

AUGUST
2009

PENNSICL

Peninsula Wilderness Club meets on the second Monday of every month at 7 pm at the Kitsap Unitarian Universalist Fellowship on Perry Avenue in East Bremerton. The public is cordially invited.

Grizzlies in the North Cascades

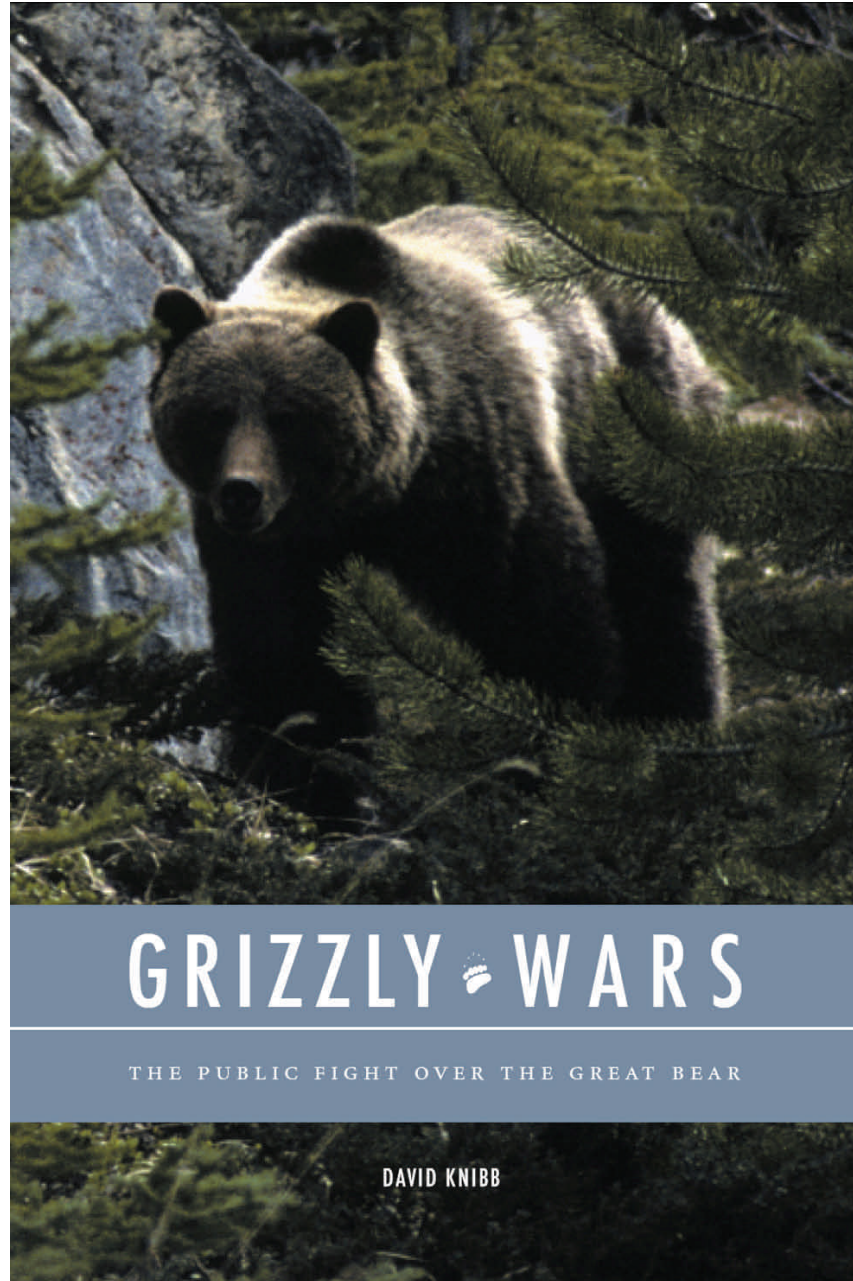
Monday, August 10, 7 pm

Presented by: David Knibb

David Knibb is the author of *Grizzly Wars: The Public Fight Over the Great Bear*, recently published by Eastern Washington University Press. Dave's book chronicles the effort to save grizzly bears under the Endangered Species Act. Dave uses the North Cascades to illustrate many issues common to grizzly recovery everywhere. As you may know, the North Cascades are designated as a grizzly bear recovery area. Among the issues Dave will discuss:

- Are grizzlies still in the North Cascades?
- How many?
- Where are they?
- What is their future?
- What plans are there to save them?

