

PENWILC

Peninsula Wilderness Club meets on the second Monday of every month at 7:30 pm at the Kitsap Unitarian Fellowship Church on Perry Avenue in East Bremerton. The public is cordially invited.

February 1996

Monday Meeting

February 12th

Paddling the Upper West Coast

Local kayaker, Rob Nichols, will present images from his recent two month solo kayak expedition from Silverdale, Washington to Ketchikan, Alaska.



Deer Park Overnighter

FEBRUARY 3rd and 4th; Dave Cossa has agreed to assist Doug and lead this cross-country ski and camping trip to Deer Park. Intermediate ski skills are required and the group size is limited to six. Camping will be in existing shelters. Contact Dave Cossa at 871-5577 for more information.

Lower Big Quilcene

SATURDAY, FEBRUARY 10th; Looking for an enjoyable winter day hike? Paul Mertel will be hiking the Lower Big Quilcene Trail. The trip is 5.8 miles (one way) with a gradual elevation gain of 1300 feet. Paul will tailor the length of the outing based on the group's capabilities.

The trail follows the bubbling Big Quilcene River through varied areas of forest, including some old growth Douglas Fir. This is a terrific choice for a winter hike. Call Paul at 297-7715.



Vertical Club

SATURDAY, February 17th; Spend a day scaling the walls of the vertical club with Bill Boileau. For more information, call Bill at 613-5263.

Winterfest 96

FEBRUARY 17th thru 19th, 1996; Winterfest 96' is here! PWCers will converge on the Inn of Packwood. Keep your fingers crossed for some fresh snow in which members can cross-country ski, snow shoe or hit the slopes at nearby White Pass.



All rooms at the Inn have private baths. The Inn also has a heated indoor swimming pool and hot tub. If you still need to make a reservation, be sure to indicate to the clerk that you are with the PWC.

Make reservations by calling (360)494-5500. The Inn prefers checks over credit cards for deposits on reservations. Drivers, remember to travel via Highway 12 through Morton due to winter road closures.

Doug Savage may be able to help you with last minute roommate arrangements. Call him at 698-9774

Kayaking to Cuts Island

SUNDAY, FEBRUARY 18th; Kayakers with some experience can join Bill Boileau for a day paddling from Fox Island to Cuts Island and back. Contact Bill at 613-5263.

Mt. Washington

SUNDAY, FEBRUARY 18th; Join Dale Boyle in a Washington's birthday climb of Mt. Washington. Call Dale at 792-1714 for more information.

Paddling in Dye's Inlet

SATURDAY, FEBRUARY 24th; Put in at the Tracyton boat ramp and enjoy a day of kayaking around Dye's Inlet. Contact Charlie Pomfret at 479-7820 for more information.

Self-Rescue Class

SATURDAY, FEBRUARY 17th; Kayak self rescue instruction will be conducted from 2:30 pm to 4:30 pm at the South Kitsap High School Pool. The \$70 rental fee will be split among the participants (about \$6 to \$10 per person)

New-comers to the sport will learn the basics of safe kayaking, including self, sling and assisted rescue; rescue and low and high bracing strokes; emptying water from the boat; and, rescue gear. The class is primarily geared toward sea kayaking, but whitewater paddlers may find it useful. A portion of the pool will be used for individual practicing.

Make your reservations well in advance. Experienced kayakers who would like to volunteer their boats for use by newer paddlers will be most appreciated. Boats and equipment should arrive about 2:00 pm for unloading, and must be clean and free of seaweed. Contact Russ Hallsted at 871-3774, to join the class or volunteer your boat or equipment.



Mt. Buckhorn

SATURDAY, FEBRUARY 24th; Conquer the 6.5 miles and 4500 feet of elevation to reach the scenic views of Mt Deception, Constance, Warrior Peak and the Needles from Mt. Buckhorn. Climbers should have ice axes and crampons. Call Chris Hildebrand for more information at 377-2604.

Bikers, Bakeries & Breves



SUNDAY, FEBRUARY 25th; Annual Chilly Hilly Bicycle Tour: Join the pre-race festivities with Mert and the rest of the PWC gang on a beautiful, but chilly, ride around Bainbridge Island. Bikers of ALL

LEVELS are welcome. An easier cycling alternative can be arranged for bikers who don't wish to complete the traditional, challenging thirty mile route. Call Mert at 297-7715 for more information

IGLOOS!



