



# NOVEMBER 1981

## EVENTS

October 31. Bob Larson is having an old-fashioned apple-squeezin' party at 10:30 A.M., Saturday. Bring your apples (or attack Bob's trees when he isn't looking) and plastic milk jugs to the Larson Farm just a mile or so past Brownsville (about  $4\frac{1}{2}$  miles north of Riddell Rd.) Bob invites you to take the kids for horseback rides and games. For directions or cider advice call Bob or his daughter Sara at 779-4647.

November 1. Short day hike through Manchester State Park. The hike leaves the parking lot at 1:00 p.m. Sunday afternoon. For directions and details call Helena Hart at 871-1743. See also, "New member..." article.

November 2. Approximately one week before each official club meeting we plan on holding an "interested members' meeting. While we will attempt to handle business in an effort to keep the boring details from taking up time at the official meeting, we will take a very "laid-back" approach. We will hold it at various members' houses and be very informal, so bring your own beer, wine, etc. Anyone interested in club activities is welcome. This month, Nancy Dohse has offered her house at 3822 N.W. Munson St., Silverdale. If you need directions call her at 692-4679 or Steve David at 373-3737. The meeting will be held at 7:00 P.M. on Monday and

we will be discussing such topics as the newsletter, finances, entertainment, cross-country ski trips, etc.

November 7. Join a moderately strenuous hike of Mt. Jupiter. The day trip logs in at 14 miles round trip. Interested persons should call Bob or Joan at 479-4692.

November 9. The monthly meeting of the Peninsula Wilderness meeting begins at 7:30 P.M. in Room 136 of the Science Bldg. at Olympic College. See Entertainment for what's playing!

November 15. Scuba diving trip--Potlatch State Park on Hood Canal near Hoodsport. This is an easy beach dive for novice divers and experienced divers that haven't been active for awhile. Call Ron for additional information at 692-5969.

## ENTERTAINMENT

The regular monthly meeting of the club will be held in the Science room 136 of Olympic College beginning promptly at 7:30PM. This month's experiment, err entertainment, will feature an action packed Alpine ski film; SKI THE OUTER LIMITS. Both Alpine and Nordic skiers alike together with the non-skiers will be amazed at the feats performed on film. A liberal amount of slow motion footage is used to reveal the style, control, and balance required to push toward the outer limits of skiing ability.

After the film a projector will be available and members are encouraged to bring a few slides to share experiences of recent outings or perhaps share some scenes from last year's skiing. Let Charlie Miller know before the meeting of your intentions.

# PACKAGING FOOD FOR THE BACKPACK

BY RUTH MILLER

I'm sure everyone has their own special way of packing that variety of goodies called trail food. With so many great containers available now, this task is made somewhat easier.

I think my favorite container is the plastic 'squeeze tube', which is found at most outdoor shops. It's good for carrying peanut butter (the favorite), honey, jelly, butter, or cream cheese mixed with your favorite, such as shrimp, chives, etc. Another popular item is the plastic bottle. It comes in a variety of sizes, and is good for any liquid refreshment as well as being a neat container for sunflower seeds, small nuts, pills and freeze-dried coffee.

I imagine the greatest invention for the backpacker, besides freeze-dried foods, is the ziploc bag. It seems as though ziplocs were made to order for most everything I want to package. Food tends to get crushed, smashed and pulverized in the pack no matter how carefully we pack it. Ziplocs are sealed tight if closed right, so even if things get crumbled, they are confined to one spot. Freeze-dried meals, such as 'cup of noodles', dried fruits, trail mix, even foods already packaged, like hot chocolates, teas, candy bars, all pack better inside ziplocs.

Just an idea on putting the packaged food in the pack; it's good to confine most of the food items in one area so they can be found without dumping everything. I like to put bulky things such as bread, rolls, and whatever else might fit, inside the cooking pot. While taking less room, they don't smash as easily. Also, when putting easy-to-get snacks in the side pockets, always put them in the opposite side from the gas bottle or stove. Food will take on the taste and odor of the gas.

It seems the more you pack for the trail, the better you become at putting everything in just the right container for the kind and length of trip you are planning. I'm sure most of you could offer some good pointers on packing tricks. "Happy Trails".