At the end, Dave will encourage audience questions. Copies of Dave's book will be available for \$29.95.



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FOR SALE:

Kayland Vertigo High boots, \$110. Men's size 10, used 3 days. Contact Randy Grunigen at 360-779-6457.

Monthly

MAP: Monthly Activity Planning

Thursday, August 6, 7 pm

Contact: Margaret Franklin, 360-434-7324

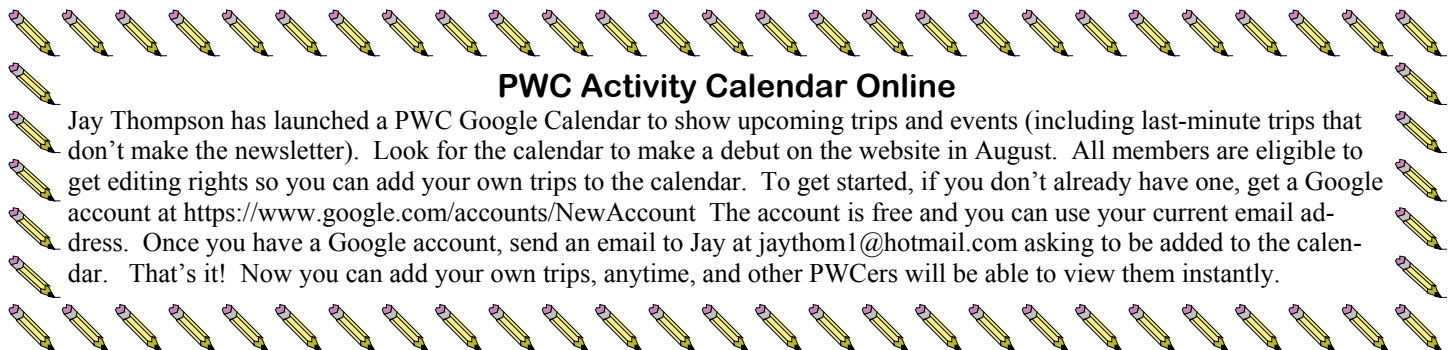
Discuss club business and help schedule outings at Margaret's home in Silverdale. All members are invited to attend.

August Potluck

There will be no potluck in August as we have no volunteers to host. If you are interested in hosting a potluck in the future, please speak up at the General Meeting or contact PWC Secretary Barney Bernhard, 360-479-3679, to sign up. Potlucks are scheduled for the last Friday of the month.

<u>Date</u>	<u>Outing / Meeting</u>	<u>Contact</u>
Fridays	Friday Morning Mountain Biking	Greg Myrick, 360-649-1648
Various	Waikiki Vacation	Ann Wilby, 808-428-7421
8/2	Hike Heather Park-Lake Angeles Loop	Doug Savage, 360-698-9774
8/6	MAP Meeting	Kevin Koski, 360-373-7429
8/6-16 or 17	Backpack at Marmot Lake	Joan Edwards, 360-509-5297
8/7-15	Hike the Nagano Alps	Eric Barbut, eric_barbut@yahoo.com
8/8-9	Boulder Lake Hike/ Boulder Lake to Appleton Pass Loop	Paul Dutky, 360-479-2683
8/10	General Meeting	Greg Myrick, 360-649-1648
8/15	MTTA Work Party	Tony Abruzzo, 360-871-5754
8/15-23	Backpack the Skyline Trail	Doug Savage, 360-698-9774
8/16	Hike Mount Lincoln	Gail Gross, 360-307-9022, and Doug Savage, 360-698-9774
8/16-22	Obstruction Point to Dosewallips Traverse	John Knott, 360-710-1158
8/22-23	Backpack the Goat Rocks Wilderness	Paul Dutky, 360-479-2683
8/30	"Un-Maria Trip" to Lake Constance	Maria McGuire, 360-876-1639