MARCH 2nd and 3rd; Join Joe Weigel and company at the annual igloo building weekend at Mt Rainier. Participants will work in teams building igloos and romping in the snow. Sipping hot chocolate, sharing laughs and camping overnight in the icy abodes adds to the fun. Contact Joe at 871-0291 for more information.

Crystal Mountain



MONDAY,
MARCH 4th;

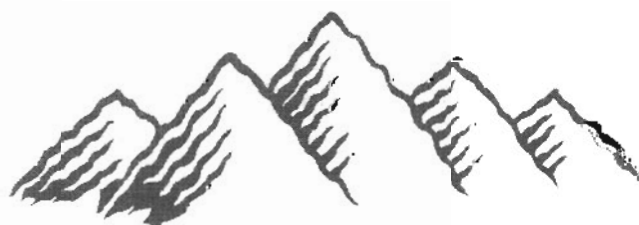
John Knott is planning a day at Crystal Mountain. Telemarkers or downhillers can take advantage of the discount rates on the slopes. Contact John at 792-2440.

Lake Louise Get-Away

MARCH 13th thru 17th; Chris Bell's winter escape to Lake Louise in Canada is full. Participants can reach Chris at 876-4800 or 871-9414.

Mima Mounds

SATURDAY, MARCH 16th; Steve Vittori will be taking a day hike to the Mima Mounds in the Littlerock and Capitol State Forest near Olympia. The hike is about 5 miles with very little elevation change. The preserve includes an interpretive center and self-guided nature trail. Call Steve at 377-1869.



Skiing at Mt. Rainier

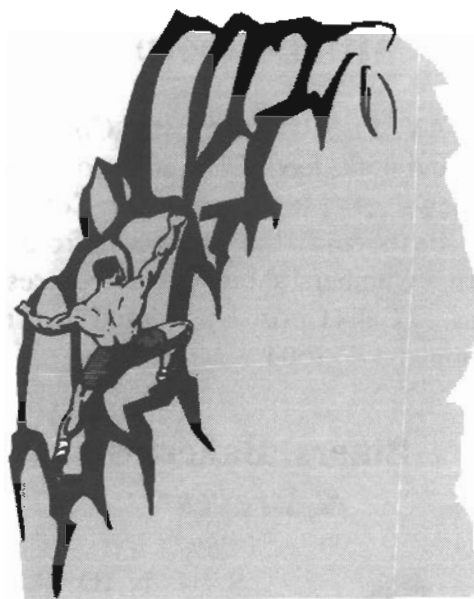
SATURDAY, MARCH 23rd; Contact John Knott for information about a day of skiing at Mt. Rainier. Call John at 792-2440.

Swauk 95

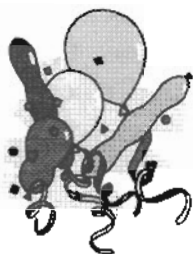
by Dale Boyle

Nineteen ninety-five was a good year for climbers in the Swauk Pinnacles. Thirteen new routes were established. Some rocks received their first routes ever. PWCers got in on this first ascent feast.

On Aphrodite Rock, the first three, and in fact the only three, routes on this interesting spire were the work of club members. Bill Boileau put up Sweet Knobs rated at 5.6. Fred Berhardt established Sea Foam at a pleasant 5.5. Both routes are enjoyable face climbs of less than one pitch. For those who like really deep chimneys, Dale Boyle inaugurated the obvious Womb Dreams at 5.3.



The guide for the area is nearing completion. Hopefully, a large number of PWCers will have a chance to add their first ascents this coming year, before the guide goes to press. If you're interested in this area contact Dale Boyle at 792-1714.



Potluck Dinner at 6:00

Bring your favorite dish to share. The hall has an oven and stove. Dancing will follow post-dinner clean-up.

Admission Free!

SPRING FLING!

Friday, March 29th

6:00 pm to Midnight

**at Silverdale VFW
on Central Valley Road**

**Music by
North Star Blues Band**

**PWCers & Guests
Welcome!**

Bring your own alcohol, and please drink responsibly.



**Dancing 8:00 to
midnight**

Enjoy the swing and blues tunes of the North Star Blues Band.

