

AUGUST
2006

PEENWEE

Peninsula Wilderness Club meets on the second Monday of every month at 7 pm at the Kitsap Unitarian Universalist Fellowship on Perry Avenue in East Bremerton. The public is cordially invited.

"Back to Life: the Iron Goat Trail"

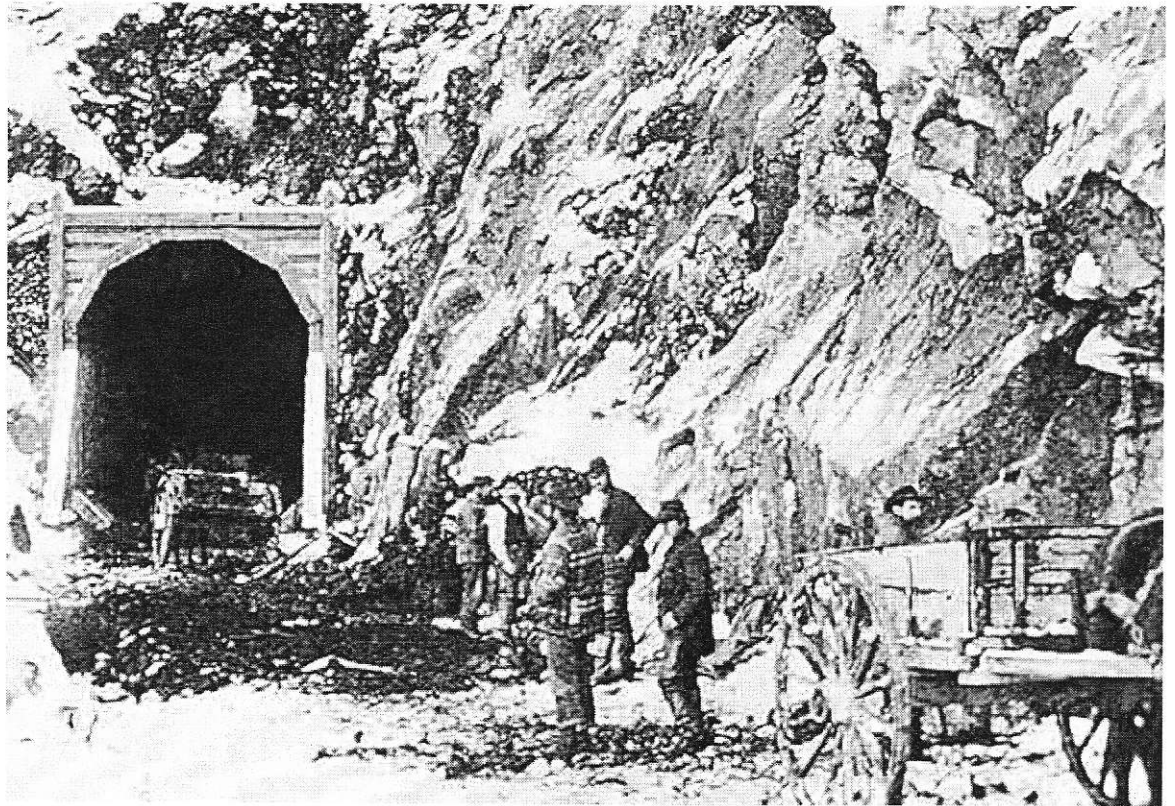
Monday, August 14, 7 pm

Presented by: Ruth Ittner

"Back to Life: The Iron Goat Trail" is a half-hour production from John DeGraaf, a veteran filmmaker with a long list of awards and the producer of the "Affluenza" series on PBS. "Back to Life" documents three years of work on the construction of the nine-mile-long Iron Goat Trail along the west side of Stevens Pass, 60 miles northeast of Seattle. Organized by Volunteers for Outdoor Washington, thousands of volunteers have been contributing back-straining manual labor since 1990 to turn the long-abandoned Great Northern Railway bed into a universally accessible interpretive trail that dramatizes the story of Great Northern and the Wellington avalanche disaster of 1910 – the deadliest avalanche in American history. The documentary also showcases the area's natural beauty and remarkable history, and demonstrates the power of citizen action – led by the vision of 87-year-old volunteer Ruth Ittner – to preserve the past and the environment for future generations. The trail takes its name from Great Northern Railway's corporate symbol, a mountain goat standing on a rock. The nickname "iron goat" was first used for Great Northern locomotives pulling trains up steep mountainous rail lines in the Cascades and the Rockies.