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PWC Activity Calendar Online

Jay Thompson has launched a PWC Google Calendar to show upcoming trips and events (including last-minute trips that don't make the newsletter). Look for the calendar to make a debut on the website in August. All members are eligible to get editing rights so you can add your own trips to the calendar. To get started, if you don't already have one, get a Google account at <https://www.google.com/accounts/NewAccount>. The account is free and you can use your current email address. Once you have a Google account, send an email to Jay at jaythom1@hotmail.com asking to be added to the calendar. That's it! Now you can add your own trips, anytime, and other PWCers will be able to view them instantly.

Outings

A Word About Outings

All PWC outings and other activities are open to anyone, but if you enjoy our company and what we do, we would like you to become a member. The persons sponsoring trips should not be considered instructors or leaders. If you are unsure of your abilities, discuss the trip thoroughly with the organizer. Each participant is responsible for his or her own comfort and safety on any outing. Always carry the 10 essentials.

Pet Policy

Please leave pets at home when attending PWC outings unless the trip is specifically listed as welcoming them.

Please Call Early

As a courtesy to the sponsor of an outing in which you are interested, please try to call at least two days before the trip for single-day outings, and as soon as possible for overnight outings. This allows the sponsor time to make necessary arrangements, or alternate plans, should a trip be canceled for some reason. Your consideration will be greatly appreciated.

The WEBSITE: A Source for Outings

Remember that trips can be listed on the website under Last Minute Outings. If you don't see something that interests you in the newsletter, check the website for additional trips. Or, if you are doing an outing that was planned after the deadline, use the website to post the information. This can be done in three ways: you can fill out the form online, or you can call or email the info directly to the Webmaster, Venita Goodrich.

Friday Morning Mountain Biking

Fridays at 9 am

Contact: Greg Myrick, 360-649-1648

Join Greg for a weekly morning ride at Stottlemeyer, Miller Peninsula, or other locations.

Waikiki Vacation

Various dates between July 1 - August 15

Contact: Ann Wilby, 808-428-7421

Ann has a Waikiki condo available for dates of your choice, for only \$60/night. The condo is a 10-minute walk from Waikiki beach. It has 2 bedrooms, sleeps up to 5, is fully furnished, and includes utilities, high speed internet, snorkeling gear and a bike. There are a lot of great hikes nearby. Contact Ann for details.

Hike the Heather Park-Lake Angeles Loop

Sunday, August 2

Contact: Doug Savage, 360-698-9774

Hike to Mount Angeles Trail from Heart o' the Hills entrance to Heather Park and Heather Pass, hike over to Klahhane Ridge and return to the cars via the Klahhane Ridge (a.k.a. Lake Angeles trail). This loop will give breathtaking views of the Olympic interiors, and the elevation gain will burn off at least part of the breakfast at the Oak Table!

Backpack at Marmot Lake

Thursday evening, August 6 - Sunday, August 16 or Monday, August 17

Contact: Joan Edwards, 360-509-5297

Stay Thursday evening at Staircase trailhead or make your own campground reservations. Hike approximately 20 miles one-way to Marmot Lake. Amble 5 or 6 miles per day. Camp the first night at Camp Pleasant or Log Camp, the second night at Two Bear or Home Sweet Home, and the third night at Marmot Lake. Explore surrounding lakes for several days or possibly do an overnighter to O'Neil Pass and/or Anderson Pass.

