

July 2023  
Peninsula  
Wilderness Club

# PENINSULA

The Peninsula Wilderness Club meets on the first Wednesday of every month at 7 pm at the VFW Hall at 9981 Central Valley Rd, Bremerton, WA. The public is cordially invited.

## The PWC Presents: Jeffrey Rowe from the Clear Creek Trail Task Force

Wednesday, August 2, 2023, at 7:00 pm – 9:00 pm  
VFW Post 4992  
9981 Central Valley Road  
Bremerton, WA 98311

Located on the beautiful Kitsap Peninsula, Clear Creek Trail is almost 8 miles - from Silverdale Waterfront Park on Dyes Inlet north to Trigger Avenue. It follows Clear Creek as it meanders through riparian areas, wetlands, and remnant forests. Hard to believe it's in the middle of a highly developed urban area.

Join us as we welcome Jeffrey Rowe as he discusses the history of the trail, challenges the trail currently faces, and volunteer opportunities.

Visit <https://www.clearcreektrail.org/> to learn more about Clear Creek Trail and to find out how you can volunteer.



**Please RSVP**, either by contacting the host or using the electronic calendar, so the host knows how many people to expect.

**MAP: Monthly Activity Planning Meeting**

Wednesday, August 9, 2023, 7:00 pm – 8:30 pm  
 Host: Margaret Poshusta  
 Phone: 360-692-0126; E-mail: marg8733@comcast.net  
 Help schedule PWC events and outings, and discuss club business. All are invited. BYOB and snacks to share are always welcome.

**Monthly Potluck**

Friday, July 28, 2023, 6:30 pm – 8:30 pm  
 Host: Irene Bach  
 Phone: 360-479-1309; E-mail: redpeaceros@yahoo.com  
 Potlucks are a great way to meet others and learn more about the club. Host provides dessert; guests bring an entrée or side dish and drinks to share.

**Events and Activities**

Visit the PWC calendar at <http://www.pwckitsap.org/events-calendar/> for activities, trips, and updates. Please use the RSVP feature on the calendar if interested in a trip.

	Green Mtn Hike and Social (every Thur)	Various PWC Hosts		RSVP on PWC site
7/23/2023	Last Minute Hike - Little River Trail (Olympics)	Doug Savage	360-994-0003	thehiker@comcast.net
7/28/2023	Deer Ridge	Stevo Pavkovic	360-813-2743	stevoandlisa@gmail.com
7/28/2023	Monthly Potluck	Irene Bach	360-479-1309	redpeaceros@yahoo.com
7/30/2023	Dungeness Spit Hike	Emily Grice	206-669-0817	emilykgrice@gmail.com
8/3/2023	Goat Rocks Wilderness	Doug Terry	360-550-7911	672terry@gmail.com
8/6/2023	Fort Worden Hike	Emily Grice	206-669-0817	emilykgrice@gmail.com
8/9/2023	MAP Meeting	Margaret Poshusta	360-692-0126	marg8733@comcast.net
8/11/2023	Dry Creek Trail	Stevo Pavkovic	360-813-2743	stevoandlisa@gmail.com
8/11/2023	Boulder Shelter Area or Home Lake	Doug Terry	360-550-7911	672terry@gmail.com
8/12/2023	MTTA Work Party	Tony Abruzzo	360-871-5754	abruzzo1945@gmail.com
8/13/2023	Alderbrook	Cathie Strand	714-328-6697	
8/17/2023	Camp and Tramp	Emily Grice	206-669-0817	emilykgrice@gmail.com
8/18/2023	Mount Elinor	Stevo Pavkovic	360-813-2743	stevoandlisa@gmail.com
8/19/2023	Glacier Basin Trail at Mt. Rainier Hike	Emily Grice	206-669-0817	emilykgrice@gmail.com
8/25/2023	Monthly Potluck	Greg Myrick	360-649-1648	gmyrick49@gmail.com
9/8/2023	Victoria on a Budget	Doug Terry	360-550-7911	672terry@gmail.com
9/9/2023	MTTA Work Party	Tony Abruzzo	360-871-5754	abruzzo1945@gmail.com

**About PWC Activities and Outings:**

- PWC outings and other activities are open to everyone. If you enjoy our club and what we do, please become a member! For \$25 a year, your membership helps pay the bills and keeps the club moving forward.
- As a courtesy to the sponsor of the outing you are joining, please call with cancellations or requests at least two days in advance for single-day outings, and as soon as possible for overnight outings. This allows the sponsor time to make alternate plans should a trip need to be canceled or changed for any reason.
- Please leave pets at home unless the trip is specifically listed as welcoming them.
- **Carpool and Ride Sharing.** We strongly encourage carpooling and ridesharing to reduce impact to trailheads, minimize our environmental footprint, and reduce costs. Please be considerate of your drivers, including situations when you ride with different drivers in each direction. The amount you contribute to your driver should reflect the distance driven, the cost of gas, tolls, and parking fees.
- **Safety First!** For liability reasons, trip sponsors should not be considered instructors or leaders. If you are unsure of your ability to participate in an activity, discuss the trip thoroughly with the sponsor, but the responsibility for your safety is yours. Each participant is responsible for their own comfort, safety and route finding. **Always carry the 10 essentials!**



**Note:** Please feel free to send trip photos, trip reports, or any other suggestions/changes that you would like to see in the Penwicle to Margaret Poshusta ([Marg8733@comcast.net](mailto:Marg8733@comcast.net)) so that they may be included in the newsletter. Thank you.

