

The PWC Presents: Winter Hiking Safety by Olympic Mountain Rescue

Wednesday, January 4, 2023, at 7:00 pm – 9:00 pm VFW Post 4992 9981 Central Valley Road Bremerton, WA 98311

Members from Olympic Mountain Rescue will be giving a presentation on winter hiking safety. Topics will include - clothing, the essentials, some NWAC (Northwest Avalanche Center) information, and a demonstration of pin point avalanche beacon locating.



MAP: Monthly Activity Planning Meeting

Wednesday, January 11, 2023, 7:00 pm – 8:30 pm Host: Jayson and Dorothy Shoecraft Phone: 360-265-7851; E-mail: Dorothyhs@wavecable.com Help schedule PWC events and outings, and discuss club business. All are invited. BYOB and snacks to share are always welcome.

Monthly Potluck

No monthly potluck during month of December.

Potlucks are a great way to meet others and learn more about the club. Host provides dessert; guests bring an entrée or side dish and drinks to share.

Events and Activities

Visit the PWC calendar at <u>http://www.pwckitsap.org/events-calendar/</u> for activities, trips, and updates. <u>Please</u> use the RSVP feature on the calendar if interested in a trip.

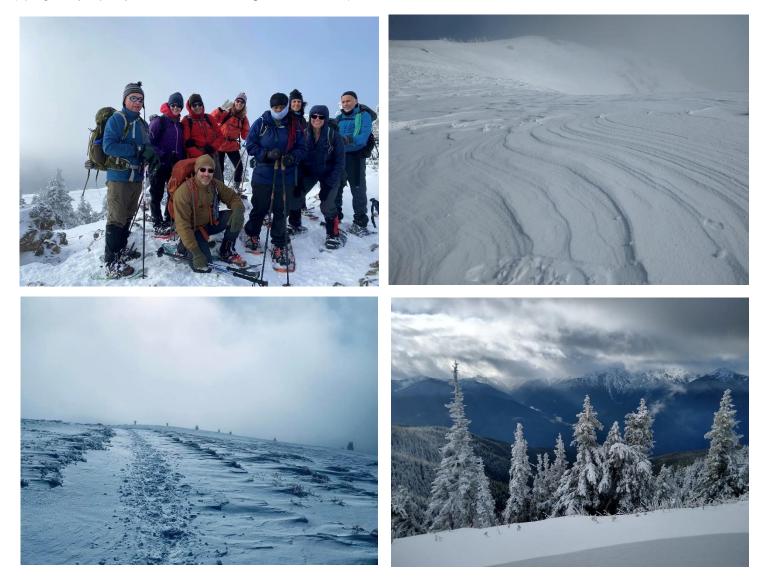
12/28/2022	Snowshoe to Snowbowl Hut	Doug Savage	360-994-0003	thehiker@comcast.net
12/30/2022	Mount Walker	Stevo Pavkovic	360-813-2743	stevoandlisa@gmail.com
1/1/2023	New Year's Hike - Fort Worden	Jayson and Dorothy Shoecraft	360-265-7851	Dorothyhs@wavecable.com
1/7/2023	Ski or Showshoe to Snowbowl Hut - MTTA	Doug Savage	360-994-0003	thehiker@comcast.net
1/7/2023	Clear Creek hike	Emily Grice (new)	206-669-0817	emilykgrice@gmail.com
1/11/2023	MAP Meeting	Jayson and Dorothy Shoecraft	360-265-7851	Dorothyhs@wavecable.com
1/14/2023	Big Creek Hike	Jayson and Dorothy Shoecraft	360-265-7851	Dorothyhs@wavecable.com
1/20/2023	Mount Walker	Stevo Pavkovic	360-813-2743	stevoandlisa@gmail.com
1/21/2023	Ski or Snowshoe to Copper Creek Hut - MTTA	Doug Savage	360-994-0003	thehiker@comcast.net
1/22/2023	Elk Lodge – Mazama (1/22 – 1/24)	Tom Banks	508-579-2521	rangertwb@aol.com
1/27/2023	Monthly Potluck	Cathie Strand	714-328-6697	cathiestrand@hotmail.com
1/27/2023	Mt. Rose	Barbara Ablitt		bjablitt@comcast.net
1/27/2023	Mt. Elinor	John Howard	360-516-0222	howiejm60@gmail.com
2/4/2023	Ski or Snowshoe to Snowbowl Hut - MTTA	Doug Savage	360-994-0003	thehiker@comcast.net
2/8/2023	MAP Meeting	Christine Plepys	859-240-2704	c_plepys@yahoo.com
2/12/2023	Elk Lodge - Mazama (2/12 – 2/15)	Emily Grice	206-669-0817	emilykgrice@gmail.com
2/18/2023	Winterfest (2/18 – 2/20)	Kanita Sellers	757-235-0594	
2/25/2023	Ski or Snowshoe to the Yurt Hut – MTTA	Doug Savage	360-994-0003	thehiker@comcast.net