There will be a PWC trip to hike the Iron Goat Trail in September. See page 5 for details.

Photo of Tunnel 14 near Martin Creek. This tunnel was constructed in the early 1890's. Photo courtesy of <http://irongoat.org>



Membership Coordinator Wanted

Are you interested in getting more involved in the PWC? We are looking for a new Membership Coordinator. The Membership Coordinator maintains the database of PWC members for newsletter distribution, address/phone list and dues renewal. The position requires a few hours of work each month. If you are interested in volunteering, contact Tom Rogers, 360-692-2547. If you have questions about the position, talk to our outgoing Membership Coordinator, Vicki Fleming, 360-779-2275 or two.marmots@comcast.net

Monthly

MAP: Monthly Activity Planning

Thursday, August 10, 7 pm

Contact: Tom Rogers, 360-692-2547

Discuss club business and help schedule outings at Tom's house in Brownsville.

August Potluck

Friday, August 25, 6:30 pm

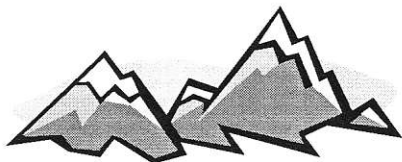
Contact: Kevin & Karen Kilbridge, 360-871-2537

Visit with fellow PWCers at Kevin & Karen's home in Port Orchard. Bring an entrée or side dish to share. As hosts, Kevin & Karen will provide the dessert.

<u>Date</u>	<u>Outing / Meeting</u>	<u>Contact</u>
Various	Climb at Mission Creek Canyon	Dale Boyle, dboyle@web-o.net
7/28-8/2	Hayden Pass to Anderson Pass Traverse	Gary Stringer, 206-780-6760
8/5	Hike Heather Park via Lake Angeles Loop	Tom Leurquin, 206-842-5906
8/5-7	Ride the Courage Classic	Pam Sargent, 360-697-5545
8/6	Bicycle the Discovery Trail	Venita Goodrich, 360-698-9774, and Jon DeArman, 360-697-1352
8/6-12	Backpack the Dose River to Lake of the Angels	Rod Henderson, 360-871-4420, rod_henderson98367@yahoo.com
8/10	MAP: Monthly Activity Planning	Tom Rogers, 360-692-2547
8/11-12	Climb Mt. Saint Helens	Dave Boyde, 360-692-9325
8/12-13	Moonlight Hike Blue Mountain	Jill Hawes, 360-275-5402
8/13-?	Manning Park Trip	Emily Grice, 206-842-7883
8/13-19	Backpack Upper Lena Lake to First Divide	John Knott, 360-792-2440
8/14	General Meeting	Tom Rogers, 360-692-2547
8/18-21	Backpack around Mount Adams	Dave Boyde, 360-692-9325
8/20	Climb Sloan Peak	Kevin Koski, 360-373-7429
8/25	August Potluck	Kevin & Karen Kilbridge, 360-871-2537
8/25-27	Backpack to Toleak Point	Lynn Howat, 360-598-3087
8/27	Silver Lake Hike	Greg Myrick, 360-297-2775

	S	M	T	W	Th	F	S
A			1	2	3	4	5
U	6	7	8	9	10	11	12
G	13	14	15	16	17	18	19
S	20	21	22	23	24	25	26
T	27	28	29	30	31		

	S	M	T	W	Th	F	S
S						1	2
E	3	4	5	6	7	8	9
P	10	11	12	13	14	15	16
T	17	18	19	20	21	22	23
E	24	25	26	27	28	29	30
M							
B							
E							
R							



Outings

A Word About Outings

All PWC outings and other activities are open to anyone, but if you enjoy our company and what we do, we would like you to become a member. The persons sponsoring trips should not be considered instructors or leaders. If you are unsure of your abilities, discuss the trip thoroughly with the organizer. Each participant is responsible for his or her own comfort and safety on any outing. Always carry the 10 essentials.

