

PENWILE

Peninsula Wilderness Club meets on the second Monday of every month at 7:30 pm at the Kitsap Unitarian Fellowship Church on Perry Avenue in East Bremerton. The public is cordially invited.

May 2000

Monday Meeting

May 8th

Geology of the Olympics

Bill Lingley, a geologist at the Department of Natural Resources and an author on the new geologic maps of the Olympic Mountains, will attempt to explain everything that happened in the Olympics between January 27, 1700 and 61,000,000 B.C. Bill has been climbing the Olympics since the requisite Boy Scout outings in 1961 and has taught the Olympic Park Institute's Hiking Geology of the Olympics seminar and courses for the Olympic National Park staff. His research is centered on deep moraine rocks of the Juan de Fuca Plate which are uniquely preserved and responsible for much of the wonderful Olympic scenery, but he has no lingering hard feelings about earthquakes, glaciers, and plate collisions.

Ride the "Duck"!

Saturday, July 15th

Deadline for reservations: May 18th

Contact: Diana Cripe, (206) 548-8052

Combine a funfilled, quacky tour of Seattle with a pub-n-grub stop for one unique and unforgettable outing. Tour downtown in an open-air, amphibious, German WWII vehicle. You'll be given a whacky-quacker, duck-billed kazoo to accompany the 1 1/2 hour tour of downtown Seattle, Fremont, and then into Lake Washington. The fee is \$20 per person, but a 10% discount is given for reservations of 10 or more people. Maximum is 38 people.

After the tour, we'll stop at a local pub for drinks and food and comparing notes on the experience.

Call Diana early, as she needs your reservation to secure the "Duck".

Upcoming Outings

Black Tusk Back-Country Ski

Weekend of May 5th thru 7th

Contact: Doug Savage, (360) 698-9774

Jon DeArman, (360) 697-1352

Black Tusk Trail is on the Giribaldi Glacier just south of Whistler, Canada. The outing requires ski mountaineering experience, avalanche beacons, and shovels. The trail is eight miles with 3000 feet of elevation gain. Two primitive cabins provide accommodations. The group will leave Thursday night and return on Sunday. Ten people maximum.

Contra Dance

May 6th at Givens Community Center (Pt. Orchard)

7 pm to 8 pm Instruction \$1

8 pm to 11 pm Dance \$4

Singles and couples welcome. Live music, caller, and instructor. No pre-registration required.

Presented by Kitsap County Parks and Recreation (360) 337-5743.



Rock Climbing

at Frenchman's Coulee

Weekend of May 5th thru 7th

Contact: Tom Banks, (360) 697-7708

This climbing destination, 2 1/4 hours from Seattle, has everything from beginner to advanced, with a good number of moderate (5.6 to 5.9) climbs. Some time will be devoted to each ability level, so all levels are welcome. The high desert setting of Vantage, Washington is ideal for dry-weather camping and climbing and, best of all, the camping is rustic and free (last time we checked). The primary carpools will leave after work on Friday evening and will arrive after dark at the camping spot. Optional side trips for the ride home can be discussed. The minimum equipment items required are climbing shoes, harness, breakfast/lunch food, and car camping gear. Also helpful are food for the Saturday dinner potluck, spending money for dinners enroute, drinking water (dry camp), and firewood.

Dungeness Spit

Saturday, May 13th

Contact: Dave Cossa, (360) 871-5577

The longest natural sandspit in the United States, Dungeness Spit provides 5 miles of scenic strolling along the Strait of Juan de Fuca. The historic lighthouse at the end of the spit is on the site of the earliest light in the state, 1857. Ten miles round trip. Suitable for all skill levels.

Anvil Rock at Mt. Rainier

Weekend of May 13th & 14th

Contact: Doug Savage, (360) 698-9774

Jon DeArman, (360) 697-1352

Bivy at Anvil Rock and ski on the Muir snowfield. People should have intermediate telemarking skills. This is a good trip on which to camp light. There is 4700 feet of elevation gain.

More Outings

Wagonwheel Lake Trail Clean-Up

Saturday, May 20th

Contact: Doug Savage, (360) 698-9774

Doug plans a day clean-up on the relatively short, steep Wagonwheel Lake Trail near Staircase Ranger Station. The work will be brushing and chainsawing. If time allows, brushing will be done on the first three miles of the lower North Fork of the Skokomish.