Hike the Nagano Alps

Friday, August 7 - Saturday, August 15

Contact: Eric Barbut, eric_barbut@yahoo.com

Guided hiking tour and City tour by local Japanese-speaking American guide who lives in Tokyo but loves to hike in the Japanese Alps. The cost is about \$1,500 (not including airfare) and is cheaper if you want to bring camping equipment. What I am offering is a fairly inexpensive hiking tour of the Nagano Alps for customers who can pay as they go. For more information, see the flyer on the PWC web page, www.pwckitsap.org

Boulder Lake Hike/Boulder Lake to Appleton Pass Loop

Saturday, August 8 - Sunday, August 9

Contact: Paul Dutky, 360-479-2683

Enjoy a tranquil 6-mile hike through old-growth forest to "an emerald lake in a subalpine setting." Nearby attractions include the Olympic Hot Springs, waterfalls, sub-alpine meadows, and Boulder Peak. Those who want a bit more adventure on Sunday can return via a 5-mile alpine traverse from Boulder Lake to Appleton Pass, and then 7 additional trail miles back to the car. This hike is well described in the Olympic Mountains Climber's Guide, as it is the first 5 miles of the Olympics-spanning Bailey Range traverse. Appleton Pass is "one of the most spectacular Mountain passes in the Olympics" - looking down upon thousands of acres of wilderness in both the Sol Duc and Elwha watersheds.

MTTA Work Party

Saturday, August 15

Contact: Tony Abruzzo, 360-871-5754

Help Tony do trail and hut maintenance for MTTA. Work parties include dinner Saturday night, and the opportunity to stay overnight in one of the huts to enjoy some hiking or mountain biking on the trails on Sunday.

Backpack the Skyline Trail

Saturday, August 15 - Sunday, August 23

Contact: Doug Savage, 360-698-9774

This is a 9-day backpacking trip on the Skyline Trail. This hike is about 56-60 miles, not counting side trips. We may do some easy climbs in Seattle Park.

Outings

Hike Mount Lincoln

Sunday, August 16

Contact: Gail Gross, 360-307-9022, and Doug Savage, 360-698-9774

This trail begins 2.4 miles from the Staircase Ranger Station along the North Fork Skokomish Trail. This trail, even though it is considered abandoned, is in surprisingly good shape. See how a forest regenerates itself after being decimated by the 1985 Beaver Fire, along with great views of the valley below. Hike as far as you'd like, or relax a short distance up the trail in a sunny clearing alongside a small mountain stream.

Obstruction Point to Dosewallips Traverse

Sunday, August 16 - Saturday, August 22

Contact: John Knott, 360-710-1158

Backpack about 34 miles total: five days with about 16 trail miles in the high country (Grand Pass, Cameron Basin and Pass, Lost Basin and Pass, Dosewallips Meadows and surroundings) for some short mileage days to enjoy the surroundings, and two days out along Dosewallips (13 trail miles and 5 miles of road walking - mostly downhill).

Backpack the Goat Rocks Wilderness

Saturday, August 22 - Sunday, August 23

Contact: Paul Dutky, 360-479-2683

Leave Bremerton around 4:30 pm Friday and camp near Packwood. On Saturday, hike 4 miles and 1600 feet to camp above Snowgrass Flats, and then continue 1600 feet higher (sans pack and gear) to Mount Snowy, the northern-most peak of the Goat Rocks, and the highest point on the Pacific Crest Trail in Washington. On Sunday, enjoy hiking south on the PCT to experience the vast parklands of Cispus Basin and Cispus Pass. Even if we miss the peak of the wildflower bloom, impressive views of Mount Saint Helens, Mount Rainier, and Mount Adams abound - and, much closer, the towering dark cliffs of Mount Curtis-Gilbert. For those wanting a bit more adventure, let's hike to the top of Mount Gilbert on Sunday, then rejoin the non-Gilbert climbers, pack our gear and return home.

"Un-Maria Trip" to Lake Constance

Sunday, August 30

Contact: Maria McGuire, 360-876-1639

Hike the steepest trail in Olympic National Park, with 3300 feet of elevation gain in 2 miles. If Kevin were leading it, it wouldn't be a "Maria trip." But Maria is leading it... Expect to bicycle a few miles from the Dosewallips Road washout to the trailhead before starting the hike.