Questions? Call Alice Savage
at (360)638-2597.



Lake Wynochee Day Hike

SUNDAY, MARCH 31st; Spend the day hiking the Lake Wynochee Shore Trail. This is a 12 mile trek with some up and down elevation gains as the trail follows the shoreline. Hikers will enjoy views of the lake and pass through second growth and virgin forests of predominantly fir and hemlock. Contact Joe Weigel at 871-0291 or Doug Savage at 698-9774 for more details.

Mt. St. Helens

EARLY JULY; Doug Savage is making early arrangements for a July trip on the newly opened trail around Mt. St. Helens. The trail is 32 miles. Doug is considering doing the trek in anywhere from one to four days depending on the insanity of those wishing to join him. Contact Doug at 698-9774.



Mt. Tahoma Ski Trips



Participants for Tony Abruzzo's 1996 Mt. Tahoma ski hut outings are:

February 10th & 11th at Snow Bowl:

Dave Cossa
Alyce Daniels
Joyce Kimmel
Anna Pettis

Jim Pettis
Tim Rossiter
Pam Sargent
Doug Savage

Alternates: Tom Banks, Bruce Candioto, Cynthia Engalgau, Sean Johnson, Craig Martin, Brian Seely, Larry Thomas and Lindy Tompkins

March 9th & 10th at Copper Creek:

Tom Banks
Bruce Candioto
Bert Cripe
Diana Cripe
Paul Dutky
Pat Gleason

Cheryl Gudger
Melinda Hedger
Dan Kirschbaum
Pat Kirschbaum
Rick McNicholas
Alice Savage

Alternates: Chris Hildebrand, Joyce Kimmel, Dennis McDaniel, Pam Sargent and Janet Welch

NOTE: Kevin Kilbridge, PWC Treasurer, reports members will lose their reservations to alternates if their \$25 deposit checks are not turned in to him soon. Make checks payable to the PWC. Deposits will be refunded after the trip.

misc business

Interested Members Meeting

THURSDAY, FEBRUARY 15th; Bert and Diana Cripe will host February's interested members meeting at their home in Port Orchard beginning at 7:00 pm. During this sociable evening members resolve club business and discuss upcoming trips. New members are particularly encouraged to come and use this relatively small forum to get acquainted with other PWCers. Call Bert or Diana at 895-4299 for directions.

New Members

The PWC welcomes the following new members for the month of January:

Sue and Tom Felix
Porter and Gina Pollard
Gordon Starnes

Door Prize

Don Bundy was the lucky winner of January's door prize, a stainless steel thermos. All members attending the Monday night meeting can enter the drawing for great outdoor recreation gifts. Thanks to Mount Constance Mountain Shoppe for donating the monthly door prize.

Address Changes

To change the address to which your newsletter is delivered, notify Jim Luddon at the following address: 165 NW Alta Drive, Bremerton, WA 98310. You can also change your address at the time you pay your annual dues.



Newsletter Contributions

Articles, trip reports, interviews, announcements, etc for the PENWICLE can be sent to: Teresa Miller, P.O. Box 3163, Bremerton, WA 98310; Or, phone 373-6781. The deadline for inclusion in next month's publication is the 17th of each month. The earlier material is submitted, the better. Please include your name and telephone number with your submittals.

February Potluck

FRIDAY, February 23rd, 6:30 pm;
Cheryl Gudger's home in Port Orchard
will be the location of February's
potluck. Share a favorite party dish and
join in games and good conversation. All
club members welcome! Call Cheryl at
876-3035 to RSVP and get directions.

PRIME RIB DINNER

Fund Raiser for Mount Tahoma Trails

**February 17th
at the Overland Restaurant**

31811 SR706 East, just east of Ashford town center

**Cost is \$25 per person
Dinner served from 6:00 pm to 8:00 pm**

Enjoy a three day weekend of skiing and a quality Prime Rib Dinner this upcoming Presidents' Day Holiday. The Mount Tahoma Trails Association, in cooperation with the Rainier Overland Restaurant and Lodge, will hold a fund raising dinner February 17th. This is a great opportunity to enjoy a nice dinner, visit with other skiers and support funding for our continued trail operations.

