

PENINSULA WILDERNESS CLUB

March 1990

PWC meets on the second Monday of every month at 7:30 PM at the Kitsap Unitarian Fellowship Church on Perry Avenue in East Bremerton. The Public is cordially invited.

Next Meeting March 12th

The entertainment for this month's meeting will be a slide presentation about the Nature Conservancy by Dick Boyle. The Nature Conservancy is a private non-profit organization whose resources are devoted solely to the identification, acquisition, and management of ecologically significant land. The Conservancy and its 110,000 members have protected over 1.7 million acres of forest, marshes, prairies, and mountains throughout the United States since acquiring its first preserve in 1954.

In Washington the Conservancy has completed over 25 projects involving more than 3,000 acres. See PWC January newsletter article on Foulweather Bluff. Some of these preserves are transferred to appropriate governmental agencies, while others, like the Foulweather Bluff Preserve, are retained by the Conservancy and may be used for scientific and educational purposes. Come to the meeting and learn more about this unique organization.

Experience is something
you don't get until just
after you need it.

THE NATURE CONSERVANCY

Upcoming Activities

Crystal Getaway

Tuesday, March 6th,
Doug Savage will be
taking a break from work
for some skiing at Crystal
Mountain. Last month's mid-

week ski getaway was so much fun that
Doug decided to do it again this month. If
you might be interested in slipping away for
the day, give Doug a call at 479-8460.

Build an Igloo

On the weekend of March 10-11, Ted Wiles
and other PWC members will be making the
10th annual igloo building trip to Paradise
on Mount Rainier. You can stay for just for
the day or you can spend the night in your
creation. This PWC tradition is great family
fun. If interested, call Ted at 876-5718.

Interested Members Meeting

Wednesday, March 14th, at 7 PM there will
be an interested members meeting at Shane
Baker's home near Silverdale. Upcoming
PWC outings and activities will be planned.
For directions call Shane at 692-4125.

Orienteering Event

Saturday, March 3rd, 10 AM - 1 PM, there will be an Orienteering meet at the NAD Park on Kitsap Way in Bremerton. Orienteering is a competitive map/compass/people sport which is slowly spreading across the Country. Sean Olmsted, third rated among all Americans aged 18-21, is hosting the event. Everyone is invited to try the sport on one of four courses. A word of caution, Sean's enthusiasm is contagious. Give him a call at 697-4303 to learn more about this new people-powered diversion. The PWC point of contact is Jim Drannan, 779- 9481 (Poulsbo).

Day Climb of Mt. Angeles

Saturday, March 17th, Charlie Pomfret will be climbing Mount Angeles near Hurricane Ridge. Charlie expects the climb to take about 4 hours to the summit. PWC members are welcome to join this climb, but expect winter climbing conditions. Snow shoes may be required. Call Charlie at 697-1876 if interested.

Water Policy Workshop

Saturday, March 17th, the Northwest Rivers Council will be conducting a free public education workshop on Washington Water policy. Topics will include a theatrical history of Western Water Law and a presentation on the uses, demands, and considerations for dividing up our water. The Department of Ecology and tribal representatives have been invited to brief us on the current process negotiations. The workshop will start at 9:30 AM at the Kitsap Regional Library. Bring a lunch. For more information or registration call the NW Rivers Council at 547-7886 (Seattle) most days 8 AM - 6 PM.

Big Climb for Leukemia

Sunday, March 18th, 9 AM, Columbia Seafirst Center, the 4th annual Big Climb for Leukemia. Take pledges for climbing (or racing up) the stairs of Seattle's tallest building. Great pledge prizes, door prizes, and trophies are all part of the fun. Call 628-0777 (Seattle) to obtain brochures and entry information. The PWC point of contact is Don Paulson at 692-5086.

Hike up Pyramid Mountain

Saturday, March 24th, join Joe Weigel for a day hike on the Pyramid Mountain trail near Lake Crescent. Views of the lake and Mt. Storm King are excellent on this 3.5 mile hike. An alternate trip will be planned if snow conditions prevent hiking the Pyramid Mtn. trail. Call Joe at 871-0291 if interested.

Hawks, Falcons, & Falconry

Monday, March 26th at 7 PM, the Washington Falconers Association will be hosting a slide presentation of birds of prey at the Kitsap Regional Library. Live hawks and falcons will also be shown by the falconers. For more information call the Kitsap Regional Library at 377-7601.

