

Exploring Turkey

Monday, May 12, 7 pm

Presented by: Linda Brown and Paul Dutky

"Why choose to travel in Turkey?" everyone asks. Among the many answers: Greek and Roman antiquities, the layering of Christian and Muslim societies, the rise and decay of the Ottoman Sultanate, and Ataturk's forging the modern republic. The sweep of competing civilizations across this land where Europe gives way to Asia is captivating. With 11 million inhabitants, Istanbul/Constantinople is the only city on earth which straddles two continents, and it is rich in the traditions of both.

More reasons: the conquest of Troy; the ancient brewing of beer in Perge; early Christians building homes and churches in caves; Roman, Greek and Byzantine architecture; traders and caravanserais along the Silk Road; the turquoise waters of the Aegean and Mediterranean; the Sultans of the Ottoman Empire and their harems and eunuchs; the eastern terminus of the Orient Express; the battle of Gallipoli; and modern Istanbul with its light rail, shopping malls, subway system, and universities.

The Aya Sofia (The Church of the Holy Wisdom of God) was built in 532 AD by Emperor Justinian as a Christian cathedral. For almost 1,000 years it was the world's largest house of worship, and the architectural model for churches, mosques and other domed buildings. Its history reflects the grand march of Turkish history. It rose from the crown of a hill in Constantine's capital, but was converted to a mosque in 1453 by the conquering Ottomans. The Ottomans built their Topkapi Palace adjacent to the Aya Sofia. Converted to a museum in 1935 at the direction of Ataturk, it remains a fitting symbol of a city defined by its ability to adapt to change.

The people of Turkey are diverse, welcoming, friendly, and full of life. Sharing their hospitality, their pride in their culture, and their wonderful food, they became the greatest delight of our visit.

The Aya Sofia, photo courtesy of Linda Brown



Monthly

MAP: Monthly Activity Planning

Thursday, May 8, 7 pm

Contact: Andrew and Maddie Higgins, 360-471-9481

Discuss club business and help schedule outings at Andrew and Maddie's home in Port Orchard.

May Potluck

Friday, May 30, 7 pm

Contact: Andrew and Maddie Higgins, 360-471-9481

Visit with fellow PWCers at Andrew and Maddie's home in Port Orchard. Bring an entrée or side dish to share. Andrew and Maddie will provide the dessert.

<u>Date</u>	<u>Outing / Meeting</u>	<u>Contact</u>
Various	Illahee Preserve Work Parties	Dale Boyle, dboyle@web-o.net, 360-792-1714
5/3	Mt. Ellinor: Ice Ax Practice and Climb	Doug Savage, 360-698-9774
5/3-5/4	Lakeshore Trail at Lake Chelan	Kevin Koski, 360-373-7429
5/8	Hike Mt. Walker	Sue DeArman, 360-697-1352
5/8	MAP Meeting	Andrew and Maddie Higgins, 360-471-9481
5/10	Lower Big Quilcene Trail	Doug Savage, 360-698-9774
5/11	Mothers' Day Ski Mt. St. Helens in a Dress	Kevin Koski, 360-373-7429
5/11	Mothers' Day Pub Pedal	Jaydee Drannan, drannan@comcast.net
5/12	General Meeting	Greg Myrick, 360-649-1648
5/15-5/18	Car Camping at Dosewallips State Park	Joe Weigel, 360-479-5116
5/17	Kayak at Dewatto	Kevin Koski, 360-373-7429
5/18	Port Townsend Rhody Run	Maria McGuire, 360-876-1639
5/24	Hike to Lena Lake	Chris Warmedahl, 360-895-7719
5/24-5/26	Climb Colonial Peak and Snowfield Peak	Kevin Koski, 360-373-7429
5/25	Bike the Olympic Discovery Trail	Karla Piecuch, 360-598-3601
5/30	May Potluck	Andrew and Maddie Higgins, 360-471-9481
5/31 and 6/1	Trail Maintenance with the WTA	Kevin Koski, 360-373-7429

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Outings

A Word About Outings

All PWC outings and other activities are open to anyone, but if you enjoy our company and what we do, we would like you to become a member. The persons sponsoring trips should not be considered instructors or leaders. If you are unsure of your abilities, discuss the trip thoroughly with the organizer. Each participant is responsible for his or her own comfort and safety on any outing. Always carry the 10 essentials.

Pet Policy

Please leave pets at home when attending PWC outings unless the trip is specifically listed as welcoming them.