About PWC Activities and Outings:

- PWC outings and other activities are open to everyone. If you enjoy our club and what we do, please become a member! For \$25 a year, your membership helps pay the bills and keeps the club moving forward.
- As a courtesy to the sponsor of the outing you are joining, please call with cancellations or requests at least two days in advance for single-day outings, and as soon as possible for overnight outings. This allows the sponsor time to make alternate plans should a trip need to be canceled or changed for any reason.
- Please leave pets at home unless the trip is specifically listed as welcoming them.
- Carpool and Ride Sharing. We strongly encourage carpooling and ridesharing to reduce impact to trailheads, minimize our environmental footprint, and reduce costs. Please be considerate of your drivers, including situations when you ride with different drivers in each direction. The amount you contribute to your driver should reflect the distance driven, the cost of gas, tolls, and parking fees.
- **Safety First!** For liability reasons, trip sponsors should not be considered instructors or leaders. If you are unsure of your ability to participate in an activity, discuss the trip thoroughly with the sponsor, but the responsibility for your safety is yours. Each participant is responsible for their own comfort, safety and route finding. *Always carry the 10 essentials!*

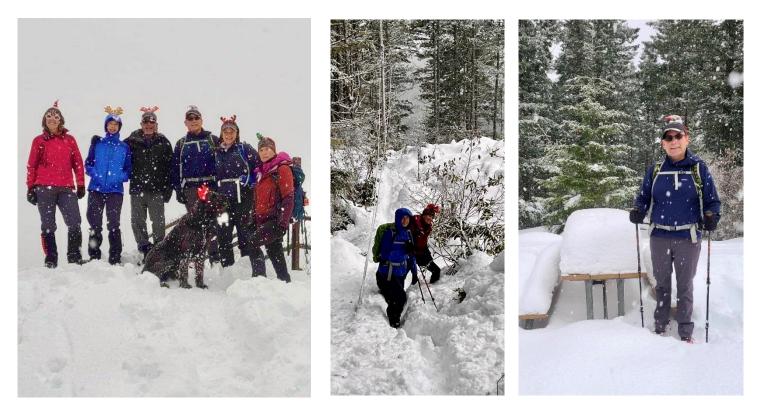
Note: Please feel free to send trip photos, trip reports, or any other suggestions/changes that you would like to see in the Penwicle to Margaret Poshusta (<u>Marg8733@comcast.net</u>) so that they may be included in the newsletter. Thank you.

Hurricane Ridge: At an elevation of 5,242 feet, Hurricane Ridge is Olympic's alpine destination in winter. Typically snowcovered, Hurricane Ridge provides opportunities for snowshoeing, cross-country and downhill skiing, snowboarding, tubing and more. Hurricane Ridge's winter season is generally late November through the end of March. Winter season operations for Hurricane Ridge are set to begin on Friday, November 25, 2022, and end on March 26, 2022. (nps.gov/olym/planyourvisit/hurricane-ridge-in-winter.htm)



Photos by Cathie Strong and Steve Pavkovic

Green Mountain:



<u>Historical Photos</u>. The remainder of the historical photos have been scanned. Margaret Poshusta will bring these photos to the next couple general meetings, so people can look at them and take whichever ones they'd like to keep.

For Sale. Two Seward Kevlar Kayaks, Model "Vision" 17 ft, 53 lbs. with carbon paddles and all required equipment. Asking \$2,000 each. Contact Tom Black @ 360-377-7031.



Cold-Weather Hiking Tips (rei.com)

Hiking during the winter can be fun as long as you prepare with these tips.

It doesn't have to be the middle of winter to make cold weather a concern on your hiking trip. Depending on where you live and where you're hiking, you can encounter cold temperatures any time of year that can make your trip uncomfortable, or worse, cause a serious injury or illness.