**Mt. Rose:** 6.4 miles roundtrip, elevation gain 3,500 ft. Hike a steep trail to a rocky perch with views of Lake Cushman and the southeastern corner of the Olympic Mountains. From its lofty perch above Lake Cushman and the southeastern corner of the Olympic Mountains, Mount Rose lures a steady stream of hikers May through October. No matter you plan your hike, be prepared to do some climbing. Though Mount Rose is "only" 4,131 feet at its rocky peak, a challenging stretch of climbing -- 3,500 feet of it -- stands between you and those great south-facing views. Given the relatively short length from the trailhead to the summit, you'll be gaining close to 1,200 feet per mile. Mount Rose owes its name to Alfred A. Rose, who in 1885 settled at Lake Cushman with his wife and their three daughters. He and one of his daughters died of smallpox only four years later. (wta.org)



Photos by Kristy Kane

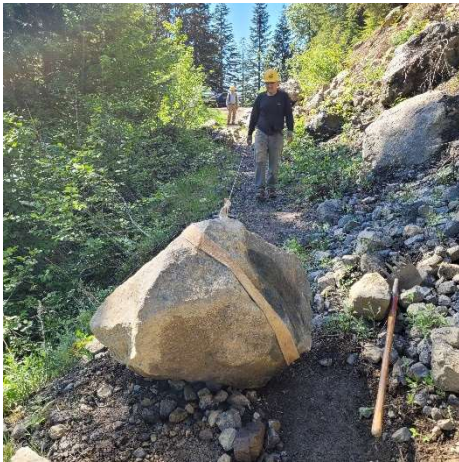
**Mount Teneriffe-Kamikaze Trail:** 7.4 miles roundtrip, elevation gain 3,917 ft. The summit of Mount Teneriffe offers great views of the surrounding peaks such as Mount Si, Dixie Peak and Green Mountain. This hike begins on the Mount Teneriffe Trail as a gentle climb through coastal rainforest. After a few miles, it turns into a more challenging hike. The trail gains elevation quickly, but also offers amazing views. Enjoy many great spots to stop and take in the mountains on your climb to the peak. (alltrails.com)



Photos by Stevo Pavkovic



**Jefferson Pass Maintenance—MRTC Update:** Jefferson Pass is located on 2419 that you take to the Upper Mt. Ellinor trailhead. Just a little farther where you take the left to go up the 2419 road, the road is closed because of a washout. Jefferson Pass is about 1/2 mile beyond the washout. We never made it to the trail. The washout/slide area covered the trail. Rocks and a few boulders were repositioned to move the trail back away from the edge of the slide and straightened out the path. Now, it is much more user friendly. (John Jurgens)



Before

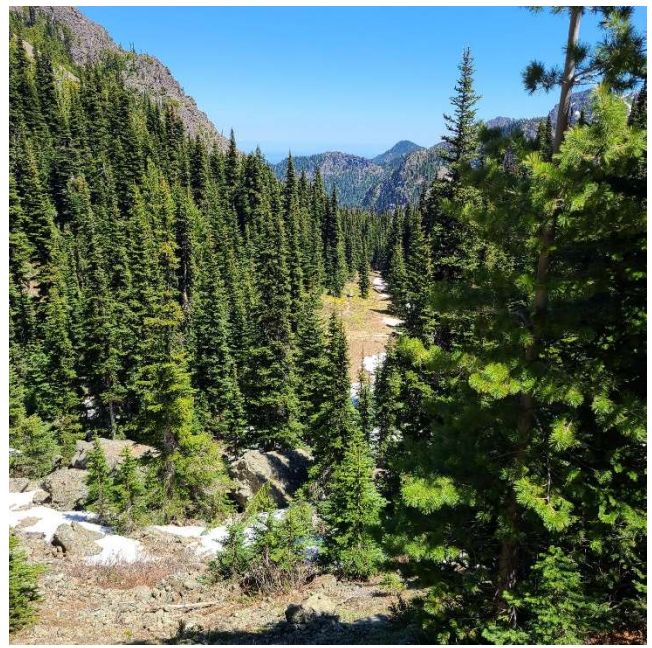
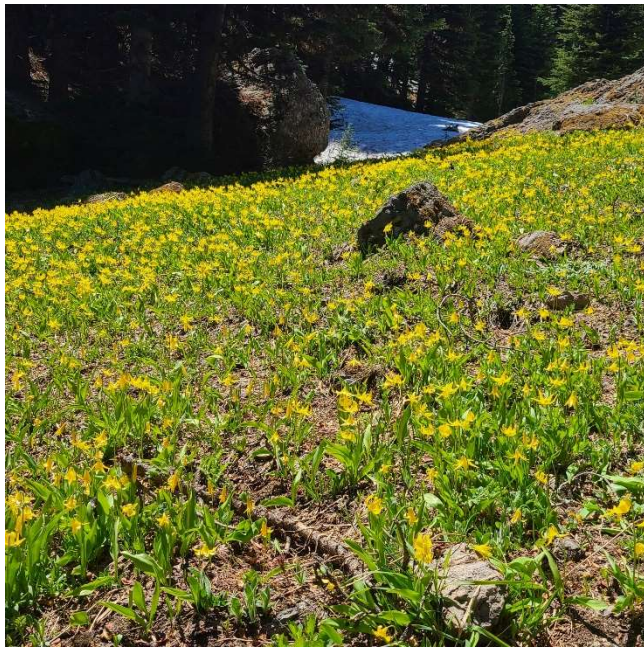


