# The public is cordially invited Peninsula Wilderness Club meets on the second Monday of every month at 7:30 pm at the East Bremerton. Fellowship Church on Perry Avenue in Unitarian

# October 1998

# Monday Meeting October 12th

# Circumnavigation of Ireland by Kayak!

Chris Duff has traveled over 14,000 miles by sea kayak since 1983. In 1986, he became the first person to solo circumnavigate England, Wales, and Scotland. With the completion of the Irish expedition in 1996, he is the only person to have soloed the entire British Isles. In addition to these trips, he has paddled extensively throughout Washington and British Columbia, both as a sea kayaker and a white-water paddler.

Join us for this presentation of sea kayaking adventure at the next regular meeting.



## PCT PART 1

by David Cossa

THE sudden realization that I had already reached my goal without taking another step was what set my recent 189-mile, 16-day journey along the Pacific Crest Trail between Stevens Pass and Canada.

I'D BEEN considering doing the entire PCT over a two-year period and thought I'd try this hike to see how my mind and body would react to long distance backpacking.

THE body did fine, although after 12 days I no longer liked some of the food I had and began to feel hungry a lot.

It was the mental aspect that surprised me. After about a week, the goal of Canada still seemed so far away that it lost any immediate importance. After 10

(Continued on page 7)

Visit PENWICLE on the web: http://kendaco.telebyte.com/~bcripe/

# October Outings

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# **ROCK CLIMBING AT PESHASTIN PINNACLES**

Weekend of October 3rd & 4th Contact: Tony Abruzzo (377-5103) Join Tony for the annual Oktoberfest rock climbing outing to Peshastin Pinnacles near Leavenworth. Members of all skill levels will enjoy the climbing opportunities during the day and the festive atmosphere among friends during the evening. Bring rock climbing shoes. (They can be rented.) More experienced climbers will provide ropes and friendly guidance. Contact Tony for more details and to arrange camping accommoda-

## TUBAL CAIN TRAIL TO BUCKHORN PASS

Sunday, October 4th Contact: Ron or Laura Croft (779-6250) Round trip 14 miles, elevation gain 2600'. A strenuous hike for a fall day, providing stunning views of some of the highest peaks in the Olympics. With good conditions, and enough people, we'll do a circuit with the Marmot Pass trail. One group will ascend the Tubal Cain trail, and one group the Marmot Pass trail, exchanging car keys at the midpoint. This option would also be 14 miles but involve 3000' of elevation gain.

## TUNNEL CREEK TRAIL TO FIFTY-FIFTY PASS

Saturday, October 10th

Contact: Ron or Laura Croft (779-6250) Round trip 8.2 miles, 2500' elevation gain. A scenic hike along Tunnel Creek, past two subalpine lakes, arriving at fifty-fifty pass. See spectacular views of the vertical east face of Mt. Constance and south across Puget Sound to Mt. Rainier.

## MT SCOTT CLIMB

Thursday - Saturday, October 8th - 10th Contact: David Cossa (871-5577) David is planning to ascend his 100th Olympic summit over the Columbus Day weekend. The leading candidate to be number 100 is Mt. Scott via a camp at Dodger Point.

## NISQUALLY DELTA

Saturday, October 17th

Contact: Diana Cripe (895-4299)

Join Diana for this flat, 5 mile walk along the wetlands and levies of the Nisqually Wildlife Preserve. The trails are suitable for all fitness levels and age groups. The birds, vegetation, and marine life are interesting entertainment along the way.

# HIGH ROCK LOOKOUT HIKE

Saturday, October 18th

Contact: Pat Gleason (373-2131)

Join Pat on this 2.6 mile RT hike for spectacular views of Mt. Rainier, Tatoosh Range, and Goat Rocks Wilderness followed by a hike to Lake Cora and surrounding lakes from another nearby trailhead. Lake Cora sits at the base of the 1500 foot cliff that High Rock Lookout sits atop. Those who prefer may go up Saturday, the 17th, to help finish preparing Mt. Tahoma Yurt for the winter and spend the night at one of the MTTA cabins.

## SPRAY PARK DAY HIKE

Saturday, October 24th

Contact: Scot Fourier (698-3005)

Scot will start this hike at the trail near Mowich Lake (Mt. Rainler NP) and hike to Spray Falls. Spray Park is a high alpine meadow about 1000 feet above the lake. He may climb Echo Rock on the south side of the park also.

