Peninsula Wilderness Club meets on the second Monday of every month at 7:30 pm at the Kitsap Unitarian Fellowship Church on Perry Avenue in East Bremerton. The public is cordially invited

June 2000

Monday Meeting June 12th

Ultralight Weight Backpacking

Itralight weight backpacking is a challenging variation on the popular sport that's been growing over the past decade. Imagine setting off for a weekend (let alone a month) in the wilderness with as little as fifteen pounds of gear. Mark Hendrickson will discuss the evolution of, philosophy behind, and techniques involved with ultralight weight backpacking. The concept is based on principles used by a scrappy woman during her 1956 through-hike of the Appalachian Trail at the tender age of 69. From those awestruck by how someone might enjoy this kind of outing, to those hearty hikers who are considering joining Mark for one of the ultralight trips he's planning this summer—this promises to be a unique and interesting presentation.

Washington Native Plant Society Olympic Peninsula Chapter Field Trips—EVERYONE WELCOME!

Fort Worden Botany

Saturday, June 3 9:00 to noon

Contact: Dixie Llewellin (360) 385-6432

Meet at dock at the Port Townsend Marine Science Center. See excellent examples of northwest native flora on this hike which begins along the beach and continues through upland forest habitats.

Mt. Townsend

Sunday, July 2 8:30 am

Contact: Autumn Scott (360) 732-4984

Meet at Quilcene Post Office—all-day trip. Popular annual trip up south side of Mt. Townsend with a side trip to Welch Peaks. Subalpine meadows are usually in bloom and endemics can be found on the ridge.

Upcoming Outings

Lena Lake and Beyond

Thursday, June 1st

Contact: Ron Croft, (360) 779-6250

Enjoy a peaceful midweek hike past beautiful Lena Lake and through the Valley of Silent Men to the Brothers Camp. The hike is moderate: about 12 miles round trip with 2300 feet of elevation gain.

Climb & Ski on Mt. Baker

June 1th thru 4th

Contact: Jon DeArman, (360) 697-1352

Jon will climb the Easton Glacier Ridge of Mt Baker with skis. Experienced adventurers are

invited to join him.

Spruce Railroad Trail Clean-Up

Saturday, June 3rd

Contact: Doug Savage, (360) 698-9774

There's an area of rock slide 1-1/2 miles in on this flat trail. With some help, Doug plans to clear it. Join him for this day clean-up in an area that's easy to access.

Happy Lake Day Hike

Sunday, June 4th

Contact: Ron Croft, (360) 779-6250

Hike along Happy Lake Ridge to Happy Lake. It's 11 miles round trip with 3100 feet of elevation gain. The trail crosses meadows that should be dotted with wildflowers this time of year. Hikers will also catch glimpses of surrounding valleys and peaks including Mt. Olympus, Mt. Carrie, and Mt. Baker in the distance.

Deer Ridge Trail

Wednesday, June 7th

Contact: Ron Croft, (360) 779-6250

This delightful hike offers views into the Olympics, as well as a unique treat—it passes near the largest known shore pine, a gnarly, giant lodgepole pine. The hike is moderate at 11 miles and 2700 feet of elevation.

Mt. Townsend

Saturday, June 10th

Contact: Dave Cossa, (360) 871-5577

Enjoy the splendid, early summer flora displays along Sink Lake Trail on Mt. Townsend. The summit rewards hikers with one of the most expansive and impressive views in the Olympics: the Strait of Juan de Fuca and Puget Sound, the Cascades, and numerous Olympic peaks including the Needles, Constance, Mystery, and the Brothers The trail is ten miles round trip with 3200 feet of elevation gain. Dogs welcome: regulations require leashes; good manners require scooping.

Toleak Point Backpack

Weekend of June 10th and 11th

Contact: Lynn Howat, (360) 598-3087

Ocean beach backpacking trip to Toleak Point. Join Lynn for her annual ocean beach backpacking trip. Hike in about 7 miles on Saturday to Toleak Point where you'll make camp on the beach. This is just south of La Push. Relax and enjoy the beach and tidepools. Hike out midday on Sunday for the drive home. Usually lots of eagles and seals, as well as, deer and the occasional sea otter are seen on this trip.

More Outings

West Fork of Dosewallips

Sunday, June 11th

Contact: Ron Croft, (360) 779-6250

Pink rhododendron blossoms greet early summer hikers along this trail near Mt. Anderson. A moderate hike, it totals 10.5 miles with 800 feet of elevation gain.