Pet Policy

Please leave pets at home when attending PWC outings unless the trip is specifically listed as welcoming them.

Please Call Early

As a courtesy to the sponsor of an outing in which you are interested, please try to call at least two days before the trip for single-day outings, and as soon as possible for overnight outings. This allows the sponsor time to make necessary arrangements, or alternate plans should a trip be canceled for some reason. Your consideration will be greatly appreciated.

Climb at Mission Creek Canyon

Various Dates

Contact: Dale Boyle, dboyle@web-o.net

We will be climbing in Mission Creek Canyon (near Cashmere, WA) starting in early May and continuing until the rains start (late Sept - early Oct.) with the goal of finishing the field work necessary to begin producing a guide of the area. Naturally, we will be focused on new routes, but this does not exclude beginners or climbers of limited experience. Hiking to the routes usually is on the order of 10 minutes. This could be the last season before the first edition of the guide. I believe there will be more than one edition, but the next one will be quite a few years in the future.

Due to my somewhat irregular work schedule at the hospital, I generally notify climbers that want to play in the canyon via e-mail as much in advance as I can. If you want to be on this climbers e-mail list, please zap me a note. I encourage those that are not interested in the structured nature of the fieldwork to try out the Canyon on your own. It is roughly 8 miles long with something for everyone (including single track bike riders). Blueberry pancakes are usually provided for those camping near us on Sunday morning. We usually camp just across from Powder Monkey Slab on Friday night.

Getting to Mission Creek Canyon:

Drive to Cashmere, WA, which is located off Highway 2 between Leavenworth and Wenatchee. Cashmere has three exits from the highway, two of which have traffic lights. You want the middle exit, which is controlled by the west light: Aplets Way. (The east-most exit and traffic light has services: gas, groceries, fast food, etc.) Follow Aplets Way straight through town until it turns right (Note: just south of the RR tracks the name changes to Division St. on the signs). Follow the right turn. On your right is Vale Elementary school. At the end of the school (before the bridge), find Mission Creek Road on the left (south).

Follow Mission Creek Road until it "T"s with Binder Road. Go right (west) and find Mission Creek Road again on your left (south) in about a block. Follow Mission Creek Road until the "T" at the end of the blacktop (7.2 miles from Highway 2). Turn left (east) on dirt road. Forest Service controlled land begins in 0.4 miles (sign on right about care with campfires). Contact Dale for a detailed description of the climbing area.

Hayden Pass to Anderson Pass Traverse

Friday, July 28 - Wednesday, August 2

Contact: Gary Stringer, 206-780-6760

This is a major Kevin Koski-style traverse. The route goes from Hayden Pass (at the headwaters of the Dosewallips River), over Sentinel Peak and Sentinel's Sister, a major down-climb to Silt Creek, up the Eel Glacier to Anderson Pass, a climb of Mt. Anderson, and then over Flypaper Pass to Anderson Pass. Only the insane need apply. Space is limited.

Heather Park via Lake Angeles Loop

Saturday, August 5

Contact: Tom Leurquin, 206-842-5906

This hike gets five stars for its beautiful scenery. You'll pay for it with 13 miles and 4100 feet of elevation gain.