# Outings (continued)

## **DOSEWALLIPS CAR CAMPING**

Saturday & Sunday, October 24th & 25th Contact: Chris Hildebrand (895-0311)

The Dosewallips campground is approximately a 2 hour drive from Port Orchard. Meet for breakfast at 7 am at the Belfair Café. Day hikes will be decided at camp.

# UPPER SOUTH FORK SKIKOMISH TRAIL DAY HIKE

Wednesday, November 11th Contact: Steve Vittori (377-1869)

Steve will hike to Camp Riley, a distance of about 9.4 miles

RT with a 1700 foot elevation gain.

# Whitefish Ski Extravaganza March 3rd through March 8th, 1999 Contact: Pat Gleason (373-2131)

NOTE: A nominal deposit will be required to reserve your spot and is due at the November 9th PWC meeting. Payment in full is due at the January 11th meeting.

PAT GLEASON is organizing a 1999 Whitefish ski outing. PWCers will catch the Amtrak in the early evening of March 3rd at Edmonds and travel via sleeper car to beautiful Whitefish, Montana. The package includes three nights accommodations at the newly remodeled AlpenGlow Motel. Skiers can enjoy four days on the slopes, boarding for the return trip the evening of March 7th. Three days lift tickets and transportation to and from the train depot are included. Big Mountain has recently lit their cross-country course, so skiers can enjoy gliding through the winter wonderland along moonlit trails. The price is \$361 per person (based on four person occupancy and 25 participants), \$386 per person (based on four person occupancy but less than 25 participants). For those not requiring lift tickets, deduct \$105 from the price.

This has been a very popular outing in the past, with PWCers giving rave reviews to the quality winter recreation and telling tall tales of the fun and camaraderie on the train and on the slopes.

## SKI-TO-SEA TEAM TO BE FORMED

Tom Banks is seeking people to form a team for next year's event to be held over the Memorial Day weekend. Team members participate in downhill and cross country skiing, mountain and road biking, running, kayaking, and canoeing. Contact Tom at 697-7708 for more information.



Doug Savage is away in San Diego until December. Anyone interested in hiking or biking in southern California can give Doug a call at (619) 485-8180.

# Announcements & Notices

# **Annual Mt. Tahoma Trails Association Gala**

Friday - November 6th 5:30 p.m. to 10:00 p.m. South Park Community Center 4851 South Tacoma Way

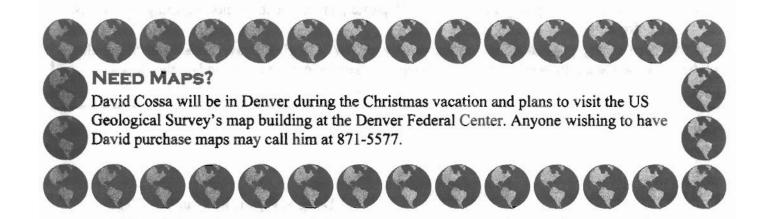
Mt. Tahoma Trails Association will hold its annual fundraiser and hut reservation event on Friday, November 6th beginning at 5:30 p.m. at the South Park Community Center in Tacoma. For more information, call Tony Abruzzo at 377-5103.

## **CROSS COUNTRY SKIING IN YELLOWSTONE**

February 27th to March 4th, 1999

Contact: Alice Savage (638-2597)

Alice is organizing a yurt hopping ski excursion in the heart of Yellowstone. Five days and four nights will be devoted to the yurts. Stays at one or more of the Yellowstone Lodges is also being considered. For prices and other information call Alice.



## SKIS FOR SALE:

- Rossignol Telemark 215cm waxless base, 75mm tele bindings, Voile release plates, Less than 10 actual miles (1 round trip to Copper Creek Hut.) \$95 or \$50 for skis only.
- \* Karhu Kodiak 210cm waxless base, 75mm tele bindings, 1/2 metal edge.
- Elan 200cm track skis, waxless base, 75mm bindings. Call Pat at 373-2131

