Lighten Your Backpack

Monday, August 13, 7 pm Presented by: John Hawkins of Kitsap Sports

Being an Outdoor Recreation enthusiast, John Hawkins is also a bit of a gear geek, so when he started working at Kitsap Sports in camping, climbing and cycling, he was in his element. Now he gets to share with PWC some of the latest, greatest gear to help make your next adventure more enjoyable.

One day at work, John was goofing around and decided to see how much weight he could reduce from his current basic backpack setup. That has been one of the biggest themes from customers — backpacking light. So by changing out his backpack, one-person tent, sleeping bag, pad, stove and filter to lighter, newer equipment, he was able to shave off 7½ lbs. And he has pretty good gear, being an outdoor guide for the past 24 years. That is just the basics, without the use of titanium.

John will bring in some of this newer, lighter, space-saving gear, and also present some of the latest cool stuff. At the end of the presentation, he would love to open up the floor to discussion about weight reduction ideas—something besides drilling holes in your toothbrush.

Photo courtesy of John Hawkins



Annual Picnic Report

The Annual PWC Picnic was attended by more than 80 members. The winners of the Tall Tales contest and New Knot contest were as follows:

Tall Tales

1st place: Andrew Higgins 2nd place: Derek Boyden

New Knot

1st place: Rick Ransdell 2nd place: Emily Grice

A BIG THANKS goes to Greg Myrick for organizing the picnic! Thanks also to Doug Savage, Jill Hawes, Jon DeArman, and Tom Rogers for helping with the grill.

Monthly

MAP: Monthly Activity Planning

Thursday, August 9, 7 pm

Contact: Kevin Koski, 360-373-7429

Discuss club business and help schedule outings at Kevin's home in Bremerton. Bring your own chair or sit pad!

August Potluck

Friday, August 24, 7 pm

Contact: Kevin & Karen Kilbridge, 360-871-2537

Visit with fellow PWCers at Kevin & Karen's home in Port Orchard. Bring an entrée or side dish to share. As hosts, Kevin & Karen will provide the dessert.

22.7	ate irious			Outing / Meeting							Contact				
V 0	irious			Climb at Mission Creek Canyon							Dale Boyle, dboyle@web-o.net, 360-792-1714				
Va	irious			Illahee Preserve Work Parties Mountain Bike at Pope & Talbot Boulder Lake Duckabush to Dose Traverse MAP: Monthly Activity Planning							Dale Boyle, dboyle@web-o.net, 360-792-1714				
Fri	idays at	t 9 am									Greg Myrick, 360-649-1648, or Tom Rogers, 360-692-2547 Tom Leurquin, 206-842-5906 Doug Savage, 360-698-9774 Kevin Koski, 360-373-7429				
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8/9)									K					
8/1	8/11-13			Hike Mount Stuart							Brian Steely, 360-297-3825, brianandcris@centurytel.net				
8/1	12-17			Backpack Home Lake/Secret Basin General Meeting						Jo	John & Ellen Knott, 360-710-1158 Tom Rogers, 360-692-2547				
8/1	13									T					
8/1	8/18 8/18 8/18-19 8/24 Late August			MTTA Work Party & Dinner Silver Snag Hill & Wagonwheel Lake Climb Snowfield Peak August Potluck Repeat of the Press Party Mistake						Т	Tony Abruzzo, 360-871-5754 Tom Leurquin, 206-842-5906 Kevin Koski, 360-373-7429 Kevin & Karen Kilbridge, 360-871-2537 David Cossa, 360-871-5577				
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Scrapbook Editor Wanted!

30

Bethany Cecere, our Scrapbook Editor, will be moving to Japan this month. We are looking for someone to fill her shoes. There are no deadlines for the Scrapbook Editor's work, and you can put as much time into it as you like. If you enjoy using your creativity and would like the opportunity to see all the photos submitted by PWC members, please talk to Tom Rogers. If you would like to know more about the position, talk to Bethany.

A Word About Outings

All PWC outings and other activities are open to anyone, but if you enjoy our company and what we do, we would like you to become a member. The persons sponsoring trips should not be considered instructors or leaders. If you are unsure of your abilities, discuss the trip thoroughly with the organizer. Each participant is responsible for his or her own comfort and safety on any outing. Always carry the 10 essentials.

Pet Policy

Please leave pets at home when attending PWC outings unless the trip is specifically listed as welcoming them.