Ride the Courage Classic

Saturday, August 5 - Monday, August 7

Contact: Pam Sargent, 360-697-5545

A challenging bicycle tour to support the Rotary Endowment for the Intervention and Prevention of Child Abuse and Neglect. www.courageclassic.com

Bicycle the Discovery Trail

Sunday, August 6

Contact: Venita Goodrich, 360-698-9774, and Jon DeArman, 360-697-1352

Join Venita Goodrich and Jon DeArman for a bike ride along the Olympic Discovery Trail in Sequim. The Olympic Discovery Trail follows parts of the abandoned Seattle and North Coast rail line that formerly ran from Port Townsend to Port Angeles. It may be many years yet before trail advocates realize their dream of completing the bike route, but each year the mileage grows. We will bike from Sequim as far as we would like and stop somewhere along the way to eat. Restaurant will be chosen at that time. For more information on the Olympic Discovery Trail, check out www.olympicdiscoverytrail.com/



Outings

Backpack the Dosewallips River to Lake of the Angels

Sunday, August 6 – Saturday, August 12

Contact: Rod Henderson, rod_henderson98367@yahoo.com or 360-871-4420, e-mail is best

Hike to Anderson Pass and Anderson Glacier, then take the O'Neil Pass trail to the Marmot Lake area for a day of exploring. Then down the upper Duckabush and over the First Divide to the Hopper Way trail and on to Lake of the Angels past Hagen Lakes and Stone Arrow Pass. Optional side trip through St. Peter's Gate to Upper Lena Lake. Use of bear-proof food container and ONP permit required.

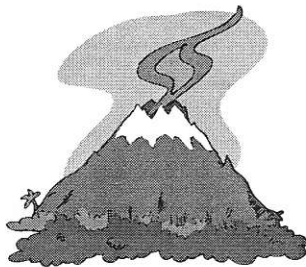
Climb Mt. Saint Helens

Friday, August 11 - Saturday, August 12

Contact: David Boyde, 360-692-9325

NOW OPEN FOR CLIMBING!

I have permits for seven to climb on Saturday, August 12. We will meet at the Climber's Bivouac Friday afternoon or evening, and begin the ascent EARLY on Saturday. Once the sun comes over the ridge, there is no shade. No special climbing skills are required, just be prepared for a 4500-foot gain in about 4.5 miles. Enjoy a hike through a cool forest, boulder hopping on Monitor Ridge and especially enjoy the last 1300 feet up the giant cinder dune. Beautiful views from the top include Mts. Rainier, Adams and Hood, along with the interior of the crater with its new fin and the blast zone.



Moonlight Hike Blue Mountain

Saturday, August 12 - Sunday, August 13

Contact: Jill Hawes, 360-275-5402

Hike the Grand Ridge trail near Blue Mountain by moonlight.

Manning Park

Sunday, August 13 - ? (date and location subject to change)

Contact: Emily Grice, 206-842-7883

Help me shuttle friends from North Cascades up to Manning Park, BC, to send them off on the Pacific Crest Trail. We'll have a long day of driving, but car camp when we arrive. Hike the next day, and then...? I would like to spend several days car camping and hiking, continuing on to the Kootenays and then down into NE WA. Let's talk.

Backpack Upper Lena Lake to First Divide

Sunday, August 13 - Saturday, August 19

Contact: John Knott, 360-792-2440

Traverse from Upper Lena Lake to First Divide via St. Peter's Gate, Lake of the Angels, Hagen Lakes and Elk Basin.

Backpack Around Mt. Adams

Friday, August 18 - Monday, August 21

Contact: David Boyde, 360-692-9325

This is a very strenuous 35-mile hike around Mt. Adams with an elevation gain/loss of 8000 feet. There is a 5-mile section on the Yakama Indian Reservation that is cross-country, with no trail. This section is extremely rugged and requires descending into Hellroaring Valley, fording several glacial streams, climbing the Ridge of Wonders, descending into Avalanche Valley, fording several more glacial streams along with the Big Muddy River, and then climbing again to meet the trail. (And this is all in the first day!) Plan on spending Friday night car-camping at or near Trout Lake in order to get an early start on Saturday. If people are so inclined (no pun intended), we could also set up a climb for immediately after the trip. This would be Lunch Counter on August 22 and summit on August 23.