After

Photos by John Jurgens



**Marmot Pass:** 11.5 miles roundtrip, elevation gain 3,489 ft. Marmot Pass offers great views and a gentle hike through old-growth forest as well as high meadows. It is a great day hike, but also offers a great starting place for a variety of overnight options. Don't leave Marmot Pass – Upper Big Quilcene off your list of must do hikes on the Olympic Peninsula, and don't be scared off by the nearly 3,500 feet of elevation gain in a little over 6.25 miles. The trail is in great condition and the longest section of steeper trail is only three-quarters of a mile. (wta.org)



Photos from PWC Facebook Page



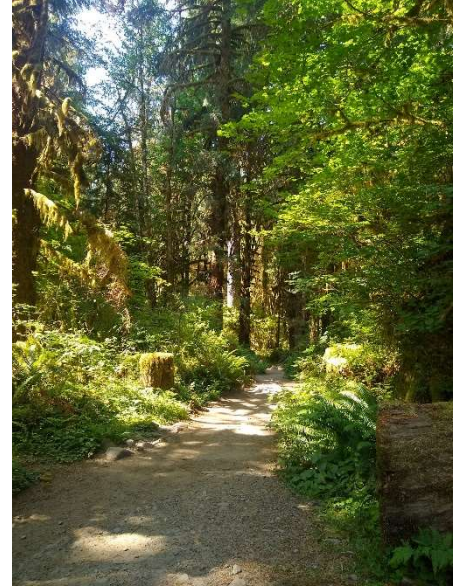
**Hawk Peak:** 8 miles roundtrip, elevation gain 2,700 ft. The views from the top are incredible. You look straight down to Silver Lake 1,100 feet below you and into Tull Canyon behind you. South and East is the entire Puget Sound area, including downtown Seattle, the Hood Canal Bridge, and the Strait of Juan de Fuca. The entire range of cascades from Baker in the North to Mt. St. Helens in the South can be seen on a clear day. You also have a bird's eye view of Copper Mt. and Iron Mt. to the west and beyond these to Marmot Pass, Boulder Ridge, Warrior Peak and Mt. Constance. To the north is the line of Grey wolf peaks: Tyler, Baldy, Grey wolf, and Walkinshaw. Beyond are Sequim, the Strait and Victoria, Canada on Vancouver Island. (exploreolympics.com)



Photos by Stevo Pavkovic, Christine Plepys, Doug Savage, Cathie Strand

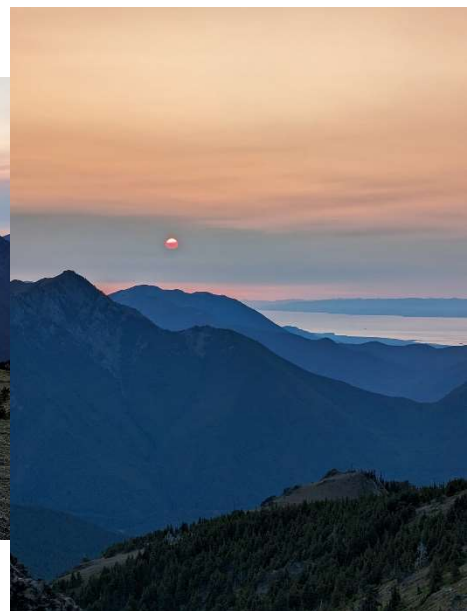


**Hoh Rain Forest:** The Hoh Rainforest is centered in the region of western Washington and is among the United States' major tropical rainforests. It entails a low elevation landscape of 394 to 2,493 feet alongside the Hoh Stream for 24 miles. The Ravine of the Hoh River was created centuries ago by icebergs. The Hoh River begins from the Hoh Glacier near Mount Olympus, around 90 km lengthy, and moves west via the Olympic Peaks of the Olympic Nature Reserve, and across the highlands in a wide region and then finally, unloads at the Pacific Ocean. The Hoh Rainforest and the River Trail is among the seven wonders of Washington. Most of the wonders are great to be visited on a sunny day but, the Hoh Rainforest should be visited on a rainy and chilly day because it is the time when it looks the most dreamy and breathtaking. (hikingwashington.com)



