

October 2022

Peninsula  
Wilderness Club

PEWENWICL E

The Peninsula Wilderness Club meets on the first Wednesday of every month at 7 pm at the VFW Hall at 9981 Central Valley Rd, Bremerton, WA. The public is cordially invited.

## The PWC Presents: Doug Terry – Portuguese Camino de Santiago

Wednesday, November 2, 2022, at 7:00 pm – 9:00 pm  
VFW Post 4992

9981 Central Valley Road  
Bremerton, WA 98311

PWC Member Doug Terry, aka Tidy Cat, is presenting the Portuguese Camino de Santiago and the English South Downs Way, which he traveled this past summer. For those who have done the Saint James Way or who simply want to do or know about a Camino, Doug's presentation will point out the advantages and disadvantages of going the Portuguese Way vs. the Saint James route. For those who want a locational variety of travel packed into their European excursion, the South Downs Way hike is a southern English Coast hike 100 miles long. Come prepared with your questions and your experiences on the Camino.



**MAP: Monthly Activity Planning Meeting**

Wednesday, November 9, 2022, 7:00 pm – 8:30 pm  
 Host: Brian Hawkins  
 Phone: 360-362-3026; E-mail: [akflyer130@gmail.com](mailto:akflyer130@gmail.com)  
 Help schedule PWC events and outings, and discuss club business. All are invited. BYOB and snacks to share are always welcome.

**Monthly Potluck**

Friday, October 28, 2022, 6:30 pm – 8:30 pm  
 Host: Shelly and Vickie Fleming  
 Phone: 206-779-2275; E-mail: [Richelle.fleming@gmail.com](mailto:Richelle.fleming@gmail.com)  
 Potlucks are a great way to meet others and learn more about the club. Host provides dessert; guests bring an entrée or side dish and drinks to share.

**Events and Activities**

Visit the PWC calendar at <http://www.pwckitsap.org/events-calendar/> for activities, trips, and updates. Please use the RSVP feature on the calendar if interested in a trip.

10/21/2022	Green Mountain Vista via Plummer-Beaver Pond	Stevo Pavkovic	360-813-2743	<a href="mailto:stevoandlisa@gmail.com">stevoandlisa@gmail.com</a>
10/21/2022	VFW Fundraiser Steak Dinner	Doug Savage	360-994-0003	<a href="mailto:thehiker@comcast.net">thehiker@comcast.net</a>
10/22/2022	North Fork Skokomish	Jayson and Dorothy Shoecraft	360-265-7851	<a href="mailto:Dorothyhs@wavecable.com">Dorothyhs@wavecable.com</a>
10/28/2022	Monthly Potluck	Shelley and Vickie Fleming	260-779-2275	<a href="mailto:richelle.fleming@gmail.com">richelle.fleming@gmail.com</a>
10/29/2022	Illahee Preserve	Cathie Strand	714-328-6697	
11/4/2022	PWC Board Meeting	Doug Savage	360-994-0003	<a href="mailto:thehiker@comcast.net">thehiker@comcast.net</a>
11/6/2022	Snowshoe and Winter Travel Class at the VFW Building 8 am to 4 pm	Doug Terry	360-550-7911	<a href="mailto:672terry@gmail.com">672terry@gmail.com</a>
11/6/2022	Tunnel Creek hike	Doug Savage	360-994-0003	<a href="mailto:thehiker@comcast.net">thehiker@comcast.net</a>
11/9/2022	MAP Meeting	Brian Hawkins	360-362-3026	<a href="mailto:akflyer130@gmail.com">akflyer130@gmail.com</a>
11/12/2022	Mt. Townsend	Doug Terry	360-550-7911	<a href="mailto:672terry@gmail.com">672terry@gmail.com</a>
12/14/2022	MAP Meeting	Barb Savage	360-981-3077	

**About PWC Activities and Outings:**

- PWC outings and other activities are open to everyone. If you enjoy our club and what we do, please become a member! For \$25 a year, your membership helps pay the bills and keeps the club moving forward.
- As a courtesy to the sponsor of the outing you are joining, please call with cancellations or requests at least two days in advance for single-day outings, and as soon as possible for overnight outings. This allows the sponsor time to make alternate plans should a trip need to be canceled or changed for any reason.
- Please leave pets at home unless the trip is specifically listed as welcoming them.
- **Carpool and Ride Sharing.** We strongly encourage carpooling and ridesharing to reduce impact to trailheads, minimize our environmental footprint, and reduce costs. Please be considerate of your drivers, including situations when you ride with different drivers in each direction. The amount you contribute to your driver should reflect the distance driven, the cost of gas, tolls, and parking fees.
- **Safety First!** For liability reasons, trip sponsors should not be considered instructors or leaders. If you are unsure of your ability to participate in an activity, discuss the trip thoroughly with the sponsor, but the responsibility for your safety is yours. Each participant is responsible for their own comfort, safety and route finding. **Always carry the 10 essentials!**

