

PENWICLE

Peninsula Wilderness Club meets on the second Monday of every month at 7:30 pm at the Kitsap Unitarian Fellowship Church on Perry Avenue in East Bremerton. The public is cordially invited.

December 1997

Monday Meeting December 8th

Northwest Outdoors Photos

Our program this month will be a slide show presented by Dave Curran of Bainbridge Island. Dave, a former Boeing engineer and past president of the BOEALPS (Boeing's Alpine Club), chose to change careers to professional photography thirteen years ago. You may have purchased one of his Fresh Winds greeting cards, that feature Northwest imagery, at REI or many other stores. Dave publishes the greeting card line, photo mousepads, calendars, and postcards. He also works with stock agencies, magazines, and many Northwest corporations.

DAVE's presentation will consist of images of outdoor pursuits mainly mountaineering and sea kayaking in the Northwest. This will be another wonderful opportunity to see photos of our favorite activities, in our favorite locations.

DAVE will have cards and photo mousepads available for purchase at the meeting.

Paria Canyon

by Barbara Krell

LAST spring, the Paria Canyon trip, courtesy of Cossa Tours, was full of surprises. For me the best one was at the airport in Las Vegas. My husband, Ron, arranged for our youngest son, Brian, to join us there, entirely unknown to me. I was so unsuspecting that I saw a young man in the crowd that looked "just like Brian" and kept on going. I couldn't believe my eyes when he caught up with us at baggage claim. Everyone else in the

group kept the secret!

We started out in sunny, pleasant weather. Soon we encountered our first crossing. Brian gallantly carried me piggyback across the river. The next crossing came quickly; after all, the river is the trail! Other hikers informed us this was the first of many. I plunged in and got wet. The perpendicular walls of the

(Continued on page 7)

Visit *PENWICLE* on the web: <http://kendaco.telebyte.com/~bcripe/>

THIS MONTH'S OUTINGS

Reflection Lakes XC Ski Trip

SATURDAY, DECEMBER 6th; Join Doug Savage on his annual beginners ski trip along the base on Mazama Ridge to Reflection Lakes, in Mt. Rainier National Park. Contact Doug at 698-9774 for more information.

Mazama Ridge XC Ski Trip

SATURDAY, DECEMBER 6th; While Doug is skiing along the base of the ridge, Tom Banks will be skiing near the crest of Mazama Ridge. Intermediate level skills are required for this outing. Contact Tom at 697-7708 for details. Tom says skins, while optional, would be helpful.



Snowshoeing at Mt. Rainier

SATURDAY, DECEMBER 13th; Join Steve Vittori for a day of snowshoeing at the park. Snowshoeing is easy to do and rentals are available at Mt. Constance and REI. Call Steve at 377-1869 for more information.

Skokomish Day Hike

SUNDAY, DECEMBER 21st, Kevin Kilbridge will be hiking the North Fork of the Skokomish River. He head up the trail until 1pm at which time turn around to hike out. Contact Kevin at 871-2537 to go on this outing.

Crystal Mountain Ski Trip

SATURDAY, DECEMBER 27th; Doug Savage has scheduled a day outing to Crystal Mountain Resort on highway 410. Doug says to bring those new Christmas skis and try them out! Call Doug at 698-9774 for details.



(continued from page 3) Advance Planning Required.

Nepal Adventure in June of 1998!

BRIAN STEELY is organizing a 15 day trek into the rain-shadow area of the Annapurnas. Part of it will pass through a recently opened up area (Tilicho Lake) where the elusive snow leopard is said to reside. Once in Nepal, we will fly to the high hill station of Jomosom (9,000 ft.) which is our starting point, and slowly work our way up Thorong-La (17,600 ft.). Consequently, being in good physical condition is a must. This will be a totally catered affair. All your gear will be carried by porters, your camp will be set up for you and your food will be cooked for you. All you need carry is your day pack with camera gear. If this appeals to you, contact either Brian or Cris Craig at 297-3825, or by e-mail at steelcra@telebyte.com.

Mt. Tahoma Ski Outings

See article on page 4.

COMING IN JANUARY & BEYOND

Cross Country Ski Trip

SATURDAY, JANUARY 10th, Dale Boyle is organizing a day outing at Mt. Tahoma's trail system. He be going from road 92 to road 59 Copper Creek Road. Contact Dale at 792-1714.