Please Call Early

As a courtesy to the sponsor of an outing in which you are interested, please try to call at least two days before the trip for single-day outings, and as soon as possible for overnight outings. This allows the sponsor time to make necessary arrangements, or alternate plans should a trip be canceled for some reason. Your consideration will be greatly appreciated.

Climb at Mission Creek Canyon

Various Dates

Contact: Dale Boyle, dboyle@web-o.net, 360-792-1714

We will be climbing in Mission Creek Canyon (near Cashmere, WA) starting in May and continuing until the rains start with the goal of finishing the field work necessary to begin producing a guide of the area. Naturally, we will be focused on new routes, but this does not exclude beginners or climbers of limited experience. Hiking to the routes usually is on the order of 10 minutes. This could be the last season before the first edition of the guide. I believe there will be more than one edition, but the next one will be quite a few years in the future.

Due to my somewhat irregular work schedule at the hospital, I generally notify climbers that want to play in the canyon via e-mail as much in advance as I can. If you want to be on this climbers e-mail list, please zap me a note. I encourage those that are not interested in the structured nature of the fieldwork to try out the Canyon on your own. It is roughly 8 miles long with something for everyone (including single track bike riders). Blueberry pancakes are usually provided for those camping near us on Sunday morning. We usually camp just across from Powder Monkey Slab on Friday night.

Illahee Preserve Work Parties

Various

Contact: Dale Boyle, dboyle@web-o. net, 360-792-1714

Dale is looking for volunteers to participate in monthly work parties at Illahee Preserve. If you're interested in doing your part to beautify Bremerton, contact Dale.



Mountain Bike at Pope & Talbot

Fridays at 9 am

Contact: Greg Myrick, 360-649-1648, or Tom Rogers, 360-692-2547

Join Greg and Tom for weekly mountain biking at the Pope & Talbot area in Port Gamble.

Boulder Lake

Saturday, August 4

Contact: Tom Leurguin, 206-842-5906

This beautiful hike is in the Elwha River area and provides views of Mount Appleton. A good swimming hole at the lake can be enjoyed while others scramble up Boulder Peak, 1300 feet above. This hike is almost 12 miles long with 2500 feet of elevation gain to the lake.

Duckabush to Dose Traverse

Saturday, August 4 - Wednesday, August 8 Contact: Doug Savage, 360-698-9774

Traverse the Olympics from the head of the Duckabush to Dosewallips. Contact Doug for details.

Hike Mount Stuart

Saturday, August 11 - Monday, August 13 Contact: Brian Steely, 360-297-3825, brianandcris@centurytel.net

Mount Stuart is not a volcano. It is a lovely, huge chunk of granite. We'll meet at the parking lot Saturday morning at the end of Teanaway Road out of Cle Elum. There are two options: (1) Climb it via Cascadian Couloir. We'll climb the ridge and then head down to our base camp on Ingalls Creek. We climb Sunday morning after breakfast. It is about a 4000-foot ascent. Although the route is non-technical, it is a steep grunt and being in shape is strongly advised. The views from the summit (9400 feet) are breathtaking. I know I will be tired at the end of it, so I intend to spend Sunday night in base camp again. (2) Don't climb it. You don't have to climb Mount Stuart to enjoy it. A second group could join us on the hike up the ridge, then turn left and camp at a spectacular meadow just before Ingalls Lake. Spend the next day hiking around Ingalls Lake and venture as far as your comfort zone takes you on the west side of the mountain. If you paint, bring your water colors.

Backpack Home Lake/Secret Basin

Sunday, August 12 - Friday, August 17 Contact: John & Ellen Knott, 360-710-1158

Camp in a scenic secret basin west of Home Lake and explore the area.

MTTA Work Party & Dinner

Saturday, August 18

Contact: Tony Abruzzo, 360-871-5754

See MTTA News on page 5.

Silver Snag Hill & Wagonwheel Lake

Saturday, August 18

Contact: Tom Leurquin, 206-842-5906

This hike starts at the Staircase Ranger Station in the Skokomish River area. The hike offers great views of Copper Peak, Mount Ellinor, and the jagged slopes of Mount Lincoln. However, the price for the great scenery is a fairly difficult hike at 6.6 miles and 3800 feet of elevation gain.