Make your \$25 per person payment at the MTTA Office in Ashford, or by mailing it to: MTTA, P.O. Box 206; Ashford, WA 98304; Phone: (360)569-2451. Your payment must be received no later than 4:00 pm on Sunday, February 11th. Your dinner ticket will make you eligible for a door prize drawing.

Guided Nature Hike

Tim Rossiter is seeking interested persons for a guided nature hike with Ethnobotanist, Ryan Drum. Drum informs hikers about a wealth of outdoor information, including such topics as edible plants. He has worked with the Olympic Park Institute and holds a Phd in Ethnobotany.

The group size is limited to 24 people with a total cost of \$300 (\$15 per person). If you are interested in joining Tim in an enjoyable and educational outing of this sort, contact him at 779-4450.

Skunk Sense



Fellow PWCer, Wendy McClure, swears this concoction really does get rid of skunk odor quickly. Her family cat gave her the opportunity to put it to the test.

1 quart of 3% hydrogen peroxide
1/4 cup of baking soda (sodium bicarbonate)
1 teaspoon liquid soap

The ingredients are harmless and easy to obtain. Keep away from eyes, nose and mouth of pets and people. Don't add any water.

Close Encounters of the Bear Kind

by Dave Cossa

Once upon a time in a forest far, far away, I had a close encounter with a bear. A group of nine was making its way up from Elwha Basin just before the Snow Finger. I had volunteered to put on rain gear and shake my way through thick, soaking brush so that those who followed would not get wet.

After clamoring through a bunch of brush, I burst into a meadow and there she was! And, there the cub was!



We looked at each other in shock for a couple of seconds. Suddenly, (it's always "suddenly") the dang cub, which couldn't see well and was squinting urgently, decided something was wrong and ran to Mama. The only problem was, I was Mama!

The cub nuzzled against my leg, shivering in fear. Or maybe that was me, because Mama was looking at me like a pitbull just before it attacks a mail deliverer.

My jaw dropped and I dropped - back a couple of steps. I shouted, "It's a bear!!" The cub figured out I wasn't Mama and took off up a hill. Mama turned and followed, just as the group came into the meadow. I hope I never have that experience again.

Kicking Back in the U.K.

by Chris Hildebrand

On the way back from a business trip to the Persian Gulf I stopped in the United Kingdom to see the sights during my extended travel layover. On the way to the Gulf I had stopped in London to tour the city for two days, so on my way through the second time I decided to take leave and drive through the countryside.

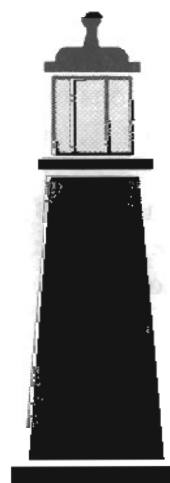
Left hand driving can be interesting, especially since everything you typically do is the opposite of what we right hand drivers normally do. The transmission and the pedals are still the same, but shifting with the left hand and driving with the right is a trip. Eh love, off we go!

In London, I checked one of my bags and headed for the country in a rental car. About 4 hours later I hit the coast and caught a ferry to the Isle of Wight where I went to see the Needles Lighthouse. The cliffs of chalk are incredible.

Before I headed north to Wales I stopped at the Portland Bill Lighthouse and then headed north toward Mt. Snowdon, the highest mountain in Wales. I drove as far as I could and then slept for a couple hours before heading to the mountain.

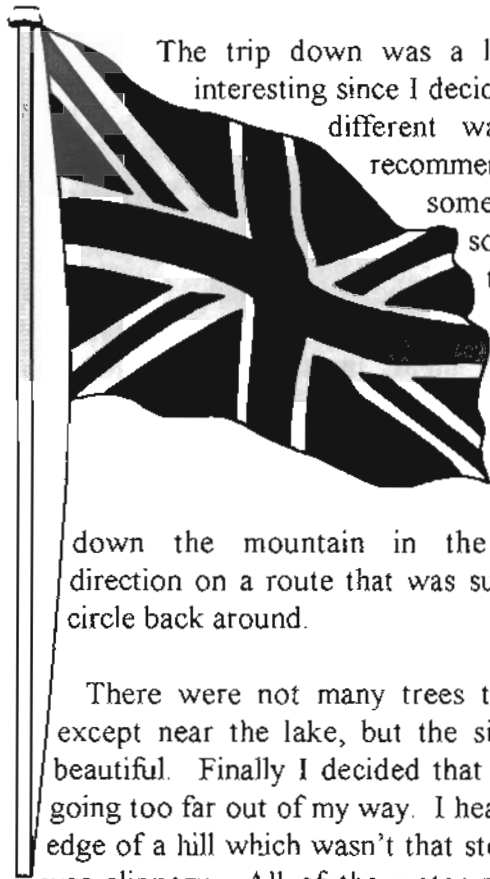
At about 11:00 am I reached the trailhead. I was about halfway to the top when I got my first glimpse of the train that went to the top. About 3/4 of the way up I ran into some people coming down while I was eating lunch. They told me I should have a "cold one" when I got to the top. Ha, ha, that's a good one.