Backpack the Frank Church Wilderness

Saturday, September 5 - Sunday, September 13

Contact: Kevin Koski, 360-373-7429

Backpack the Frank Church Wilderness in Idaho.

Snohomish Bike Ride

Saturday, September 12

Contact: Molly Deardorff, 206-595-7220

Enjoy a leisurely bike ride through picturesque farmland from Molly's house in Everett to the quaint town of Snohomish. This route is mostly flat, with views of the Snohomish River and the Cascades along the way. We'll eat lunch in Snohomish and, if the group desires, spend some time in the many quaint gift and antique shops. We'll ride 23 miles roundtrip at a leisurely pace. Rain reschedules.

Rainier Mountain Festival

Saturday, September 12 - Sunday, September 13

www.rainierfestival.com

The Rainier Mountain Festival in Ashford features world-class climbers, alpine games, a trail run, mountain technique demos, films, book signings, live entertainment, and more.

MTTA Work Party

Saturday, September 19

Contact: Tony Abruzzo, 360-871-5754

Help Tony do trail and hut maintenance for MTTA. Work parties include dinner Saturday night, and the opportunity to stay overnight in one of the huts to enjoy some hiking or mountain biking on the trails on Sunday.

Wallace, ID Bike Trip

Sunday, September 20 - Tuesday, September 29

Contact: Bob Brown, 360-569-2878

This trip is replacing our Black Hills bike trip, which has been cancelled due to Tony Abruzzo having knee surgery. With Tony having knee surgery and no firm commitments, we have decided to move our trip to the bike trails near Wallace, Idaho. We will plan on a seven-day, 90-mile trip on the Hiawatha Rail Trail and the Trail of the Coeur d'Alenes in northern Idaho. The planned start date will still be around September 20 and end around September 29. For more information about the trails, including maps and photos, look online for "Wallace Bike Trails." We plan on renting a cabin, and cost for food and lodging should run \$50-\$60/day. We have a little flexibility in deciding the start and end dates for the trip. The trip must occur within the September 20-30 window.

Backpack to Indian Bar

Friday, September 25 - Sunday, September 27

Contact: Erin Hennings, 360-621-6961, and Doug Savage, 360-698-9774

Backpack a portion of the Wonderland Trail around Mount Rainier. We'll spend two nights at Indian Bar to allow time to explore the area and get some amazing photos. This trip will be a key exchange so we can see more of the Wonderland Trail and won't have to double back. The permit for this trip is already full and there is a waitlist.

Outings

Fall Grand Canyon Expedition

Monday, September 21 - Tuesday, October 6

Contact: David Boyde, 360-692-9325, theboyde@aol.com

This year's Grand Canyon trip will be a little bit different – it will be in the fall, and it will be from the North Rim. The permit that I have received is for the Nankoweap area and for Cottonwood Campground. We will spend the first week backpacking and exploring the Nankoweap area. This will include visiting Nankoweap Rapids, ancient Anasazi ruins, and exploring both Little Nankoweap and Nankoweap Canyons. After returning to the North Rim, we will camp somewhere near the edge of the canyon on the Walhalla Plateau, then descend the North Kaibab Trail to Cottonwood Campground and spend two days day hiking to Ribbon Falls, Upper Ribbon Falls and Upper Upper Ribbon Falls, as well as exploring Wall Canyon, Manzanita Canyon and Roaring Springs. We will hike back up the North Kaibab Trail to the North Rim, stopping to explore the Transept on the way.

Approximate mileages are 41 miles of backpacking (including 1 dry camp) and up to 5 miles of day hiking/exploration. Day hike/exploration mileages are approximate, depending on local terrain, and are entirely optional. This trail is classified as the MOST difficult of the named trails in Grand Canyon. It is for experienced Grand Canyon hikers only and is a mostly waterless trail, with significant exposure in places. It is not recommended for people with a fear of heights.