Trail Maintenance

June 17th thru 25th

Contact: Doug Savage, (360) 698-9774

Clear your calendar so you can join Doug for trail maintenance on the Black and White Lakes Way and Six Ridge trails. The Backcountry Horsemen of Mason County will carry gear in and out the six miles to camp at Big Log. Stay a day or two or the entire time. Your participation will be greatly appreciated.

Day Hikes in Quinalt Lake Area

Weekend of July 1st thru 4th

Contact: Joe Weigel, (360) 871-0291

Doug Savage, (360) 698-9774 Pat Christian, (360) 288-2751

Take day hikes near Quinalt Lake from basecamp at Pat Christian's. Higley Peak, Colonel Bob, and Lower Pete's Creek are planned trails.

Ride the "Duck"

Saturday, July 15th

Contact: Diana Cripe, (206) 548-8052

Contact Diana to see if participating is still an option. Combine a funfilled, quacky tour of Seattle with a pub-n-grub stop for one unique and unforgettable outing. Tour downtown in an openair, amphibious, German WWII vehicle. You'll be given a wacky-quacker, duck-billed kazoo to accompany the 1-1/2 hour tour of downtown Seattle, Freemont, and then into Lake Washington. The fee is \$20 per person.

St. Peter's Gate

July 29th or 30th thru about August 4th

Contact: Joe Weigel, (360) 871-0291

Doug Savage, (360) 698-9774

Hike through St. Peter's Gate via Upper Lena Lake and Stone Ponds, on to Hagen Lakes with a side trip to Elk Basin, and out through Lake of the Angels. Elk Basin is reputed to be one of the most peaceful and beautiful places in the Olympics. Mileage will be between 18 and 28 miles and length will be about 5 to 6 days depending on side trips and road closures.

John Muir Trail

August 5th thru 27th (Shorter hikes possible)

Contact: David Cossa, (360) 871-5577

Phase 1 begins in Yosemite with a 64-mile hike to Vermilion Valley Resort for a resupply rest. Mt. Lyell, the highest peak in Yosemite, provides an optional climb. Phase 2 is 110 miles to Independence, California via six major passes with most camps near high alpine lakes. Two optional climbs (or rest days) are included in Phase 2.

June							
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July							
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23	24	25	26	27	28	29	
30	31						

Date	Outing	Contact	Page
June 1st	Lena Lake and Beyond	Ron Croft, (360) 779-6250	2
June 1st - 4th	Climb & Ski Mt. Baker	Jon DeArman, (360) 697-1352	
June 3rd	Spruce Railroad Clean-Up	Doug Savage, (360) 698-9774	2
June 3rd	Fort Worden Botany (WNPS)	Dixie Llewellin, (360) 385-6432	1
June 4th	Happy Lake Day Hike	Ron Croft, (360) 779-6250	2
June 7th	Deer Ridge Trail	Ron Croft, (360) 779-6250	2
June 8th	Interested Members Meeting	Scot Fourier. (360) 698-3005	4
June 10th	Mt. Townsend	Dave Cossa. (360) 871-5577	2
June 10th & 11th	Toleak Point Backpack	Lynn Howat, (360) 598-3087	2
June 11th	West Fork Dosewallips	Ron Croft, (360) 779-6250	3
June 12th	Ultralight-Weight Backpacking	monthly general meeting at Unitarian Fellowship Church	I
June 17th - 25th	Trail Maintenance	Doug Savage, (360) 698-9774	
July 1st - 4th	Quinalt Day Hikes	Doug Savage, (360) 698-9774 & Joe Weigel, (360) 871- 0291	3

Interested Members Meeting

Thursday, June 8th, 7:00 pm

Contact: Scot Fourier, (360) 698-3005

Scot will host this month's Interested Members Meeting at his home near Silverdale. Join in the informal discussion of club business and upcoming trips and enjoy the socializing too. New and potential members can meet others and hear about upcoming events in detail.

June Potluck

Friday, June 23rd

Good weather...arrive anytime after 5:00 pm

Bad weather...arrive about 6:00 pm

Contact: Nancy Whitaker, (360) 479-7090 or (360) 731-0799; email, nancywhitaker@home.com

If the weather is good, bring your kayak and gear as Nancy lives on Rocky Point. Parking is VERY LIMITED so please try to carpool from Arnold's Furniture/Lazy Boy on Kitsap Way. Bring something for the barbecue for yourself and a salad or side dish to share. Nancy will provide dessert. Call or email Nancy for directions.