Snowshoeing at Hurricane Ridge

SATURDAY, JANUARY 10th; Join Steve Vittori for a day of snowshoeing at Hurricane Ridge. Call Steve at 377-1869 to sign up.

Gold Creek Trail Day Hike

SATURDAY, JANUARY 17th, Tom Banks will be leading a day hike on the Gold Creek trail in the Dungeness drainage. This is a 7 mile, one way, hike. Contact Tom at 697-7708.

Beginner's Telemark Ski Trip

SATURDAY, JANUARY 24th, Dale Boyle is organizing a trip to Crystal Mountain for an intro to telemark skiing. Contact Dale at 792-1714.

Hög Loppet

SATURDAY, FEBRUARY 7th, Dave Cossa is organizing next year's outing to this annual 21 mile ski traverse. More info later or contact Dave at 871-5577.

Overnight Ski Trip to Deer Park

SATURDAY & SUNDAY, MARCH 7th & 8th, Join Jon DeArman & Doug Savage for this adventure. Contact Jon at 697-1352 or Doug at 698-9774 for details

Elfin Lakes Hut Ski Trip

THURSDAY - MONDAY, MARCH 19th - 23rd, Jon DeArman is organizing this trip to the Gambaldi Mountain area of Canada. This is cross-country skiing into a hut. Intermediate level required and telemark ability is a plus. Call Jon at 697-1352 for more information.

Advanced Planning Required:

Winterfest '98

FRIDAY - MONDAY, FEBRUARY 13 - 16th; This year's destination is Alta Crystal Resort on Highway 410. The area has alpine and nordic skiing as well as snowshoeing available. The resort has two room types available: 4 person rooms for \$119.00 per night and 6 person rooms for \$159.00 per night plus 9.7% tax. These rates are per room not per person. One nights fee is the required deposit with a three night stay minimum. All rooms have kitchens, a small refrigerator, a dishwasher, and either a fireplace or a woodstove. A hot tub and a heated pool are available for use. Cancellation policy: if done prior to 14 days of the first night full refund, within 14 days you lose your deposit. The telephone number is 1-800-277-6475.

CONTACT Doug Savage, at 698-9774, if you want or need someone to share a room with, or need more information. Plan on socializing each night - people in the know bring lots of snacks to share after a hard day of winter activity!

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ANNOUNCEMENTS

Going skiing?

JIM PERINS is looking for someone to car pool with on Mondays and Thursdays for skiing. He will ski tour or do lifts. Contact Jim at 692-5682 (leave a message).

Winterfest Roommates

LEE JENSEN is looking for a roommate for Winterfest. Give him a call if interested.

ADDITIONALLY, Doug Savage, 698-9774, is acting as the point of contact to provide this information. Give Doug a call if you need a room or roommate.



Don Paulson's Photography on Exhibit

DON PAULSON is having a gallery showing of his photographs during the month of December (5th - 31st) at the Artist's Edge Gallery in Manette, including an "artist's" reception on Friday evening, December 5th from 5 - 8pm with live music provided by TAKES TWO (swing & ragtime). Hors d'oeuvres will be served.

FOR more information contact Don at 830-2212 or the Artist's Edge; at 377-2930. The gallery is located at 2009 Harkins, in Manette, just across the bridge. Gallery hours are 10 - 5 Tuesday thru Friday and 10 - 3 on Saturdays, Closed on Sundays and Mondays.

Mt. Tahoma Trail Association Ski Outings

THE DATES and number of slots for this winter's hut trips are:

January 24th — Copper Creek (4) / Snow Bowl (8)

February 21st — High Hut (8)

March 14th — Copper Creek (12)

THE Mt Tahoma Ski Huts are equipped with bunks, appliances, and wood. Skiers bring their own sleeping bags, clothes, and food. Copper Creek is considered an easy ski. Snow Bowl and High Hut require intermediate ski skills.

A DRAWING will be held at the December PWC meeting. Members will put their name and choice of dates (1st & 2nd choices) in the bowl before the meeting. Tony Abruzzo will pull 32 names out to fill the vacancies. One entry per member or family is allowed, but that entry can represent your spouse/partner as well. This will decrease the possibility that partners are split up.