Climb Snowfield Peak

Saturday, August 18 - Sunday, August 19 Contact: Kevin Koski, 360-373-7429

Climb via Ladder Creek route, up the Ladder Creek arm of the Neve Glacier. The estimated time is 17 hours up from the Gorge Dam Powerhouse with 7800 feet of elevation gain to the summit at 8347 feet. Descend via Pyramid Peak approach. Expect extensive glacier travel. The entire route is 14 miles. Drive up Friday night.

Repeat of the Press Party Mistake

Late August (exact dates TBA) Contact: David Cossa, 360-871-5577

We'll go up the Elwha and Goldie Rivers and to the summit of Mount Dana. Then we'll go down to the Elwha at Chicago Camp and back out. This will be a six-day trip.

Shi-Shi Beach & Point of Arches

Saturday, September 1 - Monday, September 3 Contact: Barney Bernhard, 360-479-3679

This outing can be done as an easy overnight backpack or a car camping trip to what can be described as the most scenic single segment of the Washington ocean coast, with spectacular needle-like sea stacks, caves, and arches to explore, tidal pools, and miles of sand beaches. The hike one way is about 3 miles, with less than 10 feet of elevation gain.

MTTA Work Party & Dinner

Saturday, September 15 Contact: Tony Abruzzo, 360-871-5754 See MTTA News on page 5.

Backpack/Climb the High Sierra

Mid/Late September (exact dates TBA) Contact: David Cossa, 360-871-5577

Six-day Sierra trip. Backpack in 7 miles from Tioga Pass in Yosemite to base

camp at upper Marie Lake below Mount Lyell. Ascend Mount Lyell, fish, or read a book. The choice is yours!

New England Leaf Peeping/High Points

October (exact dates TBA)

Contact: David Cossa, 360-871-5577

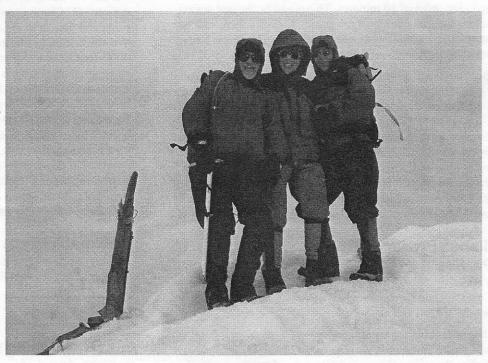
Fly to Boston and drive around New England bagging state high points and ogling leaves.

Christmas in the Caribbean

Monday, December 17 - Friday, December 28 Contact: Tom Banks, RangerTWB@aol.com, 907-336-2521 or 508-579-2521

Join us on an adventurous winter trip to the warm, sunny Caribbean. Participants will fly to San Juan, Puerto Rico on Monday, December 17, transfer to the Royal Caribbean ship, Empress of the Seas, and meet Tom on board. On the island of Antigua, Tom (PWC president, 1998-2000) will facilitate a strenuous all-day hike up to the top of a volcano, the island's highest point. Other muscle-powered adventure travel, as well as easy sightseeing, will occur on an ad-hoc basis during this 11-day cruise. Our group will have dinner together each night to share stories from our day and develop plans on what excursions we might take together, at lowest cost, often using local bus transportation putting us in contact with the island residents and allowing cross-cultural learning. Participants will fly back to their home cities on Friday, December 28, or, at their option, extend their stay in Puerto Rico for an additional day or more. We will visit St.

Maarten, Antigua, St. Kitts, St. Vincent, Barbados, Grenada, Venezuela, Aruba, and Puerto Rico.



PWC members made it to the top of Mt. Adams in July. Pictured are Greg Myrick, Nancy Meyer, and Paul Williams. Doug Savage made it to base camp, but was incapacitated by a hangnail. Photo courtesy of Paul Williams.

MTTA News

MTTA Needs Your Support!

The Mount Tahoma Trails Association (MTTA) provides 50 miles of winter trails for cross-country skiing and snowshoeing, and strives to keep 20 miles groomed on weekends. By the end of last season, all of the MTTA snow cats were broken down and only a few miles of trails were groomed, and that with snowmobiles. MTTA desperately needs a new snow cat, and the fundraising effort to obtain one for the next season is nearing success. The \$151,500 goal actually looks within reach, given a bit more effort.

There are two sources of funds: donations and grants. Donations are still VERY welcome. But the "heavy lifter" is grants. \$75,000 is available from a grant PROVIDED THAT volunteers generate 7,000 hours of labor. Volunteer hours are now within 1,400 hours of that goal, with 250 hours generated by the June 16th work party. Volunteer hours must be earned by the end of September, so these summer work parties are essential to secure this grant money.