Photos by Cathie Strand

**Mount Townsend:** 8 miles roundtrip, elevation gain 3,010 ft. Mount Townsend offers rhododendrons in May and June, wildflowers June through August, then berries in August and September and fall colors in, well, fall. Add in old growth, some tucked away waterfalls, and a windswept, turtleback summit with views north across the Strait and San Juans, west and south into and along the Olympics and east across the Sound to the Cascades, and you've got the perfect year-round hike. (wta.org)



Photos by Robyn Denson and Kristy Kane



**PWC Annual Picnic:**

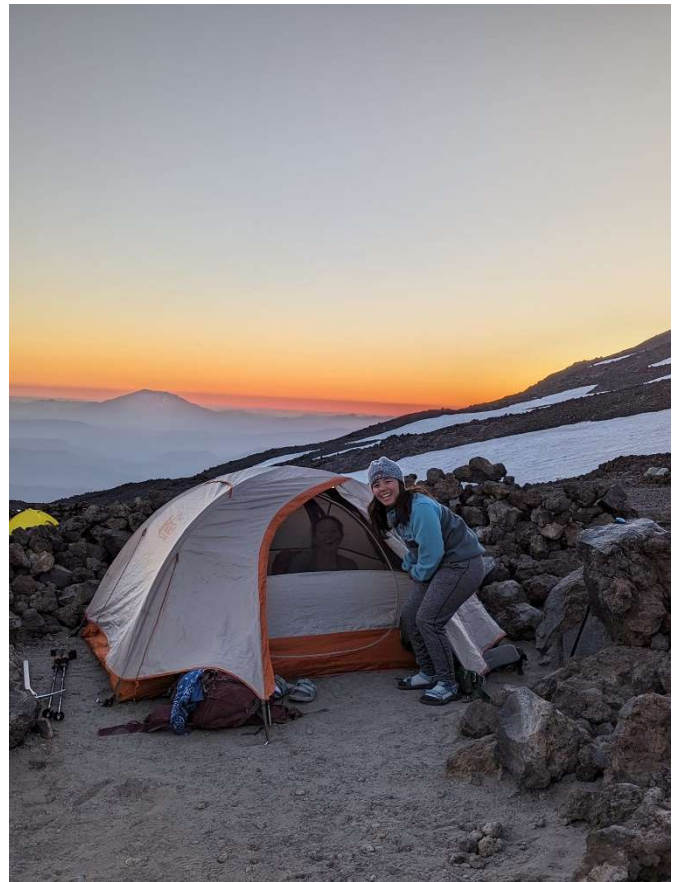


Photos by Robyn Denson and Steve Osburn



**Mount Adams:** 12 miles roundtrip, elevation gain 6,700 ft. The South Climb (or Lunch Counter Approach) of Mount Adams is the one that requires the least amount of technical expertise. However, ice axes, trekking poles, and crampons or microspikes (depending on the season) are required to summit. Hikers who put this investment in will be rewarded with stunning views on a clear day, as well as the satisfaction of having made it up one of Washington's five volcanoes.