Trek to Nepal

October 6th to November 10, Kathy and Larry Thomas will be sponsoring a trek to Nepal. The trip will include the Everest base camp region and an optional climb of Island Peak. The flights and trekking cost are approximately \$3000.00. Arrangements are through Himalayan Journeys. Call Kathy or Larry at 830-4456 if you might be interested in joining in on this special adventure.



MARVELOUS COOKIES

Here is a cookie made with healthy ingredients that is absolutely scrumptious. On a recent ski trip to Mount Rainier PWC member, B.R. Love, introduced me to these little delights. One cookie convinced me that this was newsletter quality. Each cookie contains 80 total calories with only 5 calories from saturated fats making it good winter outing fair.

- 4 tablespoons margarine
- 4 tablespoons sunflower oil
- 1/2 cup brown sugar
- 1 egg or 1/4 cup egg beater
- 1 1/2 teaspoons vanilla
- 1/2 cup whole-wheat flour
- 1/2 teaspoon salt
- 1 tablespoon sesame seeds
- 1 tablespoon cinnamon
- 3/4 teaspoon baking powder
- 1 cup wheat germ
- 1 1/2 cup rolled oats
- 1/2 cup raisins
- 1/2 cup chopped walnuts or almonds
- 1-2 tablespoons water if necessary

Preheat oven to 375 degrees.

Grease a cookie sheet with margarine. Cream margarine, sunflower oil, and brown sugar.

Add egg and vanilla and beat well. Add whole-wheat flour, salt, baking powder, wheat germ, rolled oats, raisins, and nuts and mix well.

Add water if too dry.

Drop batter by teaspoons onto cookie sheet and bake 10-12 minutes. ENJOY.

IDEAS NEEDED FOR NEWSLETTER NAME

How does "PATHFINDER" or "OUTBOUND" sound for a possible name for our PWC publication? Or perhaps "The FOG SIDE" for you Gary Larson fans? Other possibilities include "TRAILBLAZER", "The TREKKER Journal", "PATHWAYS", or "The TRAILSMAN Monthly". Please give it some thought and submit your ideas before we put it to a vote.

Ideas are also needed for a club patch. Bring your patch designs or newsletter names to the next meeting or submit them to Don Paulson, 692-5086.