Clothing and Gear Tips:

To stay comfortable on a cold-weather hike, it's critical to wear the right clothing and carry the right gear.

Wear layers: Layering is a three-part system that includes a base layer that wicks perspiration away from your skin, a mid-layer that insulates you from the cold and a shell layer that keeps wind and moisture out. The goal with layering is to add and remove layers throughout your hike so you can stay warm and comfortable without overheating and getting sweaty. It can feel like a chore to stop and change clothes, but it's really important to stay dry. Getting wet on a cold day can possibly lead to hypothermia.

Say no to cotton: When cotton gets wet, it takes a very long time to dry, which can leave you feeling damp, cold and miserable. Synthetic and wool layers dry much faster and will move perspiration away from your skin.

Cover your skin: Any skin that is exposed to freezing temperatures and cold wind is prone to frostbite. Take special care of your nose, cheeks, ears, fingers and toes.

- For your hands, try wearing lightweight or midweight fleece gloves under waterproof shell mittens or shell gloves. It's
 also a good idea to bring an extra pair of fleece gloves that you keep stowed in your pack in case the ones you're
 wearing get wet.
- For your feet, wear synthetic or wool socks that fit well. Thicker socks provide more insulation, but make sure they don't cause your boots to fit too tight, which can cut off circulation. It's also important to keep your feet dry, so carrying an extra pair of socks to change into is a good idea. Wear waterproof boots if you'll be trekking through snow, and if you'll be in very cold temperatures, you might require boots with built-in insulation.
- For your nose and cheeks, try a neck gaiter for face mask.
- For your ears, a winter hat or headband can do the trick. A neck gaiter or face mask may also provide coverage for your ears.

Avoid tight clothing: Wristwatch bands, cuffs of gloves, gaiters and boots that are too tight can cause poor circulation, which can increase your chance of getting frostbite. Make sure your clothing and gear fit properly.

Add heat: Hand warmer and toe warmer packets are a great way to warm up your digits, especially if you're prone to cold fingers and toes.

Wear a hat: You can lose heat through the top of your head, so pull a winter hat on if you're feeling chilly.

Keep snow out with gaiters: If your hike will take you through deep snow, gaiters are a must for keeping snow out of your boots. They also add a bit of warmth. Be sure to use waterproof/breathable gaiters for hiking in snow.

Bring goggles or sunglasses: Always protect your eyes from the sun and wind. Many goggles and some sunglasses allow you to swap lenses in and out so you can select the right lens tint for the weather.

Pack a headlamp: If you're hiking in winter, you'll have less daylight hours, especially if you're in the northern part of the U.S. You don't have to end your trip when the sun goes down, but you must be prepared to hike in the dark. Have a sense for how many hours of usable daylight you have and always pack a headlamp with fresh batteries.

Keep batteries warm: Cold weather can kill batteries quickly. Lithium batteries tend to hold up better in cold temperatures than alkaline batteries, but no matter what battery type you use, it's best if you try to keep them warm. Stowing your headlamp, GPS, cellphone and other electronics in a pocket close to your body can help.

Apply sunscreen: Just because it's cold out doesn't mean you stop worrying about sunburn. In fact, if there's snow on the ground, the sun's rays can reflect back up at you, so you need to be diligent about applying sunscreen on the underside of your nose and chin and around your neck.

Bring the Ten Essentials: The Ten Essentials are a collection of items that help outdoor adventurers be prepared for emergency situations. It's wise to take these items along whenever you head out for a hike, but perhaps even more so when exploring in cold weather where consequences of a mishap can be more severe.

Food and Hydration Tips:

Your body's metabolism is its best heat source, so you need to keep it fueled up with food and water.

Remember to eat and drink: When it's cold outside, you might be less inclined to stop for food and water. Make it simple by keeping snacks and water within reach so you can eat and sip regularly throughout the day.

Keep food from freezing: Nobody enjoys chomping on a rock-hard energy bar. Foods like candy bars, chocolate, nuts and cheese tend to stay softer than some other items in cold weather. You may have to experiment to figure out the foods you enjoy that will stay edible in cold weather. Whatever you choose to bring, stowing food close to your body will help keep it thawed.