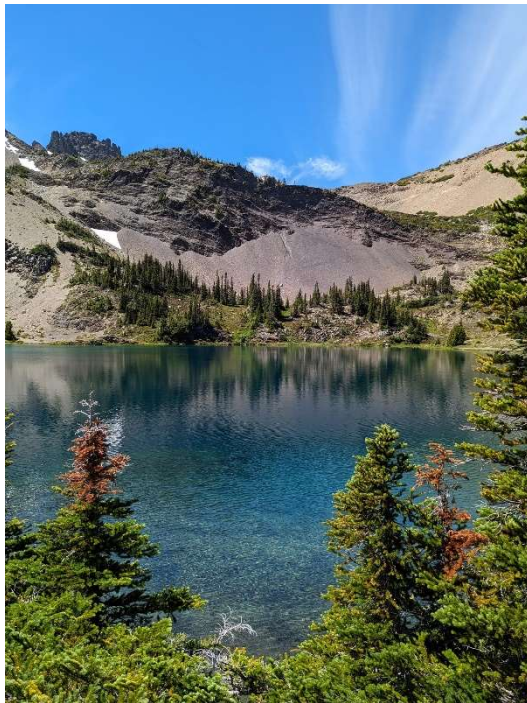
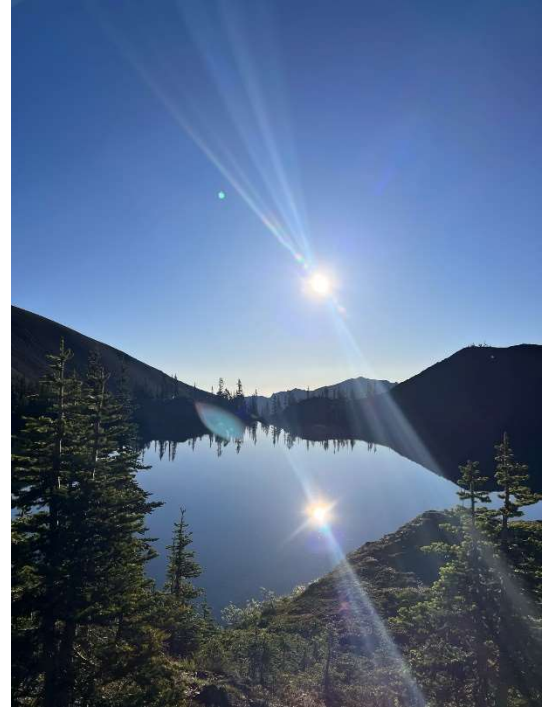
Many climbers attempt this mountain over two days, beginning their ascent from the trailhead and heading to the Lunch Counter for the first evening. With an early morning wakeup call, they reach the summit early in the day, when the snow is still sturdy from cold overnight temperatures, and head down after snapping some summit shots. (wta.org)



Photos by Behrang Asgharian and Robyn Denson



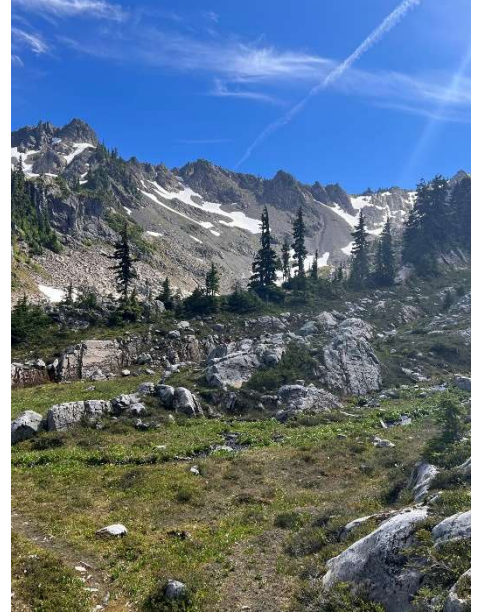
**Goat Lake:** 10.9 miles roundtrip, elevation gain 3,579 ft. A nice hike with plenty of variety. Beautiful forest, a rushing creek, waterfalls of all shapes and sizes, history, and of course a large blue-green lake surrounded by snowy peaks. At 10.4 miles, it can be either a day-hike or a quick early season overnight.



Photos by Robyn Denson and Kristy Kane



**Lake of the Angels:** 7 miles roundtrip, elevation gain 3,400 ft. Tucked high in the mountains of the Olympic Peninsula, in the appropriately named Valley of Heaven is a breathtaking lake--the Lake of the Angels. The heavenly goal is accessed by a trail built for more mortal interests. Keep in mind though; if you tackle this trail, it's devilishly difficult. In some places, it requires a vertical climb where falling is not an option. Be prepared, both physically and mentally, for this challenging hike. Carl Putvin was a trapper who lived in this area at the turn of the 19th century, trying to eke out a living on the harsh land of the Olympic Peninsula. The trail to the lake bears his name, as testament to the intensity of the life he carved out here. (wta.org)



Photos by Kristy Kane

**NOTICES:**

Goodies are always accepted for the monthly general meeting. You can show off your baking skills or stop at the grocery store; either is greatly appreciated. Thank you.



# Know Where to Pitch a Tent (wta.com)

## Where to Pitch Your Tent: Backcountry Campsite Tips:

You've hiked all day and you're ready to create a pop-up home for the night. Maybe you have the perfect backcountry campsite in mind. Maybe not. Maybe it's already been snagged by other hikers.

If you have to set up camp at the end of a day on the trail, do you know what you're looking for? How well do you know your Leave No Trace principles?

## Know Where to Go:

One of the trickier parts of backpacking is figuring out which trails allow backcountry camping, and where the tent sites are located.

The rules and regulations on backcountry camping vary between land managers, so it's important to know who manages the land you're hoping to visit. Backcountry camping is generally not allowed in Washington State Parks or on Department of Natural Resources lands (though they have a wealth of car camping options available). National Forest, National Park and Bureau of Land Management (BLM) lands are your best bet for backcountry camping.