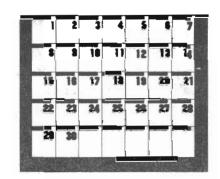
#### OCTOBER



# PENWICLE

# SCHEDULE PAGE

#### NOVEMBER



Date	Trip	Point of Contact	Page
Oct 3rd & 4th	Oktoberfest Rock Climbing	Tony Abruzzo (377-5103)	2
Oct. 4th	Tubal Cain To Buckhorn Pass	Ron and Laura Croft (779-6250)	2
Oct. 10th	Tunnel Ck To Fifty-Fifty Pass	Ron and Laura Croft (779-6250)	2
Oct. 8th - 10th	Mt Scott Climb	David Cossa (871-5577)	2
Oct. 17th	Nisqually Delta	Diana Cripe (895-4299)	2
Oct. 18th	High Rock Lookout Hike	Pat Gleason (373-2131)	2
Oct. 24th	Spray Park Day Hike	Scot Fourier (698-3005)	2
Oct. 24th & 25th	Dosewallips Car Camping	Chris Hildebrand (895-0311)	3
Nov. 11th	Upper South Fork Skikomish Trail Day Hike	Steve Vittori (377-1869)	3

## RECIPE OF THE MONTH:

Decadent Pudding

by Deborah Legg

1 pkg Instant pudding (chocolate can't be beat)

1/4 C Crushed peanuts

3 oz. Kahlua or Rumple mintz

Powdered milk per pudding instructions

1/2 C Oreo cookies, crumbled

Chocolate syrup

At Home: Package pudding mix and correct amount of powdered milk in heavy duty freezer zip-lock bag with directions from pudding package. Package nuts and crumbled cookies in separate bags.

At Camp: 1. While preparing main meal, add liqueur and correct amount of cold water to pudding mix, close zip bag and shake well.

- 2. Put crumbled cookies into individual cups, pour pudding mixture over the cookies and allow pudding to set.
- Warm the chocolate syrup in the water being heated for coffee and drizzle over pudding, sprinkle crushed nuts as topping.

# Newsletter Folding...

A small group of PWCers meet to prepare the newsletter for mailing. Call Teresa Sayers at 895-8769 for specific location and time if you would like to help.

# Recent New Members

The PWC welcomes the following new members: James Bender, Denise Carlo, Betsy Emison & Richard Holt, Rosemary McKeown, Della O'Halloran, and Nancy & Jerry Reid.

# Officers & Staff

President:	Steve Vittori	377-1869
Vice Pres:	Tom Banks	697-7708
Secretary:	Kathy Weigel	871-0291
Treasurer:	Kevin Kilbridge	871-2537
Entertainment:	Joe Weigel	871-0291
Refreshments:	Dawn Vokali	377-5103
Clean-Up:	Diana Cripe	895-4299
New Members:	Bert Cripe	895-4299
Scrap Book:	Kathy Ryan	876-9672
Climbing	Craig Martin	275-6915
Penwicle:		
Editor	Bert Cripe	895-4299
Assembling:	Joyce Kimmel	876-1497
•	Teresa Sayers	895-8769
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Last Month's Door Prize: Robert Potts won the September door prize, a compact water filter. The monthly door prize is donated by Mt. Constance Mountain Shoppe. All members can enter at the Monday night meeting.

# **MEETINGS**

# **Interested Members Meeting:**

Thursday, Oct. 15th, 7:00 p.m.

Venita Goodrich will host this month's Interested Members Meeting at her home in East Bremerton. Combine socializing with club business and trip planning. This is a great chance to get to know members one-on-one. Call Venita at (360) 698-9774 for directions. Please carpool as much as possible.

# **Potluck Social:**

The club is planning a Costume Halloween Party for the 31st to be held at the Waterman Community Club near Port Orchard.

6 p.m. Doors open

6:30 p.m. Pot luck dinner begins

7 p.m. Music until ~11 p.m. Band TBD

Contact Kathy Weigel (871-0291) for more information or to help with preparations. Clean-up volunteers are needed.

# **PWC Climbers Group**

Last Monday of each Month.

A group of PWC climbers meets for the purpose of planning climbing and mountaineering excursions, exchanging information on technical gear and safety techniques, and general socializing and networking. All PWCers are welcome. The meeting is at 6:30 p.m. on the balcony of the Silver City Brewing Company in Silverdale. Contact: Craig Martin (275-6915), Jim Morrison (638-2705) or Tom Banks (697-7708).

# Trip Reports

(Continued from page 1) PCT

days, the hike took on a semblance of permanence. It became a new lifestyle. Your endeavor was now to live and hike in the woods. I'm afraid that the lack of any real responsibility was a most pleasant feeling. The "goal" of Canada had now become an enemy because it meant the imminent return to the stress of responsibility. This serene feeling combined with some mighty fine scenery has led me to believe that long distance backpacking is potentially addictive.