Dear Fellow PWC Members,

As most of you know, I have major health issues (throat cancer and a stroke) and have been trying for over a year to find a replacement president with no success. This is really a bad position to be in. The Club is strong, the treasury is good, the Penwicle editor is doing an outstanding job, and the Board members are all conscientious and play well together. We all love the outdoors and get along well with each other. With the exception of COVID, there really are no outstanding issues. Unfortunately, we have come to a crossroads where we need a new president. It is a job I just cannot continue doing any longer. Regrettably, I must resign, because of my health, at the beginning of the year (January 1<sup>st</sup>).

As of this date, nobody has stepped forward to be president. We have scheduled a board meeting to be held on Friday, November 4 at the VFW Hall at 6:30 p.m. to discuss the future of the PWC. Perhaps we should be an online club with no monthly meetings (picnic maybe, Map meetings?).

This meeting is open to the public. We really need to hear what you want, so please come if you can make it.

Doug Savage, President



**Note:** Please feel free to send trip photos, trip reports, or any other suggestions/changes that you would like to see in the Penwicle to Margaret Poshusta ([Marg8733@comcast.net](mailto:Marg8733@comcast.net)) so that they may be included in the newsletter. Thank you.

**Colchuck Lake:** 8 miles roundtrip; elevation gain 2,280 ft. The first time you round the corner and come out of the trees at Colchuck Lake is something of a religious experience. Suddenly, laid out beneath your feet are the icy waters of the lake — deep blue in the shade, bright aquamarine in sunlight — while high above you at the far end of the lake, the twin spires of Dragontail and Colchuck Peaks seem to crowd out the very sky. As if Colchuck Lake alone weren't enough of a draw, it is one of the two gateways to the Enchantments, and the trailhead also accesses Stuart Lake, an easier and equally awesome destination. (wta.org)



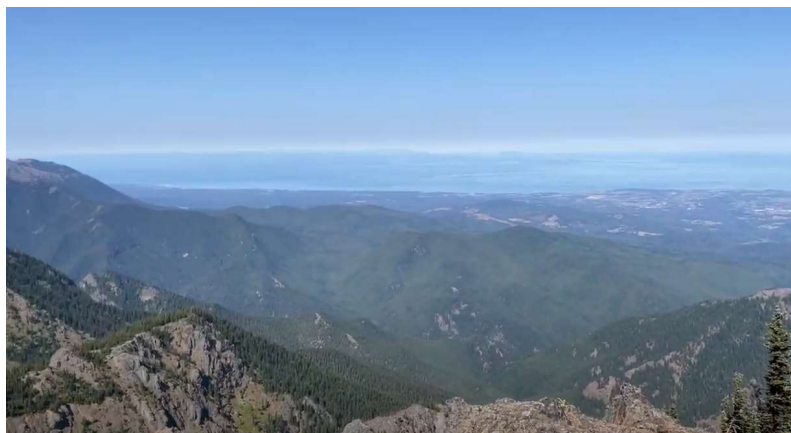
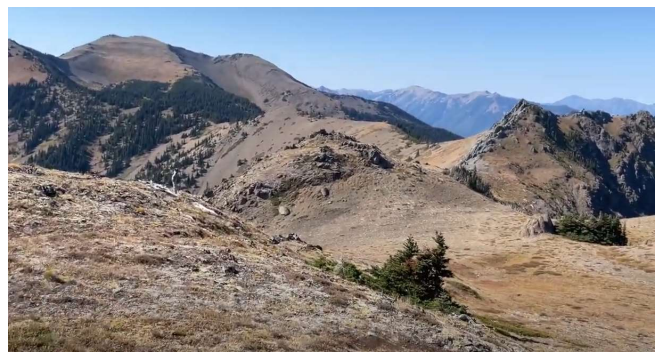
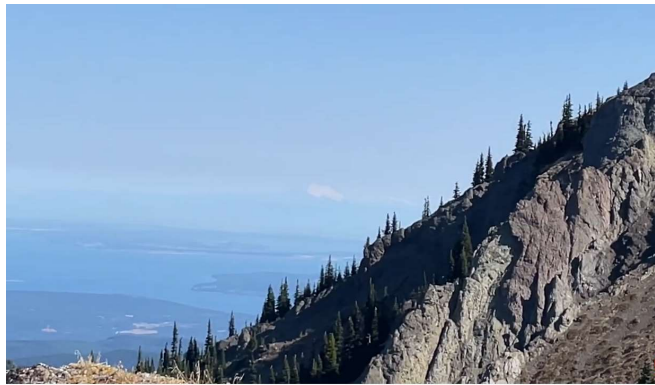
Photos by Margaret Poshusta