Climb Sloan Peak

Sunday, August 20

Contact: Kevin Koski, 360-373-7429

A 15-hour day climb via the Corkscrew route. The route will entail fording a river, steep forest, glacier travel and steep class 3 rock. Approximately 12 miles and 6000 feet of elevation gain to the summit at 7835 feet.

Backpack to Toileak Point

Friday, August 25 - Sunday, August 27

Contact: Lynn Howat, 360-598-3087

This is about a 13-mile roundtrip backpack trip along the Olympic National Park Beach and over headlands to a beautiful spot on the coast. Sea stacks, tide pools and wildlife. We will leave early on Friday and hike in. Saturday will be for a day hiking further down the coast or just exploring tide pools and relaxing. Hike out and drive home on Sunday. Trip will be cancelled if it's raining.

Silver Lake Hike

Sunday, August 27

Contact: Greg Myrick, 360-297-2775

This is a moderate hike, easy most of the way, with steepness ascending the ridge. We will hike 6.5 miles and gain 2200 feet of elevation. There are nice views from the ridge, including Mt. Townsend, Mt. Buckhorn, and Iron Mountain. If you're a real Spartan, go for a swim in the lake.

Goat Rocks Wilderness

Friday, September 1 - Monday, September 4

Contact: Joan Edwards, 360-509-5297, and Barney Bernhard, 360-479-3679

Hike the 13-mile Goat Ridge Loop with 1900 feet of elevation gain (21 miles south of Packwood). Spend Thursday night near Packwood. Hike in through Snowgrass on Friday and Saturday. Optional side trips on Sunday to Cispus Basin or Elk Pass and/or Goat Lake. Hike out Monday.

Outings

Backpack to Heather Creek

Saturday, September 9 - Sunday, September 10

Contact: Doug Savage & Venita Goodrich, 360-698-9774

Join Doug & Venita for an easy to moderate overnight hike to Heather Creek, a tributary of the Dungeness River. The hike in is about 4 miles, with 700 feet of elevation gain. Side trips to the end of trail (at the base of Mt. Mystery and Mt. Friscaba), to the eastern slopes of Royal Basin, or to Boulder Shelter are possibilities.

Iron Goat Trail

Saturday, September 23

Contact: Barney Bernhard, 360-479-3679, or John & Barbara Hager, 360-692-5121

This popular, very well maintained trail follows the three percent railroad grade of the Great Northern Pacific Railroad. The hike exposes the rich history where man and nature collided, producing the largest rail disaster in North American history. Reader board displays along the trail show the engineering challenges of the northern-most cross-continental rail line during its time. For more information about the trail, come to the August General Meeting (see page 1).

Moose Lake/Grand Pass

Saturday, October 7

Contact: Tom Leurquin, 206-842-5906

The fall colors should be out for this beautiful hike that has something for everyone: ridgeline hiking, alpine lakes, and forest. I may turn this into a backpack, since this is such a beautiful area and the full moon is on Saturday. The Moose Lake hike is 8.2 miles roundtrip and 1500 feet of elevation gain. Extending this to Grand Pass would make it 11 miles and 3000 feet of elevation gain.

Klahhane Ridge/PJ Lake

Saturday, October 21

Contact: Tom Leurquin, 206-842-5906

This is a double header hike--it's World Series time, so "let's hike two!" Klahhane Ridge is 4.6 miles and 2050 feet of elevation gain and PJ Lake is 1.8 miles and 900 feet of elevation gain. Come for one or both.



Group photo from the PWC hike on the Duckabush River Trail on June 10. Above: Mike Harmon, Erin Hennings, Jean Cornwall, Karen Grzybowski, Dorothy Tenero, Joyce Kimmel, Judy Floyd and John Tenero (kneeling). Photo courtesy of Erin Hennings.