Hike Moose Lake

Saturday, October 10

Contact: Tom Leurquin, 206-842-5906

Join me on one of my favorite fall hikes to the mile-high lake. This 8-mile, 1500-feet of elevation gain jaunt has something for everyone: ridge hiking above the tree line with panoramic views of the Olympics, alpine lakes, forest, fabulous fall colors, and the great company of other PWCers. I won't promise a moose sighting but will promise outstanding scenery that will be weather dependent.

Backpack the Juniper Dunes Wilderness

Saturday, October 17 - Sunday, October 18

Contact: Kevin Koski, 360-373-7429

This 7000-acre wilderness area is full of sand dunes, and the BLM recently worked out access so the public can access the wilderness year-round. Drive out Friday night, “scum bag” it, hike in on Saturday, enjoy the sand, camp, and hike out on Sunday! Mileage is minimal; we are there to enjoy the sand blowing in our ears.

Climb Aconcagua: the Tallest Peak in the Americas

December (*exact date TBA*)

Contact: Doug Savage, 360-698-9774

Join Doug on his long-awaited trip to climb the Stone Sentinel, Aconcagua, at 22,841 feet, in the Andes. This is a non-technical climb, but very demanding.

Trip Report

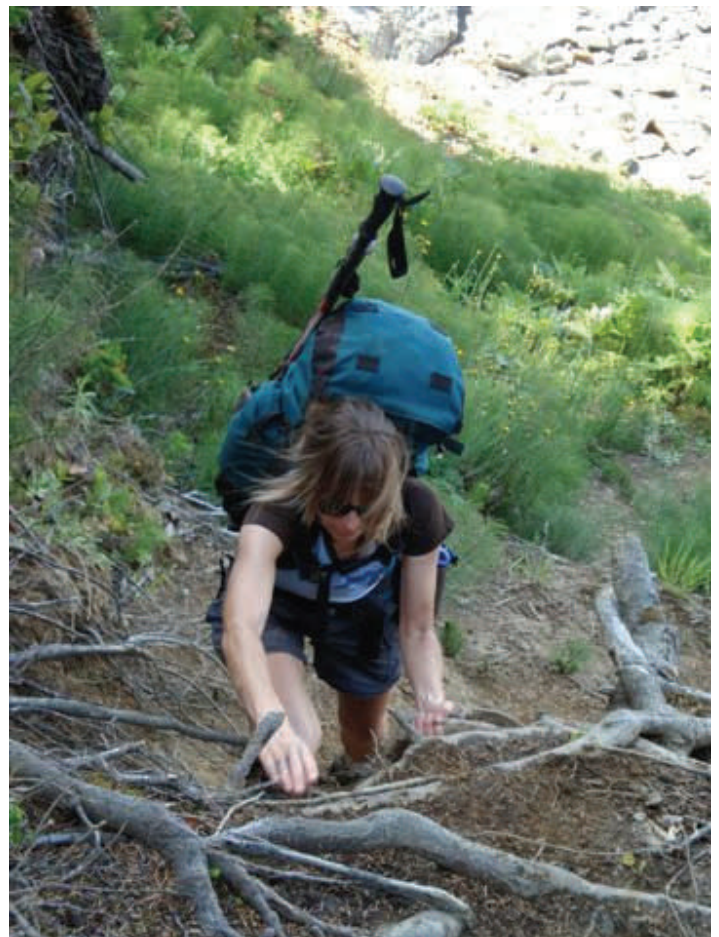
Toleak Point

Submitted by Lynn Howat

Nine of us (me, Greg Myrick, Jerry Knowles, John and Ellen Knott, Barbara Hager, Mac Dowell, and friends of mine from Seattle, Elizabeth Hastorf and Greg McFarland) met at 10 am at the Third Beach trailhead near LaPush to start our 6.5-mile backpack to Toleak Point. The weather was great: sunny, but not too hot. We were nearly the only campers when we arrived at Toleak Point on Friday afternoon, but during the course of the weekend, many more backpackers arrived. It was fun to see families with the children really enjoying the beach and tide pools. On Saturday, three of us hiked south to (nearly) Mosquito Creek while the others relaxed at camp or “tide pooled.” Some mist rolled in Saturday evening and we donned rain gear, but we were able to have our cocktail hour under the branches of trees without getting wet. By campfire time, it was dry again. We left Sunday at about 10:45 am to catch the low tides when hiking out.