Don't let your drink tube freeze: If you use a hydration reservoir, you need to keep the drink tube from freezing or else you'll be left with no way to access your water. To solve for this, many reservoir manufacturers make specific items to insulate the tube and bite valve. Some handy hikers have made their own insulation system with some inexpensive foam from a hardware store. Also, try these tips to keep your tube from freezing:

- Sip often to prevent water from freezing solid.
- After drinking, blow back into the reservoir to keep the tube empty.

Use water bottles: In very cold temperatures, you may need to give up the hydration reservoir and use water bottles because the chance of your drink tube freezing is too high. But bottles can freeze, too, and it usually happens from the top down, which means the bottle tops are prone to getting stuck shut. Flipping your bottles upside down will solve that problem (just be sure your bottles don't leak and that the tops are screwed shut securely). Putting the bottles in your pack rather than in exterior pockets will help insulate them from the cold.

Another option is to buy insulated sleeves for your water bottles.

Pack warm drinks: Fill up a vacuum-insulated bottle with hot tea or hot chocolate to sip on when you take a break. The warmth goes a long way toward keeping you comfortable.

Cold-Related Injuries and Illnesses:

Your primary health concerns while hiking in cold weather are frostbite and hypothermia.

Frostbite

Frostbite is the freezing of tissue. It's most common on fingers, toes and ears. There are three levels of frostbite: frostnip, superficial frostbite and deep frostbite. All three can look the same while frozen, so it can be difficult to tell how extreme frostbite is until after the skin has thawed.

Signs of frostbite:

- Skin is cold, waxy and pale.
- You may feel tingling, numbness or pain in the affected area.
- Your skin can feel soft if partially frozen or hard if frozen.
- After thawing, blisters often form with superficial and deep frostbite.

Treatment of frostbite:

Frostnip, the mildest form of frostbite, can be treated by covering up the exposed skin and taking the time to warm the affected area. Placing cold fingers in your armpits or toes on a partner's warm belly are both effective techniques. Do not rub the cold skin or place it under hot running water because the tissue is very susceptible to damage.

If the treatment for frostnip results in blistering, then it's likely you have superficial frostbite or deep frostbite. It's best to get to a doctor for treatment as soon as possible. As with frostnip, avoid hot water that can burn and don't rub the injured area as that can damage the tissue. After thawing you need to be very careful to not let the area refreeze.

Hypothermia

Hypothermia is the result of the body's temperature dropping below normal. Some people assume hypothermia only happens in winter, but a cold rain or the frigid temperature of a rushing river can be enough to cause it. Hypothermia can be life threatening and must be taken seriously.

Signs of mild hypothermia:

- Shivering.
- Minor clumsiness (e.g., trouble operating zippers).
- Slow thinking, confusion, change in mood.

Signs of moderate hypothermia:

- Intense shivering
- Obvious change in coordination (e.g., stumbling, falling).
- Obvious change in mental status (e.g., irritability, forgetfulness).

Severe hypothermia:

- Shivering may stop due to energy depletion.
- Further deterioration of mental status (e.g., disorientation, irrational behavior).
- Pulse may be undetectable.

Treating hypothermia:

The first step in treating hypothermia is to change the hiker's environment. That means if you can get the person indoors, do so. If you're outside and far from shelter, do what you can to get away from whatever is causing the cold stress, such as getting out of the wind and off of snow. If the hiker is wearing wet clothing, swap it out for dry clothes and make sure the hiker is well-insulated. Give the person water and food so they have enough energy to shiver, which is your body's natural way of producing more heat.

With the right treatment, hikers with mild hypothermia can possibly recover and continue on the trip. Hikers with moderate and severe hypothermia should be treated and evacuated as soon as possible.

Preventing Frostbite and Hypothermia

To prevent frostbite and hypothermia you need to actively take care of yourself and your hiking partners. Many of the tips listed above about clothing, gear, food and hydration apply, but here are some additional things to think about:

Stay warm: It's so much easier to stay warm than to get warm. By dressing appropriately, you can maintain a comfortable temperature, which is much simpler than trying to warm up after getting too cold.

Don't try to tough it out: If you feel your fingers or toes getting cold, stop and take the time to check on them and warm them up. Placing cold fingers in your armpits or cold toes on a partner's warm belly are good ways to warm up. Using hand warmer and toe warmer packets is also effective.