Trip Report

Three Forks at Deer Park

Courtesy of Maureen Kelly

Seven people from the PWC took a hike to the Three Forks area in the Olympics on Saturday, July 15. Six met at the Park and Ride at the Information Center on the road to Port Townsend. We carpooled and drove up the long road to Deer Park. At Deer Park, we met Emily, who had been camping the night before. It was cool and cloudy, and the low clouds hung over the Olympics like a white blanket, preventing any kind of a view of the mountains. We had a fairly quick and easy hike down to the Three Forks area. On the banks of the rivers, there were several tents with no sign of anyone. We all explored the area and saw where the Grand Creek and the Cameron Creek came together. As we were exploring the area, we met a gentleman who was coming back to the camp sites. He was the supervisor of a work crew who was doing trail maintenance and repairing a bridge that had broken over one of the rivers. He was delightful to talk to and said that mules and a ranger had come down with food and more tools for the work crew a few days before. He loved his work and not having to deal with the freeway rush hour.

What goes down must come back up, so we started the climb back out of the valley area. It was fine until the last mile. That mile was steep, and after over three miles constantly going up, the last mile seemed long and tough. Barney and Tom went charging on head (as usual) while the five ladies of the group hiked slowly or, I should say, more slowly than the men. We all made to the top of Deer Park and the men were not in sight. Karen said that the two of them decided to take another hike somewhere. The rest of us waited patiently for the two guys, but it was getting late so we decided to leave, and we left a note on the car that we had left to go shopping. Emily had been camping at Deer Park the night before, so she got in her car and took off. As we left Deer Park, the clouds were still hanging over the mountains. Occasionally, the low clouds would part, and we could see a glimpse of a snowy peak here and there. At least it was not hot, as hiking in the cooler weather is much nicer. On the way home, we stopped at Sunny Farms outside of Sequim, and yes, we went shopping.



Barney Bernhard, Emily Grice, Irene Bach, Karen Grzybowski, Tom Leurquin, Judy Floyd and Maureen Kelly. Photo courtesy of Maureen Kelly.

Club News

Tall Tale Contest Winners

Congratulations to the winners of the Tall Tale Contest at the Annual Picnic: Joan Edwards and Tom Rogers.

Meeting Refreshments

Contact Doug Savage @ 360-698-9774 if you would like to bring snacks to the next meeting.

We Need You!

Each month the club's MAP meeting and potluck dinner are in need of volunteer hosts willing to share their home for an evening. If you can handle a small home invasion, please contact the club secretary, Gayla Perini, at 360-830-3553.

Sponsor an Outing

We are always looking for people to sponsor outings for the PWC. If you are planning a trip, let us know about it! Come to the MAP meeting the Thursday before the General Meeting to discuss your plan for a trip. You can submit trip descriptions to the PENWICLE by contacting Erin Hennings at penwicle@hotmail.com or 360-621-6961. Planning a last minute outing? No problem - post your trip on the PWC website by filling out the form at <http://www.pwckitsap.org/>

Trip Reports & Photos Wanted

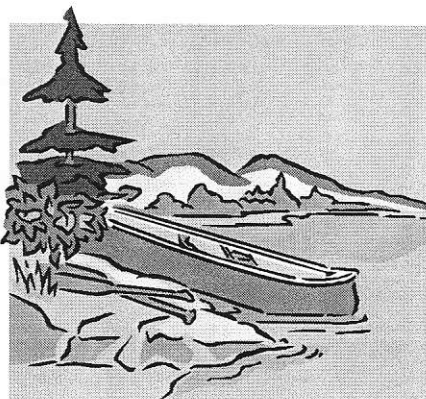
Do you have a great story to share about a recent trip? Erin Hennings is looking for trip reports to print in the PENWICLE. Trip reports can be all text, all photos, or any combination of the two. There are no length requirements. Please send trip reports and photos to Erin at penwicle@hotmail.com

Scrapbook Photos Wanted

Bethany Cecere, our Scrapbook Editor, is looking for photos of PWC activities. Please include your name, details of the trip (date and location), people and places in the pictures and whether you need the pictures back. Electronic photos are welcome, too. Contact Bethany Cecere, 360-243-8533, bethany.cecere@comcast.net