All backcountry campsites in Mount Rainier, North Cascades and Olympic National Park require an overnight permit for the specific campsite you are visiting. These can usually be acquired online in advance of your trip, or on a walk-up basis by visiting the relevant ranger station. Camping at these locations without a permit is prohibited. Camping at non-established campsites is also prohibited unless you have a cross-country zone pass from the park.

Washington's national forests and BLM lands, on the other hand, are rife with backcountry camping opportunities that don't require as much advanced planning. In most cases, you will only be required to self-register for a free permit at the trailhead, though there are a few notable exceptions where permits need to be reserved in advance (such as the Enchantments and Mount Margaret Backcountry).

## Researching Campsites from Home:

Once you know backcountry camping is allowed on the land you're visiting--you'll want to find out where, exactly, you can expect to stay on the trail. It's much easier to research campsite locations from home ahead of time, rather than seek them out on the trail when you're tired and it's nearing sunset.

There are several different ways you can go about doing that research, and these tips will get you off on a great start:

- **Check hiking guides.** For popular backpacking spots, check the list of backcountry campsite locations and how far up the trail they are. Start your research by giving the hike entry a thorough read.
- **Check trip reports.** If you're lucky, a fellow hiker has backpacked the trail you are hoping to visit and written a trip report about their experience. A trip report search makes it easy to sort past reports by "Overnight" or "Multi-night backpacking" trips. If you find a helpful trip report, but the reporter doesn't explicitly mention campsites — don't be afraid to reach out via a comment and ask questions!
- **Refer to a hiking map.** Hiking-specific maps have a wealth of useful information. Green Trails Maps denote the location of established backcountry campsites on all of their maps, and they include other helpful information for backpackers like water sources and land boundaries.
- **Check with the land manager.** Land manager websites often suggest good camp locations, and let you know if and where campsites are prohibited. You can also reach out by phone if needed. Rangers will know better than anyone if a trail has viable backcountry camping options, and can tell you any pertinent regulations for the area.
- **Ask for help.** The Washington hiking community has a vast amount of knowledge — use it! Seek advice from an online hiking group or forum.

If you are planning to stay at a first-come, first-serve site, it is worth noting a few backup options in case your first choice is occupied when you arrive. Try to get an early start so you can snag your desired campsite (and have enough daylight to reach your backup site, if needed).

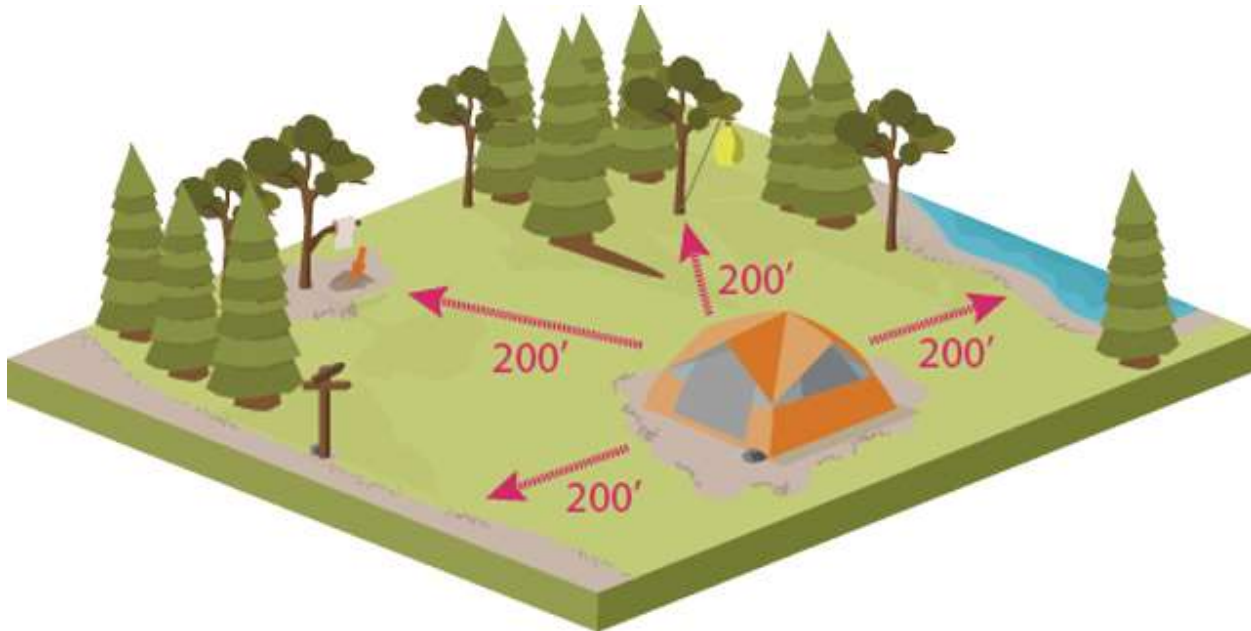


## Finding Campsites on the Trail:

You've been hiking all day, you've made it to your stopping point, and now you need to find a place to pitch your tent. Do you know what to look for? Well-established campsites will often have a 'camp' sign to denote them and may have other features like bear wires or signs for a nearby backcountry toilet. Unsigned campsites may feel less official, but you can usually tell if they are cool to camp on based on a few factors.