PARTICIPANTS MUST submit \$25, refundable deposit, checks at the January Meeting. Spots not secured by a deposit at that time will be immediately offered to an alternate. Deposit checks are returned if all reserved spots are filled on the trip. If you can not attend the December meeting call

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Ski Swap & Snow Show

TUESDAY, DECEMBER 2nd, from 5:30 to 8:30pm at Sub Base Bangor's Cinema Plus Theater. Bring in your old ski equipment, backpacks, bicycles, outdoor clothing -- anything outdoors -- you can sell it! Bring your gear in to Pacific Edge Outfitters during regular shop hours from Monday, November 24 - Monday, December 1st.

COME to the "Swap" at the Bangor Theater Lobby and find great deals on all kinds of equipment. There will also be some great deals on new equipment from Kitsap Sports and other retailers. Get the scoop on all of the ski areas in the

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SCHEDULE PAGE



Date	Trip	Point of Contact	Page
Dec 6	Reflection Lakes XC ski trip	Doug Savage 698-9774	2
Dec 6	Mazzama Ridge XC ski trip	Tom Banks 697-7708	2
Dec 13	Mt. Rainier snowshoe	Steve Vittori 377-1869	2
Dec 21	Skokomish Day Hike	Kevin Kilbridge 871-2537	2
Dec 27	Crystal Mountain ski trip	Doug Savage 698-9774	2
Jan 10	Hurricane Ridge snowshoe	Steve Vittori 377-1869	3
Jan 10	Cross Country Ski Trip	Dale Boyle 792-1714	3
Jan 17	Gold Creek Trail Day Hike	Tom Banks 697-7708	3
Jan 24	Beginner's Telemark Ski Trip	Dale Boyle 792-1714	3
Feb 7	Hög Lpppet	Dave Cossa 871-5577	3
Mar 7 & 8	Deer Park Ski Trip	Jon DeArman 697-1352 or Doug Savage 698-9774	3
Mar 19 - 23	Elfin Lakes Ski Trip	Jon DeArman 697-1352	3

Potluck Social Meeting:

No Potluck Dinner this month due to the holidays. Seasons Greeting to all!



Interested Members Meeting:

Thursday, December 11th, 7:00 p.m.;

Tom Banks will host this month's Interested Members Meeting. Combine socializing with club business and trip planning. This is a great chance to get to know members one-on-one. Call Tom at 697-7708 for directions.

Newsletter Folding...

A small group of PWCers meet to prepare the newsletter for mailing. Call Doug Savage at 698-9774 for specific location and time or if you would like to volunteer to help.

OFFICERS & STAFF

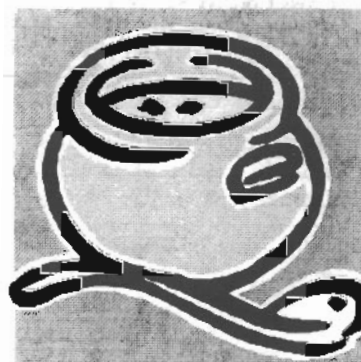
President:	Steve Vittori	377-1869
Vice Pres:	Tom Banks	697-7708
Secretary:	Kathy Weigel	871-0291
Treasurer:	Kevin Kilbridge	871-2537
Entertainment:	Joe Weigel	871-0291
Refreshments:	Dawn Vokali	377-5103
Clean-Up:	Diana Cripe	895-4299
New Members:	Bert Cripe	895-4299
Scrap Book:	Kathy Ryan	876-9672
Penwicle:		
Editor	Bert Cripe	895-4299
Assembling:	Joyce Kimmel	876-1497
	Doug Savage	698-9774

November Door Prize. Sam Stevens won a Mountain Shoppe fleece shirt. The monthly door prize is donated by Mt. Constance Mountain Shoppe. All members can enter at the Monday night meeting.

RECIPE OF THE MONTH

ITALIAN MUSHROOMS & CHICKEN

- 1/2 lbs. fresh mushrooms
- 1/2 tablespoon butter
- 1/4 teaspoon basil
- 1/4 teaspoon tyme
- 1/2 teaspoon oregano
- 1/4 teaspoon garlic powder
- 1/2 teaspoon paprika
- 1/2 teaspoon rosemary
- salt and pepper to taste
- 1 5 oz can of white chicken
- 1 package of top ramen noodles
- parmesan cheese (optional)



Measure spices at home and carry them together in a small plastic container.

Prepare the noodles only from the ramen package. Use a little less water than when normally preparing the noodles. Add the chicken to the water while it is coming to a boil. It will heat up while the noodles hydrate. Set this aside.