Update Your Email Address

Does the PWC have your current email address? If not, contact Vicki Fleming, Membership Coordinator, to update your email address and other contact information. Vicki can be reached at 360-779-2275 or two.marmots@comcast.net



Club Business

Joining the PWC or Membership Renewal

The PWC General Meeting is held the second Monday of each month, 7 pm, at the Kitsap Unitarian Universalist Fellowship in East Bremerton. To join or renew, please see form on back of newsletter. Receive a discount on select merchandise or services at the following businesses with your PWC membership, but check with vendor for details:

- Olympic Outdoor Center, Poulsbo
- Vertical World Climbing Gym, Bremerton
- Silverdale Cyclery, Silverdale
- Commander's Beach House Bed and Breakfast, Port Townsend
- Ajax Café, Port Hadlock
- Kitsap Sports, Silverdale
- Poulsbo Running, Poulsbo (NEW!)

New members will receive a membership card with their New Membership packet. All members can pick up a card at the monthly meeting.

Address Changes and Member Address-Phone List

Address changes should be sent to Vicki Fleming at Peninsula Wilderness Club, P.O. Box 323, Bremerton, WA 98337-0070, email or two.marmots@comcast.net, or call 360-779-2275. Members should also contact Vicki if they wish to receive a new membership directory.

PENWICLE Submissions

Submissions to the PENWICLE must be received by the Friday after the General Meeting to insure a place in the next issue. Contact Erin Hennings at penwicle@hotmail.com or 360-621-6961.

PWC Online...www.pwckitsap.org

Please contact Venita Goodrich at 360-698-9774 for inquiries regarding the PWC website. Submissions to the editor of the PENWICLE will be sent to the website, unless requested otherwise.

Officers & Staff

President:	Tom Rogers..... 360-692-2547
Vice President:	Greg Myrick..... 360-297-2775
Secretary:	Gayla Perini..... 360-830-3553
Treasurer:	Jill Hawes..... 360-275-5402
Board of Directors:	Barbara Hager 360-692-5121
	Tom Leurquin 206-842-5906
	Dean Huffman..... 360-307-7280
Entertainment:	Joe Weigel..... 360-479-5116
Events:	Greg Myrick..... 360-297-2775
Refreshments:	Doug Savage 360-698-9774
Scrapbook:	Bethany Cecere 360-243-8533
Membership Coordinator:	Vicki Fleming 360-779-2275
Website Editor:	Venita Goodrich... 360-698-9774
Penwicle Editor:	Erin Hennings 360-621-6961

PWC

Join or Renew Membership

PWC

The Peninsula Wilderness Club is an informal organization for persons interested in active outdoor pursuits. Main activities include hiking, backpacking, mountain climbing, rock climbing, and skiing. All outings, from casual hikes to technical mountain sports, are initiated by individual members. These members are volunteers who generously offer to make minimal arrangements so an outing can take place. They do not accept responsibility for the safety or care of any participant. The PWC does not conduct instructional programs and members are expected to have whatever clothing, equipment, skills, and physical conditioning are appropriate for the outing they wish to join. Members are expected to practice responsible environmental stewardship and must accept that there are dangers and a risk of injury in most outdoor activities.

Dues are \$25 per household per year. Send a check or money order to:

Peninsula Wilderness Club, P.O. Box 323, Bremerton, WA 98337-0070

Please check if: New Member(s) ☐ Renewing Member(s) ☐ Change of Address ☐

Name(s): _____

Mailing Address: _____

City, State, Zip: _____

Telephone: _____ E-mail: _____

(Please print clearly)

☐ Check here if you wish to receive the newsletter as an Adobe PDF document by e-mail **instead of** a printed copy.

☐ Check here if you **do not** wish any information to be included in the list distributed to members.



AUGUST 2006 - Time Dated Material
Reproduced Using Recycled Paper



Peninsula Wilderness Club
P.O. Box 323
Bremerton, WA 98337-0070