



# PENWICLE

## PENINSULA WILDERNESS CLUB EVENTS



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### December 1990

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PWC meets on the second Monday of every month at 7:30 PM at the Kitsap Unitarian Fellowship Church on Perry Avenue in East Bremerton. The public is cordially invited.

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## Meeting December 9th

The entertainment for the December 9th PWC meeting will be a slide presentation by Audubon member Frank Beyer. Frank's presentation, "Wildlife of the Olympic Peninsula" is one you won't want to miss. Hope to see you there.

### Ski Paradise

Saturday, December 29th: Doug Savage is going on a one day cross country ski outing to the Paradise Glacier on Mount Rainier. This a trip requiring intermediate skiing skills. PWC members are welcome to join Doug on the outing. If interested give Doug a call at 698-2277.

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## Upcoming Events

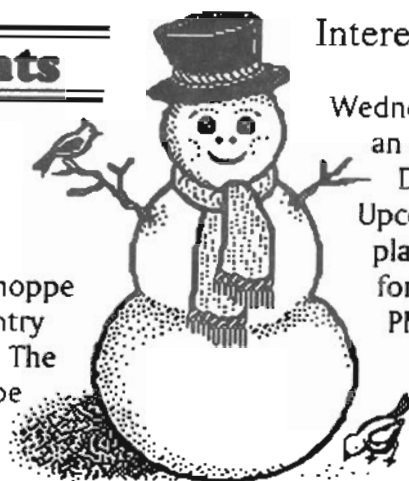
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### Ski Tuning Clinic

Tuesday, December 4th: The Mount Constance Mountain Shoppe is sponsoring a free cross country and down hill ski tuning clinic. The clinic will be held at the Shoppe at 7:30 PM. PWC members welcome.

### Beginner XC ski trip

Saturday, December 8th: Doug Savage will be taking a cross country ski outing suitable for beginners. PWC members are welcome to join in on the fun. Doug will be going either to Cabin Creek just east of Snoqualmie Pass, or to Paradise on Mount Rainier. Give Doug a call at 698-2277 if interested.



### Interested Members Meeting

Wednesday, January 9th: There will be an interested members meeting at Doug Savage's house in Illahee. Upcoming events and outings will be planned. Contact Doug at 698-2277 for driving directions etc. A 7:00 PM start time is planned.

### Garrison Springs

On February 22nd, 23rd, & 24th, there will be a club ski outing to Garrison Springs Lodge near Ellensburg. The ski-in from the Sno-Park is about three miles. Lodging and meals will run about \$40.00 per night. There are miles of marked ski trails for all levels. There are still a couple of spaces left. If interested in joining in on this special outing call Doug Savage at 698-2277. A \$40 deposit is due on or before the next PWC meeting.

## **Raffle Big Success**

There was a record number of people attending the November PWC meeting each hoping to win a prize in the big raffle. When the evening was over, the Club had gained \$410.00 toward the purchase of a slide projector.

The most valuable prize, a Walrus Solo Plus Tent valued at \$150.00, went to Judy Guttormsen. Rhonda Rudman was the second winner. She chose the MSR Whisper Lite Stove. Groans and moans were heard as Bob Mills picked out his prize; the 2 piece ski poles. Apparently he wasn't the only one who had aspirations of winning those.

Harry Wilson took home a set of Custom Correct trail maps and Nancy Bagby won the \$75.00 Gortex jacket. In all 63 prizes were won most of which were donated by the Mount Constance Mountain Shoppe. Here are just some of the winners:

Dale Boyle - Zoom head lamp; "Mac" MacDowell Outdoor Research hat and Glacier glasses; Jim Groh - Swiss army knife; John Knott - J/S day pack; Barbara Willis - Stainless cook pot and a Bakepacker; Mindy Fohn - Sleeping Pad; Don Paulson - Candle lantern and Carabiner; Bill Bennett - Ski rack; Wendy McClure - Olympic Mtn. Trail Guide; Skip McKenzie - Fenwick fly fishing outfit.

Almost from the start, prize winners were urged by the crowd to choose the \$1.50 salt and pepper shaker over the other more valuable prizes (purely for selfish reasons I'm sure). Finally, there was a prize winner who could be convinced. B.R. Love listened to the crowd and took the salt and pepper shaker. He got the biggest applause of all!

Many thanks to the Mountain Shoppe and PWC members who donated items for making our raffle a huge success.

## **Free XC Ski Planner**

A cross-country ski planner for winter enthusiasts who need an updated list of ski tips for the 1990-1991 season is now available from the Washington Trails Association.

The planner provides safety information and phone numbers to help skiers plan safe trips to the snow country. Trip suggestions featuring each region in the state and a bibliography for acquiring even more cross-country skiing information are also listed in the planner.