Long-Range Outings

Muncaster Basin

August 20th thru 25th

Contact: Joe Weigel, (360) 871-0291

Doug Savage, (360) 698-9774

If you are in the mood for a grueling bushwhack, join Joe and Doug as they clamber along the old Pyrite Creek Trail and into beautiful, high-country Muncaster Basin.

PWC Climbers Group

An informal gathering of climbers meets the last Monday of the month at 7 pm at the Silver City Brewing Company in Silverdale. All are welcome to join us for general socializing and discussions about past and future mountaineering excursions. For directions, call Tom Banks at (360) 697-7708. For a list of climbers, send an e-mail to Jim Morrison at: jimjuliem@yahoo.com or phone (360) 638-2705.



A Word About Outings

The persons sponsoring trips are organizers and should not be considered instructors. If you are unsure of your abilities, skill level, or equipment, discuss the trip thoroughly with the organizer. Often, friendly guidance is available on the trip; however by preplanning you will help ensure everyone has a safe and fun adventure.

Wonderland Trail

August 12th thru August 21st or 23rd (For shorter trips, see below)

Contact: Tom Broszeit (360) 830-5774

Email: Wonderhike@aol.com

A spectacular 93-mile trail encircling Mount Rainier that leads past lakes, waterfalls, and glaciers; through forested valleys, flowering subalpine meadows, and snowy passes. A strenuous hike with much elevation gain/loss along the route but by spreading the trip over 10 to 12 days the pace should suit the average backpacker. Anyone preferring a shorter trip may join the hike for one or two of the following segments:

- White River to Longmire, Aug 12-15
- Longmire to Mowich Lake, Aug 15-18
- Mowich Lake to White River, Aug 18-21

(Dates for segments approximate; will be firm by June 10.) Assistance with transportation to or from trailheads may be available. Need to have names of participants by June 10 to obtain the appropriate backcountry permit.

Maximum party size is 8.

Ultralight Backpacking Adventure Series

Contact: Mark Hendrickson (360) 830-4521

July 21st thru 23rd

From Olympic Hot Springs to Appleton Pass via Boulder Lake & back to Olympic Hot Springs

August 4th thru 6th

From Staircase to First Divide over to Flapjack Lakes then back to Staircase

August 19th thru 26th

Wonderland Trail around Mr. Rainier

September 15th thru 17th

Tentatively— Dungeness River trailhead over Constance Pass back to Dungeness trailhead.

Newsletter Folding...

A small group of PWCers meets to prepare the newsletter for mailing. Call Doug Savage at (360) 698-9774 for specific location and time if you would like to help.

Recent New Members

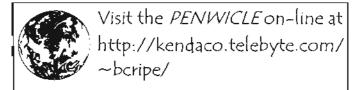
The PWC welcomes new members: Bucky Klein, Annie Mendenhall, and George Wiggins and Karen Jones-Wiggins.

Officers & Staff

President: Vice Pres: Secretary: Treasurer:	Tom Banks Deborah Legg Kathy Weigel Steve Vittori	(360) 697-7708 (360) 478-2829 (360) 871-0291 (253) 858-8191
Board of Directors:	Ron Croft	(360) 779-6250
	Doug Savage	(360) 698-9774
	Joe Weigel	(360) 871-0291
Entertainment:	Joe Weigel	(360) 871-0291
Refreshments:	Dawn Vokali	(360) 871-5754
Clean-Up:		
Scrap Book:	Kathy Sinn	(360) 876-5730
PENWICLE:		
Editor:	Teresa Sayers	(360) 895-8769
Printing:	Chris Sayers	(360) 895-8769
Assembling:	Doug Savage	(360) 698-9774
On-line Services:	Bert Cripe	(206) 548-8052

Last Month's Door Prize. The June door prize was a Patagonia R1 Flash Vest, won by Ann Theisen. The monthly door prize is donated by Mt. Constance Mountain Shoppe. PWC members are eligible to enter the drawing at the monthly general meeting.

More Announcements & Notices



PWC On-Line

Bert Cripe maintains the club website and the email list. Contact him for your on-line needs.