It was a fun trip. We spotted many seals and baby seals and lots of eagles. There were several people in the group who had never hiked that section of the Olympic National Park beach. I think they will agree with me that it's a wonderful backpack trip.

Photos on pages 5-7 courtesy of Lynn Howat



Trip Report



Trip Report



Photos and Announcements



Above: the first annual Gals vs. Guys Tug-O-War contest at the PWC picnic. The gals put up a good fight, but the guys won this round. *Photos courtesy of Emily Grice.* Left: Nancy and Steve Osburn at the trailhead of Wagonwheel Lake Trail after their hike. *Photo courtesy of Steve Osburn.* Nancy rehashed the tale to win second place in the Tall Tale Contest, taking home a pair of MSR carbon fiber trekking poles as a prize. Maria Cook won first place and took home a MSR Hubba Hubba tent for two stories: one about an unwanted guest on a sailboat, and another about an encounter with a dust devil in the Utah desert. Other storytellers included Maria Cook's friend Mabel, Maria McGuire, Alice Savage, Steve Osburn, Glennis, Shawn, Tom Broszeit, and John Knott. Thanks to all who participated for entertaining us with their tall tales!

Request for Photos and Trip Reports

Yep, your Penwicle Editor does some amazing work! (Just checking to see who's reading...) But she needs some help—from YOU! You take some fantastic pictures when you go on PWC outings. Please email your photos to Erin at penwicle@hotmail.com so she can share them in the Penwicle. Yes, you can brag to all your friends that your photos are published! Erin will also send photos to Greg for the slideshow before the meeting and to Sue for the scrapbook. Trip reports are also needed—all lengths are welcome, and photos are encouraged.

Ride Request

We are looking for a ride to Obstruction Point on Sunday, August 16, to launch us on our traverse backpack to the Dosewallips. How about doing a day hike into Grand Valley or an overnight? It may be possible to camp together – let us know in advance so we can plan for permits. Contact John or Ellen Knott, 360-710-1158, or Bob Dormaier, 360-373-4911.

Club News

Meeting Refreshments

Contact Doug Savage @ 360-698-9774 if you would like to bring snacks to the next meeting.

We Need You!

Each month the club's MAP meeting and potluck dinner are in need of volunteer hosts willing to share their home for an evening. If you can handle a small home invasion, please contact the club secretary, Barney Bernhard, at 360-479-3679.



Sponsor an Outing

We are always looking for people to sponsor outings for the PWC. If you are planning a trip, let us know about it! Come to the MAP meeting the Thursday before the General Meeting to discuss your plan for a trip. You can submit trip descriptions to the PENWICLE by contacting Erin Hennings at penwicle@hotmail.com or 360-621-6961. Planning a last-minute outing? No problem - post your trip on the PWC website by filling out the form at <http://www.pwckitsap.org/>

Trip Reports & Photos Wanted

Do you have a great story to share about a recent trip? Erin Hennings is looking for trip reports to print in the PENWICLE. Trip reports can be all text, all photos, or any combination of the two. There are no length requirements. Please send trip reports and photos to Erin at penwicle@hotmail.com

Scrapbook Photos Wanted

Sue DeArman, our Scrapbook Editor, is looking for photos of PWC activities. Please include your name, details of the trip (date and location), and people and places in the pictures. Electronic photos are welcome, too. Contact Sue DeArman, 360-697-1352, dearmans@comcast.net

Update Your Email Address

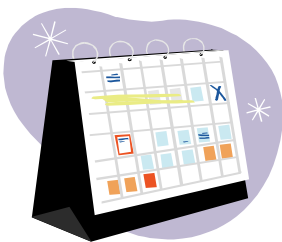
Does the PWC have your current email address? If not, contact Barbara Hager, Membership Coordinator, to update your email address and other contact information. Barbara can be reached at 360-692-5121 or greenthumb@telebyte.com

PWC Online...www.pwckitsap.org

Please contact Venita Goodrich at 360-698-9774 or vmnotbf@comcast.net for inquiries regarding the PWC website. Submissions to the editor of the PENWICLE may be sent to the website, unless requested otherwise.