Please Call Early

As a courtesy to the sponsor of an outing in which you are interested, please try to call at least two days before the trip for single-day outings, and as soon as possible for overnight outings. This allows the sponsor time to make necessary arrangements, or alternate plans should a trip be canceled for some reason. Your consideration will be greatly appreciated.

Illahee Preserve Work Parties

Various

Contact: Dale Boyle, dboyle@web-o.net, 360-792-1714

Dale is looking for volunteers to participate in monthly work parties at Illahee Preserve. Illahee Preserve is a 400-acre preserve in Bremerton, bordered by the streets Riddell, McWilliams, Fuson and Almira and by the Puget Sound. The goal of the work parties is to restore Illahee Creek as a salmon creek. If you are interested in doing some volunteer work close to home, contact Dale.

Mt. Ellinor: Ice Ax Practice and Climb

Saturday, May 3

Contact: Doug Savage, 360-698-9774

Great introduction to the use of an ice ax for beginners, and an excellent opportunity for everyone to brush-up on their skills. There will be instruction, practice, a climb to the top, and an exhilarating 2000-foot glissade down.

Lakeshore Trail at Lake Chelan

Saturday, May 3-Sunday, May 4

Contact: Kevin Koski, 360-373-7429

Enjoy hiking a trail with no road access. Kevin and Maria will catch the Lake Chelan ferry in Chelan on Saturday morning and get dropped off at a remote dock on the lake. We'll hike the Lakeshore Trail to Stehekin, where we'll catch the Sunday ferry back to Chelan. Note: This trip will require leaving town on Friday night.

Hike Mt. Walker

Thursday, May 8

Contact: Sue DeArman, 360-697-1352

Mid-week conditioning hike with a 2000-foot elevation gain. Great for preparing for those bigger, longer hikes!

Lower Big Quilcene Trail

Saturday, May 10

Contact: Doug Savage, 360-698-9774

This gentle 6-mile trail follows the Big Quilcene River. Elevation gain (700 feet) is minimal. Dogs welcome.

Mothers' Day Ski Mt. St. Helens in a Dress

Sunday, May 11

Contact: Kevin Koski, 360-373-7429

Ski Mt. St. Helens. Permits required. Obtain your permit online. There are no quotas this time of the year.

Mothers' Day Pub Pedal

Sunday, May 11

Contact: Jaydee Drannan, drannan@comcast.net

Plan to catch the 10:15 Bremerton-Seattle ferry. A repeat of last year's outing; however we'll visit different pubs this year along the route. If interested, email Jaydee at the above address.

Car Camping at Dosewallips State Park

Thursday, May 15-Sunday, May 18

Contact: Joe Weigel, 360-479-5116

Kayak at Dewatto

Saturday, May 17

Contact: Kevin Koski, 360-373-7429

Joint paddle with the Olympic Kayak Club. Call Kevin for details, or contact the Olympic Kayak Club.

Port Townsend Rhody Run

Sunday, May 18

Contact: Maria McGuire, 360-876-1639

Fun 12-k annual run as part of the Rhody Fest in Port Townsend, with beer at the finish line! For details, go to www.rhody.run.com

Hike to Lena Lake

Saturday, May 24

Contact: Chris Warmedahl, 360-895-7719

Moderate hike on a well-maintained trail to Lena Lake, 6.4 miles round-trip, with 1250 feet of elevation gain.

Climb Colonial Peak and Snowfield Peak

Saturday, May 24-Monday, May 26

Contact: Kevin Koski, 360-373-7429

Green Trails Map No. 48. Hike up the Pyramid Lake Trail, then traverse up to the Colonial Glacier. Climb Colonial Peak on Saturday; climb Snowfield Peak on Monday. It may be possible to ski this trip. Estimated elevation gain is 8600 feet.

More Outings

Bike the Olympic Discovery Trail

Sunday, May 25

Contact: Karla Piecuch, 360-598-3601

Bike from Sequim to Port Angeles, lunch in P.A., then back to our starting point in Sequim.

Trail Maintenance with the WTA

Saturday, May 31 and Sunday June 1

Contact: Kevin Koski, 360-373-7429

Kevin will be doing trail maintenance with the Washington Trails Association on both days. For info, you can also go to www.wta.org

Into the Future....

Climb Mt. St. Helens a Time or Two

Saturday, June 7 and Saturday, June 14

Contact: Doug Savage, 360-698-9774

Doug will be climbing Mount St. Helens on two dates. Call him to let him know if you'd like a slot or more on his permit.