Elwha Day Hike

Sunday, May 21st

Contact: Ron Croft, (360) 779-6250

Enjoy ten miles (round trip) in the peaceful Elwha River Basin. Ron plans to hike to Camp Lillian with a side trip to the river's scenic Goblin Gates. Except for short lengths with moderate elevation change, the trail is relatively even.

Mt. St. Helens Ski

Tuesday, May 23rd (weather dependent)

Contact: Doug Savage, (360) 698-9774

Doug will pick the day this week with the most promising weather forecast for climbing and skiing Mt. St. Helens. He'll drive down the night before.

Ski to Sea

Memorial Weekend May 27th thru 29th

Contact: Scot Fourier, (360) 698-3005

Check with Scot to see if there is still room. The goal is to build two teams of eight people each to compete in this annual relay featuring the following events: downhill and cross-country skiing, running, road biking, canoeing, mountain biking, and kayaking. This is a fun event that welcomes aspiring and accomplished athletes alike.

Spruce Railroad Trail Clean-Up

Saturday, June 3rd

Contact: Doug Savage, (360) 698-9774

There's an area of rock slide 1-1/2 miles in on this flat trail. With some help, Doug plans to clear it. Join him for this day clean-up in an area that's easy to access.

Happy Lake Day Hike

Sunday, June 4th

Contact: Ron Croft, (360) 779-6250

Hike along Happy Lake Ridge to Happy Lake. It's 11 miles round trip with 3100 feet of elevation gain. The trail crosses meadows that should be dotted with wildflowers this time of year. Hikers will also catch glimpses of surrounding valleys and peaks including Mt. Olympus, Mt. Carrie, and Mt. Baker in the distance.



Climb & Ski on Mt. Baker

June 8th thru 11th

Contact: Jon DeArman, (360) 697-1352

Jon will climb the Easton Glacier Ridge of Mt. Baker with skis. Experienced adventurers are invited to join him.

- see page 5 for more outings -

Notices

Spring—Summer West Coast/Southwest Adventure Partners Sought

May 2nd thru May 18th
& June 5th - ??

Contact: T. K. Rossiter, (415) 789-8158

Email: tkrossiter@yahoo.com

Climbing and mountain biking in Moab from May 2nd through May 18th. Then thinking to climb and ride in the Taos area from June 5th onward. Open to other West/Southwest ideas (Yosemite, City of Rocks, Mt. Lemmon, etc.), and interested in balancing the climbing and riding with hiking, mountaineering, and kayaking. If it sounds to you like we can get something together that will for both of us, let me know.

PWC Climbers Group

An informal gathering of climbers meets the last Monday of the month at 7 pm at the Silver City Brewing Company in Silverdale. All are welcome to join us for general socializing and discussions about past and future mountaineering excursions. For directions, call **Tom Banks** at (360) 697-7708. For a list of climbers, send an e-mail to **Jim Morrison** at: jimjuliem@yahoo.com or phone (360) 638-2705.



A Word About Outings

The persons sponsoring trips are organizers and should not be considered instructors. If you are unsure of your abilities, skill level, or equipment, discuss the trip thoroughly with the organizer. Often, friendly guidance is available on the trip; however by preplanning you will help ensure everyone has a safe and fun adventure.

Interested Members Meeting

Thursday, May 4th, 7:00 pm

Contact: Charlie Pomfret, (360) 479-7820

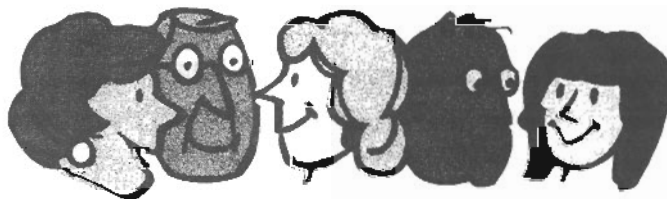
Charlie Pomfret will host this month's Interested Members Meeting at his home in Central Kitsap. New members will find this is a good way to introduce themselves to other members. It's a fun and informal gathering where upcoming trips are planned and club business is discussed.

May Potluck

Friday, May 19th, 6:00 pm

Contact: Cheryl Gudger, (360) 876-3035

Bring your favorite food to share and join the fun of the monthly potluck. It's a great way to meet and welcome new members and swap tales with long-time PWCers. The hostess will provide dessert. **Please bring a main or side dish, appetizer, or salad.**



Book Signing and Lecture

Mike Gauthier

Mt. Rainier: A Climbing Guide

Mt. Constance Mountain Shoppe (Bremerton)

Tuesday, May 23rd

Starting at 5:00 pm

Written by Mike Gauthier, lead climbing ranger at Mt. Rainier National Park, this is the most comprehensive climbing guide available for 30 routes on Mt. Rainier.