NEW! PWC Google Calendar

The PWC's Google Calendar is a new feature available via the PWC website. PWC members can add trips and events to the calendar. Contact Jay Thompson at jaythom1@hotmail.com or 360-307-0037 to get access or if you have any questions.



Club Business

Joining the PWC or Membership Renewal

The PWC General Meeting is held the second Monday of each month, 7 pm, at the Kitsap Unitarian Universalist Fellowship in East Bremerton. To join or renew, please see form on back of newsletter. Receive a discount on select merchandise or services at the following businesses with your PWC membership, but check with vendor for details:

- Olympic Outdoor Center, Poulsbo
- Vertical World Climbing Gym, Bremerton
- Silverdale Cyclery, Silverdale
- Commander's Beach House Bed and Breakfast, Port Townsend
- Ajax Café, Port Hadlock
- Kitsap Sports, Silverdale
- Poulsbo Running, Poulsbo

New members will receive a membership card with their New Membership packet. All members can pick up a card at the monthly meeting.

Address Changes and Member Address-Phone List

Address changes should be sent to Barbara Hager at Peninsula Wilderness Club
P.O. Box 323
Bremerton, WA 98337-0070,
or email greenthumb@telebyte.com, or call 360-692-5121. Members should also contact Barbara if they wish to receive a new membership directory.

PENWICLE Submissions

Submissions to the PENWICLE must be received by the Friday after the General Meeting to insure a place in the next issue. Contact Erin Hennings at penwicle@hotmail.com or 360-621-6961.

Officers & Staff

President:	Greg Myrick	360-649-1648
Vice President:	Erin Hennings	360-621-6961
Secretary:	Barney Bernhard..	360-479-3679
Treasurer:	Jill Hawes	360-275-5402
Board of Directors:	Dale Boyle	360-792-1714
	Shelley Fleming...	360-779-2275
	Steve Osburn	360-697-5982
Entertainment:	Joe Weigel	360-479-5116
Events:	Erin Hennings	360-621-6961
Refreshments:	Doug Savage	360-698-9774
Scrapbook:	Sue DeArman	360-697-1352
Membership Coordinator:	Barbara Hager	360-692-5121
Website Editor:	Venita Goodrich...	360-698-9774
Calendar Administrator:	Jay Thompson	360-307-0037
Penwicle Editor:	Erin Hennings	360-621-6961
Penwicle Proofreader:	Steve Dikowski....	360-692-8386

The Peninsula Wilderness Club is an informal organization for persons interested in active outdoor pursuits. Main activities include hiking, backpacking, mountain climbing, rock climbing, and skiing. All outings, from casual hikes to technical mountain sports, are initiated by individual members. These members are volunteers who generously offer to make minimal arrangements so an outing can take place. They do not accept responsibility for the safety or care of any participant. The PWC does not conduct instructional programs and members are expected to have whatever clothing, equipment, skills, and physical conditioning are appropriate for the outing they wish to join. Members are expected to practice responsible environmental stewardship and must accept that there are dangers and a risk of injury in most outdoor activities.

Dues are \$25 per household per year. Send a check or money order to:
Peninsula Wilderness Club
P.O. Box 323
Bremerton, WA 98337-0070

Please check if: New Member(s) Renewing Member(s) Change of Address

Name(s): _____

Mailing Address: _____

City, State, Zip: _____

Telephone: _____ E-mail: _____

(Please print clearly)

- Check here if you wish to receive the newsletter as an Adobe PDF document by e-mail INSTEAD OF a printed copy.
- Check here if you do NOT wish any information to be included in the list distributed to members.



AUGUST 2009 - Time Dated Material
Reproduced Using Recycled Paper



Peninsula Wilderness Club
P.O. Box 323
Bremerton, WA 98337-0070