In a pan, melt the butter. Add spices. Quickly sauté mushrooms in the seasoned butter.

Drain excess water off the noodle/chicken mixture. Toss together with the seasoned mushrooms. Sprinkle with parmesan, if desired.

Makes two (small) servings

TRIP REPORTS

(Continued from page 1) Paria Canyon

canyon increased in height and drew closer. Our first camp was at the confluence of the Paria and Buckskin Gulch. We camped on high benches up against the towering walls of sandstone. Sound echoed in strange ways. My stove was making a huffing sound. No big deal to us, but to Kathy and Don camped below us, it sounded like a helicopter landing nearby. Someone, who will remain unidentified, blew his nose. To us above, it sounded like the trumpet of doom. His nose knows only one note!

MORNING brought an exploration of Buckskin Gulch, a water-carved slice in the sandstone, perhaps 400' deep and at places 6' wide. An incredible sight, looking like frozen waves and ripples of water. Pictures don't do it justice.

Yes, there is quicksand. Stepping into a pool to rinse off my feet, I sank to mid-thigh. I realized I wasn't going to sink deeper, but didn't want to get mucky "swimming" out. Instead of running for a camera, Don pulled me out. We later re-staged it for photo opportunities. I think we were all more cautious after that.

We waded in the icy river through rain showers the next day. Wednesday morning we woke up to 2-3" of wet snow, and continuing snow showers. The prospect of wading in ice water was definitely unappealing. We ended up building a fire and huddling in an alcove in the canyon wall to prevent hypothermia. Now and then we shook wet snow off our tents. Snow-covered ground and canyon ledges were beautiful when viewed from a warm, dry spot.

OVERNIGHT the snow melted but cloudy skies and rain showers prompted the decision to hike 12 miles upstream and back to civilization. The river was higher and swifter. My legs were so numb, I didn't realize how much the sandy current was abrading my legs and filling my socks with abrasive sand.

BECAUSE of our early return, we spent the extra 2 days exploring Zion and the south rim of the Grand Canyon, spectacular with fresh snow. I love the Red Rock country, where the bare bones of geology are so awesome. Our older sons have each been on a canyon trip with me. I'm ready to start another round!

September Re-vegetation Project

by Barbara Krell

IN SEPTEMBER, I joined the Olympic Park re-vegetation crew at Sand Point on the coast. I was impressed with the success of areas replanted last spring and fall. I was glad to learn more about the process and I saw the hard work they did to rebuild and define camping areas. The hardest work was dragging heavy logs off the beach to contain tent sites and traffic. It was great to get to know park personnel and volunteers. And I had the opportunity to see pelicans and sea otters in the wild for the first time. Fall re-vegetation projects are a great way to enjoy and care for the wilderness.

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Tony to have your name put in the drawing. Contact Tony at 871-5754 for answers to your questions.

MTTA 'Snow Lunacy 98'

SATURDAY, JANUARY 10th, This 9 mile fairly level traverse from the 92 road snow park to the 59 road snow park will be fully supported with a warm fire and refreshments at Copper Creek Hut, and ski patrols along the route.

TRANSPORTATION will be provided from the "Overland Restaurant" in Ashford to the 92 road snow park with pick up at the 59 road snow park and return to the restaurant for a hearty bowl of "Stew-in-a-Bread Bowl".

This ski trip is suitable for all levels of skiers and a great warm-up for those hearty souls who are thinking of doing the Hög Loppet in February.

THERE is a \$25.00 charge to help cover the cost of the transportation, your very own memorable T-shirt, snacks at the hut, and your "Stew-in-a-Bread Bowl" at the Overlander. To register/sign-up before the 10th contact Tony Abruzzo at 871-5754 or the MTTA office at (360)569-2451 any weekend from 9am to 4pm.

Global Positioning System

By Roger Gray

LAST year I bought a Global Positioning System (GPS) to improve my navigation ability in the mountains and kayaking. Then I took the Coast Guard Auxiliary navigation course to learn to use it. What I learned in the course was that one should learn navigation and not rely on a flimsy electronic gadget that will likely die on you when you need it most. I learned more navigation in that nine-week course than I really needed to know for kayaking and mountaineering. Still, it was interesting information and some of it quite useful, even for a kayaker. I had to learn to use the GPS pretty much on my own by trial and error, which was not easy for me, as I am not computer literate. Now that I have more or less mastered the GPS, I have found it useful on several occasions. (I say more or less mastered it because there are still functions it can perform that I haven't learned.)