Phone: (206) 548-8052

email: bcripe@kendaco.telebyte.com

Renewal Reminder:

If you are joining or renewing your membership, please send your check or money order to the P.O. Box listed for the PWC on the back of your newsletter. The Treasurer receives transactions through this address. Sending these transactions to the newsletter editor will slow the process. Thank you.

PENWICLE Submittals

Deadline for newsletter submittals is the 15th of the month. See the back of the newsletter for where to send your contributions.

Pet Policy	
- retrolley	
$\ \square$ Because some people may not be as comfort-	
□ able with your pets as you are, you're asked to	
□ please leave them at home when attending	
PWC outings unless the trip is specifically	
advertised as welcoming them. Thank you.	
. I	

PWC T-Shirt Order Form

Мате:						
Phone:						
Email:						
68 Sample shirts will I	Sample shirts will be available at the June general meeting to show style and color choices. Orders and payments must be received by June 16. 3661 Hyak Way Bremerton, WA	une general d by June 11	meeting to 3.	show style a Send to:	ind color choices. Doug Savage 3661 Hyak Way Bremerton, WA 98311	
C8 If it is impossible for you to pick up your	or you to pick up you	ır order at a	general me	eting, please	s call Doug Savage at 6	order at a general meeting, please call Doug Savage at 698-9774 to arrange postage for your order.
ltem	Color	Size	Qty	Price Ea	Total Price	
		·	rotal Amou	Total Amount of Order:		
cs Please include payment by check or money-order payable to the PWC.	rment by check or m	ioney-order	payable to	the PWC.		

Expect shirts to be ready in July. Watch the PENWICLE for notice.

See wirt selection and price list on back of this form.

T-Shirts 2000

The following style shirts are available in the sizes and colors indicated.

t-shirt S-2XL ecru shirt S-3XL ash' long-sleeved t-shirt S-2XL ston standard sweatshirt S-3XL ash' hooded pullover S-3XL ash' sweatshirt M-2XL ash' collared 2-button S-3XL ash' polo shirt S-2XL blue	Size Colors	Price Ea
S-2XL S-3XL s-3XL ullover t	stonewashed blue,	
ved t- S-2XL S-3XL t S-3XL ullover t M-2XL t S-3XL S-button S-3XL S-button S-3XL	stonewashed green,	
ved t- S-3XL ullover t M-2XL t M-2XL S-3XL S-3XL S-3XL S-3XL	-2XL ecru	
ved t- S-2XL ullover t M-2XL t-button S-3XL S-button S-3XL S-2XL	-3XL ash*, forest green	\$9.00
S-2XL ullover t M-2XL t-button S-3XL S-2XL	stonewashed blue,	
ullover M-2XL t M-2XL button S-3XL S-button S-3XL	-2XL stonewashed green	\$11.50
ullover M-2XL t M-2XL -button S-3XL S-2XL		
ullover M-2XL S-2XL S-2XL	-3XL ash*	\$16.50
-button S-3XL S-2XL		
S-2XL	-2XL ash⁺	\$21.00
S-3XL S-2XL		
S-2XL	-3XL ash*	
	-2XL bluestone, cypress	\$18.75
	2XL add	\$2.00
	3XL add	\$3.00

^{*} ash is a classic sweatshirt gray

Note: All shirts will have a colored PWC logo centered on the front, except for the polo shirt which will have a small logo on the front left breast.

Prices listed include sales tax.

A Winter Visit to Stehekin

By Alice Savage

Stehekin, the sleepy little village at the north end of Lake Chelan, was our destination as our group of nine settled itself aboard the Lady Express for the 2-1/2 hour ride up the 55-mile lake from Chelan.

Arriving at the lodge, we were assigned our rooms all with kitchens. Our stay was Monday through Friday and, as the restaurant was only open on weekends, we all brought tons of food which was packed in boxes for easy handling by the crew on the boat. A lot came back with us but we were prepared in case the weather turned bad and we got stranded. That was wishful thinking and, of course, did not happen.

Since the boat arrived at 12:30 pm we had the whole afternoon for a snowshoe jaunt south of the lodge along the lakeshore. Several deer were seen. They apparently hang out in the area, as each morning they wandered by our rooms looking into the windows. They wanted a handout and, although I don't approve of feeding wildlife, it was hard to resist tossing them a piece of bread or two.