Where YOU can really help is by participating in the work parties, which are FUN, by the way! Just meet at the Ashford Fire Hall at 10 am the third Saturday of each month through September (August 18 and September 15). Show up with as many friends as possible! The work that we will be doing is not hard and is very important to the operation of the trails. We will provide tools, but if you have pruning tools, bring them. In addition to work time, all of your travel time to and from the project counts toward our grant! To top it all off, dinner is provided Saturday night and you can spend the night at the Copper Creek hut! Come on out, bring your friends and have a great time.

Photos



In July, a handful of PWCers climbed to Camp Muir at Mount Rainier and enjoyed a great descent on skis. Photo courtesy of Jon DeArman.

Olympic Discovery Trail

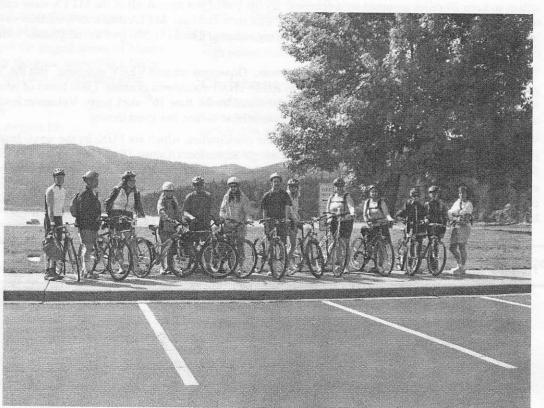
Submitted by Tom Leurquin

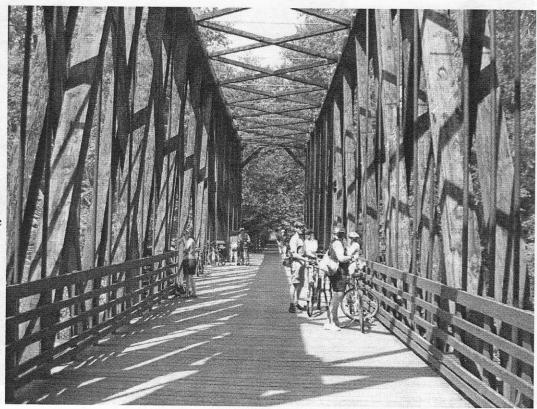
On July 1st, 14 bicy-clists decided to brave the Olympic Discovery Trail. The trail will ultimately stretch approximately 100 miles from Port Townsend at the east end to the Pacific Coast at the west end. Currently, 30 miles of the Olympic Discovery Trail are completed with another 30 miles funded and heading toward construction, mostly west of Lake Crescent.

The trip started at the John Wayne Marina just outside of Sequim. The first hill up to the trailhead drew a less than enthusiastic response from several of the cyclists, but they managed to make it up, although some walking was required. The leisurely pace was enjoyed by the group, which was composed of children up through middle aged (or better) adults, encompassing probably close to three generations of people.

Our first real stop was at the Dungeness River Bridge. This is a picturesque stop on a wooden trestle bridge that offers a great spot to enjoy the river and socialize. After a break, we continued on the mostly very flat trail, passing several others who were out enjoying their Sunday, as we were ours.

Due to time constraints of some of the participants, people started to turn around at various times. Some of us continued on to almost the rifle range where we turned around to head back to the cars. We biked about 34 miles on this very nice trail that is a little nugget of gold that can easily be enjoyed by people of all ages. This trail is a wonderful project in the making and you can learn more about it at http://www. peninsulatrailcoalition.com/





Club News

Meeting Refreshments

Contact Doug Savage @ 360-698-9774 if you would like to bring snacks to the next meeting.



We Need You!

Each month the club's MAP meeting and potluck dinner are in need of volunteer hosts willing to share their home for an evening. If you can handle a small home invasion, please contact the club secretary, Barbara Hager, at 360-692-5121.