Take the case of Patrick and Kay, a couple from Colorado. They cashed in their chips some time ago and took to the trails: the Appalachian, Colorado, PCT of California. Milford track of New Zealand, to name a few. Now they were completing the PCT of Washington. I began to suspect that there was a whole subculture of people like them who have dropped out and taken up long distance hiking with a passion.

My hiking partners on this trip were Jim Jarosy and Doug Palmer. Doug met us at Rainy Pass, Jim went the entire way.

I WONDERED about spending 17 days with a total stranger, but I found his sense of humor and good will towards others to be refreshing, admirable traits. Just like Doug Savage, he proved to be an invaluable social asset to a backpacking trip.

Doug Palmer is a much quieter well versed world traveler. He has worked all over the world for the Foreign Service and has recently retired to pursue other interests. By the time you read this, he will have climbed Rainier with the RMI Guides. He ascended Olympus just prior to the PCT hike. One never knows what the demeanor or physical condition of strangers will be, but on this trip, I came to feel comfortable on all accounts.

The trip began at Stevens Pass after Jim's wife, Maggie, graciously drove us there and drooped us off. The first night's camp at Janus Lake was disappointing. It was Saturday night and the place was packed, I remember hoping it wouldn't be like this the whole way. I even treated the water here, a rarity for me. Day 2 is cloudy but dry with a camp and fire at Pear Lake; day 3 is in and out of fog with a camp but no fire at high Lake Sally Ann. There we run into Cory Donnaley of Poulsbo, who has seen 23 bears in 5 days of hiking.

On day 4 the scenery gets between as Glacier Peak becomes prominent. We see a dozen bears and gorge on the bluebernies. We pass through 2 passes, White and Red with imposing views and descend to a mifty little brook with red, white, and yellow cobblestones and chia pet rocks everywhere. A campfire is in order.

On day 5 we start downhill and the first 2 hours go quickly.

We meet Patrick and Kay who plan to be in Stehekin the same day as us. They tell us of a Jardinian couple who have decided to quit the trail in Stehekin due to trashed feet.

JARDINIANS are a breakaway sect of ironman backpackers who follow the concepts of Ray Jardine. He has written a book on how to pack light and travel 20 to 30 miles a day. We met around eight Jardinians. All but one was a broken. limping wreck. Mostly foot problems such as fallen arches and foot sized blisters. Dehydration and fatigue were also taking their toll. One poor zombie, who was nearly delusional, stated and I quote, "If Ray Jardine was here right now I'd punch him in the mouth." Then he stumbled on, muttering to himself. We did meet one dude from Chillawack, (who Jim immediately christened with the name "Chillawack Man") who was on the first day of his Jardinian Quest and doing fine. He had already gone 20 miles by noon and planned 16 more that afternoon. While I certainly admired his physical conditioning, I felt ill at ease at the prospect of making the PCT a massive iron man contest.

The rest of day 5 involved ignoring a 'Bridge Out' warning sign. We are glad we did when it turns out to be an ordinary ford, saving us many miles of unnecessary detour. We then pound out a 2000 foot hill with stunning views of the glaciers of Glacier Peak. After descending to Fire Creek, we scare off a bear and make a camp and fire.

DAY 6 has its ups and downs. Up 1000 feet, down 2500 feet, up 2000 feet, down 2000 feet. The ravines of Glacier Peak are massive. They've been eroding for a long time. It's a long 14-mile, 200-switchback day. The two highlights of the day are ebony black Mica Lake with a turquoise trim and finding some chicken of the woods which makes an ordinary morable meal taste delicious. Our Vista Creek camp comes at 6:30 and there's no time for a fire.

DAY 7 we decide to change our schedule since we are now several miles ahead. Maybe we can catch the 9 a.m. bus to Stehekin instead of the moon bus. Food fantasies come and go, especially dreams of stopping at the bakery. The ravines continue as we begin to work away from Gladier Peak. We make camp at Miners Creek in plenty of time for camp chores and a fire.

DAY 8 - I start the day gorging on oatmeal and blueberries. We descend into the Agnes Creek drainage and traverse 2 giant cirques that remind me of both the Tetons and the Canadian Rockies. Our final camp is only 5 miles from the Stehekin road.