Stehekin is a quiet little community nestled in the valley above the lake with about sixty-five steady residents, half of whom are children. It's a great place to raise kids. With no television or telephones in the valley to distract them, the kids learn great things in their one-room schoolhouse. (Actually it has two rooms since the new school was built in 1988.)

Kindergarten through eighth grade is taught here. Ninth through twelfth grade must go down to the lake to Chelan. Along with the usual school subjects, the kids learn such things as survival skills and both boys and girls learn to knit. People in the community are also involved with the school, passing on their skills to the kids.

Tuesday, our second day, was gray and misty with temperatures above freezing, so snow was melting and dripping everywhere. It looked just like the weather back home. It was hard to get motivated, but Dan, Alyse, Jerry, Dave, and Rose got the bus from the lodge to take them up the valley where the road was plowed for nine miles and they set out to ski.

Dick, Charlie, Gary, and I hiked up the road to the old schoolhouse which is now a museum. It contains many items from the early school days and proved to be quite interesting. On the way we saw two Trumpeter Swans on the lake feeding with several Canadian Geese.

The mist blew away during the night and Wednesday morning we awoke to a clear, sparkling day with the mountain peaks turning golden in the moming sun. We spent a delightful day skiing around the valley, checking out an old homestead and a large, old apple orchard.

Thursday, our last full day, also turned out clear and we skied up to High Bridge where we talked to a fellow named Phil who was shoveling several feet of snow off the ranger's cabin. We changed to snow-shoes and went up a mountainside to Coon Lake which was frozen and snow-covered. It was beautiful as we went through the forest and came out on snow-covered ridges to look up at the surrounding mountains shining in the sunshine. We were in the heart of the Cascades

The lodge has three buses used mostly in summer to transport sightseers and hiking folks twelve miles up the valley to High Bridge. They always stop to look at the 312-foot Rainbow Falls located 3-1/2 miles up from the lodge and the bakery which is open only in summer where one can get a yummy cinnamon roll. Our group was provided with a small bus and accommodating driver who took us up the road for skiing, then picked us up at a designated time.

All of a sudden it was Friday and time to leave. We packed up and lugged our stuff down to the boat landing and, as the boat did not leave until 2:00 pm, some of us took off to check out the hydroelectric plant. Stehekin has its own power plant to supply electricity to the community. It is located on Company Creek, a stream which empties into the Stehekin River which in turn empties into the lake. The man in charge gave us a tour explaining so much which was mostly over my head, but the guys had a great time.

After the boat trip back to Chelan, we said goodbye to Charlie, Dick, Rose, Dave, Dan, and Alyse. The weather was dry with good roads and they were

(continued on page 10)

Ultralight Weight Backpacking - Part II

by Mark Hendrickson

In a previous article, we talked about the philosophy of ultralight weight backpacking, what to do to decrease pack weight, and some web sites to find additional information. Part II presents some standards and guidelines you can use to assist you on the weight reduction journey.

There are two areas of concern. The first is the weight "from skin in" (FSI) or your body weight. The second is the weight "from skin out" (FSO) or your backpacking gear. It doesn't make sense to pursue the ultralight weight philosophy to travel in the most efficient and effective way without including the evaluation of FSI. Since controlling your body weight is so important to your health, you should consider the following as standards:

Percentage of Body Fat: Men - less than or equal to 15%, Women - less than or equal to 22%. In order to determine your % body fat at home, you will need to purchase a skin-fold caliper. These are sold at many sports stores.

Waist to Hip Ratio Test: Men - .9 or less, Women - .8 or less. At home measure your waist at its largest diameter above the belly button and then measure your hips at their widest point. Divide the waist measurement by the hip measurement.

Body Mass Index (BMI): Men and Women – 20 to 26. To get your BMI use the following formula; $BMI = (704 \times (your \text{ wt. in lbs.}))$ divide by ((your height in inches) x (your height in inches)).

<u>Use Caution</u>: Your individual goals for FSO (backpacking gear) weight should be based on safety concerns tempered by your comfort and enjoyment level. The following are some quantitative weight guidelines for ultralight, light, and normal backpacking.