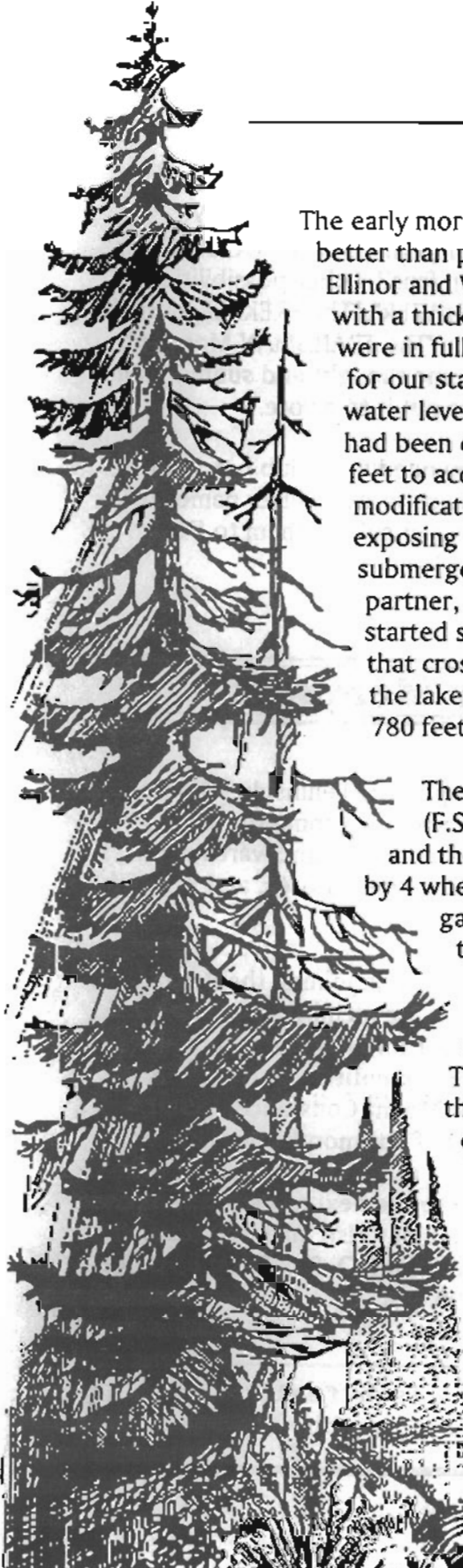
New Members

The membership of the Peninsula Wilderness Club extends a warm welcome to the following new members: Jim Swartwood, Kathleen Aguayo, Eileen Storey, and Kenneth Littrell.

If you are interested in joining the Peninsula Wilderness Club, the membership dues are only \$12.00 a year for an individual or family. Membership entitles you to a 10% discount at the Mount Constance Mountain Shoppe, a copy of our monthly newsletter, and a shot at the door prize each month. To join, just come to the next monthly meeting and sign up. You may also mail your dues to the club treasurer at P.O. Box 323 Bremerton, Wa. 98310-9998.

Confidence is a feeling you
have before you know better.

Ski Lightning Peak



The early morning weather was better than predicted. Mount Ellinor and Washington, covered with a thick layer of new snow, were in full view as we headed for our starting point. The water level in Lake Cushman had been dropped about 40 feet to accommodate spillway modifications on the dam, exposing a forest of normally submerged trees. My skiing partner, Grant Larkin, and I started skiing from the bridge that crosses the upper tip of the lake, which is at about 780 feet elevation.

The snow on the road (F.S. 2451) was crusty and thoroughly chewed up by 4 wheel drives, but as we gained elevation the tire tracks disappeared and the skiing conditions steadily improved. The road ascends through some excellent stands of old growth Western Hemlock and Alaskan Cedar.

Grant, being schooled in the ways of geology, pointed out

examples of folding and uplifting in the layers of sedimentary rocks clearly visible in the cliffs along the road. As usual, Grant's detailed explanation for the complex geologic processes responsible for all this folding and what-not contained terms with at least three more syllables than I'm used to coping with. So, cleverly, I impressed Grant with my knowledge of Meteorology by saying "Oh look, it's snowing".

The views of Copper Mountain, the lake below, and Lightning Peak were soon replaced by clouds as we continued our trek upward. Despite the tree covered slopes, the area is not without avalanche danger. Previous avalanches had buried the road at three separate points along the way. The narrow avalanche chutes between the trees were not visible until we were looking back from the other side of the valley.

At about the 2000 foot level we picked out a spot sheltered from the wind and snow and had lunch. An inch of new snow over the older consolidated snow made for excellent skiing on the way down, but as we neared the car, the falling snow turned to steady rain. We were both wet and a little worse for wear from a few "face plants" on the way down, but all-in-all it was a good outing.

Don Paulson

GARRISON SPRINGS LODGE

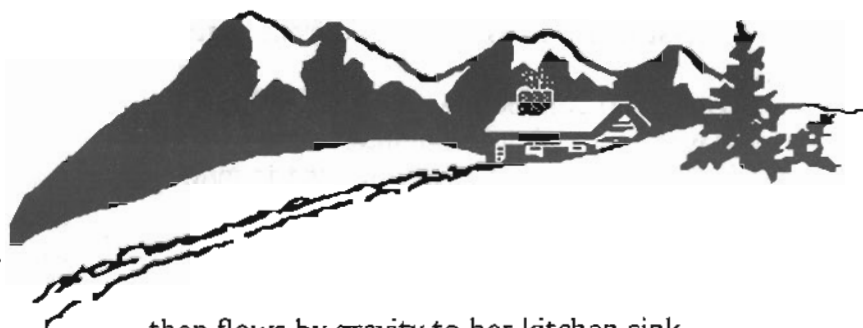
A trip report by
Alice Savage

February 19, 1990, it was a clear frosty morning at 6 AM with a crescent moon hanging in the dark sky as five of us set out from Bremerton on frozen roads. Jim Drannan, Don Paulson, Keith Newman, Doug Savage and myself were headed for a three day jaunt to Garrison Springs Lodge.