**Green Mountain:** 5 miles roundtrip; elevation gain 1,000 ft. Green Mountain is the Kitsap Peninsula's go-to after work destination. Whether you are mountain biking, trail running, or hiking, you can get a quick workout by hiking the Gold Creek Trail up to the summit of Green Mountain. The trail traverses through an old logged-off area, which provides views of the summit you're headed to. Gorgeous madronas and rhododendrons line your way, as well as a generous helping of salal closer to the forest floor. (wta.org)



Photos from Facebook

**Tyler Peak:** 8 miles roundtrip; elevation gain 3,000 ft. Tyler Peak located in the Northeast tip of the Olympics and is a great starter peak for anyone interested in hiking and climbing summits in the Olympics. It is an official summit in that the peak does have 443 feet of prominence. Unlike many of the Olympic Mountains, this peak is a relatively easy summit to do in a half day and is mostly just a hiking summit. In terms of popularity, Tyler Peak is often overshadowed by other mountains in the region such as Hurricane Hill, Mount Angeles and even its neighbor Baldy 1-3/4 mile to the south of Tyler. The direct trail to the summit actually completely disappears once above the timberline, though it is not very hard to navigate to the summit trail which goes directly to the summit with some minor scrambling through the last set of rocks to summit. (summitpost.org)



Photos by Behrang Asgharian

**Indian Henry's Hunting Ground:** 14 miles roundtrip; elevation gain 3,200 ft. Take a long trek from the historic Longmire visitor center, up a ridgeline and onto the Wonderland Trail to a peaceful alpine meadow. Historically, the meadows were home to a Native American guide who lived there before Rainier became a national park.

Renowned for being able to "live in two worlds" So-To-Lick was dubbed Indian Henry by a mail carrier unable (or unwilling) to learn his real name. So-To-Lick guided the likes of John Muir, George Bayley, James Longmire and Philemon van Trump up sections of the massive mountain, but never summited it himself. Like many Native people, he considered the mountain sacred, never venturing onto the glaciers as it may bring bad luck.

The tranquil meadows So-To-Lick called home are accessible a variety of ways, the trailhead near Longmire, along Tahoma Creek just off the now-closed West Side Road, and the Kautz Creek trailhead, just off the road into the park, before arriving at Longmire. However, you decide to access them, plan your hike for a clear day, when you'll be rewarded for your efforts with glorious views of Mount Rainier, Closer in, you'll also enjoy views of Copper Mountain, Pyramid Peak, and Iron Mountain. (wta.org)



Photos by Erin Hennings

**Trail Maintenance by John Jurgens**

**Murhut Falls.** After several attempts over the years and many ideas to keep the upper trail to Murhut Falls from sloughing off, in September MRTC brought in the big toys to solve the problem. They are hoping that it will hold for a couple of years.



Before



After



## Mushrooming Without Fear (information in this article comes from the book by the same name, by Alexander Schwab)

Thank you to Cathie Strand for her assistance in writing this article.

With the first autumn rains, the fall mushroom foraging season is upon us in the Pacific Northwest. Here are some tips for safely collecting mushrooms.

What is a Mushroom? A mushroom is a highly complex organism consisting of:

- Fruitbody
- Cap
- Gills, Tubes, Spines, Ridges
- Stalk
- Mycelium

Safety Rules:

- 1) Never, never take a mushroom with gills!!!  
All the seriously poisonous and deadly mushrooms are found in the gilled mushroom group. Identifying gills is the first and most important step. You must be sure that you're able to identify gills. Caps of gilled mushrooms come in many different shapes. Gills are the radiating blades on the underside of the cap. They fan out in a distinctly regular way. Gills have precise forms and come in many colors. Some of them are brittle, some of them are soft. They can be rubbed off or separated from the underside of the cap quite easily. Gills are always attached to the stem or to the cap in a uniform way.



- 2) Only take mushrooms with tubes, spines, or ridges.  
While there are also some slightly poisonous mushrooms in these groups, they tend to have unpleasant flavors, so they are unlikely to be consumed in quantity. These are likely to cause gastrointestinal discomfort to varying levels.