<u> </u>	<u>Ultralt</u> Wt.	Light Wt.	Normal Wt.
Sleeping (bag and pad)	2	3	5
Shelter (ground cloth, stakes, guy lines, etc.)	2	4	5
Packing (backpack, stow bags, stuff sacks, etc.)	2	4	6
Cooking/water (H2O treatment, stove, cookware, etc.)	1	2	3 .
Other Essentials (flashlight, first aid, pocketknife, etc.)	2	3	4
Extra clothing	<u>3</u>	<u>4</u>	7.
Total Base Pack Weight	12	20	30
Clothing Worn	<u>3</u>	<u>5</u>	<u>7</u>
Total Weight FSO	15	25	37

The above weight goals are for typical "summer" backpacking in mountainous terrain. The above weight does not include "extras" such as fishing gear, binoculars, camera equipment, journals, consumables (food, water, fuel), field guides, etc.

Join us at the next monthly meeting to discuss FSO, ultralight principals, and equipment selection.

(continued from page 9)

heading home. Jerry, Gary, and I spent the night in Chelan and woke to a fresh snow cover on the town. It warmed up with a misty rain as we headed for Stevens Pass and roads were bare and wet.

Everyone seemed to enjoy this bit of time in a place from out of the past. It was refreshing to be among people who are content to live a simple life without all the toys of our modern world.

Vandalism is unknown in the valley and people do not lock their doors. Do you know their one gas pump is

left unattended? A notebook is placed on top of the pump and people pumping gas write down their name and number of gallons. They are then billed at the end of the each month. No roads lead to Stehekin but people do have cars. They are brought in by barge which brings in gas and other large items too.

Type of Backpacking (in lbs)

Winter is a great time to visit Stehekin. Weekdays are very quiet. We were the only visitors there. Weekends bring in more people and the summers get quite busy. Still, if one enjoys hiking or cross-country skiing, it's a great place to go.

5th Annual Trident Triple

"All Hands" on bikes! June 17th

- Choose a 15, 30, 50, or 100 mile route
- ⇒ All routes include a scenic tour of the Naval Submarine Base, Bangor. No photography allowed on base.
- ⇒ Extended rides take in scenic tours of the Kitsap Peninsula and the Hood Canal seldom seen by visitors.
- ⇒ Course difficulty: 15 and 30 mile routes are moderate; 50 and 100 mile routes are challenging
- ⇒ \$18 pre-registration by June 5 includes free t-shirt. Checks payable to the Linder Foundation
- ⇒ Registration on day of ride: From 7 to 10 a.m. \$18 for adults, \$10 for children 15 and under, \$12 for t-shirts
- Proceeds from this event will support the Paul Linder Education Foundation, the Silverdale Chamber of Commerce, and the Bicycle Alliance Action Fund.
- ⇒ Food and drink stops, SAG wagon, and mechanical support provided on all routes at no cost to participants. Services available from 7 a.m. to 5 p.m.
- ⇒ ANSI or SNELL approved helmets are required!

Send pre-registration to Silverdale Chamber of Commerce:

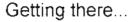
3100 Bucklin Hill Road, Suite 108

P.O. Box 1218

Silverdale, WA 98383

Phone: (360) 692-6800 Fax: (360) 692-1379

EMail: info@silverdatechamber.com



From the North:

Take Highway 3 to the Silverdale exit; turn left on Kitsap Mall Blvd; registration in the northeast Kitsap Mall parking lot

From the South:

Take Highway 3 to the second Silverdale exit (Kitsap Mall); turn right on Kitsap Mall Blvd; registration in the northeast Kitsap Mall parking lot



Tewsletter Contributions and Address or Phone Number Changes: Send articles, trip reports, stories, announcements, etc & address and phone number changes to: Teresa Sayers, 4130 Harris Rd. SE, Port Orchard WA 98366; phone (360) 895-8769; email tsayers@telebyte.net.

City, State, Zip: (Optional*) Peninsula Wilderness Club P.O. Box 323 Bremerton, WA 98337-0070 t-shirt order form inside!

<u>4</u> How to Join the PWC (or renew your membership): Membership is open to anyone interested in muscle-powered outdoor sports. Dues are \$18.00 per household per year. Send a check or money order to Peninsula Wilderness Club, P.O. Box 323, Bremerton, WA 98337-0070. PWC members get a 10% discount at Mt. Constance Mountain Shoppe and at The Ajax Cafe Mailing Address: Email Address: * If you provide this information, it will be available to other club members through the mailing and email list.

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June 2000 - Time Dated Material