## GUIDED TOURS

STEVE TONTINI

Dave Button's Pacific Northwest Float Trips Inc., with whom club members have enjoyed two white water raft trips last summer, offers several other outdoor experiences during the winter. From December through March, they offer an excellent chance to view the largest concentration of Bald Eagles in the lower 48 states. By floating down the Skagit River on one of Dave's guided rafts, up to 100 of the magnificent birds can be viewed or photographed at close range. The eagles are attracted by the carcasses of spawned out salmon and the environment of clean water and bordering maple and cottonwood trees. Cost is \$25/person and includes brunch at a restaurant near Sedro Wooley and a bus trip to and from the river to the restaurant.

Once the snow accumulates at Dave's cozy backwoods lodge on the Suiattle River in the Glacier Peak Wilderness area, we hope to be able to organize a cross-country skiing/partying club weekend.

Dave's group also offers a float trip on the Toutle River to view the damage resulting from Mt. St. Helen's eruptions and a Steelhead fishing trip on the Ho River of the Olympic Peninsula. In the spring, Gold Fanning trips and a white-water raft trip on the Methow River are on the agenda.

Anyone interested in any of these activities should call Steve Tontini at 479-3892 or sign up at the next meeting. A discount or bus transportation may be available if we can get enough people together.

## LOCAL OUTINGS PLANNED

Helena Hart has just moved to the Pacific Northwest from the Cleveland, Ohio area, where she was very active in a hiking club. Her club had good success with weekly outings on nearby gentle terrain. While our club sponsors some magnificent trips in our mountains, there is much to be said for a three or four hour Sunday outing on our own Kitsap Peninsula. Helena plans on using local parks, backroads, beach walks, etc. Because she has only been in the state for three weeks, she could definitely use your support and suggestions in setting up this rather ambitious club project. The first of these weekly hikes will be a small hike through Manchester State Park on Sun. Nov. 1st. The meeting point will be the park's main parking lot, accessible by taking Beach Drive out of Port Orchard to Hillsdale Road, which runs into the park to the parking lot. The hike leaves the parking lot at 1:00 P.M. sharp. Anyone interested in participating or car pooling, call Helena at 871-1743 to give her an idea of how many people can be expected.

### Attention Divers!

For those SCUBA divers in the club, I wanted to let you know that there is a new dive shop in the area. Nautilus Dive has just opened at 1941 Bay St. in Port Orchard (it's in the Annapolis area). They will be offering 10% off to PWC members with this notice through Nov. 30. Also, see the trip schedule for the dive trip I am planning. Hopefully we will catch some Dungeness Crab.

Ron Sampson

## COLUMBUS DAY CLIMB

JORGEN NELSON

Columbus Day Dave Soule and I climbed Mt. Lincoln via route one. After 4 hours of old road and trail hiking we broke out of the deep woods and found a steep hillside full of vine-maple in autumn colors of red and orange. Beyond the 1000 ft of "autumn" hillside, we were atop a ridge at 5000 ft and found "winter" conditions with 6 to 8 inches of snow everywhere. We donned our gaiters, grabbed our ice axes, and were off along the ridge for the summit. After lots of scrambling up and over and around the snow covered basalt we made a tricky 6ft climb to the west-most summit. The guide book said the climb would be only class 2 but that 6ft climb was a good 3 on small, snow covered holds. The entire trip, from car to summit, was 8 hours; we now had a new problem. The sun went down at 6:30, it was then three o'clock and neither of us wanted to down climb what we'd gone up, so we scrambled around the backside of the mountain (which turned out to be very interesting). We turned our attention toward finding our way back to the deep woods and the trail before the sun went down. The final 3000ft down trail by flashlight was surprisingly enjoyable to culminate a 14 hour day. It was a great day...

## NEW OFFICERS

|                          |                            |          |
|--------------------------|----------------------------|----------|
| President. . . . .       | Steve Tontini. . . . .     | 479-3892 |
| Vice President . . . . . | Sussette Tontini . . . . . | 479-3892 |
| Secretary. . . . .       | Lynn Howat . . . . .       | 598-4873 |
| Treasurer. . . . .       | Dale Boyle . . . . .       | 377-9042 |