Bike the Cedar River Trail

Saturday, June 14

Contact: Charlie Pomfret, 360-479-7820

Bike the Cedar River Trail, from Maple Valley to Lake Washington, 25 miles round-trip. This is a paved bike path that is suitable for road bikes. It follows the Cedar River and passes through various parks in King County.

Climb Sloan Peak, 7,835 ft.

Saturday, June 14 - Sunday, June 15

Contact: Kevin Koski, 360-373-7429

This is a Grade II+ climb, Class 3, with glacier travel. 6000 feet of elevation gain. Green Trails Map No. 111.

Climb Mt. Rainier

Thursday, June 19 - Sunday, June 22

Contact: Doug Savage, 360-698-9774

Greg Myrick, 360-649-1648

Climb Mt. Rainier via the Emmons Glacier route. Exact dates will be determined by the weather.

Anvil Rock Bivy/Camp on Mt. Rainier

Friday, June 20 - Saturday, June 21

Contact: John Knott, 360-710-1158

Bring your bivy sack (or small solo tent) and ski or snowshoe to Anvil Rock, at 9600 feet, on Mt. Rainier for an overnight camp. The dates will be determined by the weather.

MTTA Work Party

Saturday, June 21

Contact: Tony Abruzzo, 360-871-5754

Join Tony for a work party on the Copper Creek trail.

Tour de Blast Bike Ride

Saturday, June 21

Contact: www.tourdeblast.com

Registration is now open for this 84-mile bike ride into the heart of the Mt. St. Helens blast zone. Sign-up online.

Backpack Seven Lakes Basin (High Divide)

Thursday, July 3— Monday, July 7

Contact: Joan Edwards, 360-509-5297

Starts at the parking lot just beyond Sol Duc Hot Springs. We'll travel 7.5 miles to Heart Lake on Thursday, 4.5 miles Friday to Lunch Lake. Day hikes and exploring from Lunch Lake on Saturday and Sunday; we'll hike out downhill 7 miles on Monday. This trip is dependent on snow-pack. Total elevation gain 4,000 feet.

Ski Around Mt. Rainier

Friday, July 4 - Monday, July 7

Contact: Kevin Koski, 360-373-7429

Call Kevin for details of this trip.

Climb Mount Olympus

Thursday, July 17—Sunday, July 20

Contact: Gary Stringer, 206-780-6760

Climb Mount Olympus, the legendary home of the New World's gods.

Trail Maintenance with WTA

Saturday, July 19

Contact: Kevin Koski, 360-373-7429

Marmot Pass and Mt. Buckhorn

Saturday, July 26 - Sunday July 27

Contact: Karla Piecuch, 360-598-3601

Hike the Upper Big Quilcene Trail to Marmot Pass at 6000 feet and camp on the knoll overlooking snow-clad peaks. In the evening or next morning, we'll hike to the top of Mt. Buckhorn, at 6988 feet. 10.6 miles round-trip, 3500 feet of elevation gain to Marmot Pass, and an additional 988 feet to the top of Buckhorn.

Bailey Range Traverse

Saturday, Aug 9 - Saturday, Aug. 16

Contact: Gary Stringer, 206-780-6760

We'll go through Appleton Pass and come out at Whiskey Bend. Limit of 8 people.

Even More Outings

Backpack LaCrosse Basin

One week: mid-August, possibly the 2nd week
Contact: John and Ellen Knott, 360-710-1158

We plan to go up the Duckabush, travel one night in and one out, with 4 nights at Lake LaCrosse. We should see great meteor showers during this time in August.

Backpack to Toleak Point, ONP Ocean Beach

Friday, August 15 - Sunday, August 17
Contact: Lynn Howatt, 360-598-3087

6-1/2 miles each way through the forest, along the beach, and over headlands. Wild forest and wild ocean, animals and sea birds, tidal pools and wave-carved sea stacks are all part of the experience of this section of the Washington coast. We'll leave early Friday morning to catch the tides to hike in and camp 2 nights at Toleak Point. On Saturday, one can relax and check out tide pools or hike further south (for the day) to Mosquito Creek. On Sunday we can do some tide pooling, hike out, and head home.

Hike to Camp Muir

Wednesday, August 20 - Thursday, August 21
Contact: Sue DeArman, 360-697-1352, or
Chris Warmedahl, 360-895-7719

Overnight Wednesday at the Cougar Rock campground. Get an early start for the hike to Camp Muir and, with some luck, enjoy a great glissade down, like we did last year!