Keep an eye on your friends: A good hiking partner keeps an eye on their buddies. Regularly ask your friends how they're doing and if you see pale spots on your friend's face or they're starting to get clumsy on the trail, make them stop and cover up exposed skin or add a warm insulating layer.

Next month: Snow shoes.

PWC Bylaws Revision

On Friday November 4th, the Peninsula Wilderness Board met at the Silverdale VFW Hall to discuss two membership proposals to the club's management structure. Three members have volunteered to serve as co-presidents in the next year (Erin Hennings, Stevo Pavkovic, and Cathie Strand). Additionally, a minor, has volunteered for the board position of member at large (Truett Dupuis). The board researched these proposals and have and found they are in fact legal and we have voted and endorsed them. As such we have chosen to amend the PWC Bylaws as follows:

- Allows multiple persons to serve in one position. (Multiple people serving will only get one vote)
- Teenagers can serve on board as provided by law.
- Allows one teenager per family to vote.

A copy of the proposed bylaws is below. The board has voted to pass these changes. Changes are highlighted in blocks. A general vote on these changes will be held at the January 4th general meeting.

Policies and Bylaws

Below are the policies and bylaws of the Peninsula Wilderness Club.

BYLAWS OF THE PENINSULA WILDERNESS CLUB

(Proposed changes as of November 2022)

Article I — Name

This club shall be known as the Peninsula Wilderness Club.

Article II — Purpose

The purposes for which this club is formed are: To promote the enjoyment, exploration, conservation and protection of the mountains, forests, and water courses through a spirit of good fellowship among lovers of the outdoors. The purposes of the club shall be promoted by meeting monthly to conduct business and share information through slides, movies, demonstrations, and speakers, and by providing paths of communication between members.

Article III — Membership

Members are defined as those who pay all dues and anyone living in their household.

Article IV — Organization

Section 1: The club shall be a nonprofit corporation. The board of directors shall set club policies and dues. The board shall consist of eight directors. The board directors shall be the club president, vice-president, secretary, treasurer, three additional club members-at-large, and a president emeritus, the most recent past president who is available and willing to serve. A quorum shall exist when at least five directors are present. A resolution or appointment shall pass when at least four directors vote in the affirmative (five affirmative votes needed if all 8 board members are present).

The positions of president, vice-president, secretary, and treasurer may be held jointly by multiple people serving a single position (e.g., co-presidents). If a position is held jointly, the position counts as a single director and is allotted a single vote on the board.

A minor may serve on the board within the limitations of federal and state law (e.g., a minor may not assume financial responsibilities).

Section 2: The frequency of board meetings shall be determined by the board. At least one annual board meeting, in the month of March, shall be open to attendance by all members and announced in advance in the club newsletter. The annual board meeting may be moved to another month at the discretion of the board. Policies enacted by the board shall be published in the club newsletter.

Section 3: Club members may submit a written proposal at any time via the club secretary for consideration and response by the board.

Section 4: The names and telephone numbers of the officers and board members shall be carried in the club newsletter. The officers and board members shall attend all meetings and functions to the best of their ability. Section 5: The duty of the office of president shall be to preside at club meetings, ensuring a smooth and efficient dispatch of club business. The president shall function as the chief executive of the club. The president shall have the authority to appoint and replace staff members, as necessary to fulfill the administration and purpose of the club.

Section 6: The vice-president shall assume the presidential duties in the absence of the president. In addition, the vice-president shall coordinate club special events.

Section 7: The secretary of the club shall be responsible for recording the minutes of the monthly meeting and board meetings; maintaining a record of official club correspondence, and keeping written reports from committees.

Section 8: The treasurer shall be the custodian of all funds of the club, keep records of the club's financial transactions, deposit, invest, and disburse club funds in a timely manner, maintain a list of paid up members, collect dues, and maintain the club's post office box. The treasurer shall make records available when requested by the board, and at least once per year for an audit.

Section 9: The board may appoint and dissolve committees as necessary to fulfill the administrative purposes of the club.

Article V — Elections

Section 1: The following positions will be filled by annual election: a president, a vice-president, a secretary, and a treasurer and three board members-at-large. Officers and board members shall serve one-year terms from November 1st through October 31st. Officers and board members shall not serve more than two consecutive terms in the same position unless no other nomination is made for the position. Nomination of an incumbent who has already served two consecutive terms in a position will be allowed only after the regular nomination process shows no other nominees.