Long-Range Outings

Toleak Point Backpack

Weekend of June 16th thru 18th

Contact: Lynn Howat, (360) 598-3087

Ocean beach backpacking trip to Toleak Point. Join Lynn for her annual ocean beach backing trip. Hike about 7 miles on Friday to Toleak Point where you'll make camp on the beach. This is just south of La Push. On Saturday, take a day hike further south or just relax and enjoy the beach and tide pools. Hike out midday on Sunday for the drive home. Usually lots of eagles and seals, as well as, deer and the occasional sea otter are seen on this trip.

Trail Maintenance

June 17th thru 25th

Contact: Doug Savage, (360) 698-9774

Clear your calendar so you can join Doug for trail maintenance on the Black and White Lakes Way and Six Ridge trails. The Backcountry Horsemen of Mason County will carry gear in and out the six miles to camp at Big Log. Stay a day or two or the entire time. Your participation will be greatly appreciated.

Day Hikes in Quinalt Lake Area

Weekend of July 1st thru 4th

Contact: Joe Weigel, (360) 871-0291
Doug Savage, (360) 698-9774
Pat Christian, (360) 288-2751

Take day hikes near Quinalt Lake from basecamp at Pat Christian's. Higley Peak, Colonel Bob, and Lower Pete's Creek are planned trails.

St. Peter's Gate

July 20th thru August 4th

Contact: Joe Weigel, (360) 871-0291
Doug Savage, (360) 698-9774

Hike through St. Peter's Gate via Upper Lena Lake and Stone Ponds, on to Hagen Lakes with a side trip to Elk Basin, and out through Lake of the Angels. Elk Basin is reputed to be one of the most peaceful and beautiful places in the Olympics.

John Muir Trail

August 5th thru 27th

(Shorter hikes possible; see below)

Contact: David Cossa, (360) 871-5577

Head to California via train from Tacoma. Phase 1 begins in Yosemite with a 64-mile hike to Vermilion Valley Resort for a resupply rest. Mt. Lyell, the highest peak in Yosemite, provides an optional climb. Phase 2 is 110 miles to Independence, California via six major passes with most camps near high alpine lakes. Two optional climbs (or rest days) are included in Phase 2. After a bus trip to Los Angeles, hikers will fly back to Seattle. A pace of about 10 miles a day on the trail is expected.

To join for a one week journey, drive to Vermilion Valley Resort (VVR), hike in for two days to a two day climbing base camp and then hike back to VVR (six days on the trail). Plan to start hiking from VVR on August 14th. Call Dave to reserve a spot and for more information.

- see page 10 for more outings -

May						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



June						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Date	Outing	Contact	Page
May 4th	Interested Members Meeting	Charlie Pomfret, (360) 479-7820	4
May 5th - 7th	Black Tusk Back-Country Ski	Doug Savage, (360) 698-9774 Jon DeArman, (360) 697-1352	2
May 5th - 7th	Rock Climbing at Frenchman's Coulee	Tom Banks, (360) 697-7708	2
May 6th	Contra Dance	Kitsap County Parks & Recreation, (360) 337-5743	2
May 8th	Geology of Olympic Peninsula	Monday Meeting at Kitsap Unitarian Fellowship Church	1
May 13th	Dungeness Spit	Dave Cossa, (360) 871-5577	2
May 13th & 14th	Anvil Rock at Mt. Rainier	Doug Savage, (360) 698-9774 Jon DeArman, (360) 697-1352	2
May 19th	Potluck	Cheryl Gudger, (360) 876-3035	4
May 20th	Wagonwheel Lake Clean-Up	Doug Savage, (360) 698-9774	3
May 21st	Elwha Day Hike	Ron Croft, (360) 779-6250	3
May 23rd (tentative)	Mt. St. Helens Ski	Doug Savage, (360) 698-9774	3
May 27th - 29th	Ski to Sea	Scot Fourier, (360) 698-3005	3
June 3rd	Spruce Railroad Clean-Up	Doug Savage, (360) 698-9774	3
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The following style shirts are available in the sizes and colors indicated.