Lake Angeles Hike and Swim

Sunday, August 24
Contact: Karla Piecuch, 360-598-3601

We're depending on a hot day for this hike to Lake Angeles and (for those brave enough) invigorating swim to the island in the middle of this alpine lake. Bring your own refreshing drinks to enjoy lakeside before heading back down.

Trail Maintenance at Waptus Lake

Saturday, August 30 - Saturday, September 6
Contact: www.wta.org

Join Kevin and Maria for the Waptus Lake week of trail Maintenance, near Cle Elum. There are still spaces available. Sign-up at the website above if interested.

Climb Aconcagua: the tallest peak in the Americas

Sunday, January 4, 2009 - January 22, 2009
Contact: Doug Savage, 360-698-9774

Join Doug on his long-awaited trip to climb the Stone Sentinel, Aconcagua, at 22,841 feet, in the Andes. This is a non-technical climb, but very demanding. For more information, contact Doug.

Of Interest to Members

New Kitsap County Outdoor Adventure Map

For the third time, Kitsap County has partnered with the Kitsap Peninsula Visitor & Convention Bureau to produce the "Kitsap County Outdoor Adventure & Bike Map." With this latest revision, tremendous efforts were made to provide new and updated information. The map project was a cooperative effort involving the Visitor & Convention Bureau, Kitsap County, the Department of Natural Resources, cities' and state parks' recreation districts and departments.

The online version will soon become an interactive map where computer users click on the legend icons to bring up other information. As of March 18th, we are completing the links. At this time, nearly 25,000 maps have been distributed throughout the County. You can find them at the Visitor & Convention Bureau, County and City offices, local area Chambers of Commerce, the Bicycle Alliance, and other various locations. Any local clubs or organizations wishing to acquire copies can call the Public Works Open Line at 337-5777. For more information, visit the website: www.kcbikemap.com

ADS: NordicTrack Pro for Sale. Traditional x-country machine. Excellent condition. \$40 obo. Contact: CJ Snow, 360-779-6776 or email at cjanddavid@comcast.net



Chestnut vendor in Turkey. Photo courtesy of Linda Brown. Attend the General Meeting to see the presentation and more photos.

Photos from Recent Outings

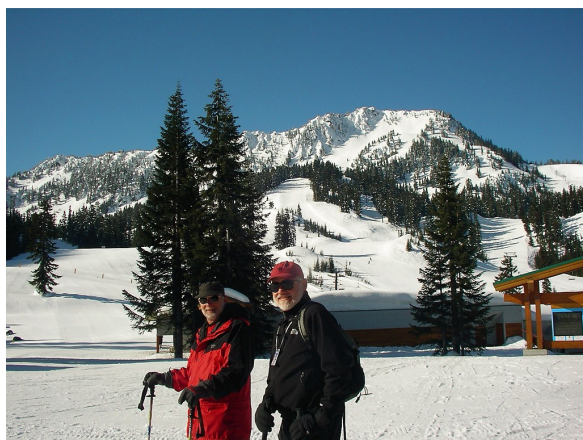


Early spring outings
in a variety of
landscapes...

Spruce Railroad Trail
*Photos courtesy of Warren
Bragg*



Grand Canyon Trip
Photos courtesy of Linda Brown



Closing Weekend, Stevens Pass *Photos courtesy of Jon DeArman*

Club News

Welcome to New Members

PWC welcomes new members: Rachael Sasse and Margaret Franklin, both of Silverdale.

Door Prize Winner

At the April meeting, Dee Molenaar won the door prize, a portable picnic set.

Jon's Minute

At the April meeting, Jon spoke about attaching camera bags, as well as other items, to a pack's waist-belt via a sewn-in loop.

Meeting Refreshments

Thanks to all who brought snacks to the April meeting! Contact Doug Savage @ 360-698-9774 if you would like to bring snacks to the next meeting.

We Need You!

Each month the club's MAP meeting and potluck dinner are in need of volunteer hosts willing to share their home for an evening. If you can handle a small home invasion, please contact the club secretary, Barbara Hager, at 360-692-5121.