For monthly updates on cross-country skiing, snowshoeing, and winter hiking, Washington Trails Association publishes SIGNPOST Magazine. The magazine provides trail reports, trip ideas, and trail issues news.

Washington Trails Association is a nonprofit organization dedicated to preserving and enhancing hiking opportunities in Washington. Membership is open to individuals and organizations interested in protecting and creating trails.

To receive the cross-country ski planner, send a self-addressed, stamped envelope to Washington Trails Association, 1305 Fourth Avenue, Suite 512, Seattle, WA 98101. A donation to help protect trails in Washington will be appreciated. For Washington Trails information, call (206)625-1367.



## **New Members**

The Peninsula Wilderness Club extends a warm welcome to the following new club members:

Ken Alexander  
Phyllis Evans  
Keywin Lumpkins  
Pam Sargent  
Virginia Tappe

## **New Trail Guide Available**

The Washington State Parks and Recreation Commission has released a new guide to the state's cross-country ski trails. The Guide is 40 pages of maps and information on commercial cross-country ski areas and Sno-Park locations. The guide is \$3.00 and can be ordered from the Washington State Parks, Winter Recreation Program, 7150 Cleanwater Lane, Olympia Wa. 98504-5711 or be purchased locally at Mount Constance Mountain Shoppe.

## **MTSSTA Milestones**

The Mt. Tahoma Scenic Ski Trails Association (MTSSTA) has made significant progress towards creating 88 miles of hut to hut skiing. Here's some of MTSSTA accomplishments so far:

- Over 5,000 hrs. of volunteer elbow grease
- 1,110 hrs. clearing 88 miles of trail
- Design & print 15,000 brochures
- Sign up over 200 members
- Prepare 3 hut locations
- Construct 5 sno-parks
- Place trail & road signage
- Coordinate search & rescue services
- Test ski the entire trail system
- Research & design ski huts

And here's what's left to do:

- Ski patrol training & activities
- Continuing promotion of MTSSTA
- Construction & placement of first hut
- Reservation system for hut usage and much more ...

For information about MTSSTA Call Steve Du Bay at 847-8876.

## **Wild Swans in Washington**

Sunday, December 16, 2:00 PM: Settle in with swan expert Martha Jordan for an hour of slides and a chance to tap into her wealth of knowledge about the trumpeter and tundra swans that visit our area every year. On the Board of Directors for the Trumpeter Swan Society and Chairwoman of the Washington State Trumpeter Swan Working Group, Martha will give us an overview of swans in Washington, talk about their life history, problems facing them and ways you can help bring about solutions to these problems. The presentation will be at the Kitsap Regional Library in the Heninger Room, 1301 Sylvan Way, Bremerton.

## **THANKS!**

Many thanks to Lynn Howat for all her hard work and dedication during her term as PWC president. A job well done, Lynn.



## Heard about OEC?

The Olympic Environmental Council (OEC) became a reality June 9th. The primary goal of the organization is "to protect and preserve the natural environment and ecosystems of the Olympic Peninsula". Other goals of the Council are to facilitate communication and cooperation between organizations working on Peninsula issues, attract new volunteers, develop Peninsula-wide environmental positions and statements, act as a clearing house for information to its members and to the general public, and sponsor educational activities.

Membership in OEC is open to all wishing to support OEC work and its bylaws. For information and bylaw copies write to OEC, PO Box 950, Port Townsend, WA 98368. Contact persons are Robert Crowley (385-4214) or Darlene Schanfald (638-0188).

## The Five Most Dangerous Sports

Rank	Sport	Deaths/10,000 participants
1	Mountain climbing	599
2	Hang gliding	114
3	Parachuting	26
4	Snowmobiling	13
5	Mountain hiking	6.4

Checked the condition of your  
10 essentials lately?

## PWC WANT ADDS

1. XC Ski package; Rossignol 190cm, Solomon boots; 7/8 woman's Nova poles; 125 cm \$60.00.
2. Ice skates; woman's 6/7 \$ 5.00.
3. Cable chains; Shur Grip, fits P155/80 R13 (used once) \$25.00.
4. Iron (good for hot wax) \$2.00

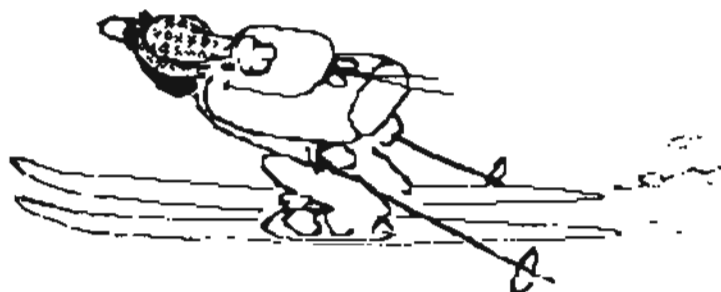
Contact Bev Nieves 698-3155 after 8 PM  
or 779-2716 (12-6 PM).