LAST summer a group of us were kayaking in the islands off the west coast of British Columbia, near Bella Bella. One day four of us went out to look for fresh water. While we were out, I became separated from the others when they went ashore to look for a creek while I was out of sight around a point. It had started to rain, which reduced visibility considerably, and I missed them as I passed by their beached kayaks in the rain. I continued on toward camp in the rain on a compass course I expected would take me back to camp. I learned in the navigation course to stay aware of my position all the time by use of the compass and chart mounted on the dock in front of me, a technique called "dead reckoning". It's quite simple, really. If you travel at a certain speed, in a certain direction, for a certain period of time, you should arrive at a certain place. And if at the same time you keep an eye on the chart, you should always have a pretty good idea where you are. But several factors can confuse that system, wind, current, or fog. In this instance it was rain. After a while of paddling, when I thought I should have about reached camp, and there was no camp in sight, and with reduced visibility, I became disoriented.

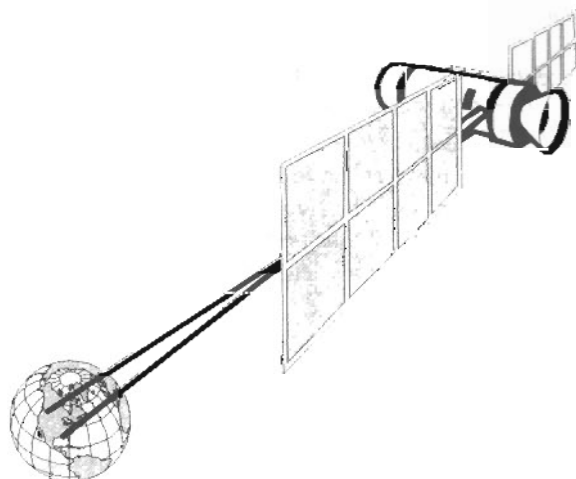
I DECIDED it was time to consult the GPS. After a few minutes to lock onto a satellite the GPS gave me a position in degrees, minutes and seconds of latitude and longitude. A glance at the chart revealed that camp was not more than about a half mile away. I punched in the name of our camp and then punched in the "go to" function, whereupon an arrow on the GPS pointed me toward camp. Unfortunately, the GPS doesn't take account of obstacles such as an island or land mass interrupting the route, but after detouring around a couple of small islands, constantly watching the arrow on the GPS, I spotted our camp shimmering in the rain.

ANOTHER time, while a friend and I were having lunch on the summit of west Buckhorn peak in the Olympics, a

dense cloud moved in. When we started down we followed what we thought was the trail we had come up on, but after a time I had the uncomfortable feeling that we were going the wrong way.

AGAIN, I got out the GPS. The quadrangle maps of the Olympics are marked off not in latitude and longitude but in Universal Transverse Mercator projection. Not to worry. The GPS has about fifty or more different mapping systems built into it, including UTM. The GPS gave me a position reading in UTM. A check of the map revealed the correct route back to Marmot Pass. A few minutes later the clouds parted for a moment and we could see the pass right where the GPS indicated it should be.

THE GPS is a handy little gadget. It weighs only a few ounces, takes up little space, and the price keeps coming down so that they are now quite affordable. I find it a useful addition to my navigation equipment and never go anywhere without it.



Winter Travel In Avalanche Terrain, Rules of Thumb

by Ron Perla

- 1 Consider the general rule: NEVER TOUR AFTER A STORM. The question is how soon after the storm are conditions safe? One hour? One day? One month? A whole season?
- 2 When conditions are unstable, the wise travel only for the rescue of fools.
- 3 When it comes to judging the slope stability, the rule of thumb is: That there are no rules of thumb.
- 4 A ski tour disaster is triggered by someone's intuition that a slope is stable.
- 5 Next time you come to an avalanche slope, ask not only "will it slide?", but also, "what will happen if it does slide?"
- 6 While crossing an avalanche slope, he who hesitates is lost.
- 7 The family that tours close together gets buried close together.
- 8 The weekend ski tour begins with a Friday night call to the snow ranger or ski patrolman.
- 9 Carry a probe as you would have others carry a probe for you.
- 10 A fact for what it's worth: No one wearing an avalanche cord has been recovered dead.
- 11 If you find it necessary to traverse the accumulation zone of an avalanche slope, take these precautions:

Ask yourself:

- Will it probably slide?
 - What will happen if someone does release it?
 - What will I do then?
- 1 Remove or loosen equipment such as ski pole straps, packs, etc.
 - 2 Expose only one person at a time to danger. Only one person should be on an avalanche slope at any one time. Others in the party should watch him to establish a 'last seen' position if he is caught.
 - 3 Stay as high as possible. The closer you are to the fracture line (crown) the better chance you have to survive if the avalanche releases with you.
 - 4 Use avalanche cord, or better yet, an avalanche beacon.
 - 5 Use natural protection in your route. Rock outcrops, tree clumps, and other 'islands' in the snow offer some protection.

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Northwest. Register for any of the MWR ski trips and get a 10% discount - A SKI SWAP ONLY SPECIAL. Get your Frequent Skier Punch Card with your first punch.

A VERY special attraction this year will be Lou Dawson, author of "Wild Snow, a celebration of extreme ski mountaineering. He will be doing a major slideshow and lecture in the theater starting at 7pm, celebrating the release of his book. Lou will do a book signing after the show. There will also be prizes at the show! Entry to "WILD SNOW" is \$3.00 per person.

ADVANCE tickets for "Wild Snow" are available at Pacific Edge Outfitters; Information, Tickets & Tours; PSNS Ticket Express; and Keyport's Outback.

Dues/Phone List Reminder

Your *PENNY* mailing label has a date on it. That date indicates when your membership expires. As a courtesy reminder, the following note is inserted into your copy of the newsletter prior to your renewal date:

"As indicated by the date on your mailing label, your membership is due or will soon be due. To maintain your membership, ensure uninterrupted delivery of your newsletter, and continued eligibility for a 10% discount at Mt. Constance Mountain Shoppe and the Ajax Cafe, you are encouraged to renew your membership as soon as possible. You may renew for one year by sending a check for \$18.00 to the PWC address on the back of this newsletter or by paying the treasurer at the monthly Monday meeting."

BE AWARE! that a new membership phone and address list will be printed soon. If your dues are not up to date, you may be left off of the list!

Whistler Condo—Jan 1, 2, & 3:

Luxury 2 bedroom, 2 bath condo sleeps 6. Spectacular view. Pool, hot tub, underground parking & much more. Contact Ruthann Rossiter at 779-4450.

Editor's Notes:

Member's E-Mail List!

Members may submit their E-mail address to:

bcripe@kendaco.telebyte.com

I'll send the latest e-mail list back to you & provide updates as needed.



New Members In November:

Arthur Betz, Christina Coonce, Shirley Morrow, Debarah Paschal, and Emma Zook

PWC members get a 10% discount at Mt. Constance Mountain Shoppe and at The Ajax Cafe. Link to their websites from the PWC website.

Newsletter Contributions

Send articles, trip reports, stories, announcements, etc to:

Bert Cripe, 2398 Jefferson Ave. SE, Port Orchard, WA 98366; e-mail; or phone 895-4299.

To Change your Address or Phone Number

Notify Jim Luddon at 165 NW Alta Drive; Bremerton, WA 98310. Or, change your address at the time you pay your annual dues.

Membership List Updates

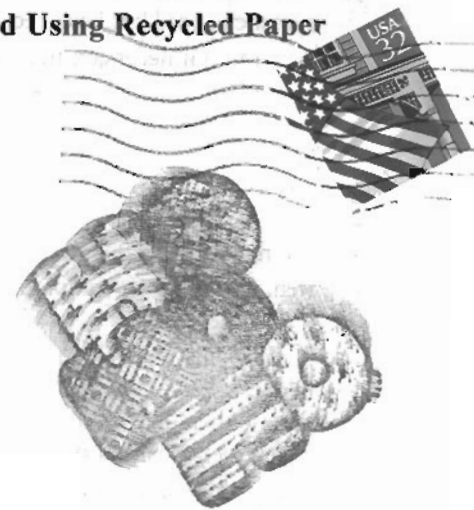
The membership roster changes every month due to the addition of new members. It is neither practical nor affordable to print new membership lists each month. The solution is to periodically get an update to the list. The update is available by e-mail, US Mail via a SASE, or at an Interested Members Meeting from me. Contact me in advance to have one available for you at the Interested Members Meeting.

PENWICKE

Peninsula Wilderness Club
P.O. Box 323
Bremerton, WA 98337-0070



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