The lodge is located 18 miles north of Ellensburg on Reecer Creek at 5000 feet of elevation. We parked at a snopark three plus miles down from the lodge. Keith, Doug and I carried full packs as we needed sleeping bags, extra clothing, food for lunches and the usual backcountry essentials. Jim and Don skied up pulling a sled loaded with their gear which included 5 liters of wine. Doug also had a bottle of wine in his pack. We looked forward to a festive couple of evenings at the lodge (yes, the wine did last two nights).

Arriving at the lodge about 3 PM we introduced ourselves to Jennifer Stein, owner and manager of Garrison Springs Lodge. She welcomed us with a pot of hot herb tea made on her woodburning cookstove. The lodge sits on the hillside overlooking the valley below from where the lights of Ellensburg twinkle at night.

Jennifer, an enterprising young woman, built most of the lodge herself along with three cozy chalets and a wood fired sauna. All the buildings are heated with woodstoves as there is no electricity. In the summer she cuts a 10 cord supply of firewood. Water is pumped by generator from a spring to a large holding tank and



then flows by gravity to her kitchen sink. Kerosene and propane lamps provide light at night. It was indeed a warm and cozy place to return to after a day of skiing.

Another of Jennifer's talents is her cooking. I am sure no one has ever left her table hungry. She turns out mostly vegetarian meals which would tempt even the most finicky eaters. Our first supper consisted of cabbage strudel, wonderfully seasoned, along with applesauce, green salad, homemade bread and a dessert of apple kuchen. The wine certainly was a nice touch along with the meal. All this was cooked and baked on her wood cookstove, quite an undertaking in this day and age.

We awoke to snow falling the next morning. A hearty breakfast of hot 7-grain cereal and blueberry muffins got us moving up to the ski trails. The snowfall gave us light powder and we had a great time spending most of the day skiing through a winter wonderland of snow laden trees and open meadows. The Christmas card scene inspired Doug to entertain us by singing Christmas carols.

For lunch we stopped at a warming hut provided by the local cross country ski club. Here Keith dug out a WhisperLite stove from his pack and boiled snow water for hot chocolate. It was a great boost.

Don mentioned to Jennifer that Jim had a birthday the day we arrived. After a mexican meal that evening of brown rice, beans and corn pudding, she surprised him with a walnut torte covered with chocolate

Garrison Springs (continued from page 5)

frosting and complete with eight candles. We wondered what the number eight signified but did not question this too much as we were more interested in what was under the candles. It was the end of a perfect day having full stomachs, a little wine and pleasant company. Darkness brought clearing skies and the lights of Ellensburg winked at us from below.

Our second morning brought the clatter of dishes and cooking noises above our heads. Some of us slept in the daylight basement on bunks, while others stayed in the chalets. Jennifer was busy making sourdough pancakes. We had no trouble getting rid of the pancakes smothered in butter and homemade elderberry syrup or real maple syrup.

Keith had blisters and Jim a sore foot from a fall. Don and Jim decided to head back midday so that left only Doug and me to tackle the trails. The sun was out and the snow somewhat sticky but we handled it fine with the help of Maxiglide.

It was about 3 PM when we said good-bye to our wonderful host telling her "we will return". Actually we plan to go again next year. This would be a club outing, we will announce the date later. It will be a weekend trip so more club members could go. With 10-12 people we can reserve the whole place at a reduced rate. We are also talking of a June trip to Garrison Springs to check out the lovely mountain flowers. Jennifer may visit our club in April with a slide show of her backpacking trip across Norway. You can see we were quite impressed with this lady. Keith, Doug and I skied down the mountain to the snopark. Needless to say it took far less time getting back to the car than the trip up. This proved to be a great three days and we will be a long time forgetting it.

Door Prize Winner

Each month the Mount Constance Mountain Shoppe donates a door prize to be given away during the PWC meeting. Last month the prize was a hard bound book on Africa's highest mountain, Kilimanjaro, and the winner was Jean Knox. Congratulations, Jean, and thank you Judd for such a generous donation.

Volunteers needed for PWC booth

The weekend of May 19th and 20th our club plans to sponsor a booth at the Kitsap Mall as part of the show put on by Kitsap Search and Rescue. Club member Dave French will be organizing the booth and is soliciting ideas and volunteers for the project. If you can be of assistance in either manning the booth or in organizing the booth, please give Dave a call at 876-0545.