- 3) Only eat mushrooms which you have clearly identified with ALL the positive ID marks.  
Research harmful lookalikes and how to distinguish them from your target. The mushrooms you take must be a certain size in order to show all the identification marks. In their baby stage, some deadly and poisonous mushrooms are almost indistinguishable from harmless species.
- 4) If a mushroom smells rotten, it is rotten and if it feels soggy, it is soggy.  
Only take mushrooms which are in mint condition, that is, the flesh is firm and there are hardly any worms.
- 5) Never, never eat wild mushrooms raw.  
According to Trudell & Ammirati (Mushrooms of the Pacific Northwest) some contain toxins that are degraded by heat. Cooking also kills micro-organisms animals may have left behind, and breaks down the cell walls, making the nutrients more bioavailable.
- 6) Look before you cut.  
Always cut mushrooms, do not pull them out. Cut just above the ground and cover the remaining stem with a little mud or dead leaves.
- 7) Mushrooms want to breathe: Do not suffocate them in plastic bags.
- 8) If in doubt, leave it.

#### Handling:

- The first rough cleaning of the mushroom should be done in the woods. Do not wet mushrooms to clean them. Brush or wipe them with a cloth. Part of the cleaning process is to check the quality. Evict residents, cut away soft and soggy tubes and cut the remaining mushroom into bite-size pieces.

#### Storage:

- Drying is the classic way to store mushrooms. This method actually intensifies the taste of the mushrooms and they'll keep for years if you follow the procedure correctly. Do not dry chanterelles.
- Freezing is the other method. It is recommended to use vacuum-packed machines to retain the mushrooms color, texture, and taste. Never thaw frozen mushrooms!

#### Chanterelle Mushrooms:

- The chanterelle is not surprisingly the most popular mushroom. It is delicious and very common. As it is imported throughout the year, the supermarket is a good place to familiarize yourself with the chanterelle. However, there is nothing like the chanterelle you find yourself. Refrain from picking tiny chanterelles, that is, little yellow buttons which hardly show the identification marks. In our region, chanterelles start popping up in the fall, as early as October.



Recommended reading for the beginning mycophile:

Mushrooming Without Fear, by Alexander Schwab

All That the Rain Promises, and More..., by David Arora

Mushrooms of the Pacific Northwest, by Steve Trudell & Joe Ammirati

The New Savory Wild Mushroom, by Margaret McKenny and Daniel E. Stuntz

Kitsap Peninsula Mycological Society

2022 Wild Mushroom Show @ Bremer Student Center, Olympic College, Bremerton

Sunday, Nov. 6th, 1-5 pm.

Free Admission [www.kitsapmushrooms.org](http://www.kitsapmushrooms.org)

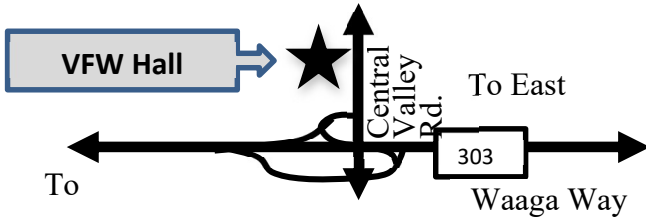
## Club News

### PWC Online... <http://www.pwckitsap.org/>

Go to the website to find upcoming trips, trip reports, photos, a discussion forum, and more!

### PWC General Meeting

The PWC General Meeting is held the first Wednesday of each month at 7:00 p.m. at the VFW Hall at 9981 Central Valley Road in Bremerton WA.



**WELCOME FRIENDS!!!** If you are a guest or new member, please introduce yourself and ask for help, or look for someone who can answer questions and point out members who share your interests. However, to really get to know us – come to a potluck or go on an outing with us!

### Sponsor an Outing!

If you are a club member and interested in leading an outing, let us know about it so we can post it! Even if you list your trip in other forums, including it as a PWC event helps connect people and groups, and helps the club stay active. To sponsor an outing, come to a MAP meeting to discuss your trip, or fill out the form on our website, or email or call the info to our Calendar Editor, Christine Plepys, at [c\\_plepys@yahoo.com](mailto:c_plepys@yahoo.com) and 859-240-2704 or Emily Grice at [emilykgrice@gmail.com](mailto:emilykgrice@gmail.com) and 206-842-7883, or to our Webmaster, Jay Thompson, at [pwadmin@pwckitsap.org](mailto:pwadmin@pwckitsap.org) and 360-307-0037.

### We Need Your House!

The club's Monthly Activities Planning (MAP) meetings and potluck dinners are held at a member's home. If you can handle a small home invasion, please contact the Calendar Editor, Emily Grice at [emilykgrice@gmail.com](mailto:emilykgrice@gmail.com) or 206-842-7883.