Item	Size	Colors	Price Ea
t-shirt	S-2XL	stonewashed blue, stonewashed green, ecru	\$9.00
	S-3XL	ash, forest green	
long-sleeved t-shirt	S-2XL	stonewashed blue, stonewashed green	\$11.50
standard sweatshirt	S-3XL	ash	\$16.50
hooded pullover sweatshirt	M-2XL	ash	\$21.00
collared 2-button polo shirt	S-3XL	ash	\$18.75
	S-2XL	bluestone, cypress	
		2XL add	\$2.00
		3XL add	\$3.00

Note: All shirts will have a colored PVC logo centered on the front, except for the polo shirt which will have a small logo on the front left breast.

Prices listed include sales tax.

Newsletter Folding...

A small group of PWCers meets to prepare the newsletter for mailing. Call Doug Savage at (360) 698-9774 for specific location and time if you would like to help.

Recent New Members

The PWC welcomes new members: Barry Pearlstrom, Chris Warmedahl, and Nancy Whitaker.

Officers & Staff

President:	Tom Banks	(360) 697-7708
Vice Pres:	Deborah Legg	(360) 478-2829
Secretary:	Kathy Weigel	(360) 871-0291
Treasurer:	Steve Vittori	(253) 858-8191
Board of Directors:	Ron Croft	(360) 779-6250
	Doug Savage	(360) 698-9774
	Joe Weigel	(360) 871-0291
Entertainment:	Joe Weigel	(360) 871-0291
Refreshments:	Dawn Vokali	(360) 871-5754
Clean-Up:		
Scrap Book:	Kathy Sinn	(360) 876-5730
PENWICLE:		
Editor:	Teresa Sayers	(360) 895-8769
Lackey:	Chris Sayers	(360) 895-8769
Assembling:	Doug Savage	(360) 698-9774
On-line Services:	Bert Cripe	(206) 548-8052

Last Month's Door Prize: The April door prize was a SMC ice axe won by Steve Dikowski. The monthly door prize is donated by Mt. Constance Mountain Shoppe. PWC members are eligible to enter the drawing at the monthly general meeting.

More Announcements & Notices



Visit the *PENWICLE* on-line at
<http://kendaco.telebyte.com/~bcripe/>

PWC On-Line

Bert Cripe maintains the club website and the email list. Contact him for your on-line needs.

Phone: (206) 548-8052

email: bcripe@kendaco.telebyte.com

PENWICLE Submittals

➡ Deadline for newsletter submittals is the 15th of the month. See the back of the newsletter for where to send your contributions.



Renewal Reminder:

If you are joining or renewing your membership, please send your check or money order to the P.O. Box listed for the PWC on the back of your newsletter. The Treasurer receives transactions through this address. Sending these transactions to the newsletter editor will slow the process. Thank you.

Pet Policy

- ☐ Because some people may not be as comfortable with your pets as you are, you're asked to
- ☐ please leave them at home when attending
- ☐ PWC outings unless the trip is specifically
- ☐ advertised as welcoming them. Thank you.

More Long-Range Outings & Notices

Muncaster Basin

August 20th thru 25th

Contact: Joe Weigel, (360) 871-0291
Doug Savage, (360) 698-9774

If you are in the mood for rugged bushwhacking, join Joe and Doug as they clamber along the old Pyrite Creek Trail and into beautiful, high-country Muncaster Basin.

The Mountaineers

Bi-Annual Gear Grab

Thursday, May 18th

Mountaineering Hall, on 3rd Ave Seattle

**Come to buy or sell.
Need not be a member.**



Wonderland Trail

August 12th thru August 21st or 23rd
(For shorter trips, see below)

Contact: Tom Broszeit (360) 830-5774

Email: Wonderhike@aol.com

A spectacular 93-mile trail encircling Mount Rainier that leads past lakes, waterfalls, and glaciers; through forested valleys, flowering sub-alpine meadows, and snowy passes. A strenuous hike with much elevation gain/loss along the route but by spreading the trip over 10 to 12 days the pace should suit the average backpacker. Anyone preferring a shorter trip may join the hike for one or two of the following segments:

- ◇ White River to Longmire, Aug 12-15
- ◇ Longmire to Mowich Lake, Aug 15-18
- ◇ Mowich Lake to White River, Aug 18-21

(Dates for segments approximate; will be firm by June 10.) Assistance with transportation to or from trailheads may be available. Need to have names of participants by June 10 to obtain the appropriate backcountry permit.