DAM 9 is a mad dash to catch the bus. We arrive in plenty of time and wait along with Patrick and Kay for the 9 a.m. bus.

Part II will appear in a future issue - Editor



### MINE DAYS IN PARADISE

by Roger Gray

WHAT: Nine days backpacking trip through the Bailey

Range in the Olympic Mountains.

WHEN: August 22 through 30, 1998.

WHO: David Delmendo, Rick McNicholas, Craig Mecklenburg and your reporter.

THE four of us left from Whiskey Bend early that Saturday morning, each loaded for a nine-day backpacking trip. We planned to do some climbing but nothing serious, so we didn't take any climbing equipment. We kidded about lugging seventy pounds of ultra-lightweight backpacking equipment, but my pack actually weighed fifty pounds.

ORIGINALLY, twelve people had said they wanted to make this trip, which would have been way too many. You count heads in the parking lot. Because of closures of entire basins due to bear problems, we altered our route, but we still got into the heart of the Baileys.

We went up the Elwha River trail for three days until we found ourselves at Dodwell-Rixon Pass late in the afternoon of the third day. David and I had come down the Elwha snowfinger a couple of times before, but on the north side. Craig knew how to find the climbers' trail on the south side of the gulch, which proved much better than the steep uphill bushwhack across the river. This trail starts at the Elwha Basin camp at the end of the Elwha River trail, on the south side of the Elwha River, and climbs up and then down into the Elwha River at 3500 feet. One has to be standing in it to see it, due to tall grass and vegetation. It's worth looking for, going up or down the gulch.

In the upper Queets Basin I found a small pond, shallow, not much bigger than a bathtub, whose water had been warmed by the sun all day. That was invitation enough for a bath that evening and laundry the next day. What luxury! We hung around the upper Queets Basin another day. I rested and recovered while David explored the Basin, one of his favorite places, and Craig and Rick climbed Mount Barnes. A few years before, David and I saw about a dozen bears squabbling over a dead elk carcass in the Basin. We saw one bear there this trip.

On Wednesday, the 26th, we moved camp along the ridge to Mount Pulitzer. Here we found a delightful camp above Lone Tree pass, sheltered from the constant winds by a stand of alpine fir and dwarf juniper, with a little snowmelt lake nearby for water.

On Thursday, David again went exploring in the basin on the west side of Mount Ferry. There he had a very close encounter of the scary kind with a black bear. They each came around a house-size boulder and met vis-a-vis. Fortunately, the bear was as startled as David was and took off at high speed. Craig, Rick and I set out to climb Mount Pulitzer. This is a rotten, crumbling peak. Everything up there moves. The summit block is separated from the rest of the peak by a deep, narrow, rotten cleft. That was as far as Craig and I went. But Rick is a more dedicated climber and climbed down into the cleft and up the summit block, until the route was blocked by another cleft. Finally, he gave it up a few feet short of the summit. This peak is seriously underrated in the Climber's Guide. A rope and protection would definitely be useful here.

On Friday, we moved on along the ridge past Mount Ferry into the Ludden Peak/Mount Scott saddle, down through the deep canyon, up to the old CCC trail on the side of Ludden, and on over to Dodger Lakes. That evening, after all of us but Craig were in our sleeping bags, we heard a terrific commotion near camp that Craig soon identified for us as a great bull elk. Apparently, he took offense at our presence and announced his protest in a series of loud, barking squeals. Nothing came of it, however. The next morning early he was back, but he didn't screech at us this time.

On Saturday we hiked up to Dodger Point to view the restored fire-watch tower, picked huckleberries, and rested. Sunday we hiked down the Long Ridge trail to the Elwha, and back to Whiskey Bend.

I THINK this trip was the only time I've ever been in the mountains for so long without any rain. The sun shined every day. The huckleberries were ripe. The nights were clear, crisp, and starry. There were very few mosquitoes or bugs. I couldn't have asked for more companionable hiking comrades. It was indeed nine days in paradise.