Kid's cross-country skis, 170cm, poles and 2 pair boots. Call Skip or Sharon at 830-4746.



John Knott will be going on some weekday down-hill ski trips starting in January. John would like to make a call list of those who would be interested in going along. If interested call John at 478-0476.



The idea is to die young  
as late as possible.

## Composting

By Jean Knox

Who wants a pile of rotting vegetation in their yard? Maybe you do! Composting can help you enrich garden soil, mulch, improve arm strength, and save money on the garbage bill.

As landfill space becomes more scarce, composting gains attention as a way to dispose of food waste, leaves, grass clippings, prunings, etc.

Successful composting requires heat, oxygen (air), and water. While decomposition produces its own heat, mixing in a small amount of manure gets things under way. Also, composting goes faster in warm weather.

Smaller particles compost more rapidly unless they pack together and exclude air. If a chipper is too expensive, some vegetation and large leaves can be chopped with a lawn mower.

Grass clippings alone tend to pack too closely. Mixing in layers of fallen leaves will help. Another way to make air available is to turn the compost mixture periodically.

Containers for making compost can be purchased from several companies but tend to be expensive. Instructions for building your own are available from the county extension service.

Because of the requirement for moisture, the composting material should be open to rain or watered when weather is dry.

## An Angler's View

By Don Paulson

Of course for those of us who fish, the real reason to have a compost is the copious quantities of worms it generates. Having a ready supply of live bait without having to dig down to the aquifer is what makes composting worthwhile. Here are some tips on how to get some really high-performance worms from your compost.

The novice angler will generally select worms based on size; the bigger the worm the better. Actually, fitness and disposition are what to look for. A streetwise worm with an attitude will consistently outperform a soft, wimpy worm no matter how large it may be.



To a worm, living in a compost pile can be likened to the "Life Styles of the Rich and Famous". A

compost is really a huge centrally heated, luxury worm hotel with free gourmet worm meals everywhere. Without your intervention, compost worms will quickly grow soft and lazy, not unlike their flabby cousins, the manure pile worms.

Regular compost mixing is the secret to building character in your worms. A vigorous stirring with a rake or hoe is adequate but I recommend a rototiller. You will be able to see the difference after only a few good rototillings.

To keep your worms on their toes (toe?), hose those little devils down with your garden hose once in a while. The cold shower really keeps them wiggling - just what you need to catch that lunker trout.

# A SAMPLING OF HOUSEHOLD RECYCLABLES

PRODUCTS	PRIMARY MATERIALS	WHAT HAPPENS	PRODUCTS MADE FROM RECYCLED MATERIALS	FUTURE RECYCLING PROSPECTS
Newspaper	Newsprint	Paper is mixed with water in a hydropulper. De-inked with detergents. Reformatted into sheet.	Newsprint, cardboard, egg cartons, building materials. (tar paper), drywall.	Very good to excellent
Magazines & catalogs	Clay coated paper	Repulped like newsprint. Clay is removed with waste water.	Building materials	So-So. Removal of the clay is a problem.
Telephone books	Mixed papers, adhesive	Repulped, bleached to remove dyes. Cleaners & additives may be used to remove adhesive.	Building materials	So-So. Research needed to find new uses.
Food Jars and bottles	Glass	Separated by color, melted with sand, soda ash, & limestone, and remolded.	Glass containers for food and beverages.	Very good to excellent
Beverage containers	Polyethylene Terephthalate (PET) plastics	Separated by color, shredded, washed, flakes separated from metal. Later remolded.	Scouring pads, non-food containers, insulation, textiles, carpet yarn, fiberfill.	Very good to excellent
Milk containers	High density polyethylene (HDPE)	Same as PET	Non-food containers, pails, toys, plastic lumber.	Good
Hamburger clamshells, cups	Polystyrene plastic foam	Same as PET	Office equipment, videotape casings, flower pots, toys, insulation, garbage cans.	So-so to good. Collection must be increased.
Other containers auto parts	Mixed plastics	Essentially same as PET, but additional separation is not required.	Plastic lumber for docks and piers, fencing, park benches, traffic barriers.	Good
Beverage cans	Aluminum	Melted (coatings burned off) and recast.	Beverage cans, kitchen cookware, lawn chairs, siding.	Excellent. Aluminum is a high value metal.
"Tin" cans for food & beverage	Steel	Melted and recast with or without tin coating removed.	Food & beverage cans, construction materials, tools.	Very good to excellent

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