When I got to the top the first thing I saw was the canteen at the train station. And, yes, I did have a "cold one". It was the hottest summer that the U K has seen since the 1700's.



(continued on page 9)

(U.K. continued from page 8)



The trip down was a little more interesting since I decided to go a different way at the recommendation of someone who sounded like they knew what they were talking about. I kept heading down the mountain in the opposite direction on a route that was supposed to circle back around.

There were not many trees to be seen except near the lake, but the sights were beautiful. Finally I decided that I was just going too far out of my way. I headed to the edge of a hill which wasn't that steep, but it was slippery. All of the water ran off the mountain from under the grass which made the steep side slope very treacherous.

About 50 feet later I was walking through the high pastures. I weaved my way down and headed for the slate quarry through the sheep fields. The sheep would wait until I was right on top of them before they would jump up and run. It ended up scaring me on a couple occasions when they jumped up from behind rocks close by. I had to cross three slate fences (walls), and they are taller than they look. In addition they are sharper than they look. The sheep fields were very boggy.

After I got through the sheep fields I had to wind my way around a quarry and the piles of stones, that I guess would have been for sale, but are now in storage. I crossed a couple more pastures. I got to the back edge of a row of farmers' houses where I ran out of water and was very thirsty from hiking, but I knew I was close to the parking lot.

I finally intersected the beginning of the trail that led to the top and about ten minutes later I was back at my car. When I got to the lake I went for a swim to clean up. Now that I was refreshed it was time to get on the road toward the coast of Wales where I could catch a ferry to Ireland, but that is another story.



Cryptosporidium

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Ever heard of it? It's a protozoan, just like giardia, that is becoming more prevalent.

People who become hosts to cryptosporidium tend to suffer from the same symptoms as those who are hosts to giardia. One difference is that giardia shows up in 10 to 14 days, but "crypto" can get you in as little as 5 days.

The protozoan is 2 to 4 microns, but because it can compress, you need a filter 1 micron or smaller to keep it out of your water supply. Some of the new filters are rated 0.2 to 0.4.

Chemicals such as iodine and chlorine, which kill giardia, do nothing to crypto. Boiling is effective but often not practical.

ANNOUNCEMENTS

Officers & Staff

President: Steve Vittori 377-1869
 Vice President: Harry Wilson 479-1322
 Secretary: Lyn Lund 377-7067
 Treasurer: Kevin Kilbridge 871-2537
 Editor: Teresa Miller 373-6781
 Entertainment: Joe Weigel 871-0291
 Assemblers: Kimmel
 & Guttormsen/Grunigen
 Refreshments: Tony Abruzzo 871-5754
 Clean-Up: Diana Cripe 895-4299

Swinging at the Palindrome

SATURDAY, FEBRUARY 17th; The Port Townsend Swing Club will be hosting an evening of great dancing at the Palindrome Theatre on Jacob Miller Road in Port Townsend starting at 8:00 pm. The Steve Cooley Blues Band will provide music. A donation of \$5 is asked for at the door. Everyone is welcome. For more information or to arrange a meeting place, call Dennis Gregg at (360)379-6646.

Carpooling & Parking

The Unitarian Fellowship Church, where monthly Monday night meetings are held, has construction underway in the upper area where parking has previously been available. Members are urged to carpool to help ease the parking crunch.

Also, remember that parking is allowed on only one side of the driveway.



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Peninsula Wilderness Club
 P.O. Box 323
 Bremerton, WA 98310-0070

PENWICKE

FEBRUARY 1996 - Time Dated Material