### PENWICLE Submissions

Email your PENWICLE submission by the deadline to ensure it is included in the next issue. *Please send calendar entries in advance (see "Sponsor an Outing!" on this page),* and for other PENWICLE submissions, send an email to the Webmaster, Jay Thompson, at [pwadmin@pwckitsap.org](mailto:pwadmin@pwckitsap.org)

### Your Trip Photos Wanted!

Do you have some great PWC trip pictures you'd like to share? Each month we need your photos to share during the PWC General Meeting slide show and in the PENWICLE. Contact Jay Thompson ([jaythom1@hotmail.com](mailto:jaythom1@hotmail.com)), our Dropbox manager, to find out how!

## Club Business

### Email, Address or Phone Number Changes

Send changes to the PWC Treasurer, Marti Howard at:

Peninsula Wilderness Club  
P.O. Box 323  
Bremerton, WA 98337-0070

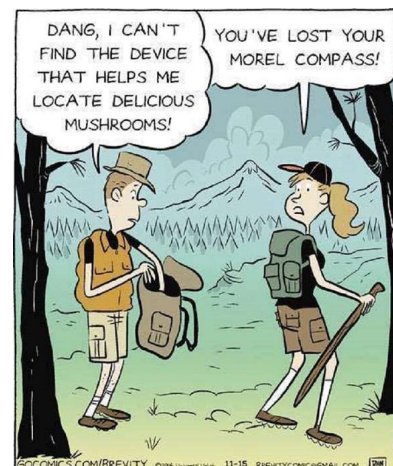
### Joining/Renewing your Membership

To join or renew, please see the form on the back of this newsletter. PWC members receive a discount on select merchandise or services at the following businesses (check with vendor for details):

- Ajax Café, Port Hadlock, <http://www.ajaxcafe.com/>
- Back of Beyond, Bainbridge Is., <http://www.tothebackofbeyond.com>
- Commander's Beach House Bed and Breakfast, Port Townsend <http://www.commandersbeachhouse.com/>
- Wilderndest and The Gear Stash, Bainbridge Island <http://wilderndestoutdoorstore.com>
- Olympic Outdoor Center, Port Gamble <http://www.olympicoutdoorcenter.com/>
- Poulsbo Running, Poulsbo, <http://www.poulsborunning.com>
- The Quick Fix, Port Orchard, [cmountaindave@aol.com](mailto:cmountaindave@aol.com) and 360-871-5577

### PWC Officers and Staff

President.....	Doug Savage.....	360-994-0003
Vice President.....	Tony Abruzzo.....	
Secretary.....	Megan Thompson.....	360-871-6014
Treasurer.....	Marti Howard.....	360-620-2991
President Emeritus.....	Paul Gervais.....	360-710-6363
Members at Large.....	Christine Plepys.....	859-240-2704
	Jenny Lymangrover.....	
	Peter Kalmar.....	360-286-0328
Entertainment.....	Jay Thompson.....	360-307-0037
Annual Picnic.....	Samuel Canfield.....	360-649-6949
Refreshments.....	Tina Fox.....	
Membership Database.....	Marti Howard.....	360-620-2991
Webmaster.....	Jay Thompson.....	360-307-0037
Calendar Editor.....	Christine Plepys.....	859-240-2704
Dropbox Manager.....	Jay Thompson.....	360-307-0037
PWC Historian.....	Margaret Poshusta.....	360-692-0126
PENWICLE Editor.....	Margaret Poshusta.....	360-692-0126



The Peninsula Wilderness Club (PWC) is an organization for people interested in active outdoor pursuits. Main activities include hiking, backpacking, mountain climbing, rock climbing, skiing, snowshoeing, kayaking, and bicycle riding. All outings - from casual hikes to technical mountain sports - are initiated by individual members who volunteer to make minimal arrangements so an outing can take place. They do not accept responsibility for the safety, training or care of any participant, and members are expected to have whatever clothing, equipment, skills, and physical conditioning are appropriate for the outing they wish to join. Members practice responsible environmental stewardship and accept that there are dangers and a risk of injury in most outdoor activities.

Dues are \$25 per household per year. Bring dues to a PWC General meeting, or send a check or money order to:

Peninsula Wilderness Club  
P.O. Box 323  
Bremerton, WA 98337-0070

Please check if: New Member(s)  Renewing Member(s)  Change of Address

Name(s): \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

For new members – how did you hear about us? \_\_\_\_\_

(Please print clearly)

NOTE: New members will receive the PENWICLE newsletter by email, or can download a copy via the PWC website.

Check here if you do NOT wish any information to be included in the membership list distributed to members.

JUNE 2020 - Time Dated Material  
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