## Monthly Activity Planning/MAP

Thursday, February 7, 7 pm

Contact: Rick and Vicki Fleming, 360-779-2275

Discuss club business and help MAP out the schedule of March's outings. Rick and Vicki will be hosting this month's meeting at their home in Poulsbo.

## February Potluck!

Friday, February 22, 6:30 pm

Contact: John Knott, 360-792-2440

John will be hosting the club potluck this month at his Bremerton home. As host he provides the dessert and guests bring a dish to pass.

## PWC Climbers Group

An informal gathering of climbers meets the last Monday of the month at 7 pm, the location to be determined. All are welcome to join us for general

socializing and discussions about past and future mountaineering excursions. For directions, call Tom Banks at 206-842-3650. For a list of climbers, call Jim Morrison at 360-638-2705 or email [jimjuliem@yahoo.com](mailto:jimjuliem@yahoo.com)

## FEBRUARY

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## MARCH

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24	25	26	27	28	29	30
31						

## FEBRUARY and MARCH

2/2	Scramble to Mt. Baring .....	Kevin Koski, 360-698-0855	4
2/2, 2/9, 2/22	Contradancing in Feburary .....	Tom Banks, 206-842-3650 (new #)	4
	.....	Lori Hudson, 360-697-1281	
2/7	MAP: Monthly Activity Planning .....	Rick and Vicki Fleming, 360-779-2275	7
2/9	Trail Maintenance on Lower Graywolf .....	Lezlie Cox, 360-479-7853	4
2/9-10	Snow Cave on Mt. Rainier .....	Rick Fleming, 360-779-2275	4
2/9-10	MTTA Copper Creek Cross-country Ski .....	Rick Kohler, 360-697-4912	4
2/11	General Meeting .....	Ron Croit, 360-779-6250	1
2/15-18	Winterfest 2002 .....	Jon DeArman, 360-697-1352	4
2/16	Contradancing in Tacoma .....	Matt Temmel, 253-752-6483	4
2/22	February Potluck .....	John Knott, 360-792-2440	7
2/23	Hike Green Mountain .....	Diana Cripe, 360-895-8213	5
	.....	Venita Goodrich, 360-698-9774	
2/23-24	MTTA High Hut Cross-country Ski .....	Tony Abruzzo, 360-871-5754	5
2/25	PWC Climbers Group Meeting .....	Tom Banks, 206-842-3650 (new #)	7
3/2	Snowshoe Wonderland Trail .....	Steve Vittori, 253-858-8191	5
3/2	Hike Guillemot Trail .....	Joe Weigel, 360-871-0291	5
3/9	Walk the Spruce Railroad Trail .....	Venita Goodrich, 360-698-9774	5
3/24	Walk Theler Wetlands .....	Diana Cripe, 360-895-8213	5



# Club News

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## PWC Welcomes New Members...

Betsey Wittick, Carol Corbus,  
John & Barbara Hager, Sarah Rose Kirschbaum

## Club Treasurer Changes

Because of some heavy work commitments, Gail Gross needs to turn over the treasurer's duties and Kevin Kilbridge, long-time past treasurer, has volunteered to take them on until we have an election.

## Last Month's Door Prize

Teresa Sayers won a \$25 gift certificate from the Mountain Shoppe. Thanks to the Mt. Constance Mountain Shoppe for donating the door prize.

## Host a Mailing Party!

Every month a core of volunteers fold, label, stamp, and mail the PENWICK newsletters. Many thanks to Doug Savage and Joyce Kimmel for hosting these social work parties at their homes for so many moons! Now new mail hosts are needed. To volunteer as a host or to help mail, please contact Ron Croft at 360-779-6250.

## Trail Tips and Helpful Hints

- According to a ranger met at a trailhead, the Dosewallips River Road is impassable due to a slide. For those trying to get to Mt. Constance this summer, this slide may still be a problem. Thanks Jim Morrison for the info.
- Road to Staircase Rapids Trail is closed due to an active slide above the road.
- It's time to waterproof boots for winter hiking and snowshoeing. Here's a tip passed on by PWCer Karen Grzybowski: put some Nikwax in a freezer weight plastic bag and nuke it in a microwave to further soften it. It's much easier to work into the leather and boot seams. Thanks, Karen.

## Address Changes...

Our club database is only as good as the information received. Delivery of the PENWICK particularly depends on up-to-date addresses. If your address, email, or phone number has changed, please contact Venita Goodrich at [vmnotbf@ix.netcom.com](mailto:vmnotbf@ix.netcom.com) or 3661 Hyak Way, Bremerton, WA 98311.

## Roller Skating in Bremerton

Bremerton Skateland reserves Sunday night, 7-9:30 pm, for adults! Contact Kevin Koski at 360-698-0655 or Skateland at 360-479-7655 for details.