If you find a spot that seems legit but isn't signed, look out for these telltale signs:

- **The site is on a durable, impacted surface.** Campsites should always be on a durable surface like compact dirt, sand, rock or snow. Don't set up camp (or travel) on fragile areas like alpine meadows or heather.
- **The site is a good distance away from waterways and main trails.** A good campsite should follow the rule of 200 feet. Make sure your tent is set up 200 feet from the trail, any water sources, your toilet, and your food storage. Sometimes, you may find an established campsite closer than 200 feet to water — in that case, it is better to use the established site than create a new one.
- **The site has an established fire ring.** Log or stump benches are also a sign of an oft-used campsite. Note: not all fire rings are established and/or permitted.



The Rule of 200 Feet: setting up camp in the backcountry. Illustration by Whitney Maass.

## Tips for Maintaining a Low-Impact Campsite:

Leave No Trace ethics are so important for maintaining a thriving backcountry. As you set up camp and enjoy your night under the stars, keep these low-impact tips in mind:

- **Do not cut vegetation, build structures or create windbreaks.** Campsites should always be left in the same (or better!) condition than you found them.
- **Have a campfire only if there is an established fire ring** if the managing agency permits campfires, and if conditions are safe. Most areas prohibit campfires above 5,000 feet in elevation or at certain times during the year, so check before you go. Keep backcountry fires small. Use wood that is smaller in diameter than your wrist; collect downfall and never cut live trees. Never burn garbage or food scraps.
- **Learn bathroom etiquette.** If you're spending the night on the trail, odds are you're going to need to use the bathroom at some point. If a backcountry toilet is not available at your campsite, you will need to do a bit more work to take care of business. Bring a trowel with you in case you need to dig a cathole to bury your waste. We'd also recommend bringing a Ziploc bag to carry out any toilet paper you use. Consider bringing a pee rag or Kula Cloth to minimize toilet paper use altogether.



- **Store your food appropriately.** Proper food storage is essential any time you're in camp, as critters both big and small will be attracted to your food. If you are preparing a meal, you should always be within an arm's length of your food, and it's a good practice to keep your container closed at all times. If you're camping in bear country, it can be a good idea to take an early dinner break, and then continue hiking for a while before choosing a campsite. This keeps the potentially alluring scent of your dinner far away from your tent.  
When leaving camp to explore, or turning in at night, put all of your food, scented toiletries and trash into your container. Then find a place to store your food away from your tent site and dishwashing location. Hang bags should be on a tall tree with sturdy branches, at least 10 feet off the ground, and 6 feet out from the tree's trunk. Canisters should be somewhere where it won't roll down a hill or into a river if a curious critter decides to poke it around.
- **Pack it in, pack it out.** As with any hike, ensure you carry out everything you carried in and don't leave anything behind on the trail.

**Next month:** Blister prevention and care



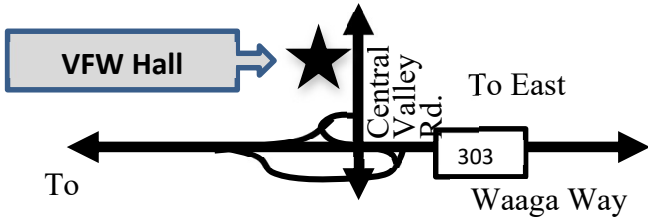
## Club News

### PWC Online... <http://www.pwckitsap.org/>

Go to the website to find upcoming trips, trip reports, photos, a discussion forum, and more!

### PWC General Meeting

The PWC General Meeting is held the first Wednesday of each month at 7:00 p.m. at the VFW Hall at 9981 Central Valley Road in Bremerton WA.



**WELCOME FRIENDS!!!** If you are a guest or new member, please introduce yourself and ask for help, or look for someone who can answer questions and point out members who share your interests. However, to really get to know us – come to a potluck or go on an outing with us!

### Sponsor an Outing!

If you are a club member and interested in leading an outing, let us know about it so we can post it! Even if you list your trip in other forums, including it as a PWC event helps connect people and groups, and helps the club stay active. To sponsor an outing, come to a MAP meeting to discuss your trip, or fill out the form on our website, or email or call the info to our Calendar Editor, Christine Plepys, at [c\\_plepys@yahoo.com](mailto:c_plepys@yahoo.com) and 859-240-2704 or Emily Grice at [emilykgrice@gmail.com](mailto:emilykgrice@gmail.com) and 206-669-0817, or to our Webmaster, Jay Thompson, at [pwadmin@pwckitsap.org](mailto:pwadmin@pwckitsap.org) and 360-307-0037.