Section 2: For election purposes, each paid membership will be allowed one vote for each adult

in the household, up to a maximum of two votes per paid membership. Nominees and anyone making nominations must be voting members of the club. Nominations shall have the prior approval of the person being nominated and may be accepted by any board member up to and including the September general meeting. Nominations by mail must be received at the club's post office address (ATTN: Secretary) prior to the September general meeting. Nominees will be announced in the club newsletter prior to the election process. Elections shall be held at the October general meeting and will be by secret ballot unless there is only one nominee per position, in which case a show of hands or vocal consensus may be called. Members who cannot attend the meeting may vote by sending written, signed correspondence to the club's post office address (ATTN: Secretary) indicating their choices. Mailed-in votes must be received by the October general meeting.

Section 3: Board vacancies that occur part way through the year, or position(s) not filled during the election process shall be filled by appointment through a majority vote of the remaining board directors and the persons appointed shall serve through the following October 31st.

Section 4: Officers or board members not fulfilling responsibilities inherent to their position to the extent the club or club members are detrimentally affected may be removed from their position by the majority vote of the full board of directors.

Article VI – Bylaws/Amendments

Interpretation of these bylaws shall be at the discretion of the board. Amendments to the bylaws may be proposed by the board or by any member by written proposal to the board. Amendments shall require a majority vote of the full membership for approval. Any amendments to the bylaws will be announced in the club newsletter.

POLICIES OF THE PENINSULA WILDERNESS CLUB

Policy #1 Editorial guidelines for the Penwicle.

Singles ads shall be excluded. Feature articles shall exclude harassment of other club members, vulgar or profane language, illegal activities, and remarks that disparage the club's purposes as described in our by-laws. Opinion articles shall have wider latitude, but shall be clearly labeled under the heading "Opinion".

Policy #2 Spending policy.

A. Routine Expenses. The treasurer, may approve all routine bills up to \$300. Routine expenses include, but are not limited to, building rents, other club memberships, printing and mailing expenses, food and beverage expenses, picnic expenses, replacement parts for the projector and computer, office supplies related to newsletter publishing (paper, printer, cartridges, etc.), speaker fees, and internet domain, hosting, and calendar-wiz expenses. **B. Non-Routine Expenses.** The treasurer, with the approval of the president, may authorize any non-routine expense up to \$300.

The Program Coordinator is authorized to spend up to \$300 to pay guest speakers for the monthly meeting. Consultation with the Treasurer prior to making expenditures must occur to assure sufficient funds are available. The President may unilaterally authorize expenditures up to \$75. Between \$75 and \$300 a simple majority of the board members present at a scheduled club function is sufficient approval (obtained by email, or at unannounced, impromptu board member meetings such as at a MAP meeting). Consultation with the Treasurer prior to making purchases should occur for expenses greater than \$75 to assure sufficient funds are available.

Expenses greater than \$300 and up to \$750 must be approved by a majority vote of the board of directors. Expenses over \$750 require board approval and a majority vote by all club members present at the general monthly meeting.

Any non-routine expenditure should be entered into that month's minutes.

Policy #3 Pet policy.

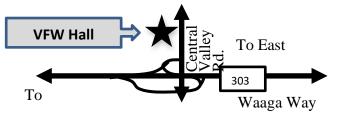
Participant shall not bring pets on club outings unless the trip description specifies that they are welcome.

PWC Online ... http://www.pwckitsap.org/

Go to the website to find upcoming trips, trip reports, photos, a discussion forum, and more!

PWC General Meeting

The PWC General Meeting is held the first Wednesday of each month at 7:00 p.m. at the VFW Hall at 9981 Central Valley Road in Bremerton WA.



WELCOME FRIENDS!!! If you are a guest or new member, please introduce yourself and ask for help, or look for someone who can answer questions and point out members who share your interests. However, to really get to know us – come to a potluck or go on an outing with us!

Sponsor an Outing!

If you are a club member and interested in leading an outing, let us know about it so we can post it! Even if you list your trip in other forums, including it as a PWC event helps connect people and groups, and helps the club stay active. To sponsor an outing, come to a MAP meeting to discuss your trip, or fill out the form on our website, or email or call the info to our Calendar Editor, Christine Plepys, at <u>c_plepys@yahoo.com</u> and 859-240-2704 or Emily Grice at <u>emilykgrice@gmail.com</u> and 206-842-7883, or to our Webmaster, Jay Thompson, at <u>pwcadmin@pwckitsap.org</u> and 360-307-0037.