Sponsor an Outing

We are always looking for people to sponsor outings for the PWC. If you are planning a trip, let us know about it! Come to the MAP meeting the Thursday before the General Meeting to discuss your plan for a trip. You can submit trip descriptions to the PENWICLE by contacting Karla Piecuch at penwicle@hotmail.com or 360-598-3601. Planning a last-minute outing? No problem - post your trip on the PWC website by filling out the form at <http://www.pwckitsap.org/>

Trip Reports & Photos Wanted

Do you have a great story to share about a recent trip? Karla Piecuch is looking for trip reports to print in the PENWICLE. Trip reports can be all text, all photos, or any combination of the two. There are no length requirements. Please send trip reports and photos to Karla at penwicle@hotmail.com

Scrapbook Photos Wanted

Sue DeArman, our Scrapbook Editor, is looking for photos of PWC activities. Please include your name, details of the trip (date and location), and people and places in the pictures. Electronic photos are welcome, too. Contact Sue DeArman, 360-697-1352, dearmans@comcast.net

Update Your Email Address

Does the PWC have your current email address? If not, contact Barbara Hager, Membership Coordinator, to update your email address and other contact information. Barbara can be reached at 360-692-5121 or greenthumb@telebyte.com

PWC Online...www.pwckitsap.org

Please contact Venita Goodrich at 360-698-9774 for inquiries regarding the PWC website. Submissions to the editor of the PENWICLE will be sent to the website, unless requested otherwise.

Club Business

Joining the PWC or Membership Renewal

The PWC General Meeting is held the second Monday of each month, 7 pm, at the Kitsap Unitarian Universalist Fellowship in East Bremerton. To join or renew, please see form on back of newsletter. Receive a discount on select merchandise or services at the following businesses with your PWC membership, but check with vendor for details:

- Olympic Outdoor Center, Poulsbo
- Vertical World Climbing Gym, Bremerton
- Silverdale Cyclery, Silverdale
- Commander's Beach House Bed and Breakfast, Port Townsend
- Ajax Café, Port Hadlock
- Kitsap Sports, Silverdale
- Poulsbo Running, Poulsbo

New members will receive a membership card with their New Membership packet. All members can pick up a card at the monthly meeting.

Address Changes and Member Address-Phone List

Address changes should be sent to Barbara Hager at Peninsula Wilderness Club
P.O. Box 323
Bremerton, WA 98337-0070,
or email greenthumb@telebyte.com, or call 360-692-5121. Members should also contact Barbara if they wish to receive a new membership directory.

PENWICLE Submissions

Submissions to the PENWICLE must be received by the Friday after the General Meeting to insure a place in the next issue. Contact Karla Piecuch at penwicle@hotmail.com or 360-598-3601.

Officers & Staff

President:	Greg Myrick	360-649-1648
Vice President:	Erin Hennings.....	360-621-6961
Secretary:	Barbara Hager.....	360-692-5121
Treasurer:	Jill Hawes	360-275-5402
Board of Directors:	Dale Boyle.....	360-792-1714
	Venita Goodrich ..	360-698-9774
	Kevin Kilbridge ..	360-871-2537
	Kevin Koski	360-373-7429
Entertainment:	Joe Weigel.....	360-479-5116
Events:	Erin Hennings.....	360-621-6961
Refreshments:	Doug Savage.....	360-698-9774
Scrapbook:	Sue DeArman	360-697-1352
Membership Coordinator:	Barbara Hager.....	360-692-5121
Website Editor:	Venita Goodrich ..	360-698-9774
Penwicle Editor:	Karla Piecuch	360-598-3601
Penwicle Proofreader:	Steve Dikowski....	360-692-8386

PWC**Join or Renew Membership****PWC**

The Peninsula Wilderness Club is an informal organization for persons interested in active outdoor pursuits. Main activities include hiking, backpacking, mountain climbing, rock climbing, and skiing. All outings, from casual hikes to technical mountain sports, are initiated by individual members. These members are volunteers who generously offer to make minimal arrangements so an outing can take place. They do not accept responsibility for the safety or care of any participant. The PWC does not conduct instructional programs and members are expected to have whatever clothing, equipment, skills, and physical conditioning are appropriate for the outing they wish to join. Members are expected to practice responsible environmental stewardship and must accept that there are dangers and a risk of injury in most outdoor activities.

Dues are \$25 per household per year. Send a check or money order to:

Peninsula Wilderness Club

P.O. Box 323

Bremerton, WA 98337-0070

Please check if: New Member(s) ☐ Renewing Member(s) ☐ Change of Address ☐

Name(s): _____

Mailing Address: _____

City, State, Zip: _____

Telephone: _____ E-mail: _____

(Please print clearly)

☐ Check here if you wish to receive the newsletter as an Adobe PDF document by e-mail INSTEAD OF a printed copy.

☐ Check here if you do NOT wish any information to be included in the list distributed to members.



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