### We Need Your House!

The club's Monthly Activities Planning (MAP) meetings and potluck dinners are held at a member's home. If you can handle a small home invasion, please contact the Calendar Editor, Emily Grice at [emilykgrice@gmail.com](mailto:emilykgrice@gmail.com) or 206-669-0817.

### PENWICLE Submissions

Email your PENWICLE submission by the deadline to ensure it is included in the next issue. *Please send calendar entries in advance (see "Sponsor an Outing!" on this page),* and for other PENWICLE submissions, send an email to the Webmaster, Jay Thompson, at [pwadmin@pwckitsap.org](mailto:pwadmin@pwckitsap.org)

### Your Trip Photos Wanted!

Do you have some great PWC trip pictures you'd like to share? Each month we need your photos to share during the PWC General Meeting slide show and in the PENWICLE. Contact Jay Thompson ([jaythom1@hotmail.com](mailto:jaythom1@hotmail.com)), our Dropbox manager, to find out how!

## Club Business

### Email, Address or Phone Number Changes

Send changes to the PWC Treasurer, Marti Howard at:

Peninsula Wilderness Club  
P.O. Box 323  
Bremerton, WA 98337-0070

### Joining/Renewing your Membership

To join or renew, please see the form on the back of this newsletter. PWC members receive a discount on select merchandise or services at the following businesses (check with vendor for details):

- Ajax Café, Port Hadlock, <http://www.ajaxcafe.com/>
- Back of Beyond, Bainbridge Is., <http://www.tothebackofbeyond.com>
- Commander's Beach House Bed and Breakfast, Port Townsend <http://www.commandersbeachhouse.com/>
- Wilderrest and The Gear Stash, Bainbridge Island <http://wilderrestoutdoorstore.com>
- Olympic Outdoor Center, Port Gamble <http://www.olympicoutdoorcenter.com/>
- Poulsbo Running, Poulsbo, <http://www.poulsborunning.com>
- The Quick Fix, Port Orchard, [cmountaindave@aol.com](mailto:cmountaindave@aol.com) and 360-871-5577

### PWC Officers and Staff

Co-Presidents.....	Erin Hennings.....	360-621-6961
	Stevio Pavkovic.....	360-813-2743
	Cathie Strand.....	714-328-6697
Vice President.....	Tony Abruzzo.....	360-871-5754
Secretary.....	Megan Thompson.....	360-473-6126
Treasurer.....	Marti Howard.....	360-620-2991
President Emeritus.....	Doug Savage.....	360-994-0003
Members at Large.....	Truett DuPuis.....	253-358-0242
	Peter Kalmar.....	360-286-0328
	Jenny Lymangrover.....	408-203-2277
Entertainment.....	Jay Thompson.....	360-307-0037
Annual Picnic.....	Tony Abruzzo.....	360-871-5754
Refreshments.....	Tina Fox.....	360-649-0424
Membership Database.....	Marti Howard.....	360-620-2991
Webmaster.....	Jay Thompson.....	360-307-0037
Calendar Editor.....	Christine Plepys.....	859-240-2704
Dropbox Manager.....	Jay Thompson.....	360-307-0037
PWC Historian.....	Margaret Poshusta.....	360-692-0126
PENWICLE Editor.....	Margaret Poshusta.....	360-692-0126





The Peninsula Wilderness Club (PWC) is an organization for people interested in active outdoor pursuits. Main activities include hiking, backpacking, mountain climbing, rock climbing, skiing, snowshoeing, kayaking, and bicycle riding. All outings - from casual hikes to technical mountain sports - are initiated by individual members who volunteer to make minimal arrangements so an outing can take place. They do not accept responsibility for the safety, training or care of any participant, and members are expected to have whatever clothing, equipment, skills, and physical conditioning are appropriate for the outing they wish to join. Members practice responsible environmental stewardship and accept that there are dangers and a risk of injury in most outdoor activities.

Dues are \$25 per household per year. Bring dues to a PWC General meeting, or send a check or money order to:

Peninsula Wilderness Club  
P.O. Box 323  
Bremerton, WA 98337-0070

Please check if: New Member(s)  Renewing Member(s)  Change of Address

Name(s): \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

For new members – how did you hear about us? \_\_\_\_\_

(Please print clearly)

NOTE: New members will receive the PENWICLE newsletter by email, or can download a copy via the PWC website.

Check here if you do NOT wish any information to be included in the membership list distributed to members.

JUNE 2020 - Time Dated Material  
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