#### 会价价价价值的价价价值的价价价值的价价价值的价值的价值的 1 **October Elections** 쇼 Z. ☆ 1 & Election of officers for 1999 will be held at & 1 the October regular meeting. The nomi-₩ nees are: ☆ ♠ President: Tom Banks 1 3 M ♣ Secretary: Kathy Weigel 3 30 ☆ Treasurer: Kevin Kilbridge. 1 Additional nominations may still be made 12 the night of the meeting. ŵ ☆ \*\*\*\*

# A KAYAK TRIP FROM KLEMTU TO BELLA BELLA, BRITISH COLUMBIA

by Roger Gray

THE last two weeks of July, four of us made a kayak paddle in the islands off the coast of British Columbia. The party consisted of Bek Ashby, Joanie Williams, Charlie Simmerman, and your reporter. This was just the right size group. Last year we paddled from Namu to Bella Bella in a group of nine paddlers, and we sometimes had trouble finding campsites large enough to accommodate such a large group.

WE drove to Port Hardy, near the north end of Vancouver Island, and caught the ferry for an overnight trip to Klemtu, arriving at 3 p.m. on Sunday the 19th. By prearrangement we were met at the dock by a very efficient and helpful lady named Margaret Edgar, a member of the Kitasoo Band, who drove us in her pickup to the nearby campsite on the water. The campsite is close to the ferry landing, but it would have been a chore to haul all our gear over the trail. I had sent Margaret eighteen dollars in Canadian cash, because, she had explained on the phone, there is no bank in Klemtu. This amount paid the camping fee and transport for all four of us: (Remember that the Canadian dollar was worth about sixty cents U.S. at that time. Some have taken to calling it the Canadian peso.) The guidebook (Kayak Routes by Peter McGee) notes that the Kitasoo Band has not formally established a policy about tourism, but we were treated very well in Klemtu and I only regretted we couldn't stay longer.

We paddled across Finlayson Channel, through narrow Jackson Channel, Mathieson Channel, Seaforth Channel, past Dufferin Island, Horsfall Island, and Campbell Island, where Bella Bella is located. We camped on various islands along the way and arrived in Bella Bella on the eighth day of paddling. There were very high spring tides during this trip. One night the tide took my paddle. I had a spare, but Bek lent me her spare, which was much lighter. One night Charlie and

Joanie had to move their tent back further, even though they thought they had it as far back from the beach as they could get it. The tide was in their vestibule. Joanie and Bek enjoyed taking a bath in a stream every day, until we noticed that the seaplanes shuttling sports fishermen to remote fishing camps seemed to be circling a lot. The camping was ideal, we ate fish a lot, and the weather was unbelievable. All in all it was a splendid kayak trip.

In Bella Bella, we renewed acquaintance with Wilma Humchit, who has a B & B and cooks wonderful salmon meals and many other great feasts. We stayed there last year, too, and always feel like we're at home at Wilma's. We also renewed acquaintance with Frank and Cathy Brown who have a business called See Quest at McLoughlin Bay. Cathy drove us the couple of miles over a very rough dirt road in her van from the ferry landing at McLoughlin Bay into Bella Bella, and then back to the ferry the next day. They allowed us to store our kayaks at their site and put our gear bags in their building, all for a very reasonable charge. Frank and Cathy have developed an entertainment for ferry passengers that consists of drumming and, I think, story telling (I missed it), and other activities for tourists and kayakers, including the opportunity to paddle native canoes from McLoughlin Bay across the channel to Shearwater, where the tourist paddlers can meet the ferry again a few hours later. Being in Bella Bella is for me like being back home, so friendly and helpful are the people.

BACK in Port Hardy on Wednesday, the 29th at 10 p.m., we stayed at a B & B by prearrangement, and the next day began the long, two-day drive home.



### **Newsletter Contributions:**

Send articles, trip reports, stories, announcements, etc to:

Bert Cripe, 2398 Jefferson Ave. SE, Port Orchard, WA 98366; e-mail; or phone 895-4299.

## To Change your Address or Phone Number:

Notify Jim Luddon, 165 NW Alta Drive; Bremerton, WA 98310, or by e-mail: jimluddon@silverlink.net

# How to Join the PWC: Membership is open to anyone interested in muscle-powered outdoor sports. Dues are \$18.00 per household per year. Send a check or money order to the return address shown below. PWC members get a 10% discount at Mt. Constance Mountain Shoppe and at The Ajax Cafe. Name: Mailing Address: Telephone: Email Address:



## Members' E-Mail List!

Members may submit their E-mail address to: bcripe@kendaco.telebyte.com and receive the latest e-mail list back with updates, as needed.



Peninsula Wilderness Club P.O. Box 323 Bremerton, WA 98337-0070



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