Maximum party size is 8.

For Sale:

KAYAK. A Pacific Water Sports fiberglass kayak that comes with paddle, dry bags, and a life vest. Selling for \$900 OBO. Call (360) 478-0933 or email aberlin-ski@webtv.net.

For Sale:

Seagoing KAYAK. Easyrider Eskimo, 19' single seat, covered sealed compartments. Includes paddle, sail, spray skirt, and seat cover. Contact Matt or Kathy Sinn (360) 874-1370, evenings.

Ultralight Weight Backpacking

by Mark Hendrickson

In 1954, a 67 year old woman became the first woman to hike the entire Appalachian Trail (AT) from Georgia to Maine. Her name was Emma "Grandma" Gatewood (1888-1975). Two years later she through-hiked the trail once again. What made her accomplishment even more amazing was that she carried no more than minimal weight. She wore Keds sneakers instead of boots, used a plastic shower curtain for shelter, limited her extra clothing and gear, and carried all her equipment and food in a homemade bag simply draped over one shoulder. From 1989 to 1994, a husband and wife team hiked the AT, the Continental Divide Trail and Pacific Crest Trail (three times). During these five hikes, Ray and Jenny Jardine formulated a system for long distance hiking based on the go-light philosophy Grandma Gatewood used four decades earlier. Ray Jardine published two books detailing his system. The most recent book, Beyond Backpacking – Guide to Lightweight Hiking, can be acquired through many website bookstores.

The philosophy of "Ultralight Weight" backpacking is to travel in the most efficient and effective way. The boundaries are determined by safety concerns tempered by one's comfort and enjoyment level. To decrease your pack weight, first, concentrate on reducing the weight of the heavy

items such as shelter, pack, hiking boots, sleeping arrangements, and clothing. Second, leave superfluous gear behind (nesting pots, insulated mugs, radio, playing cards, etc.). Third, select the lightest and most functional gear possible (first-aid kit in a plastic bag instead of a zippered case, a small AAA flashlight instead of a heavy headlamp, etc.). Fourth, cut or remove extraneous straps, loops and hooks, bells, whistles and other doo-dads (cut toothbrush handles; trim map borders; repackage sunscreen and insect repellent; take only the pages of the guide book you need; leave sewing thread behind –use dental floss instead). Fifth, weigh and tabulate every piece of your gear. The final step is to question and scrutinize each item on your list and ask yourself: *Do I absolutely need it?* Thinking you might need it someday is no justification for carrying it (unless the item is for emergency and/or safety). If you will not use it on your trip and are not likely to use it fairly soon, then consider leaving it behind.

If interested in more information, there are many websites on ultralight weight backpacking. The following are just a few:

members.tripod.com/halbertri
monmouth.com/~mconnick
www.dancris.com/~vole
backpacking.net/home.html

You can use these links to branch out to other websites. I will present many of these ideas and techniques at the June monthly meeting.

Ultralight Backpacking Adventure Series

Contact: Mark Hendrickson (360) 830-4521

July 21st thru 23rd

From Olympic Hot Springs to Appleton Pass via Boulder Lake & back to Olympic Hot Springs

August 4th thru 6th

From Staircase to First Divide over to Flapjack Lakes then back to Staircase

August 19th thru 26th

Wonderland Trail around Mt. Rainier

September 15th thru 17th

Tentatively—Dungeness River trailhead over Constance Pass back to Dungeness trailhead.

Newsletter Contributions and Address or Phone Number Changes:

Send articles, trip reports, stories, announcements, etc & address and phone number changes to:

Teresa Sayers, 4130 Harris Rd. SE, Port Orchard WA 98366; phone (360) 895-8769;

email tsayers@telebyte.net.

How to Join the PWC (or renew your membership):

Membership is open to anyone interested in muscle-powered outdoor sports. Dues are \$18.00 per household per year. Send a check or money order to **Peninsula Wilderness Club, P.O. Box 323, Bremerton, WA 98337-0070**. PWC members get a 10% discount at Mt. Constance Mountain Shoppe and at The Ajax Cafe.

Name: _____

Mailing Address: _____

City, State, Zip: _____

Telephone: _____ Email Address: _____

(Optional*)

(Optional*)

* If you provide this information, it will be available to other club members through the mailing and email list.

PENWICL

Peninsula Wilderness Club
P.O. Box 323
Bremerton, WA 98337-0070



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