## Have You Expired?

Well PWC certainly hopes not! Check for your membership expiration date on the address label on the back of your latest issue of the PENWICK. Resubscribe at 2001 prices before dues go up in March.



## Bring Something Sweet in February!

Our thanks for January goodies to Teresa Sayers, Gale Kirsopp, Jill Hawes, Steve Dikowski, Alan Searle and Kathy Weigel. Thanks also to those who added to the refreshment table, incognito. We don't know who you are, but everyone enjoyed your contributions. Thank you everyone! We'll need a few people to bring refreshments for the meeting on February 11, so if you're coming and can help in this way, please call Laura Croft at 360-779-6250, or email [llcroft@earthlink.net](mailto:llcroft@earthlink.net).

## Find Your Inner Martha!

Each and every month, the club's MAP and potluck dinner need volunteer hosts with the mostest. If you can handle a small home invasion, please contact club secretary Lori Hudson at 360-697-1281.

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"I think that I cannot preserve my health and spirits, unless I spend four hours a day at least—and it is commonly more than that—sauntering through the woods and over the hills and fields, absolutely free from all worldly engagements."

~ Henry David Thoreau, *Walking* ~



## Club Business

### Joining the PWC or Membership Renewal...

See back of newsletter for membership form. A PWC membership card insures a 10% discount at Mt. Constance Mountain Shoppe, the Ajax Café, and Commander's Beach House Bed and Breakfast. The membership cards are available at the monthly General Meeting. New members will receive a card with their New Membership packet.

### Address Changes...

Contact Venita Goodrich at [vmnotbf@ix.netcom.com](mailto:vmnotbf@ix.netcom.com) or 3661 Hyak Way, Bremerton, WA 98311.

### PENWICLE...

*Deadline for submissions is the 15th of the month or the Friday after the General Meeting, whichever comes first. Mail to Lezlie Cox, editor, at 4219 West View Dr., Bremerton, WA 98310, or email [penwicle@hotmail.com](mailto:penwicle@hotmail.com).*

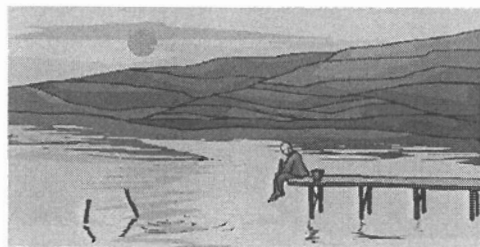
### PWC Online...

<http://kendaco.telebyte.com/~bcripe/>

Check out the PENWICLE online and links to other sites of interest to outdoor enthusiasts. Bert Cripe maintains the club email list and website and can use your photos. Mail photos to 2398 Jefferson Ave. SE, Port Orchard, WA 98366, or email [bcripe@telebyte.com](mailto:bcripe@telebyte.com).

## Bella Bella *(continued from page 3)*

anger briefly, until Linda translated for her. "It's a beautiful morning, mother," she said. Through Linda, Wilma is relearning very old, nearly forgotten words.



Although the northwest coast offers beautiful scenery, peace and wildness, undeniably, this adventure

meant more to each of us than novel landscapes. It expanded our awareness and perspective in many ways. Fonda could hear sea life that I did not notice and I could see sea life that Fonda hadn't noticed. Roger was expert at tasting sea life, and was generous in the sharing of his experience. Wilma shared the love she holds for her daughter and her deep empathy for humankind. Possibly, it is the sharing of what is good that makes our experience more lasting, vibrant and relevant to our lives. Perhaps my love of sea kayaking has much to do with its many opportunities to share, and paddling with friends who feel the same way.

*p.s. On your trip to the BC coast, learn about seafood and shellfish restrictions and closures. Call 604-666-0583, Fisheries and Oceans, Canada. Expect shellfish closures during summer months.*

*By Paul Dutky*

## Officers & Staff

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PWC

## Join or Renew Membership

PWC

*The Peninsula Wilderness Club is an informal organization for persons interested in active outdoor pursuits. Main activities include hiking, backpacking, mountain climbing, rock climbing, and skiing. All outings, from casual hikes to technical mountain sports, are initiated by individual members. These members are volunteers who generously offer to make minimal arrangements so an outing can take place. They do not accept responsibility for the safety or care of any participant. The PWC does not conduct instructional programs and members are expected to have whatever clothing, equipment, skills, and physical conditioning are appropriate for the outing they wish to join. Members are expected to practice responsible environmental stewardship and must accept that there are dangers and a risk of injury in most outdoor activities.*

Dues are \$18 per household per year. Send a check or money order to:  
**Peninsula Wilderness Club, P.O. Box 323, Bremerton, WA 98337-0070.**

Please check if:      New Member(s) ☐      Renewing Member(s) ☐      Change of Address ☐

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City, State, Zip: \_\_\_\_\_

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*optional**optional*

☐ Check here if you do not wish **any** information to be included in the list distributed to members.



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