We Need Your House!

The club's Monthly Activities Planning (MAP) meetings and potluck dinners are held at a member's home. If you can handle a small home invasion, please contact the Calendar Editor, Emily Grice at <u>emilykgrice@gmail.com</u> or 206-842-7883.

PENWICLE Submissions

Email your PENWICLE submission by the deadline to ensure it is included in the next issue. *Please send calendar entries in advance (see "Sponsor an Outing!" on this page),* and for other PENWICLE submissions, send an email to the Webmaster, Jay Thompson, at <u>pwcadmin@pwckitsap.org</u>

Your Trip Photos Wanted!

Do you have some great PWC trip pictures you'd like to share? Each month we need your photos to share during the PWC General Meeting slide show and in the PENWICLE. Contact Jay Thompson (jaythom1@hotmail.com), our Dropbox manager, to find out how!

Email, Address or Phone Number Changes

Send changes to the PWC Treasurer, Marti Howard at:

Peninsula Wilderness Club P.O. Box 323 Bremerton, WA 98337-0070

Joining/Renewing your Membership

To join or renew, please see the form on the back of this newsletter. PWC members receive a discount on select merchandise or services at the following businesses (check with vendor for details):

- Ajax Café, Port Hadlock, http://www.ajaxcafe.com/
- Back of Beyond, Bainbridge Is., <u>http://www.tothebackofbeyond.com</u>
- Commander's Beach House Bed and Breakfast, Port Townsend <u>http://www.commandersbeachhouse.com/</u>
- Wildernest and The Gear Stash, Bainbridge Island
 <u>http://wildernestoutdoorstore.com</u>
- Olympic Outdoor Center, Port Gamble
 <u>http://www.olympicoutdoorcenter.com/</u>
- Poulsbo Running, Poulsbo, <u>http://www.poulsborunning.com</u>
- The Quick Fix, Port Orchard, <u>cmountaindave@aol.com</u> and 360-871-5577

PWC Officers and Staff

President	Doug Savage	<u>360-994-0003</u>
Vice President	Tony Abruzzo	360-871-5754
Secretary	Megan Thompson	360-871-6014
Treasurer	Marti Howard	360-620-2991
President Emeritus	Paul Gervais	360-710-6363
Members at Large	Christine Plepys	859-240-2704
	Jenny Lymangrover	406-203-2277
	Peter Kalmar	360-286-0328
Entertainment	Jay Thompson	360-307-0037
Annual Picnic	Samuel Canfield	360-649-6949
Refreshments	Tina Fox	
Membership Database	Marti Howard	360-620-2991
Webmaster	Jay Thompson	360-307-0037
Calendar Editor	Christine Plepys	859-240-2704
Dropbox Manager	Jay Thompson	360-307-0037
PWC Historian	Margaret Poshusta	360-692-0126
PENWICLE Editor	Margaret Poshusta	360-692-0126



PWC

Join or Renew Membership

PWC

The Peninsula Wilderness Club (PWC) is an organization for people interested in active outdoor pursuits. Main activities include hiking, backpacking, mountain climbing, rock climbing, skiing, snowshoeing, kayaking, and bicycle riding. All outings - from casual hikes to technical mountain sports - are initiated by individual members who volunteer to make minimal arrangements so an outing can take place. They do not accept responsibility for the safety, training or care of any participant, and members are expected to have whatever clothing, equipment, skills, and physical conditioning are appropriate for the outing they wish to join. Members practice responsible environmental stewardship and accept that there are dangers and a risk of injury in most outdoor activities.

Dues are \$25 per household per year. Bring dues to a PWC General meeting, or send a check or money order to:

Peninsula Wilderness Club P.O. Box 323 Bremerton, WA 98337-0070		
Please check if: New Member(s) \Box	Renewing Member(s) \Box	Change of Address \Box
Name(s):		
Mailing Address:		
City, State, Zip:		
Telephone:	_ E-mail:	
For new members – how did you hear abou	it us?	
	(Please print clearly)	
NOTE: New members will reasive the DENI		

NOTE: New members will receive the PENWICLE newsletter by email, or can download a copy via the PWC website.

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Peninsula Wilderness Club P.O. Box 323 Bremerton, WA 98337-0070