For Sale

Sleeping bag, down, 10 deg.....	\$75
Rock Shoes, Asolo Canyon (size 7 1/2)	\$20
Gortex Parka, Wilderness Exp (size small).....	\$60
Gear bag, large, new.....	\$50
Helmet, (size medium).....	\$15
Super Gaiters, Outdoor Research ME-X, (Size Large), New.....	\$50

Steve Justiss

476-4028 days
275-4383 evenings

QUESTIONNAIRE

The Peninsula Wilderness Club is assembling a club activity roster and call list. Please fill in the applicable portions below.

1. Would you like to have your name and phone number distributed to other PWC members via a call list?

Yes _____ No _____

Name _____ Phone _____

2. In the list below, check the areas of outdoor activities in which you have an interest. Check as many or as few as you like.

Backpacking	Beach Combing	Bicycling
Birdwatching	Canoeing	X-Country Skiing
Day Hikes	Down Hill Skiing	Fishing
Mountain Climbing	Mushrooming	Orienteering
Photography	Kayaking	Rafting
Rock Climbing	Running	Sailing
Scuba Diving	Ski Mountaineering	Snow Shoeing
Wind Surfing	Others _____	_____

3. What days of the week are you normally available for outings?

___ MON ___ TUES ___ WED ___ THU ___ FRI ___ SAT ___ Holidays

4. Would you like to participate in family outings?

Yes _____ No _____

What are the ages of your children?

___ 0-2 ___ 3-5 ___ 6-8 ___ 9-11 ___ 12-13 ___ 14-16 ___ 17 and older

5. Would you like instruction in outdoor activities?

Yes _____ No _____

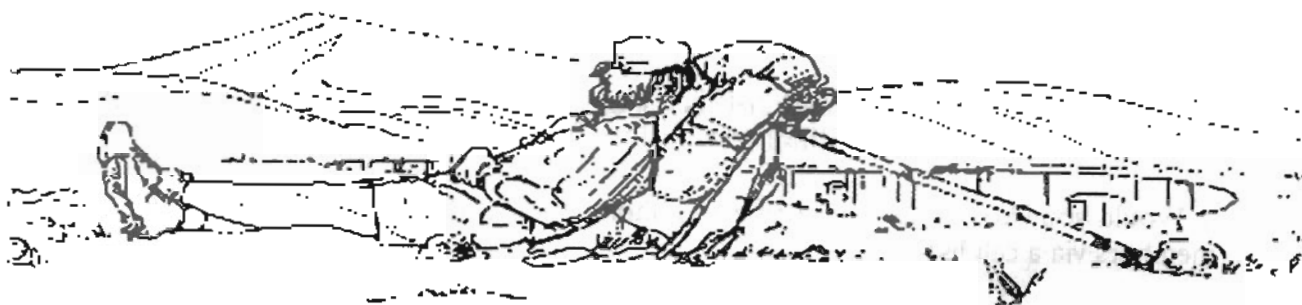
Which activities? _____

Would you be willing to pay for this instruction?

Yes _____ No _____

6. Do you have any professional skills you would like to donate to the club (e.g. doctor, lawyer, CPA, computer skills, graphic artist)?

7. Any comments or suggestions?



PWC CALL LIST UPDATE

Doug Savage is updating the PWC Call List. If you would like your name and your interests to be distributed to other PWC members please fill out the enclosed questionnaire and turn it in at the next meeting. You may also mail the questionnaire to Peninsula Wilderness Club, P.O. Box 323, Bremerton Wa 98310-9998. If your name is already on the call list and no corrections are needed, just

give Doug a call at 479-8460 to let him know you still want to be included on the list. The deadline for getting your questionnaire in is March 12th.

A successfull outing is a journey, not a destination.

Officers

President	Lynn Howat	598-3087
Vice Pres	Doug Savage	479-8460
Secretary	Kathy Weigel	871-0291
Treasurer	Kevin Kilbridge	871-2537

Newsletter staff

Don Paulson	692-5086
Jim Drannan	779-9481
Jim Luddon	373-0431

Peninsula Wilderness Club
P.O. Box 323
Bremerton, Wa. 98310-9998



March 1990 - TIME DATED MATERIAL -