Sponsor an Outing

We are always looking for people to sponsor outings for the PWC. If you are planning a trip, let us know about it! Come to the MAP meeting the Thursday before the General Meeting to discuss your plan for a trip. You can submit trip descriptions to the PENWICLE by contacting Erin Hennings at penwicle@hotmail.com or 360-621-6961. Planning a lastminute outing? No problem - post your trip on the PWC website by filling out the form at http://www.pwckitsap.org/

Trip Reports & Photos Wanted

Do you have a great story to share about a recent trip? Erin Hennings is looking for trip reports to print in the PENWICLE. Trip reports can be all text, all photos, or any combination of the two. There are no length requirements. Please send trip reports and photos to Erin at penwicle@hotmail.com



Scrapbook Photos Wanted

Bethany Cecere, our Scrapbook Editor, is looking for photos of PWC activities. Please include your name, details of the trip (date and location), people and places in the pictures and whether you need the pictures back. Electronic photos are welcome, too. Contact Bethany Cecere, 360-243-8533, bethany.cecere@gmail.com

Update Your Email Address

Does the PWC have your current email address? If not, contact Barbara Hager, Membership Coordinator, to update your email address and other contact information. Barbara can be reached at 360-692-5121 or greenthumb@telebyte.com

Correction - July Penwicle

Photos of Klahhane Ridge in last month's Penwicle were taken by Jon DeArman.

Club Business

Joining the PWC or Membership Renewal

The PWC General Meeting is held the second Monday of each month, 7 pm, at the Kitsap Unitarian Universalist Fellowship in East Bremerton. To join or renew, please see form on back of newsletter. Receive a discount on select merchandise or services at the following businesses with your PWC membership, but check with vendor for details:

- Olympic Outdoor Center, Poulsbo
- Vertical World Climbing Gym, Bremerton
- Silverdale Cyclery, Silverdale
- Commander's Beach House Bed and Breakfast, Port Townsend
- Ajax Café, Port Hadlock
- Kitsap Sports, Silverdale
- · Poulsbo Running, Poulsbo

New members will receive a membership card with their New Membership packet. All members can pick up a card at the monthly meeting.

Address Changes and Member Address-Phone List

Address changes should be sent to Barbara Hager at Peninsula Wilderness Club, P.O. Box 323, Bremerton, WA 98337-0070, or email greenthumb@telebyte.com, or call 360-692-5121. Members should also contact Barbara if they wish to receive a new membership directory.

PENWICLE Submissions

Submissions to the PENWICLE must be received by the Friday after the General Meeting to insure a place in the next issue. Contact Erin Hennings at penwicle@hotmail.com or 360-621-6961.

PWC Online...www.pwckitsap.org

Please contact Venita Goodrich at 360-698-9774 for inquiries regarding the PWC website. Submissions to the editor of the PENWICLE will be sent to the website, unless requested otherwise.

Officers & Staff

President:	Tom Rogers 360-692-2547	
Vice President:	Greg Myrick 360-649-1648	
Secretary:	Barbara Hager 360-692-5121	
Treasurer:	Jill Hawes 360-275-5402	
Board of Directors:	Dale Boyle 360-792-1714	
	Venita Goodrich 360-698-9774	
	Brian Steely 360-297-3825	
Entertainment:	Joe Weigel 360-479-5116	
Events:	Greg Myrick 360-649-1648	
Refreshments:	Doug Savage 360-698-9774	
Scrapbook:	Bethany Cecere 360-243-8533	
Membership Coordinator:	Barbara Hager 360-692-5121	
Website Editor:	Venita Goodrich 360-698-9774	
Penwicle Editor:	Erin Hennings 360-621-6961	
Penwicle Proofreader:	Steve Dikowski 360-692-8386	

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Join or Renew Membership

PWC

The Peninsula Wilderness Club is an informal organization for persons interested in active outdoor pursuits. Main activities include hiking, backpacking, mountain climbing, rock climbing, and skiing. All outings, from casual hikes to technical mountain sports, are initiated by individual members. These members are volunteers who generously offer to make minimal arrangements so an outing can take place. They do not accept responsibility for the safety or care of any participant. The PWC does not conduct instructional programs and members are expected to have whatever clothing, equipment, skills, and physical conditioning are appropriate for the outing they wish to join. Members are expected to practice responsible environmental stewardship and must accept that there are dangers and a risk of injury in most outdoor activities.

Dues are \$25 per household per year. Send a check or money order to:

Peninsula Wilderness Club, P.O. Box 323, Bremerton, WA 98337-0070

Please check if: New Member(s) Renewing Member(s) Change of Address

Name(s):

Mailing Address:

City, State, Zip:

Telephone: E-mail:

(Please print clearly)

Check here if you wish to receive the newsletter as an Adobe PDF document by e-mail instead of a printed copy.

Check here if you do not wish any information to be included in the list distributed to members.



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